ABHIDHAMMA

(Higher Level) Volume I

Faculty of Pariyatti
Department of Abhidhamma



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ABHIDHAMMA

(Higher Level)

Volume I

by

Dr. Mehm Tin Mon

B.Sc. Hons. (Ygn.), M.Sc., Ph.D.(U.S.A.)

Mahā Saddhamma Jotikadhaja

Adviser to the Ministry of Religious Affairs

Professor, International Theravāda

Buddhist Missionary University

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LIST OF ABBREVIATIONS

A. Anguttara Nikāya

AA. Anguttara Nikāya Atthakathā (Commentary)

D. Dīgha Nikāya

DA. Dīgha Nikāya Atthakathā (Commentary)

Dh. Dhammapada

DhA. Dhammapada Aṭṭhakathā (Commentary)

Dhs. Dhammasanganī

Iti. Itivuttaka

Jā. Jātaka

M. Majjhima Nikāya

MA. Majjhima Nikāya Atthakathā

Nd1. Mahā Niddesa

Nd2. Cūļa Niddesa

Ps. Paţisambhidāmagga

PsA. Paţisambhidāmagga Aţthakathā

S. Samyutta Nikāya

SA. Samyutta Nikāya Atthakathā

Sn. Sutta-nipāta

SnA. Sutta-nipāta Aţţhakathā

Ud. Udāna

Vbh. Vibhanga

VbhA. Vibhanga Atthakathā

Vin.i. Vinaya Piţaka (3) - Mahāvagga

Vin.ii Vinaya Piţaka (4) - Cūļavagga

Vin.iii. Vinaya Piţaka (1) - Suttavibhanga 1

Vin.iv. Vinaya Piţaka (2) - Suttavibhanga 2

Vin.v. Vinaya Piţaka (5) - Parivāra

Vis. Visuddhimagga

INTRODUCTION

1 The Higher Teaching

Abhidhamma is regarded as the higher teaching of the Buddha, because it is more profound, more subtle, more excellent, and more marvellous than his other teachings.

The prefix 'Abhi' means profound, excellent, sublime, and marvellous; and 'Dhamma' means the truth or the natural entities that really exist and bear their own characteristics.

'Dhamma' also means the teachings of the Buddha that can salvage those who abide by the Dhamma from falling into miserable abodes and that can purify the mind from defilements so as to achieve lasting peace and happiness.

Abhidhamma explains the Dhamma in detail and in an analytical way. It analyses all psycho-physical phenomena in the whole universe into ultimate realities called 'paramatthas' and explains all natural phenomena in terms of these ultimate realities.

2 The Outstanding Features of Abhidhamma

Abhidhamma is more profound and more marvellous than the Buddha's other teachings which are classified as Suttanta Piṭaka and Vinaya Piṭaka.

The Suttanta Piţaka is the collection of the Buddha's discourses spoken by him on various occasions during his active ministry of forty-five years. The discourses were expounded by the Buddha under diverse circumstances to listeners with different capacities for comprehension. He used common vocabulary

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to explain his doctrines and their objectives so that the listeners could easily understand them and practise them. He used similes and metaphors; he exhorted, advised and inspired; he sized up the inclinations and the aptitudes of his audience and adjusted the presentation of his teaching so that it would awaken a positive response. For these reasons the Suttanta method of teaching is described as 'Conventional Teaching' (Vohāra desanā) and also 'Figurative or embellished method of teaching' (Pariyāya desanā).

The Vinaya Piṭaka contains the rules of conduct for the bhikkhus and bhikkhun \bar{s} – the monks and female monks – and the regulations governing the Samgha, the monastic Order. It is the 'Authoritative Teaching' ($\bar{A}n\bar{a}desan\bar{a}$) in which the Buddha used his authority over the monks to lay down rules and disciplines for them to follow. These disciplines embody the highest code of ethics and can purify one's action, speech and thought, thus making one noble, virtuous and worthy of respect.

In the Abhidhamma Piţaka the Buddha employed abstract terms to describe the ultimate realities (paramatthas) that really exist in the universe and that make up our body and mind. This Piţaka consists of seven full-blown treatises in which the fundamental principles of the doctrine have been systematically organized, minutely defined, carefully and exactly classified. The five aggregates of existence, the twelve bases from which consciousness and its concomitants arise, the eighteen elements (dhātus), the corporeal and mental entities (rūpa-nāma), the three characteristic marks (tilakkhaṇas), the concept of non-self or no-soul (anatta),

the thirty-seven factors of enlightenment, the Law of Dependent Arising, Kamma and its result, the Four Noble Truths, etc., which are generally described in Suttas, are analyzed in detail in Abhidhamma to expose their basic essential elements and their intrinsic natures.

So Abhidhamma is regarded as the 'Ultimate Teaching' (Paramattha desanā) of the Blessed One.

Abhidhamma provides the basic principles for explaining and understanding all psychophysical phenomena in the universe. Just as the atomic theory and the electronic structures of atoms can explain satisfactorily all the experimental findings in science, so can Abhidhamma and its underlying principles explain all psychophysical phenomena in the universe.

Supreme Psychology

In analyzing mind and matter to their basic ultimate constituents and characterizing the intrinsic natures of the ultimate realities, Abhidhamma penetrates deeply into the field of psychology and goes much further than psychology in developing various marvellous psychic powers and in totally taming and purifying the mind to attain the noblest state and to enjoy eternal peace and happiness in this very life. So Abhidhamma is rightly called the 'Buddha's Supreme Psychology.'

Supreme Philosophy

Abhidhamma also trespasses on the fields of philosophy such as ontology, epistemology and metaphysics, and it surpasses philosophy in finding out the ultimate realities that really exist and the natural truths that go up to the greatest universal truths called the four Noble Truths which encompass all animate and

inanimate things in the universe. Those who can penetratively observe these noble truths vividly will become noble persons (ariyas) who can enjoy the matchless bliss of Nibbana here and now and who will eternally escape the woeful birth in miserable abodes. Thus Abhidhamma is rightly designated as the 'Buddha's Supreme Philosophy.'

The Best System of Ethics

The analysis of mind in detail in Abhidhamma is motivated not by theoretical curiosity but by the practical noble aim of the Buddha to attain deliverance from suffering. Since the Buddha traces suffering to defiled states of mind - mental orientations rooted in greed, hatred and delusion - his psychology also takes on the character of psychological ethics, understanding the term 'ethics' not in the narrow sense of a code of morality but as a complete guide to noble living and mental purification. Accordingly the Abhidhamma distinguishes the states of the mind on the basis of ethical criteria: the unwholesome and wholesome minds, the immoral mental factors and the beautiful mental factors. Finally it shows the whole scale of ethical development culminating in the perfect purity of the mind from all defilements. So Abhidhamma undoubtedly provides the 'best system of ethics' for the noblest attainment in life.

Mental Science

Moreover, Abhidhamma parallels natural science in analyzing things to ultimate indivisible entities in order to understand the true nature of all things. But Abhidhamma surpasses science in analyzing successfully not only matter but also the mind which still evades the detection of the most intricate science instruments. Modern psychologists agree with the Buddha when he declares that it leads and controls the world. However, both psychologists and scientists fail to observe the mind up till now and are helpless to tame and purify a wicked, tainted mind. Since Abhidhamma analyzes the mind into its basic constituents of consciousness and 52 mental factors, describes the 121 modes of combination between consciousness and mental factors, and points the way how to control and purify the mind, it certainly deserves to be called 'Mental Science.

3 The Verification of Abhidhamma Teachings

The most wonderful aspect of the Buddha's teachings is that they are the direct knowledge of his omniscience and they emerge out of his own experience. In other words, they are universal natural truths that will remain true forever and that can be tested and verified by any one by his or her own experience at any time and at any era.

The Buddha himself has devised a practical system of noble practice called the Eightfold Noble Path which leads to total liberation from all fetters and to the attainment of eternal bliss called Nibbāna.

In walking along the Path one will pass through the various stages of purity of the mind as described in detail in Abhidhamma. When he comes to Vipassanā or insight meditation, he has to analyze mind and matter in detail and he can verify the facts of Abhidhamma by his own experience and his own insight knowledge. "To see things as they really are" in Vipassanā means to see the psychophysical phenomena in one's mind and body as well as in other's minds and bodies in terms of the ultimate realities and the causal relations between these realities as described in Abhidhamma. One can develop insight knowledges (vipassanā-ñāṇas) only when one observes and understands these deep internal natures of nāma-rūpa with one's own wisdom eye.

Without the knowledge of Abhidhamma one will find it difficult to understand the real significance of some profound teachings of the Buddha. To develop insight knowledge and the Path-knowledge (magga- $n\bar{a}na$), which is the total understanding of the four Noble Truths, the knowledge of Abhidhamma is very essential and indispensible.

Scientists, philosophers, psychologists and every lover of truth will find Abhidhamma to be a special intellectual treat.

What knowledge is there in life which is more valuable than Abhidhamma which is the ultimate teaching of the Buddha, the fully Enlightened One?

4 The Canonical Abhidhamma Treatises

The Abhidhamma Pitaka consists of the following seven canonical treatises.

(1) Dhammasanganī - "Enumeration of Phenomena"

It contains detailed enumeration of all phenomena.

(2) Vibhanga - "Book of Analysis"

It consists of eighteen separate sections which give a detailed analysis of phenomena quite

distinct from that of Dhammasangani.

(3) Dhatukatha - "Discourse on Elements"

It studies the dhammas, analyzed in Dhammasangani and Vibhanga, in fourteen ways of analytical investigation.

(4) Puggalapaññatti -"Concepts of Individuals"

Here conventional terms are used to denote not only ultimate realities but also things which do not exist in an ultimate sense. This is because the use of conventional terms is necessary for human communication.

(5) Kathavatthu - "Points of Controversy"

It consists of a series of dialectical discussions between the proponents of the orthodox Theravada school and those of the dissentient schools. These discussions with final refutations were filled in by the Elder Moggaliputta Tissa and recited at the Third Buddhist Synod as part of the Abhidhamma Pitaka. The treatise uses the method of exposition as laid down by the Buddha in anticipation of the controversies that would arise and so it is accepted as expounded by the Buddha.

(6) Yamaka - "Book of Pairs"

It deals with ten subjects: roots, aggregates, sense bases, elements, truths, formations, latent dispositions, consciousness, phenomena and faculties. The method of treating these subjects is by means of questions in pairs such as questions in straight order and reverse order, questions of

positive type and negative type. The main object of this treatise is to show the interrelationship between the three *lokas* (worlds), namely, satta loka (the world of beings), okāsa loka (the 31 planes of existence) and sankhāra-loka (the world of conditioned phenomena such as physical and mental aggregates, sense-bases, elements).

(7) Patthana - "Book of Conditional Relations"

It deals exhaustively with the conditions which help bring about the arising of physical and mental phenomena. There are 24 such conditional relations which are expounded by way of tikas (triads) and dukas (dyads) as shown in Dhammasanganī. The exposition is done in so comprehensive and detailed a manner that the book is called the "Great Treatise" (Mahāpakaraṇa). Gigantic in extent as well as in substance, the book comprises five volumes totalling 2500 pages in the Myanmar-script Sixth Council edition. To Theravāda orthodoxy, it is the most eloquent testimony to the Buddha's unimpeded knowledge of omniscience.

5 Abhidhamma Commentaries and Sub-commentaries

As the Abhidhamma Pitaka is very massive, extensive, deep and abstruse, dealing with formless and massless ultimate realities and using abstract terms, which appear sometimes to resemble speculative philosophy based on abstract reasoning, it is not at all easy to study Abhidhamma on one's own efforts as one may easily get lost in the wilderness of abstract terms and

strange methodology.

Thus at a certain stage in the evolution of the Abhidhamma study, the need must have become felt for clarification, elucidation and summarization of the Abhidhamma Treatises in order to provide students of the subject with a clear picture of the whole doctrine.

Mahā Atthakathā

The first commentary to come into the lime light is Mahā Atthakathā. It was probably brought to Sri Lanka from India by Venerable Mahinda in 236 B.E. (326 B.C.).

Buddhaghosa Commentaries

At about 930 B.E. (5th century A D.), the great commentator, Ven. Mahā Buddhaghosa, came from India to Sri Lanka to study Buddhist Literature. Making use of the vast material of Abhidhamma commentaries put forward by many scholars to elucidate the meaning of the canonical Abhidhamma, Buddhaghosa condensed and elucidated Mahā Aṭṭhakathā and translated it from Sinhalese into Pāli. His works, classified as three commentary texts, are:

- (1) Atthasālinī "The Expositor", the commentary to the Dhammasanganī;
- (2) Sammohavinodani "The Dispeller of Delusion", the commentary to the Vibhanga;
- (3) Pañcappakarana Atthakathā the combined commentary to the other five Abhidhamma Treatises.

These have become authorized commentaries which explain the seven Abhidhamma Treatises.

Ven. Mahā Buddhaghosa also composed

"Visuddhimagga" (The Path of Purification) which has become an authorized encyclopaedic guide to meditation. Included in this treatise is a compact dissertation on Abhidhamma to be mastered prior to developing insight.

Buddhadatta's Commentaries

Ven. Buddhadatta, a contemporary of Ven. Mahā Buddhaghosa, also wrote two concise Abhidhamma commentaries:

- (1) Abhidhammavatāra "An Approach to Abhidhamma".
- (2) Rūpārūpavibhāga "The Analysis of Mind and Matter".

These concise commentaries are known in Myanmar as "Let-than Aṭṭhakathās" (little-finger commentaries). They are the forerunners of later concise commentaries.

Ānanda's Mūlatīkā

In the twelfth century B.E. (6th century A.D.) subcommentaries began to appear in Sri Lanka. Ven. Ānanda wrote sub-commentaries to the three Abhidhamma commentaries written by Ven. Mahā Buddhaghosa. Since these sub-commentaries were the earliest ones, they are known as "Mūlaṭīka." Ven. Ananda's Abhidhamma views are very high and scholastic and his comments are very elucidatory. He criticized some of Ven. Buddhaghosa's views.

Later, Ven. Dhammapala, a great scholar in Abhidhamma, wrote Anuțikās to explain Mulațikā and Visuddhimagga. His Visuddhimagga Mahā Tīkā also

contains Abhidhamma explanations.

Anuruddha's Little-finger Commentaries

In the fifteenth century B.E. (9th century A.D.) Ven. Anuruddha, who came from Kiñcipura (Conjeevaram), South India, to Sri Lanka, wrote three concise commentaries on Abhidhamma. They are known as "Little finger Commentaries" on account of their small size. These commentaries are:

- (1) Abhidhammattha Sangaha "Compendium of Abhidhamma";
- (2) Paramattha Vinicchaya "The Clarification of Reality";
- (3) Nāmarūpa-pariccheda "The Analysis of Mind and Matter".

As Abhidhammattha Sangaha provides a systematic summary of the whole facts of Abhidhamma, it becomes very popular. It has been used as a basic manual for learning Abhidhamma. Paramattha Vinicchaya is also well known for the fact that it clarifies many controversial points in Abhidhamma.

Commentaries on Abhidhammattha Sangaha

Owing to its extreme concision, the Abhidham-mattha Sangaha cannot be easily understood without explanation. Therefore to elucidate its terse synopsis of the Abhidhamma philosophy, a great number of Tikās or sub-commentaries have been written upon it. In fact, this work has stimulated more commentaries than any other Pāļi text, written not only in Pāļi but also in Myanmar, Sinhala, Thai, etc.

Since the fifteenth century Myanmar has been

the international centre of Abhidhamma studies. So we find many commentaries written on the Sangaha by Myanmar scholars both in Pāļi and in Myanmar. Some most important commentaries on the Sangaha in Pāļi are:

- (1) Abhidhammatthasangaha Tīkā, also known as the Porāṇa Tīkā, "The old commentary." It is a very small tīkā written by Ven. Navavimalabuddhi in Sri Lanka in the twelfth century.
- (2) Abhidhammatthavibhāvinī Tīkā, or in brief, the Vibhāvinī, written by Ven. Sumangalasāmi in Sri Lanka in the twelfth century. This tīkā quickly superceded the old commentary and is generally considered the most profound and reliable commentary on the Sangaha. In Myanmar, this work is known as "Tīkā Kyaw", meaning "the Famous Commentary." The author is greatly respected for his erudition and mastery of the Abhidhamma.
- (3) Sankhepa-vannanā, written by Ven. Saddhamma Jotipāla, also known as Chapada Mahāthera, a Myanmar monk who visited Sri Lanka, in the sixteenth century.
- (4) Paramatthadīpanī Tīkā, "The Elucidation of the ultimate Reality", by Ledi Sayadaw of Myanmar. Ledi Sayadaw (1846-1923) was one of the greatest scholar-monks and meditation masters of the Theravāda tradition. He was the author of over seventy manuals on different aspects of Theravāda Buddhism, including ethics, philosophy, meditation practice, and Pāļi grammar. His tīkā created a sensation in Abhidhamma studies because he pointed out 325 places in the esteemed Vibhāvinī Tīkā where he alleged that errors and misin-

terpretations had occurred, though his criticisms also set off a reaction in defense of the older work.

(5) Ankura Țikā, by Vimala Sayadaw of Myanmar. It was written fifteen years after the publication of the Paramatthadīpanī and supports the commonly accepted opinions of the Vibhāvinī aganist Ledi Sayadaw's criticisms.

6 The Outlines of Abhidhammattha Sangaha

The Abhidhammattha Sangaha opens by enumerating the four ultmate realities: consciousnes, mental factors, matter and Nibbana. The detailed analysis of these is described in the first six chapters. The remaining several important subjects, which must be explained to give a complete picture of Abhidhamma, are taken up in the last three chapters.

Chapter I is the Compendium of Consciousness, which defines and classifies the 89 and 121 cittas or types of consciousness. Here consciousness is first divided on the basis of the plane of existence and then subhivided on the basis of ethical quality.

Chapter II is the Compendium of Mental Factors. It first enumerates the fifty-two ceasikas or concomitants of consciousness, divided into four classes: universals, particulars, unwholesome mental factors and beautiful mental factors. Thereafter the method of association (sampayoganaya), enumerating the cittas which associate with each mental factor, and the method of combination (sangahanaya), enumerating the cetasikas which associate with each type of consciousness, are described.

Chapter III is entitled the Compendium of the Miscellaneous. It classifies the types of consciousness

along with their concomitants with respect to six categories: root (hetu), feeling (vedanā), function (kicca), door (dvāra), sense-object (arammaṇa), and base (vatthu).

Chapter IV is entitled the Compendium of the Cognitive Process. It describes the series of consciousness which must arise to cognize each sense-object that appears in each sense door. It also describes the procedure of registration, the process of javana, the classification of individuals on the basis of roots, and the enumeration of cittas that can arise in each plane.

Chapter V is the Compendium of the Processfreed Cittas or the compendium of the Planes of Existence. The categories enumerated here are the Four Planes of Existence, the Four Types of Rebirth-linking, the Four Types of Kamma, and the Four kinds of Death.

Chapter VI is the Compendium of Matter. It turns from the mental realm to the material world. It enumerates the 28 types of matter or corporeality, classifies them in various ways, and explains the four causes of their arising. It also treats in detail the formation of matter in tiny groups called 'kalāpas', and describes the occurrence of material processes in the different realms of existence. It concludes with a short section on the fourth ultimate reality, Nibbāna, the only unconditioned element in the system.

Chapter VII is the Compendium of Categories. It arranges the ultimate realities into a variety of

categorical schemes that fall under four broad headings: a compendium of defilements, a compendium of mixed categories, a compendium of the requisites of enlightenment, and a compendium of the whole, an allinclusive survery of the Abhidhamma ontology.

Chapter VIII is the Compendium of Causal Relations. It points out the inter-relatedness of physical and mental phenomena, thereby complementing the analytical treatment of the ultimate realities with a synthetical treatment to make clear their functional correlations. It puts forward two methods of correlations. One is the method of dependent arising which examines conditionality in terms of the cause-and-result pattern, thereby bringing to light that all beings are going round and round in samsāra, the cycle of birth and death. The other is the Paṭṭhāna method with its twenty-four conditional relations. This chapter concludes with a brief account of concepts (pañāatti).

Chapter IX is the Compendium of Meditation Subjects. It is concerned, not with theory, but with practice. It concisely surveys all the methods of meditation, and sets forth condensed accounts of the stages of progress in both tranquillity meditation and insight meditation. It concludes with the attainments of Path-wisdom and its Fruition and an account of the four types of enlightened individuals.

The overall arrangement of the Abhidhammattha Sangaha perhaps serves to underscore the ultimate intention of the Abhidhamma. All the detailed analysis of mind and matter finally converges upon the practice of meditation, and the practice calminates in the

attainment of the supreme goal of Buddhism which is Nibbāna.

7 The Present Treatise

The present treatise deals with chapters IV and V of the Abhidhammattha Sangha. All the Pāļi statements are presented as described in "Abhidhammatthasangaha" written by Bhaddhanta Dr.Sīlānandābhivainsa (D.Litt.), Rector Sayadaw of the International Theravāda Buddhist Missionary University.

The precise meaning of each Abhidhammattha Sangaha statement is first given, followed by a full explanation to clarify and elucidate the underlying principles with supplements from other Commentaries on Abhidhamma. It represents the traditational way of teaching the fundamentals of Abhidhamma in Myanmar.

The readers will surely appeciate this systematic, clarified and easily comprehensible presentation of the fundamentals of Abhidhamma which actually represents the essence of the whole Abhidhamma Piṭaka. It is the key to all the Teachings of the Buddha.

March 31, 2005.

Dr. Mehm Tin Mon

Namo Tassa Bhagavato Arahato Sammāsambuddhassa

CHAPTER I

COMPENDIUM OF THE COGNITIVE SERIES OF CONSCIOUSNESS (Vithi Sangaha Vibhaga)

What is cognitive series ('Vīthi')?

'Vīthi' literally means 'series, row or road'. Here 'vīthi' implies a series of consciousness which arises and performs its respective function in order to cognize a sense-object that appears in one of the sense-doors. It may also be regarded as the cognitive process to be aware of a sense-object by the cittas (consciousness).

As a road passes one village after another without skipping any nor changing the order of the villages, so also do the cittas arise one after another in the order they should according to the Law of Consciousness (citta-niyāma).

Introductory Verse

1 Cittuppādanam icc' evam, katvā sangaham uttaram, Rhūmipuggalabhe-dena, pubbāparaniyāmitam.

Pavattisangaham nāma, paṭisandhipavattiyam,

Pavakkhāmi samāsena, yathāsambhavato katham.

Having completed the excellent compendium of consciousness and its concomitants in the way already described, I shall briefly state, as it should be, the occurrence of cittas and cetasikas both at rebirth and in the life-time according to the planes of existence and individuals, determining the cittas which should precede and which should follow. How is it stated?

The Six Sixes

2. Cha vatthuni, cha dvārāni, cha ārammaṇāni,

Cha viñāāṇāni, cha vīthiyo, chadhā visayappavatti,

- c' eti vīthisangahe cha chakkāni veditabbāni.
- 3 Vīthimuttānam pana kammakammanimitta-gatinimitta-vasena tividhā hoti visayappavatti.
- 4 Tattha vatthu-dvār' ārammaṇāni pubhe vuttanayān' eva.

In the compendium of the cognitive series of consciousness, six classes each with six members should be understood:

- (i) six bases;
- (ii) six sense-doors;
- (iii)six sense-objects;
- (iv) six types of consciousness;
- (v) six types of cognitive series of consciousness; and
- (vi)six types of presentation of senseobjects.

The presentation of the sense-objects to the *vithi*-freed *cittas* is threefold, namely, kamma, sign of kamma, and sign of destiny. In the above six sixes, the bases, the sense-doors and the sense-objects are as described before (i.e. as described in the *Miscellaneous Section*).

1 Six Bases (Vatthu)

- 1 Eye-base cakkhu-vatthu cakkhu-pasāda
- 2 Ear-base sota-vatthu sota-pasāda
- 3 Nose-base ghāna-vatthu ghāna-pasāda
- 4 Tongue-base jivhā-vatthu jivhā-pasāda
- 5 Body-base kāya-vatthu kāya-pasāda
- 6 Heart-base hadaya-vatthu

These are the six physical bases depending on which various cittas and their associated cetasikas arise. Pasāda is clear sensitive corporeality.

2 Six Doors (Dvāra)

- 1 Eye-door cakkhu-dvāra-cakkhu-pasāda
- 2 Ear-door sota-dvāra sota-pasāda
- 3 Nose-door ghāna-dvāra ghāna-pasāda
- 4 Tongue-door jivhā-dvāra jivhā-pasāda
- 5 Body-door kāya-dvāra kāya-pasāda
- 6 Mind-door mano-dvāra bhavanga-citta

These are six doors in our body and mind through which outside senses can enter.

3 Six Sense-objects (Ārammaņa)

- 1 Visible form rūpārammaņa vaņņa
- 2 Sound saddhārammana sadda
- 3 Smell gandhārammaṇa gandha
- 4 Taste rasārammana rasa
- 5 Tangible object photthabbārammaņa
 - pathavī, tejo, vāyo
- 7 Mind-object dhammārammaņa

The mind-object comprises 5 pasāda rūpas, 16 sukhuma rūpas, 89 cittas, 52 cetasikas, Nibbāna and concepts. They can appear only in the mind-door.

4 Six Types of Consciousness (Viññānachakka)

5 Cakkhuviññāṇam sotaviññāṇam ghānaviññāṇam jivhāviññāṇam kāyaviññāṇam manoviññāṇam c'eti chaviññāṇāni.

The six types of consciousness are:

- 1 Eye-consciousness cakkhuviññāṇadvi
- 2 Ear-consciousness sotaviññāṇadvi
- 3 Nose-consciousness ghānaviññāṇadvi
- 4 Tongue-consciousness jivhāvinnānadvi
- 5 Body-consciousness kāyaviñāānadvi
- 6 Mind-consciousness manoviññāṇa (79 cittas)

Mind-consciousness comprises 3 mind-elements (mano-dhātu) and 76 mind-consciousness elements (manoviñāāṇa-dhātu).

5 Six Types of Cognitive Series (Vīthichakka)

6 Cha vīthiyo pana cakkhudvāravīthi sotadvaravīthi ghānadvāravīthi jivhādvāravīthi kāyadvāravīthi manodvāravīthi c'eti dvāravasena vā, cakkhuviñāāņavīthi sotaviñāāṇavīthi ghānaviñāāṇavīthi jivhāviñāāṇavīthi kāyaviñāānavīthi manoviñāāṇavīthi c'eti viňāāṇavasena vā dvārappavattā cittappavattiyo yojetabbā.

According to doors the six cognitive series are:

- 1 Cakkhudvāravīthi the cognitive series connected with the eye-door;
- 2 Sotadvāravīthi the cognitive series connected with the ear-door;
- 3 Ghānadvāravīthi the cognitive series connected with the nose-door;
- 4 Jivhādvāravīthi the cognitive series connected

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with the tongue-door;

5 Kāyadvāravīthi — the cognitive series connected with the body-door; and

6 Manodvāravīthi - the cognitive series connected with the mind-door.

Note: Cakkhudvāravīthi means the cognitive series of cittas which arise and perform their respective functions in order to cognize the visible form that appears at the eye-door.

The remaining vithis should be understood in the same way.

Or, according to consciousness the six cognitive series are:

Cakkhuviññānavīthi - the cognitive series connected with eyeconsciousness;

2 Sotaviก็กิลิกลงโthi - the cognitive series connected with earconsciousness;

- the cognitive series 3 Ghānaviññānavīthi connected with the nose-consiousness;

- the cognitive series 4 Jivhāviññāṇavīthi connected with the tongue-consiousness;

- the cognitive series 5 Kāyaviñūānavīthi connected with bodyconsciousness;

6 Manoviñāānavīthi - the cognitive series connected with mindconsciousness;

The cognitive series connected with the doors should be coordinated with the corresponding consciousness.

The Causes for the Arising of Cognitive Series

For a cognitive series to occur, all the essential conditions must be present. According to the Commentaries, the essential conditions for each type of vithi are as follows:-

- (i) For an eye-door cognitive series:
- (a) eye-door must be good,
- (b) visible object must be present,
- (c) light (āloka) must be present, and
- (d) attention (manasikāra) must be present.
- (ii) For an ear-door cognitive series:
- (a) ear-door must be good,
- (b) sound must be present,
- (c) space (ākāsa) for the air carrying sound wave to pass through must be present, and
- (d) attention (manasikāra) must be present.
- (iii) For a nose-door cognitive series:
- (a) nose-door must be good,
- (b) smell must be present,
- (c) air-element(*vāyodhātu*)must be present, and
- (d) attention (manasikāra) must be present.
- (iv) For a tongue-door cognitive series:
- (a) tongue-door must be good,

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(b) taste must be present,

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- (c) liquid-element (āpo) such as saliva must be present, and
- (d) attention (manasikāra) must be present.
- (v) For a body-door cognitive series:
- (a) body-door must be good,
- (b) tangible object must be present,
- (c) firm solid element (thaddha-pathavi) must be present, and
- (d) attention (manasikāra) must be present.
- (vi) For a mind-door cognitive series:
- (a) mind-door must be present,
- (b) mind-object must be present,
- (c) heart-base (hadaya-vatthu) must be present, and
- (d) attention (manasikāra) must be present.
 - 6 Six Types of Presentation of Sense-objects
 (Visayappavatti)
- 7 Atimahantam mahantam parittam atiparittan c'eti pañcadvāre, manodvāre pana vibhūtam avibhūtan c'eti chadhā visayappavatti veditabbā.

The six types of presentation of sense-objects should be understood as follows:-

(a) Presentation of Sense-objects at the five Sense-doors (Visayappavatti at Pañca-dvāras)

1 Atimahantārammana — 5 sense-objects with very great intensity;

2 Mahantārammana — 5 sense-objects with great intensity;

3 Parittārammana – 5 sense-objects with slight intensity; and

4 Atiparittārammana — 5 sense-objects with very slight intensity.

(b) Presentation of sense-objects at the mind-door

(Visayappavatti at Mano-dvāra)

- l Vibhūtā-rammana clear presentation of sense-objects;
- 2 Avibhūtā-rammana obscure presentation of sense-objects.

Determination of the Intensity of Sense Objects

- 8 Katham ? Uppādathiti-bhanga-vasena khaṇat-tayam ekacittakkhaṇam nāma.
- 9 Tāni pana sattarasa cittakkhanāni rūpadhammānam āyū.
- 10 Ekacittakkhaṇātītāni vā bahucittakkhaṇātītāni vā thitippattān'eva pañcārammanāni pañcadvāre āpātham āgacchanti.

How is the intensity of the senseobjects determined? Three sub-moments

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- the genetic sub-moment, the existing sub-moment and the dissolving sub-moment - make up one consciousness-moment (cittakkhaṇa = the life-span of a citta).

Seventeen consciousness-moments determine the life-span of $r\bar{u}pa$ (22 kinds of $r\bar{u}pa$ with the exception of 2 viñatti $r\bar{u}pas$ and 4 lakkhaṇa $r\bar{u}pas$).

The five sense-objects appear at the five sense-doors only when they reach the stage of existence after one or several consciousness-moments have passed.

The Life-Span of Consciousness (Citta)

According to the Commentary, cittas arise and dissolve at a tremendous rate of more than a thousand billion times per wink, and there are about 250 winks in a second. So the life-span of a consciousness is less than one-thousand billionth of a second.

The life-span of a consciousness is measured by three sub-moments of three distinct features in the life-time of a consciousness. These are:

- (i) uppāda genesis
- (ii) Thīti existence
- (iii) Bhanga dissolution

So the life-span of a citta is equal to three submoments which represent the genetic sub-moment, the existing sub-moment and the dissolving sub-moment of the citta itself.

In other words the life-span of a citta is equal to one consciousness-moment (cittakkhaṇa) which is equal to three sub-moments (khaṇas).

According to citta-niyāma (the law of consciousness) cittas arise one after another incessantly and each citta lasts just for a sub-moment. So it is very difficult to observe the cittas.

The Life-Span of Corporeality (Rūpa)

The life-span of $r\bar{u}pa$ or corporeality is 17 times longer than that of *citta*. So the life-span of $r\bar{u}pa$ is equal to 17 *cittakkhanas* or consciousness-moments or 17x3=51 *khanas* or sub-moments.

Thus $r\bar{u}pa$ also arises and dissolves at a tremendous rate of more than 58 billion times per wink or per snap of the fingers. There are also three distinct features in the life-time of a $r\bar{u}pa$. These are again the genesis, the existence, and the dissolution. The genesis and the dissolution of $r\bar{u}pa$ last for one sub-moment each just like those of the citta. So the existence of $r\bar{u}pa$ lasts for 49 sub-moments, and while it lasts, other $r\bar{u}pa$ particles ($r\bar{u}pa$ -kalāpas) keep on arising at every sub-moment. Consequently billions of $r\bar{u}pa$ particles have the chance to combine with one another giving rise to large masses of $r\bar{u}pa$ which are visible to the naked eye.

Determination of the Intensity of Sense-objects When a sense-object of very great intensity (atimahantā-rammana) strikes a sense-door, it does not

become distinct immediately. It takes one consciousness-moment for the sense-object to develop itself to become distinct, and it causes a very long cognitive series of consciousness to arise.

When a sense-object of fairly great intensity (mahantārammaṇa) strikes a sense-door, it takes two consciousness-moments or three consciousness-moments (if it is weaker) to develop itself into distinction. Then it causes a fairly long cognitive series of consciousness to arise.

When a sense-object of slight intensity (parittārammaņa) strikes a sense-door, it takes four to nine consciousness-moments to develop itself into distinction. It causes a short cognitive series of consciousness to arise.

When a sense-object of very slight intensity (atiparittā-rammaņa) strikes a sense-door, it takes ten to fifteen consciousness-moments to develop itself into distinction. Since it is very weak, it cannot cause any cognitive series of consciousness to arise.

Thus the intensity of a sense-object is determined by the time it takes to develop itself into distinction after it strikes a sense-door. If it takes only one consciousness-moment, it is atimahantā-rammana, if it takes two to three conscious-moments, it is mahantārammana, if it takes four to nine consciousness-moments, it is parittārammaṇa, if it takes ten to fifteen consciousness-moments, it is atiparittārammana.

Cognitive Process Consciousness and Cognitive Process-freed Consciousness (Vīthi-cittas and Vīthi-vimutti Cittas)

In the Compendium of the Miscellaneous we have learnt that the cittas perform 14 kinds of functions (kicca) and that every citta performs at least one function. Because the various cittas perform their respective functions, the sense-objects that appear at the sense-doors come to be known.

Of the total 89 cittas in brief, there are 19 cittas which perform rebirth-function (paţisandhi-kicca), life-continuum function(bhavanga-kicca), and death-function(cuti-kicca). They are known as rebirth-consciousness(paţisandhi-cittas), life-continuum-consciousness(bhavanga-cittas), and death-consciousness (cuti-cittas) while they perform the respective functions.

These 19 cittas comprise 2 upekkhā santīraņa cittas, 8 mahāvipāka cittas, and 9 mahaggata vipāka cittas. Since they do not arise in the six sense-doors while they are performing rebirth, life-continuum or death function, they are called door-freed consciousness (dvāra-vimutti cittas).

Since they are door-freed, they do not participate in cognitive process. So they are also known as *vīthi*-freed consciousness (*vīthi-vimutti cittas*) while they perform the rebirth, life-continuum or death-function.

However, of the 19 vīthi-freed cittas, the 2 upekkhā santīraņa cittas take part in cognitive process when they perform the investigation-function (santīraņa-kicca) or the registration-function (tadālam-

bana-kicca), and the 8 mahāvipāka cittas also take part in cognitive processes when they perform the registration-function. So these 2+8=10 cittas must be counted among the vīthi-cittas. Only the nine mahaggata vipāka cittas are never involved in cognitive process since they do not perform any other function except the rebirth, life-continuum and death-functions.

So the number of *vīthi*-consciousness (*vīthi*-cittas) is 89-9=80 in the sense-sphere. The *vīthi*-cittas will appear in cognitive series in the order of functions they perform as described in Table 1.1.

Table 1.1: The Order of Functions Performed by Vīthi-Cittas

S.No.	Function	Vīthi-cittas	Tot- al
1	Adverting	Pañcadvārāvajjana Manodvārāvajjana	2
2	Seeing	Cakkhu-viññāṇa	2
3	Hearing	Sotaviññāna	2
4	Smelling	Ghānaviññāṇa	2
5	Tasting	Jhivāviññāņa	2
6	Touching	Kāyaviññāṇa	2
7	Receiving	Sampaticchana	2
8	Investigating	Santiraņa	3
9	Determining	Manodvārāvajjana	1
10	Javana	Kāmajavana	29
		Appanäjavana	26
11	Registering	Tadālambana	11

12 Rebirth, life-continuum, and death-functions are performed by the 19 vīthi-freed cittas.

Three Types of Identical Consciousness

The life of a living being begins with a rebirth-consciousness. After the dissolution of this consciousness, bhavanga cittas arise and dissolve continuously till death performing the function of life-continuum.

The last bhavanga citta is known as death-consciousness (cuti citta), because it performs death-function.

For a living being these three cittas are the same in birth (jāti), in concomitants and in the sense-object they take. For a normal human being one of the eight mahāvipāka cittas functions as rebirth-consciousness, bhāvanga-consciousness and death consciousness. These three types of cittas are identical in a person, because they are the resultants of the same whole-some kamma. If the kamma is the seed of 'somanassa-sahagatam nāṇasampayuttam asankhārika mahākusala citta, then 'somanassa-sahagatam nāṇasampayuttam asankhārika mahāvipāka citta' will function as rebirth-consciousness, bhavanga consciousness and death consciousness.

The sense-object that these cittas take is the sign which appeared at the time of near death in the immediate past life. This sign is in the form of 'kamma', 'sign of kamma' or 'sign of destiny'. These signs will be explained further below.

The Signs near the Time of Death (Maranāsanna Nimitta)

In the present life a person will be alive as long as the wholesome kamma, which has given him re-

birth in this life, keeps on supporting him, i.e., keeps on producing bhavanga cittas (life-continuum) as kamma-resultant.

Just before that supporting kamma fades out, of the many kusala-kammas and akusala-kammas which compete with one another to have the chance of bearing kamma-resultant, one kamma will emerge as the winner.

This successful kamma may appear in the life-continuum (mind-door) of the person as kamma-object. When this happens the person may recollect the good or bad action which he has performed in the past in connection with the successful kamma.

At times it may be a sign associated with the successful kamma that appears at one of the sense-doors. It may be one of the five physical objects viewed through one of the five doors as a present object, or viewed through the mind door as a past object. This present or past object associated with the successful kamma is called the 'sign of kamma' or 'kanma-nimitta'.

At times some sign of the place in which he is to be reborn according to the successful *kamma* may appear at the mind-door.

For example, celestial beings or celestial mansions, etc., may appear to the dying person if he is to be reborn in one of the celestial abodes, or miserable people in hell or hell-hounds, etc., may appear to him if he is to be reborn in hell. These objects related to

the place of rebirth are known as the 'sign of destiny' or 'gati-nimitta'.

Thus when a person is dying, one of these three types of maranāsanna-nimitta, namely, 'kamma', 'kamma-nimitta' or 'gati-nimitta', will always appear at one of the six sense-doors. The person will die soon after that, and will be reborn in the next life. Then his rebirth-consciousness, life-continuum and death-consciousness in the new existence will all grasp the maranāsanna-nimitta of the past existence.

Three Kinds of Life-continuum Consciousness

In the present life the *bhavanga cittas* take the *maraṇāsanna-nimitta* of the immediate past life as their object. As this object is not the new external object that appears at one of the sense-doors in the present existence that gives rise to a cognitive series of consciousness, we are not aware of it. In other words this object is not processed stage by stage to be cognized by us. So when we are asleep or when we do not know anything, these *bhavanga-cittas* will be arising and dissolving at a tremendous speed of more than a thousand billion times per wink.

Now suppose that an external sense-object strikes one of the sense-doors. It is necessary to know this new object so that we can react to it as the need arises. In order to know this object, the stream of consciousness must be turned towards this new object. So the *bhavanga-cittas* must be arrested or cut off and *vīthi-cittas* must arise to pick up the new object and process it stage by stage to cognize the object.

The stream of bhavanga-cittas cannot be arrested or cut off suddenly as soon as the new sense-object appears in one of the sense-doors. As a man, running very fast, cannot stop suddenly at a point and at least a few steps must be allowed before he comes to rest, so in the same way two bhavanga-cittas must be allowed to pass after the appearance of the sense-object before the bhavanga-stream can be arrested.

These two bhavanga-cittas, in trying to give away the old maranāsanna-nimitta and to take the new sense-object, vibrate somewhat from their normal situation. So they are known as vibrating life-continuum (bhavanga-calana).

But as the bhavanga-stream is arrested or cut off after the second bhavanga-calana, this citta is renamed as bhavangu-paccheda (arrested bhavanga).

Now the five physical sense-objects do not become distinct at the sense-doors as soon as they strike the doors. Even the object of very great intensity (atimahantā-rammaṇa) takes one consciousness moment (cittakkhaṇa) to develop itself into prominence so as to appear at the sense-door.

So one bhavanga-citta must pass from the time of contact of the sense-object with the sense-door to the time the object appears at the door. This citta is called atīta-bhavanga (past bhavanga).

When the sense-object is of great intensity (mahantā-rammaṇa), 2 or 3 bhavaṅga-cittas must pass by from the time of contact of the sense-object with the sense-door to the time the object appears at the

door. These 2 or 3 bhavanga-cittas are also called atīta-bhavanga.

Thus we have three kinds of bhavanga-cittas.

at the door.

- 1. Atīta-bhavanga = those bhavanga cittas

 (past bhavanga) which pass by from the time the sense object strikes the sense-door to the time the object appears
- 2. Bhavanga-calana = the bhavanga citta (vibrating bhavanga) which arises when the sense-object appears at the sense-door.
- 3. Bhavangupaccheda = the bhavanga-citta which (arrested bhavanga) follows the bhavanga-calanar, the bhavanga-stream is cut-off after this citta, and vīthi-citta starts to arise.

Cognitive Series at the Five Doors (Pañca-dvāra Vīthis)

1 Eye-door Cognitive Series for Sense Objects of very great Intensity. (Cakkhudvārika Atimahantārammaņa Vīthi)

Tasmā yadi ekacittakkhaņātītakam rūpārammaņam cakkhussa āpātham āgacchati, tato dvikkhattum bhavange calite bhavangasotam vocchinditvā tam eva rūpārammaṇam āvajjantam paācadvārāvajjanacittam uppajjitvā nirujjhati.

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Therefore, if a visible object, having passed one consciousness-moment (after striking the eye-door), becomes distinct at the eye-door, the life-continuum vibrates for two consciousness-moments and is cut off. Then taking that visible object into consideration, pañcadvārāvajjana arises and dissolves.

Tato tass' ānantaram tam eva rūpam passantam cakkhuviññāṇam, sampaṭicchantam sampaṭicchana cittam, santīrayamānam santīraṇacittam, vavatthapentam voṭṭhabbanacittañ c'eti yathākkammam uppajjitvā nirujjhanti.

After the dissolution of pancadvā-rāvajjana, without any lapse in time, there arise and dissolve in due order cakkhu - viñāāṇa seeing that object, sampatic-chana receiving the object, santīraṇa investigating it, and manodvārāvajjana determining whether the object is good or bad.

Tato param ekūnatimsa-kāmāvacarajavanesu yamkinci laddhapaccayam yebhuyyena sattakkhattum javati, javanānubandhāni ca dve tadārammaṇa-pākāni yathāraham pavattanti, tato param bhavangapāto.

Following the determining consciousness, any one of the twenty-nine kāmāvacarajavana cittas, in accordance with the cause such as right reflection, generally runs its course with great mo-

mentum for seven consciousness-moments. Following the javanas in serial order tadārammana vipāka cittas occur in accordance with persons. After the second tadārammana, the bhavanga stream runs its normal course.

11 Ettāvatā cuddasa vīthicittuppādā, dve bhavangacalanāni, pubbevātītakam ekacittakkhanan ti katvā sattarasa
cittakkhananii paripūrenti, tato param
nirujjhati. Ārammanam etam atimahantam
nāma gocaram.

To this extent seventeen consciousness-moments are completed, namely, fourteen vithi-cittas together with their concomitants, two vibrating bhavangas (taking bhavangupaccheda as bhavanga-calana), and one consciousness-moment that has passed earlier (referring to atītabhavanga). Having completed seventeen consciousness-moments, the sense-object dissolves. This object is called atimahantārammana, the object of very great intensity.

Explanation of Atimahanta Cakkhudvāravīthi

When a visible object of very great intensity strikes the eye-door, atimahantārammaņa vīthi arises. The cognitive series may be represented by the following symbols: (see Table 1.2)

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-Bh-Tī-Na-Da-Pa-Ca-Sp-St-Vo-J-J-J-J-J-Td-Td-Bh
OCO OCO

Javanas enjoy

sense-object

strike

Bh - bhavanga - life-continuum

At first there is a stream of bhavanga-cittas.

Tī – atītabhavanga – past-bhavanga

At the arising sub-moment of this citta, the visible object strikes the eye-door; the visible object and the cakkhu-pasāda arise simultaneously.

Na - bhavanga-calana - vibrating bhavanga

At the arising sub-moment of this citta, the visible object becomes distinct at the eye-door. The object of very great intensity takes one conscious-moment to develop itself into distinction after its genesis.

Da – bhavangupaccheda – arrested bhavanga

The bhavanga-stream is cut off after the dissolution of this citta.

Pa – pañcadvārāvajjana – five-door adverting consciousness

It is always the first citta which confronts the sense-object in the cognitive series of pañcadvāra vīthis. It adverts the consciousness stream towards the sense-object.

Ca – cakkhu-viññāṇa – eye-consciousness

It sees the visible object. It transmits the impression

of the sense-object to the next arising consciousness.

- Sp sampaticchana receiving consciousness

 It receives the impression of the visible object transmitted by the eye-consciousness. It, in turn, relays the impression of the object to the next arising consciousness.
- St Santīraṇa investigating consciousness

 It investigates the sense-object whether the object is good or bad. It, in turn, relays the impression of the object together with the result of its investigation to the next arising citta.
- Vo- votthapana (manodvārāvajjana) determining consciousness

 It determines the sense-object whether the object is good or bad.
- J javana impulsive consciousness enjoying the taste of the sense-object.

One of the 29 kāma-javana cittas, as conditioned by manasikāra associated with votthapana, arises generally seven times. At this stage we know the sense object roughly and enjoy its taste.

Td – tadālambaņa – registering consciousness

It immediately follows the javana cittas and runs for two consciousness-moments enjoying the taste of the sense-object.

At the dissolving submoment of the second tadālambana citta, the visible object and the cakkhupasāda which have arisen together now dis-

solve together because their life-span of 17 consciousness-moments is now complete.

Bh - bhavanga - life-continuum

Since the visible object no longer exists, the cognitive series ends and the consciousness - stream sinks into life-continuum, that is, *bhavanga citta* runs its course as usual until a sense object strikes a sensedoor and a new cognitive series arises to cognize the sense-object.

Note: The atimahantārammaņa vīthi is also known as "tadālambana-vāra vīthi" as it terminates with tadālambana citta.

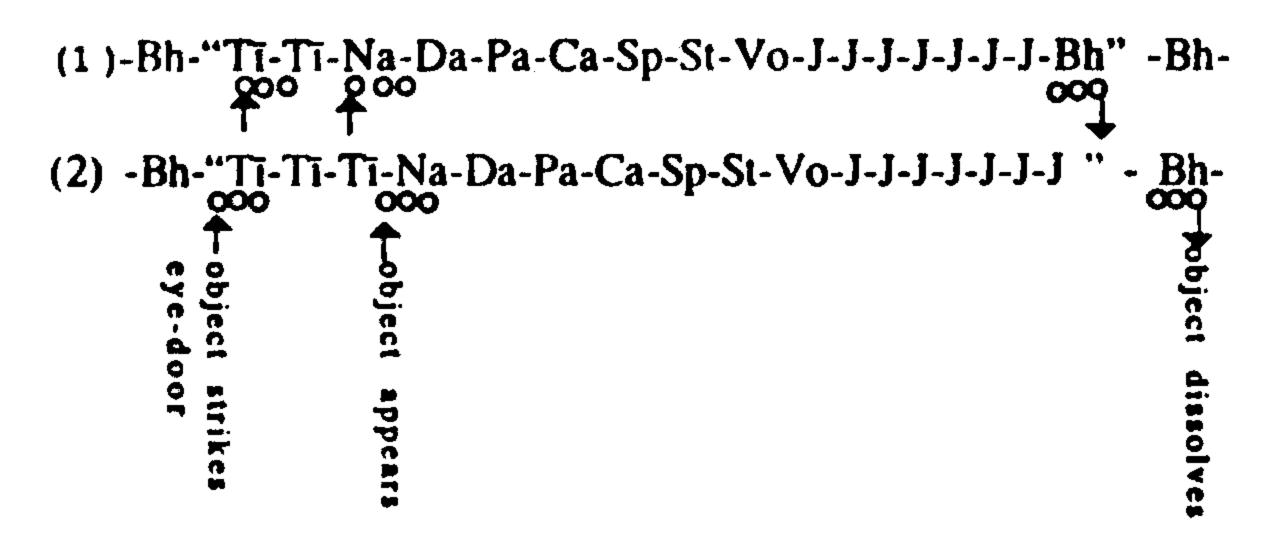
2. Eye-door Cognitive Series for Sense Objects of fairly great Intensity (Cakkhudvārika Mahantārammaņa Vīthi)

12 Yāva tadārammaņuppādā pana appahont' ātītakam āpātham āgatam ārammaņam mahantam nāma, tattha javanāvasāne bhavangapāto va hoti, n'atthi tadārammanuppādo.

Moreover the sense-object which strikes the sense-door and becomes distinct (after two or three consciousness-moments), but is unable to survive till the arising of the registering consciousness is called great sense-object (mahantārammaṇa). In that cognitive series, at the end of the javanas, there is subsidence into life-continuum and no arising of registering consciousness.

Explanation of Mahantā Cakkhudvāravīthi

When a visible object of fairly great intensity strikes the eye-door, one of the two mahantārammaņa vīthis may arise. The cognitive series may be represented as follows.



(1) In the first mahantārammaṇa vīthi the sense-object and cakkhu-pasāda (eye-door) arise together at the arising sub-moment of the first atīta bhavaṅga. The sense-object takes two consciousness-moments (Tī-Tī) for its full development and it becomes distinct at the eye-door at the arising sub-moment of the vibrating bhavaṅga (Na).

Then the life-continuum vibrates for two consciousness-moments (Na-Da) and becomes arrested or cut off at the dissolving sub-moment of the arrested bhavanga. Then the cognitive series proceeds as follows.

Pa – pañcadvārāvajjana – five-door adverting consciousness

It adverts the consciousness-stream towards the sense-object.

- Ca cakkhuviññāṇa eye-consciousness

 It sees the visible object and makes the senseimpression.
- Sp sampaticchana receiving consciousness

 It receives the impression of the visible object.
- St sanīiraṇa investigating consciousness

 It investigates the sense-object whether the object is good or bad.
- Vo votthapana (manodvārāvajjana) determining consciousness
 - It determines the sense-object whether the object is good or bad.
- J javana impulsive consciousness enjoying the taste of the sense-object.

One of the 29 kāmājavana cittas, as conditioned by manasikāra associated with voṭṭhapana, arises seven times.

So far 16 consciousness-moments have elapsed since the genesis of the sense-object at the eye-door, and only one consciousness-moment is left before the object dissolves, So two registering consciousness (tadālambaṇa cittas) can no longer arise. (Tadālambaṇa arises either two times or not at all.) So one bhavaṇga citta arises instead, and then the sense-object and the cakkhu-pasāda, which have arisen together, dissolve together at the dissolving sub-moment of that bhavaṇga citta. After that the life-continuum flows on as usual.

(2) In the second mahantārammaņa vīthi, the intensity of the sense-object is a little weaker than that of the sense-object in (1). So after the genesis of the sense-object at the eye-door, three past bhavaiga

cittas pass by before the object becomes well developed and distinct at the eye-door. Then the life-continuum vibrates twice and becomes arrested (Na-Da).

After that the cognitive series proceeds as in (1),i.e., in the order of pañcadvārāvajjana, cakkhuviñ-ñāṇa, sampaṭicchana, santīraṇa, voṭṭhapana and seven javanas. At the dissolving sub-moment of the seventh javana the sense-object and the cakkhu-pasāda dissolve together. Therefore the cognitive series terminates and the life-continuum proceeds as usual.

Thus there are two mahantārammaņa vīthis which end with javana-citta. They are known as javana-vāra vīthis.

Note: In counting the *vīthi cittas*, the *bhavanga* cittas (Ti, Na, Da, Bh) should not be counted.

3 Eye-door Cognitive Series for Sense Objects of slight Intensity Parittārammaņa Vīthi

13 Yāva javanuppādā pi appahont' ātītakam āpātham āgatam ārammaṇam parittam nāma. Tattha javanam pi anuppajjitvā dvattikkhattum voṭṭhabba - nam' eva pavattati, tato param bhavanga-pāto'va hoti.

The sense-object which strikes the sense-door and becomes distinct (after four to nine consciousness-moments), but is unable to survive till the arising of the javanas is called slight sense-object (parittārammaņa). In that cognitive se-

ries even the javanas do not arise, but the determining consciousness (votthapana) occurs two or three times, and then there is subsidence into life-continuum.

Explanation of Parittarammana Cakkhudvāra Vīthi

When a visible object of slight intensity strikes the eye-door, parittārammaņa vīthi arises. The cognitive series may be represented as follows.

- (1)-Bh "Tī- Tī -Tī- Tī-Na-Da-Pa-Ca-Sp-St-Vo-Vo-Vo-Bh-Bh-Bh-Bh-"
- (2)-Bh "Tī-Tī-Tī-Tī-Tī-Na-Da-Pa-Ca-Sp-St-Vo-Vo-Vo-Bh-Bh-Bh-"
- (3)-Bh "Tī-Tī-Tī-Tī-Tī-Tī-Na-Da-Pa-Ca-Sp-St-Vo-Vo-Vo-Bh-Bh-"
- (4)-Bh "Tī-Tī-Tī-Tī-Tī-Tī-Tī-Na-Da-Pa-Ca-Sp-St-Vo-Vo-Vo-Bh-"
- (5)-Bh "Tī-Tī-Tī-Tī-Tī-Tī-Tī-Tī-Na-Da-Pa-Ca-Sp-St-Vo-Vo-Vo-"
- (6)-Bh "Tī-Tī-Tī-Tī-Tī-Tī-Tī-Tī-Tī-Na-Da-Pa-Ca-Sp-St-Vo-Vo-"
- (1) In the first *parittārammaņa* vīthi, the senseobject and the cakkhu-pasāda arise together at the arising sub-moment of the first atīta bhavanga. The senseobject takes four consciousness-moments for its full development and it becomes distinct at the arising submoment of vibrating bhavanga (Na). Then the bhavanga stream vibrates twice and becomes arrested (Na-Da). Then the cognitive series proceeds in the order of pañcadvārāvajjana, cakkhuviññāṇa, sampaṭicchana, santīraņa and votthapana. At this point, 11 consciousness-moments have elapsed since the genesis of the sense-object, and the object can last for only six more consciousness-moments.

In normal situations, the javana usually occurs for seven consciousness-moments and if there is no enough time, it does not occur at all. In other words, since the object is not distinct and not known precisely, no javana arises to enjoy the taste of the object.

So two more votthapana cittas arise in place of javana to determine two more times whether the object is good or bad. After that the stream of consciousness sinks into life-continuum. The sense-object and the eye-door dissolve at the dissolving instant of the fourth bhavanga, and life-continuum flows on as usual.

(2-6) In 'he next five successive vīthis, the past bhavanga (Tī) is increased one by one as the object becomes weaker and weaker, and accordingly the cittas at the rear have to be cut off one by one as the total consciousness-moments cannot exceed the life-span of the sense-object. Thus at the sixth vīthi, the cognitive series terminates after two voṭṭhapana cittas.

The number of votthapana cittas cannot be reduced further as there must be at least two votthapana cittas when it functions in place of javana. So there are six parittārammaṇa vīthis which all end with votthapana, so they are known as votthapana-vāra vīthis.

In parittarammana vithis, the sense object is not precisely known; so there is no enjoyment of the sense-object and no javanas. Young babies see objects by these vithis since their pasada rūpas are weak and objects do not appear clearly in them.

4 Eye-door Cognitive Series for Sense Objects of very slight Intensity (Atiparittārammaņa Vīthi)

14 Yāva voṭṭhabbanuppādā ca pana appahont' āṭītakaṁ āpāthaṁ āgataṁ nirodhāsannaṁ ārammanaṁ atiparittaṁ nāma, tattha bhavaṅgacalanam eva hoti, n'atthi vīthicittuppādo.

Moreover the sense-object which strikes the sense-door and becomes distinct (after ten to fifteeen consciousness-moments) and is on the verge of ceasing and unable to survive until the arising of the determining consciousness is called very slight sense-object. In that cognitive series there is merely vibration of the life-continuum, but no arising of a cognitive consciousness.

Explanation of Atiparittārammaņa Cakkhudvāra Vīthi

When a visible object of very slight intensity strikes the eye-door, the object takes 10 to 15 consciousness-moments for its full development. Even then the intensity of the object is so slight that it causes the life-continuum to only vibrate twice without becoming arrested. So no vīthi-cittas arise, and the object is not known at all. However, the following six vīthi-forms can be written to represent the atiparittārammaņa vīthis.

- (1) -Bh- "Ti-Ti-Ti-Ti-Ti-Ti-Ti-Ti-Ti-Na-Na-Bh-Bh-Bh-Bh-Bh"-
- (2) -Bh- 'Ti-Ti-Ti-Ti-Ti-Ti-Ti-Ti-Ti-Ti-Na-Na-Bh-Bh-Bh-Bh"-
- (3) -Bh- "Tī-Tī-Tī-Tī-Tī-Tī-Tī-Tī-Tī-Tī-Tī-Na-Na-Bh-Bh-Bh"-
- (4) -Bh- "Ti-Ti-Ti-Ti-Ti-Ti-Ti-Ti-Ti-Ti-Ti-Ti-Na-Na-Bh-Bh"-

As these vīthis are deprived of vīthi-cittas, they are known as "mogha-vāra-vīthis" (futile cognitive series).

Other Five-door Cognitive Series

15 Icc' evam cakkhudvāre, tathā sotadvārādīsu c' eti sabbathā pi pañcadvāre tadārammaṇajavana-voṭṭhabbana-moghavāra-saṅkhātānam catunnam vārānam yathākkamam ārammaṇabhūtā visayappavatti catudhā veditabbā.

As it has been described for the arising of the cognitive series in the eye-door, so too does the cognitive series arise in the ear-door, etc. Thus in all the five doors, the fourfold presentation of sense-objects should be understood, in due order, in the four ways known as:

- (i) the course (ending with) registration;
- (ii) the course (ending with) javana;
- (iii) the course (ending with) determining; and
- (iv) the futile course.

The Number of Cognitive Series

For the fourfold presentation of sense-objects at the eye-door, we get one tadālambaṇa-vāra vīthi, two javana-vāra vīthis, six voṭṭhapana-vāra vīthis, and six moghavāra vīthis, making 15 vīthis in all.

Similarly 15 vithis can arise at the ear-door as well as at the nose-door, the tongue-door or the body-door. So all together 15x5=75 vithis can occur at the five doors.

In writing the vīthi-forms and explaining the forms for the ear-door, sota-viññāṇa (So) should replace cakkhu-viññāṇa (Ca), and 'sound' and 'sota-pasāda' should replace 'visible object' and 'cakkhu-pasāda', respectively. Similar proper changes should be made for the remaining three doors.

Five door Cognitive Consciousness (Pañcadvāra-Vīthi Cittas)

16 Vīthicittāni satt' eva,
cittuppādā catuddasa.
Catupaññāsa vitthāra, pañcadvāre
yathāraham.
Ayam ettha pañcadvāre
vīthicittappavattinayo.

At the five doors, in accordance with the door and the sense-object, seven kinds of *vīthi-cittas* numbering fourteen *vīthi cittas* take part in cognitive process. In detail fifty-four *cittas* occur in the five doors.

Herein, what have been said desscribe the occurrence of *vīthi-cittas* in the five sense-doors.

Explanation:

If we examine the atimahantārammaņa vīthi, we can see that it contains the greatest number of vīthicittas comprising seven types of consciousness:

"Pañcadvārāvajjana, pañca-viññāṇa, sampaṭic-chana, santīraṇa, voṭṭhapana, javana, and tadālambaṇa."

The number of vīthi-cittas that occur in the longest cognitive series is: one pañcadvārāvajjana, one pañcaviññāna, one sampaticchana, one santīraṇa, one voṭṭhapana, seven javanas and two tadālambaṇas, totalling 14. In counting vīthi-cittas, bhavanga-cittas should not be included.

The total number of *vīthi-cittas* that can participate in the five-door cognitive series are:

(a)	Pañcadvārāvajjana citta	1
(b)	Pañcaviññāṇa cittas	
	(in five sense-doors)	
(c)	Sampațicchana cittas	2
(d)	Santīraņa cittas	3
(e)	Votthapana (manodvārāvajjana)	1
(f)	Kāma-javana cittas	29
(g)	Tadālambaņa cittas	8
•	Total =	54

These are the 54 kāmāvacara cittas.

Mind-door Cognitive Series with Sense-sphere Javanas

(Kāmajavana Manodvāra-vīthi)

17 Manodvāre pana yadi vibhūtam ārammaṇam āpātham āgacchati, tato param bhavaṅgacalana-manodvārāvaj-jana-javan āvasāne tadārammaṇapākāni pavattanti, tato param bhavaṅgapāto.

Now if a clear sense-object becomes distinct at the mind-door, then vibrating life-continuum, mind-door adverting consciousness, javanas, and at the end of the javanas, registering resultants, all take place. Following this there is subsidence into life-continuum.

18 Avibhūte pan' ārammaņe javanāvasāne bhavangapāto va hoti, n'atthi tadārammaņuppādo ti.

On the other hand, in the case of an obscure sense-object, there is subsidence into life-continuum at the end of the *javanas*. No registering resultants arise.

Explanation of Manodvāra-vīthis

First there are two types of manodvāra-vīthis.

I Kāmajavana Manodvāra-vīthi – here one of the 29 kāmajavana cittas functions as javana, i.e., en-

COMPENDIUM OF COGNITIVE SERIES

joys the taste of the sense-object. In our daily activities, while we are cognizing various sense-objects, kāmajavana manodvāra-vīthis are involved.

2 Appanājavana Manodvāra-vīthi — here one of the 26 appanājavana cittas takes the function of javana. 'Appanā' means 'jhāna, magga and phala'. So appanājavana manodvāra-vīthis are involved only in jhāna-absorptions or lokuttara-attainments.

Sense-Sphere Mind-door Cognitive Process
This sense-sphere mind-door process is itself twofold:

- (1) Consequent process (pañcadvārānubandhakā),
- (2) Independent process (visumsiddhā).

1 Consequent Process

Just as when a gong is struck once by a baton, the gong sends forth a continuous stream of reverberations, so when one of the five sense doors has been impinged upon once by a sense-object, after the five-door process has ceased, the past sense object is retaken by the mind-door and sets off many sequences of mind-door processes. Because these cognitive processes come as the sequel to a five-door process, they are known as consequent processes.

In a five-door cognitive series, the sense-impression is processed only to the extent to be known roughly whether it is good or bad. The form, the shape, the detailed features and the name of the object are not known yet. Since the mind-door can take up a past object, after a pañcardvāra vīthi, a manodvāra vīthi quickly follows retaking the sense-object of the pañcadvāra vīthi as a past object.

Then a second *manodvāra vīthi* follows suit observing the object as a whole. Then follows the third *manodvāra vīthi* observing the form and shape of the object.

Again the fourth *manodvāra* vīthi arises considering the name of the object. If necessary many *manodvāra vīthis* quickly occur in succession considering the features of the object in detail and also the time and the place in connection with the object if the object has been observed before.

Only after these many consequent manodvāra vīthis does one know the object together with its form, shape, name and other details.

Considering the fact that cittas can arise and dissolve at a tremendous rate of more than a thousand billion times per wink and a monodvāra vīthi contains only about ten vīthi-cittas, many billion vīthis can occur in a fraction of a second. So we can know the objects we see or hear almost instantly and we even think that we see and hear simultaneously.

2 Independent Process

When any of the six sense-objects enters the avenue of the mind door and becomes distinct at the door, an independent mind-door process or cognitive series occurs. There are two types of mind-door pro-

cess pertaining to the sense-sphere, distinguished by the intensity of the object.

Mind-door Cognitive Series for Clear Object (Vibhūtārammaņa Vīthi)

Bh- "Na-Da-Ma-J-J-J-J-J-J-J-Td-Td-"-Bh-

When a clear sense-object enters the avenue of the mind-door and becomes distinct at the door, the life-continuum (bhavanga cittas) vibrates twice and becomes arrested (Na-Da). Then a mind-door adverting consciousness (manodvārāvajjana citta) turns to the object, observes it and decides whether the object is good or bad. In accordance with this discussion one of the twenty-nine kāmāvacara javana cittas occurs as javana seven times to enjoy the taste of the sense-object. After that two tadālambana cittas (Td-Td) arise to perform the registering function. Then the cognitive process subsides into life-continuum.

Mind-door Cognitive Series for Obscure Object (Avibhūtārammaņa Vīthi)

Bh- "Na-Da-Ma-J-J-J-J-J-J-"Bh-

When an obscure sense-object enters the avenue of the mind-door and becomes distinct at the door, the life-continuum (Na-Da) vibrates twice and becomes arrested. Then a mind-door adverting consciousness (manodvārāvajjana) furns to the object, observes it and decides whether the object is good or bad. In accordance with this decision one of the 29 kāmāvacara

javana cittas occurs seven times to enjoy the taste of the sense-object. After that the cognitive process subsides into life-continuum.

Notes

- 1. The mind-door is not a physical door (pasāda rūpa); life-continuum (bhavanga citta) itself functions as the mind-door. It is much more powerful than the five sense-doors.
- 2. All six types of sense-objects which may be past, present, future or time-freed, and which include cittas and cetasikas with the life-span of just one consciousness-moment, can appear in the mind-door.
 - So no atīta-bhavanga need occur; the object appears at the mind-door as soon as it strikes the door.
- 3. The objects that appear at the mind-door should not be differentiated as atimahantārammaṇa; they should be distinguished as vibhūtārammaṇa (clear object) or avibhūtārammaṇa (obscure object).
- 4. Ledī Sayādaw, a very learned Myanmar monk, pointed out that when the object is obscure, a course ending with two on three occurrences of *manodvārāvajjana* is also found, and a course ending with the mere vibration of the *bhavanga* may also be admitted.

Fourfold Mind-door Cognitive Series

Thus, according to Ledī Syādaw, in the mind-door too there is a fourfold presentation of sense-objects. The course ending with registration can be called a very clear (ativibhūtā) presentation; the course ending with javanas, a clear (vibhūtā) presentation; the course ending with mind-door adverting, an obscure (avibhūtā) presentation; and the course ending with mere vibration of the bhavanga, a very obscure (atiavibhūtā) presentation.

The clarity of the presentation depends on either the prominence of the object or the strength of consciousness. For a prominent object can appear clearly even when consciousness is weak, while a strong consciousness can clearly cognize even a subtle abscure object.

(1) Ativibhūtārammaņa vīthi

(Tadālambaṇa-vāra Vīthi)
-Bh- "Na-Da-Ma-J-J-J-J-J-J-Td-Td" -Bh-

(2) Vibhūtārammaņa Vīthi

(Javana-vära vīthi)
-Bh- "Na-Da-Ma-J-J-J-J-J-" Bh-

(3) Avibhūtārammaņa Vīthi

(Voṭṭhapana-vāra vīthi)
-Bh- "Na-Da-Ma-Ma-Ma"-Bh-Bh-

(4) Atiavibhūtārammaņa Vīthi

(Mogha-vāra vīthi)

-Bh- "Na-Na"-Bh-Bh-Bh-

64 ABHIDHAMMA (Higher Level)

Bh – bhavanga – life-continuum

At first only the bhavanga-stream exists.

Na - bhavanga-calana - vibrating life-continuum

At the arising sub-moment of this consciousness, the sense-object appears or becomes distinct at the mind-door.

- Da bhavangupaccheda arrested life-continuum
 The bhavanga-stream is cut off after the
 dissolution of this citta.
- Ma manodvārāvajjana mind-door adverting citta It performs two functions: (a) adverting the mental stream towards the sense-object and takes the object into consideration, and
- (b) determining the object whether it is good or bad.
 - J javana impulsive consciousness enjoying the taste of the sense-object.
 One of the 29 kāmajavana cittas functions as javana.
 - Td tadālambaņa registering consciousness

 It immediately follows javana and runs for two consciousness-moments enjoying the taste of the sense-object and performing the registering function.
 - Bh bhavanga life-continuum

 At the end of the cognitive series the consciousness stream sinks into life-continuum.

Cognitive Consciousness in Mind-door Kāmajavana Process

19 Vīthicittāni tīņ' eva cittuppādā das' eritā. Vītthārena pan' etth' ekacattālīsa vibhāvaye.

Ayam ettha prittajavanavāro.

In this kāmajavana mind-door cognitive process three kinds of cittas and the arising of ten cittas are told. In detail it should be made clear that forty-one cittas take part in the process.

Herein, these words describe the kāmajavanavāra in the compendium of vīthis.

Explanation

In kāmajavana mind-door cognitive series there are only 3 types of consciousness-namely, "avajjana, javana and tadālambaņa".

The number of cittas in the longest mind-door cognitive scries is: 1 manodvārāvajjana citta, 7 javana cittas and 2 tadālambaņa cittas, totalling 10.

The number of cittas that can participate in the mind-door cognitive series is:

- (a) manodvārāvajjana citta 1
- (b) kāmajavana cittas 29
- (c) tadālambaņa cittas 11

Total= 41

Mind-door Cognitive Series with Appanā-javanas (Manodvāra Vīthi)

- 20 Appanājavanavāre pana vibhūt' āvibhūtabhedo n' atthi, tatthā tadārammaņuppādo ca.
- 21 Tattha hi nāṇasampayutta kāmāvacara-javanānam aṭṭhannam añnātarasmim parikamm' opac' ārā-nuloma-gotrabhu-nāmena catukkhattum tikkhattum eva vā yathākkamam uppajjitvā niruddhānantaram eva yathāraham catuttham, pancamam vā chabbīsati-mahaggata-lokuttara-javanesu yathābhinīhāravasena yam kinci javanam appanāvīthim otarati, tato param appanāvasāne bhavangapūto' va hoti.

Now in the appanā-javana-vāra vīthi, there is no differentiation between clear object and obscure object. Likewise there is no arising of registering consciousness. (Absorption is possible only with clear object.)

To elaborate, in this appanājavana- vāra yīthi, any one of the eight ñāṇasampayutta kāmāvacara javana cittas (i.e. four ñāṇasampayutta mahākusala cittas and four ñāṇasampayutta mahākiriya cittas) arises and dissolves four times or three times in due order as 'preparation' (parikamma), 'proximity' (upacāra), 'conformity' (anuloma), and 'change of lineage' (gotrabhu). Immediately after they cease, in the fourth or fifth moment in accordance with the type of person, any

one of the javanas among the twenty-six mahaggata and lokuttara javana cittas, enters upon the process of absorption as it is conveyed by samatha-vipassanā bhāvanā citta. After that, at the end of the appanājavana, there is subsidence into life-continuum.

22 Tattha somanassasahagatajavanānantaram appanā pi somanassasahagatā
'va pāṭikankhitabbā, upekkhāsahagatajavanānantaram upekkhāsahagatā' va.
Tatth' āpi kusalajavanānantaram kusalajavanañ c' eva heṭṭhimañ ca phalattayam
appeti, kiriyajavanānantaram kiriyajavanam Arahattaphalañ cā ti.

In that appanājavana-vāra, immediately after a javana accompanied by joy, absorption accompanied by joy should be expected. Immediately after a javana accompanied by equanimity, absorption accompanied by equanimity should be expected.

In that javana-vāra having identical feeling (vedanā), immediately after a mahākusala ñāṇasampayutta javana, mahaggata or lokuttara kusalajavana and three lower phalajavana can arise as appanājavana (absorption). Immediately after a mahā-kiriya ñāṇasampayutta javana, mahaggata kiriyajavana as well as arahattaphalajavana can arise as absorption. So should it be noted.

- 23 Dvattimsa sukkhapaññamhā, dvādas' opekkhakā param, Sukhitakriyato aṭṭha, cha sambhonti upekkhākā.
- 24 Puthujjanāna sekkhānam, kāmapuānatihetuto, Tihetukāmmakriyato, vītarāgānam appanā.

Ayam ettha Manodvāre vīthicittappavattinayo.

Following two somanassasahagatam nanasampayuttam mahakusalajavana cittas, thirty-two appanajavanas can arise.

Following two upekkhāsahagatam ñāṇasampayutta mahākusala-javana cittas, twelve appanā-javanas can arise.

After two somanassasahagata nāṇasampayutta mahākiriya-javana cittas, eight appanā-javanas can arise. After two upekkhāsahagata nāṇasampayutta mahākiriya-javana cittas, six appanā-javanas can arise.

For worldlings and three lower phalattha persons (forty-four) javanc cittas can arise after four kāmakusala tihetuka cittas. For those free from lust (i.e. Arahants) fourteen javana cittas can arise after four tihetuka kāmakiriya cittas. (32+12) and (8+6)

What have been said describes the arising of cognitive series in the mind-door.

- Note: (1) Following two somanassasahagatam nāṇasampayuttam mahākusala javanas there can arise four somanassa mahaggatakusala javanas, sixteen somanassa magga javanas and twelve somanassa javanas of three lower phalas, totalling 32 javanas.
- (2) Following two upekkhāsahagatam nāṇasam-payutta mahākusala javanas there can arise five upekkhā mahaggata-kusala javanas, four upekkhā magga javanas, and three upekkhā javanas of three lower phalas, totalling 12 javanas.
- (3) After two somanassa nānasampayutta mahākiriya javanas there can arise four somanassa mahaggata kiriyajavanas and four somanassa arahattaphala javanas, totalling eight javanas.
- (4) After two upekkhā nāṇasampayutta mahā-kiriya javanas there can arise five upekkhā mahaggata kiriyajavanas and one upekkhā arahattaphala javana, totalling 6.

Explanation for Appanā-javana Mind-door Cognitive Series

'Appana' means 'absorption'. It refers to jhana, magga or phala absorptions.

In tranquility-meditation and insight-meditation appanā-javana manodvāra-vīthis arise when jhāna or magga or phala is realized. In these vīthis, one of the 26 appanā-javana cittas takes part in the javana-function.

26 appanājavanas = 5 rūpāvacara kusala cittas + 4 arūpāvacara kusala cittas

- + 5 rūpāvacara kiriya cittas
- + 4 arūpāvacara kiriya cittas
- + 4 magga cittas
- + 4 phala cittas.

If a tihetuka person, who is not yet an Arahant, practises tranquility meditation correctly and diligently, he may attain 5 rūpāvacara kusala jhānas and 4 arūpāvacara kusala jhānas, which are collectively called "9 mahaggata kusala cittas".

If an Arahant undertakes tranquility meditation, he can attain 5 rūpāvacara kiriya jhānas and 4 arūpāvacara kiriya jhānas, which are collectively called "9 mahaggata kiriya cittas".

If a tihetuka person undertakes insight-meditation properly and strenuously, he can attain four Pathwisdoms (magga-ñāṇas) and four Fruition-wisdoms (Phala-ñāṇas) which associate with eight lokuttara cittas (supramundane consciousness).

Cognitive Series for Five Finematerial Sphere Jhanas (Rūpāvacasa Appanā Vīthis)

Manda: Bh- "Na-Da-Ma-Pa-U-Nu-Go-Jh"- Bh-

Tikkha: Bh- "Na-Da-Ma-U-Nu-Go-Jh" -Bh-

1. When the patibhāga-nimitta (counter sign) of the meditation-subject appears at the mind-door, the life-continuum vibrates twice and becomes arrested (Na-Da). Then manodvārāvajjana (Ma) adverts the consciousness-stream towards the counter sign, observes it and decides whether it is good or bad.

Then one of the two somanassa-sahagatam

nāṇasampayuttam mahākusala cittas performs the upacāra-samādhi javana-function four times in a person of average wisdom (Manda-pañña) under the names of

Pa = parikamma = preparation for jhana to arise,

U = upacara = proximity of jhana,

Nu = anuloma = conformity or connection

between parikamma and jhāna; it

acts as a bridge harmonising the
lower cittas with the higher cittas,

Go = gotrabhu = change of lineage; it cuts off the kāma-lineage to form the mahag-gata-lineage.

In a person of keen wisdom (Tikkha-pañña), parikamma is omitted.

Immediately after gotrabhu, rūpāvacara kusala first-jhāna citta arises just once as appanā-javana. After that, the bhavanga-stream flows on as usual.

- 2. The second rūpāvacara-appanā vīthi arises as above allowing rūpāvacara kusala second-jhāna citta to function as appanā-javana just once.
- 3. The third rūpāvacara-appanā vīthi also arises as in (1) allowing rūpāvacara kusala third-jhāna citta to function as appanā-javana just once.
- (4. The fourth rūpāvacara-appanā vīthi again arises as in (1) allowing rūpāvacara kusala fourth-jhāna citta to function as appanā-javana just once.
- 5. The fifth rūpāvacara-appanā vīthi arises as in (1), but instead of one of the two somanassasahaga-

tam nāṇaṣampayuttam mahākusala cittas, one of the two upekkhā-sahagatam nāṇa-sampayuttam mahākusala cittas performs the upacāra-samādhi javana-function four or three times and after that rūpāvacara kusala fifth jhāna citta arises just once to function as appanā-javana.

Note: Since the first four rūpāvacara jhānas are accompanied by sukha (pleasant feeling), they are somanassasahagata cittas. So, in these cases, the upacāra-samādhi javanas must also be somanassasahagata cittas. In the case of the fifth jhāna, it is upekkhāsahagata citta; so it must be preceded by upekkhāsahagata upacārasamādhi javana.

Cognitive Series for four Immaterial S, here Jhanas (Arūpāvacara Appanā Vīthis)

Manda: Bh-"Na-Da-Ma-Pa-U-Nu-Go-Jh"-Bh-Tikkha: Bh- "Na-Dà-Ma-U-Nu-Go-Jh"-Bh-

In order to attain arūpāvacara jhānas, the meditator must have attained the fifth rūpāvacara jhāna by meditating on a kasiņa, and he must have contemplated on the faults of rūpa in the physical body.

He first develops the fifth $r\bar{u}p\bar{a}vacara$ jhāna by meditating on the paṭibhāga-nimitta of a kasiṇa. Then he comes out of the meditative absorption, ignores the paṭibhāga-nimitta since it is connected with $r\bar{u}pa$, concentrates on the infinite space ($\bar{a}k\bar{a}sa$) that exists beyond the paṭibhāga nimitta, and meditates: " $\bar{A}k\bar{a}sa$, $\bar{a}k\bar{a}sa$ ". When his subtle attachment to the paṭibhāga-

nimitta is eliminated, the nimitta disappears suddenly unfolding infinite space. He meditates on: "ākāsa, ākāsa', and when the degree of his concentration is high enough, the arūpāvacara appanā-vīthi will come into effect.

1. When the object of infinite space (ākāsa) appears at the mind-door, the bhavanga-stream vibrates twice and becomes arrested (Na-Da). Then manodvārāvajjana (Ma) adverts the mental stream towards the object, observes it and determines whether it is good or bad.

After that one of the two upekkhāsahagatam nānasampayuttam mahākusala cittas functions as parikamma (Pa), upacāra (U), anuloma (Nu), and gotrabhu (Go) in a person of average wisdom (mandapannā), or as upacāra, anuloma and gotrabhu in a person of keen wisdom (tikkha-pannā). Following these upacāra-samādhi javanas, the first arūpāvacara kusala jhāna, i.e. ākāsānancāyatana- kusala citta arises once as appanā-javana, and then bhavanga cittas flow on as life-continuum.

2. To go higher to the second arūpāvacara kusala jhāna, the meditator takes ākāsānañcāyatanakusala citta as the subject of meditation. He meditates: "viññāṇa, viññāṇa" repeatedly until he reaches absorption.

The second arūpāvacara appanāvīthi is the same as (1). The object that appears at the mind-door is ākāsānaācāyatana-kusala citta, which initiates the cognitive series of bhavanga-calana (Na), bhavāngu-

paccheda (Da), manodvārāvajjana (Ma), parikamma (Pa; omit in tikkha-pañña person), upacāra (U), anuloma (Nu), gotrabhu (Go) and viññānañcāyatana kusala citta as appanā-javana (Jh) to arise. After that-life-continuum (Bh) flows on as usual.

- 3. In the case of the third arūpāvacara jhāna, the object that appears at the mind-door is nothingness (natthibho) which results from the omission of ākasānañcāyatana kusala citta. The cognitive series of consciousness arises as before terminating with ākincaññāyatana kusala citta as appanā-javana.
- 4. In going up to the fourth arūpāvacara jhāna, the meditator concentrates on the ākincaññāyatana kusala citta as the object of meditation. On realising the fourth arūpāvacara jhāna, this object of ākincaññāyatana kusala citta appears at the mind-door causing the cognitive series of consciousness to arise as before. In this case nevasaññā-nāssasññāyatana kusala citta arises once as appanā-javana and then bhavanga cittas flow on as usual.
- Note (1) Since all the arūpāvacara jhānas are upekkhā-sahagatam, the preceding upacārasamādhi javana cittas must also be upekkhāsahagatam.
- (2) Arahants can develop rūpāvacara jhānas and arūpāvacara jhānas in the same way as described above. But instead of kusala cittas, kiriya cittas will arise. The vīthi-forms are the same as above. In describing the cognitive process, not only the appanā-javanas but

also all the preceding *upacāra-samādhi javanas* must be the corresponding *kiriya-cittas*.

Cognitive Series for Jhana Attainments (Jhāna Samāpatti Vīthis)

'Samāpatti' means 'attainment'. A person, who has attained the rūpāvacara first jhāna, may enter the meditative absorption corresponding to that jhāna whenever he wishes. If he practises well, he may enter upon the jhāna-absorption instantly and remain in the state of absorption for one hour, two hours, three hours, etc., up to seven days. During this period only the corresponding jhāna cittas occur repeatedly and spontaneously taking the paṭibhāgā-nimitta as their object.

A person, who attains all the rūpāvacara jhānas and the arūpāvacara jhānas, may enter the meditative absorption corresponding to any jhāna. But he must develop the first jhāna first; then, by eliminating vitakka, he develops the second jhāna, then by eliminating vicāra, he develops the third jhāna, and so on.

The jhana-samapatti vithi runs as follows:

Manda: Bh-"Na-Da-Ma-Pa-U-Nu-Go-Jh-Jh-many times"-Bh-

Tikkha: Bh-"Na-Da-Ma-U-Nu-Go-Jh-Jh-many times"-Bh-

1. For attainment of rupāvacara jhāna:

The patibhaga-nimitta of the meditation subject appears at the mind-door causing the life-con-

tinuum to vibrate twice and become arrested (Na-Da). Then manodvārāvajjana (Ma) adverts the mental stream towards the paṭibhāga-nimitta, observes it, and decides whether it is good or bad. After that, one of the two somanassasahagatam ñāṇasampayuttam mahākusala cittas (take upekkhāsahagatam ñāṇasampayuttam mahākusala citta to enter the fifth jhāna) functions as parikamma (omit for tikkhapaññā person), upacāra, anuloma and gotrabhu Then rūpāvacara kusala first jhāna (or second, third, fourth or fifth jhāna) citta functions many times as appanājavana. When the meditative absorption is over, bhavanga cittas sink into life-continuum.

2. For attainment of arūpāvacara jhāna:

The infinite space (ākāsa) unfolded by the disappearance of the paṭibhāga-nimitta (take the corresponding object for the higher arūpāvacara jhāna) enters the avenue of the mind-door and becomes distinct at the door causing the life-continuum to vibrate twice and become arrested. Then manodvārāvajjana adverts the mental stream towards the paṭibhāga-nimitta, observes it, and decides whether it is good or bad.

After that, one of the two upekkhāsahagatam ñāṇasampayuttam mahākusala cittas functions as parikamma (omit for tikkha-paññā person), upacara, anuloma, and gotrabhu Then ākāsānañcāyatana kusala citta (or higher arūpāvacara kusala citta) functions many times as appanā-javana. When the meditative absorption is over, bhavanga cittas sink into life-continuum.

Cognitive Series for Path Consciousness (Magga Appanā Vīthi)

Those who undertake insight-meditation (vipassanā) contemplate the three characteristics of existence (tilakkhaṇa) – namely, impermanence (anicca), suffering (dukkha), and non-self (anatta). After developing ten insight-knowledges (vipassanāṇāṇas), the realization of the Path and its Fruition (magga and phala) follows up. There are four levels of magga and phala. The magga-appanā vīthi runs as follows.

Manda: Bh-"Na-Da-Ma-Pa-U-Nu-Go-Mg-Ph-Ph"-Bh-Tikkha: Bh-"Na-Da-Ma-U-Nu-Go-Mg-Ph-Ph-Ph"-Bh-

1. When one of the three characteristics of existence enters the avenue of the mind-door and becomes distinct at the mind-door, the life-continuum vibrates twice and becomes arrested (Na-Da). After that manodvārāvajjana (Ma) adverts the mental stream towards the object, observes it, and decides whether it is good or bad.

After that one of the four nāṇasampayuttar mahākusala cittas, observing the characteristic of existence, functions three times as parikamma (Pa), upacāra (U), and anuloma (Nu), and then, observing Nibbāna, functions once more as gotrabhu (Go). Following that sotāpatti-magga javana arises once observing Nibbāna. Then, without any lapse in time, the fruition of the magga, i.e., sotāpatti-phala citta, functions twice as appanā-javana. After that bhavanga cittas sink into life-continuum and the meditator comes out of the magga-vīthi. He has now become a stream-winner

(Sotā-panna), the first-stage noble person (Ariyā).

If the meditator is a person of keen wisdom (tikkha-pañña), parikamma is omitted and phala-javana occurs three times.

In the above magga-vīthi, parikamma, upacāra, anuloma and gotrabhu signify the following things:

Pa - parikamma - preparation of magga,

U - upacāra - proximity of magga,

Nu - anuloma - conformity or connection; it harmonises the lower cittas with the upper cittas;

Go – gotrabhu – the citta that cuts the puthujjanalineage to form the ariya-lineage.

A puthujjana is a worldling or one who is bound by all ten fetters. Once a person becomes an ariyā, he is never reverted back to a puthujjana again. Thus gotrabhu has to cut the puthujjana lineage only once. So in later magga-vīthis and phala-vīthis, Vo=vodāna (meaning 'purification') is inserted in place of Go=gotrabhu.

2. To realize the second magga and phala, the stream-winner (sotāpanna) has to meditate on the three characteristics of existence again. When the second magga-vīthi arises, it runs as above – the only changes necessary are: 'vodāna' in place of 'gotrabhu', 'sakadāgāmi-magga' in place of 'sotāpatti magga' and 'sakadāgāmi-phala' in place of 'sotāpatti-phala'.

After this second magga-vīthi the person becomes a sakadāgāmī (once-returner, i.e., he will return to the kāma-abodes just once.)

3. If the sakadagāmī undertakes insight-meditation further, he may develop the third magga vīthi which occurs as the second magga-vīthi — just change 'sakadāgāmī' into 'anāgāmī'.

The person now becomes an anagāmī (non-returner, i.e., he will not be reborn in the kāma abodes again).

4. If the anāgāmī undertakes insight-meditation further, he may develop the fourth magga-vīthi. This vīthi again arises as before — just change 'anāgāmī' into 'arahatta'.

The person now becomes an Arahant (a perfect one).

Cognitive Series for Fruition Attainment (Phala-samāpatti Vīthis)

There are four noble individuals (ariya-puggala): the stream enterer (sotāpanna), the once returner (sakadāgāmi), the non-returner (anāgāmi) and the perfect one (arahant).

Each noble individual may enter the meditative absorption corresponding to the fruition of the Path he has attained. By doing so, he is enjoying the peace of Nibbāna, and during this absorption the following phala-samāpatti vīthi arises.

Manda: Na-Da-"Ma-Pa-U-Nu-Vo-Ph-Ph-many times"- Bh

Tikkha: Na-Da-"Ma-U-Nu-Vo-Ph-Ph-Ph-many times" -Bh

In order to develop the attainment of fruition (phala-samāpatti), the noble individuals have to undertake insight-meditation again.

- 1. When one of the three characteristic marks of existence enters the avenue of the mind-door of a stream-enterer, the life-continuum vibrates twice and becomes arrested (Na-Da). The manodvārāvajjana adverts the mental stream towards the characteristic sign, observes it, and decides whether it is good or bad. After that, one of the four nanasampayutta mahakusala cittas, observing the characteristic sign, functions three times as parikamma (omit in tikkhapaññā person), upacāra and anuloma (Pa-U-Nu), and, observing Nibbāna, functions once as vodāna (Vo). After that sotāpatti-phala citta, observing Nibbāna, functions as appanā-javana many times as long as the person wishes up to seven days. Then bhavanga cittas subside into life-continuum and the person arises from fruitionattainment.
- 2. The phala-samāpatti vīthis of the higher noble persons are the same as above—just change sotāpanna and sotāpatti-phala citta into sakadāgāmī and sakadāgāmi-phala citta, anāgāmī and anāgāmi-phala-citta, and arahatta-phala-citta, respectively.

The Procedure of Registration (Tadārammaņa-niyāma)

- 25 Sabbatthā pi pan' ettha aniţthe ārammaņe akusala-vipākān' eva pañcaviññāṇa-sampaticchana-santīraṇa-tadārammaṇāni.
 - 26 Itthe kusalavipākāni.
- 27 Ati itthe pana somanassasahagatān' eva santīraņatadārammaņāni.

Moreover, in these five-door and mind-door cognitive series, with respect to all kinds (very great, great, slight, very slight) of sense-objects, if the object is undesirable, only unwholesome resultants, that is, akusala-vipāka pañcaviññāṇa, sampaṭicchana, santīraṇa and tadārammaṇa, will arise. When the object is desirable, only wholesome resultants, that is, kusalavipāka pañcaviññāṇa, sampaṭicchana, santīraṇa and tadāramaṇa, arise. Besides, if the object is extremely desirable, only the resultants accompanied by joy, that is somanassasahagata santīraṇa and tadārammaṇa, will arise.

Tatth' āpi somanassasahagatakiriyajavanāvasāne somanassasahagatān' eva tadārammaņāni bhavanti, upekkhāsahagatakiriyajavanāvasāne ca upekkhāsahagatān' eva honti.

Also among those tadārammaņas, only somanasasahagata tadārammaņa will arise at the end of somanassasahagata kriyajavana, and only upekkhā-sahagata tadārammaņa will arise at the end of upekkhāsahagata kriyajavana.

28 Domanassasahagata javanāvasāne ca pana tadārammaṇāni c' eva bhavaṅgāni ca upekkhāsahagatān' eva bhavanti.

Moreover, at the end of domanass-asahagatajavana, only upekkāsaha-gatatadārammaņa and upekkhāsahagatā-bhavanga cittas can arise.

Tasmā yadi somanassapatisandhikassa domanassasahagatajavanāvasāne tadārammaṇasambhavo n' atthi, tadā yam kiñci paricitapubbam parittārammaṇam ārabbha upekkhāsahagata-santīraṇam uppajjati. Tam anantaritvā bhavangapāto' va hotī ti vadanti Ācariyā.

Therefore, in the case of one whose rebirth consciousness is accompanied by joy, if at the end of domanassa-sahagatajavana there is no occurrence of tadā-rammaṇa cittas, then, the teachers explain, there arises an upekkhāsahaga-tasantīraṇa citta apprehending any familiar trivial object. Immediately after that there is subsidence into life-continuum.

Note: Pleasant feeling and painful feeling are diametrical opposites. So cittas accompanied by the one cannot arise in immediate succession to cittas accompanied by the other. However, cittas accompanied by either of these opposed feelings can be immediately proceeded or followed by cittas accompanied by neutral feeling. Thus, if there is occasion for tadālambaṇa cittas to follow domanassa javanas, only upekkhāsahagata tadālambaṇas will arise. If there is no scope for tadālambaṇas, domanassa javanas will be followed immediately by upekkhāsahagata bhavanga cittas.

Now for a person whose rebirth-consciousness is a somanassasahagata mahāvipāka citta, then his

bhavanga citta is also the same somanassasahagata mahāvipāka citta. If this person gets angry, and there is no occasion for tadālambaņa cittas to arise, bhavanga cittas must follow the domanassa javanas. But the regular somanassa bhavanga cannot arise, owing to the law that cittas with opposite feelings cannot arise in immediate succession. In such a case, the ancient teachers of Abhidhamma said that an upekkhāsahagata santīraņa citta occurs once, serving as a buffer between the painful mental feeling of the javana and the pleasant mental feeling of the bhavanga. On such an occasion the *upekkhā-santīraņa* does not perform the investigating function. It takes an object different from that of the cognitive series - some unrelated sensesphere object with which one is already familiar-and functions simply to pave the way back to the normal flow of the somanassa bhavanga. This special upckkhūsahagata santīraņa citta is termed "āgantukabhavanga ", meaning the "guest-bhavanga".

The Law of Registration

29 Tathā kāmāvacarajavanāvasāne kāmāvacarasattānam kamāvacaradham-mesv' eva ārammaṇabhūtesu tadāram-manam icchantī ti.

manam icchantī ti.

Besides, tadārammanas or regis
Gering cittas arise only at the end of

(kāmāvacara-javanas, honly in sensesphere beings, only when the sense-objects belong to the sense-sphere.

Note: Tadālambaņas arise only at the end of

kāma-javanas, only in kāma-beings, only when kāmaobjects appear at the sense-door. They do not arise after appanājavanas or in brahmās or when the senseobject is paññatti, mahaggata or Nibbāna.

30 Kāme javanasattālam-baṇānam niyame sati, Vibhūte 'timahante ca, tadārammaṇam īritam.

Ayam ettha tadārammananiyamo.

When there is certainty that the javanas, the beings, and the sense-objects belong to the sense-sphere, then it can be said that tadārammaņa cittas arise both in vibhūtārammaņa vīthis and in atimahantārammaņa vīthis.

Herein, what have been said is the law or procedure of registration.

The Procedure of Javanas (Javananiyāma)

- 31 Javanesu ca parittajavanavīthiyam kāmāvacarajavanāni sattakkhattum chakkhattum eva vā javanti.
- 32 Mandappavattiyam pana maraṇa-kālādīsu pancavaram eva.

Moreover, among the javanas, in a kāmajavana cognitive series, the kāmāvacara javanas occur either seven times or six times.

But in the case of a feeble cognitive process, such as at the time of dy-

ing, etc., the *kāmāvacara javanas* occur only five times.

33 Bhagavato pana Yamakapāṭihāriyakālādīsu lahukappavattiyam cattāri pañca vā paccavekkhaṇacittāni bhavantī ti pi vadanti.

Moreover, at the time of the Twin Miracle of the Buddha and the like, when the cognitive process is rapid, paccavekkhaṇa-javana cittas (reviewing consciousness) occur only four or five times. So it is said by the commentators.

Frequency of Appanajavana

34 Ādikammikassa pana paṭhamakappanāyam mahaggatajavanāni abhiññājavanāni ca sabbadā pi ekavāram eva javanti, tato param bhavangapāto.

Furthermore, in the first cognitive series of absorption of the beginner, the mahaggatajavana occurs only once. Also the abhiññājavana at all times arises only once. Then comes subsidence into lifecontinuum.

35 Cattāro pana magguppādā ekacittakkhaņikā, tato param dve tīņī phalacittāni yathāraham uppajjanti, tato param bhavangapāto.

Besides, the four Pathconsciousnesses arise only for one consciousness-moment each. Thereafter, two or three Fruition-consciousnesses arise in accordance with the *manda-paññā* person or the *tikkhapaññā* person. Then comes subsidence into life-continuum.

36 Nirodhasamāpattikāle dvikkhattuṁ catutthāruppajavanaṁ javati, tato paraṁ nirodhaṁ phusati.

37 Vuṭṭhānakāle ca Anāgāmiphalam vā Arahattaphalam vā yathāraham ekavāram uppajjitvā niruddhe bhavangapāto' va hoti.

At the time just before the attainment of cessation (nirodhasamāpatti), the fourth arūpāvacara-javana occurs twice. After that the cessation of cittas, cetasikas and cittajarūpas is effected. When emerging from cessation, either the fruition consciousness of non-returning (anāgāmiphala citta) or the fruition consciousness of arahantship (arahattaphala citta) arises once according to person whether he is a non-returner or an arahant. When it ceases, there is subsidence into lifecontinuum.

38 Sabbatthā pi samāpattivīthiyam bhavangasoto viya vīthiniyamo n'atthī ti katvā bahūni pi labbhantī ti.

In all the cognitive series of attainments (jhānasamāpatti and phalasa-

māpatti), as in the stream of the life-continuum, there is no fixed procedure to be noted. It should be understood that many (mahaggata or phala) javanas arise (in immediate succession). This concludes the javana-niyama.

Summary

39 Sattakkhattum parittāni, maggābhiññā sakim matā. Āvasesāni labbhanti, javanāni bahūni pi.

Ayam ettha javananiyamo.

It should be known that kāmāva-carajavana arises at most seven times, the magga-javana and the abhiññāṇa-javana only once, the rest (mahaggataja-vana and phalajavana) many times.

Herein, this is the procedure of javanas.

Cognitive Series for Supernormal Knowledge (Abhiññāṇa Appanā Vīthis)

Those who have developed all the $r\bar{u}p\bar{a}vacara$ $jh\bar{a}nas$ and all the $ar\bar{u}p\bar{a}vacara$ $jh\bar{a}nas$ in all the ten kasinas may practise further according to the instructions given in the Buddhist Canons to attain the five lokiya $abhi\bar{n}\bar{n}\bar{a}s$ (mundane supernormal knowledges). These supernormal powers are attainable through the utmost perfection in mental concentration, and they are related to the higher knowledge associated with the fifth $r\bar{u}p\bar{a}vacara$ $jh\bar{a}na$.

1. Iddhividha Abhiññāṇa - various divine pow-

ers, such as being one he becomes manifold, and having become manifold he again becomes one. Without being obstructed he passes through walls and mountains, just as if through the air. In the earth, he dives and rises again, just as if in the water. He walks on water without sinking, just as if on the earth. Crosslegged he floats through the air, just as a winged bird.

- 2. Dibbasota Abhiññāṇa divine ear that can hear sounds both heavenly and human, far and near.
- 3. Dibbacakkhu Abhiññāṇa divine eye that can see objects both heavenly and human, far and near, hidden or exposed. It can see beings in the woeful abodes as well as those in the celestial abodes.
- 4. Paracittavijjānana Abhiññāṇa or cetopariyañāṇa — the ability to know other's thoughts in many ways or to penetrate the minds of others.
- 5. Pubbenivāsānussati Abhiññāṇa the ability to remember manifold former existences, such as one birth, two births,...five births...one hundred thousand births; to remember many formations and dissolution of worlds: "There I was, such name I had, ...and vanishing from there I entered somewhere else into existence, ... and vanishing from there I again reappeared here".

Based on dibbacakkhu abhiññāṇa, one can further develop the following two supernormal powers:

6. Yathākammūpagañāna — the power to see beings in the thirty-one planes of existence and also their respective kammas which have given rise to their

rebirths. It sees beings vanishing and reappearing, low and noble ones, beautiful and ugly ones. It sees how beings are reappearing according to their *kammas*.

7. Anāgatamsanāņa – the power to know future events, future existences and future worlds.

So we may say there are seven lokiya abhiññāṇas. But when we count five mundane supernormal knowledges, yathākammūpagañāṇa and anāgataṁsañāṇa are included in dibbacakkhu. Also cutūpāpatañāṇa, which is the knowledge with regard to the dying and reappearing of beings, is included in dibbacakkhu.

When we count six supernormal powers as in Chalābhiñña, we add āsavakkhayañāṇa to five lokiya-abhiññāṇas.

8. Āsavakkhaya-ñāṇa – the arahattamaggañāṇa, which is the knowledge associated with arahattamagga that can extinct all cankers (āsavas).

The abhiññā vīthi is of the form: Na-Da-"Ma-Pa-U-Nu-Go-Bhiñ"-Bh

Suppose a person, who has attained the mundane supernormal powers, wants to become manifold. He meditates on the *pathavī-kasiṇa* and develops the *rūpāvacara kusala fifth jhāna* for a few moments.

Then he comes out of the *jhāna* and, having arrested his life-continuum, makes a strong wish or resolution: "Let there be one thousand identical but separate forms of myself."

He has complete confidence that his resolution

will materialize. The created forms appear in his mind-door causing the life-continuum to vibrate twice and become arrested. The manodvārāvajjana adverts the mental stream towards the objects, observe them and decide whether they are good or bad. Then observing the one-thousand created forms, the rūpāvacarkusala fifth jhīna, accompanied by the supernormal knowledge of iddhividha, arises once functioning as abhiññājavana. Then bhavanga cittas follow up. As soon as abhiññāṇajavana arises, the one-thousand created forms come into existence.

Other mundane supernormal powers are brought into play in a similar way.

Cognitive Series for Attainment of Extinction (Nirodha-samāpatti Vīthi)

'Nirodhasamāpatti' means 'attainment of extinction'. This vīthi is developed to suspend temporarily all consciousness and mental activity, following immediately upon the semiconscious state called the 'sphere of neither-perception-nor-nonperception' (nevasaññānāsaññāyatana jhāna).

Only a non-returner or an arahant, who has attained all the *rūpāvacara jhānas* and the *arūpāvacara jhānas*, is able to develop the attainment of cessation. The procedure for developing this attainment is as follows.

First of all the person who wants to develop the attainment of cessation meditates on the counter-image of the earth-kasina in order to develop the first rūpāvacarakusala jhāna. Then he emerges from it and

meditates on the *jhāna* factors with respect to their characteristics of impermanence, suffering and non-self. He repeats this procedure with the *rūpāvacara-kusala* second, third, fourth and fifth *jhānas*, and then also with the *arūpāvacarakusala* first, second, and third *jhānas*.

Then he made four resolutions (adhitthāna).

- 1. May I remain in *nirodhasamāpatti* for one hour, two hours,....., one day, two days,, or seven days (provided the period does not exceed his life-span which he can know).
- 2. May my body, the things I am using and the abode I am occupying be not harmed nor destroyed by any means (he can demarcate the area as much as he likes).
- 3. May I come out of the *nirodhasamāpatti* as soon as the Buddha wishes to see me (this is at the time when the Buddha is alive).
- 4. May I come out of the *nirodhasamāpatti* as soon as the congregation of monks wishes my presence (this is done out of respect for the congregation of monks).

Now the person develops the arūpāvacarakusala fourth jhāna and soon after the occurence of nevasaññānāsaññāyatana kusala citta as appanājavana for two consciousness-moments, the stream of consciousness is cut off — no cittas, cetasikas and cittaja-rūpa (corporeality formed by citta) arise any more.

The person will remain in this state of extinction of consciousness, its concomitants and cittaja-

rūpa till the end of the period he has resolved to remain in nirodhasamāpatti. Though he does not breathe, eat, drink or know anything, he is still alive.

When he comes out of the nirodhasamāpatti, anāgāmi-phala citta arises once as appanā-javana if he is an Anāgāmī, or arahatta-phala citta arises once as appanā-javana if he is an Arahant. Then bhavanga cittas subside into life-continuum.

Analysis by Way of Individuals (Puggalabheda)

40 Duhetukānam ahetukānam ca pan' ettha kiriyājavanāni c' eva appanājavanāni ca labbhanti.

41 Tatthā ñāṇasampayuttavipākāni ca sugatiyam.

42 Duggatiyam pana ñāṇavippayuttāni ca mahāvipākāni na labbhanti.

Moreover, in these cognitive series, the funtional javanas and the appanājavanas do not arise either in duhetuka persons or in ahetuka persons. Also nāṇasampayutta mahāvipāka cittas do not arise in a blissful plane. Furthermore, nāṇavippayūtta mahāvipāka cittas do not occur in a woeful plane.

Explanation

Ahetuka persons are those whose rebirth-consciousness has no roots. Duhetuka persons are the ones having two roots (alobha and adosa) in their rebirth consciousness. These two types of persons will never attain jhānas or maggas. So functional javanas, which

are exclusive to arahants, and appanajavanas cannot arise in them.

Furthermore, in a blissful plane such as the human world or the sense-sphere heavens, nāṇasam-payutta mahāvipāka cittas do not arise in the ahetuka or duhetuka persons to perform the registering function; for duhetuka beings, the tadālambana cittas are the three santīraṇas and the four nāṇavippayuttavipāka cittas whereas for ahetuka persons, only the three santīraṇas perform as tadālambana cittas.

Therefore, in the woeful abodes inhibited by only ahetuka persons, ñāṇavippayutta mahāvipāka cittas do not occur.

- 43 Tihetukesu ca khīṇāsavānam kusalākusalajavanāni na labbhanti.
- 44 Tathā sekkhaputhujjanānamkiriyajavanāni.
- 45 Diṭṭhigatasampayutta-vicikic-chājavanāni ca sekkhānam.
- 46 Anāgāmipuggalānam pana paṭighajavanāni ca na labbhanti.
- 47 Lokuttarajavanāni ca yathāraham Ariyānam eva samuppajjantī ti.

Among tihetuka persons, to Arahants, no kusala or akusala-javanas arise. Similarly, to noble persons who are not yet Arahants as well as to worldlings, kiriya javanas do not occur. Nor do

javanas associated with wrong view and doubt arise in sekkhapersons, that is, non-arahant ariyas. To non-returners (Anāgāmīs) there are no javanas associated with aversion. Lokuttara-javanas are experienced only by noble ones (Ariyās) according to their respective attainments.

Explanation

Those whose rebirth-consciousness has three roots (alobha, adosa, amoha) are called tihetuka persons. These persons, by practising samatha-vipassanā meditations, can attain jhānas, maggas and phalas.

Since akusala and kusala cittas no longer occur in Arahants, they will not experience akusala and kusala javanas. On the other hand, since kiriya javanas can arise only in Arahants, wordlings and non-arahant noble ones cannot experience kiriyajavanas.

Again since sekkha-persons have eradicated wrong view and doubt completely, they will not experience javanas associated with wrong view and doubt. Moreover, the non-returners have also totally eliminated anger (dosa) in addition to ditthi and vicikicchā. So domanassajavanas will never arise in non-returners.

Consciousness experienced by various Persons

48 Asekkhānam catucattāļīsa sekkhānam uddise.

Chapaññās' āvasesānam, catupaññāsa sambhavā.

Ayam ettha puggalabhedo.

It should be pointed out that the total number of vīthi cittas that can arise as they should in Arahants is forty four, in sekkha-persons fifty six, and in the rest (worldlings) fifty four.

Herein, this is the analysis by way of individuals.

Explanation

Arahants, referred to here as 'asekkhas', meaning 'those beyond training', have eliminated all defilements and thus no longer experience any unwholesome cittas. The forty-four cittas they can experience are: 18 ahetuka cittas + 8 mahāvipāka cittas + 8 mahākiriya cittas + 5 rūpāvacarakiriya cittas + 4 arūpāvacarakiriya cittas + 1 arahatta phala citta.

These figures are for those who attain all the nine mahaggata jhānas in the sense-sphere. For those who do not attain all the jhānas, the number of the jhānas they cannot experience yet should be subtracted from the total number of cittas.

Now wordlings, who are born with three roots, can acquire all the nine mahaggatakusala jhānas by undertaking samatha-bhāvanā. So the fifty-four cittas they can experience are: 12 akusala cittas + 17 ahetuka cittas with the exception of hasituppāda + 8 mahākusala cittas + 8 mahāvipāka cittas + 5 rūpāvacarakusala cittas + 4 arūpāvacarakusala cittas.

Here again, for those who do not attain any jhānas, the 9 mahaggatakusala cittas must be subtracted from the total number of 54.

Now 'sekkhas', meaning 'trainees', refer to the

four *maggattha* persons and the three lower *phalattha* persons. The *maggattha* persons last for just one consciousness-moment while the corresponding *maggacittas* are arising. Soon after the *magga-cittas have* dissolved, they become *phalattha* persons. The three lower *phalattha* persons are the stream-enterer (sotāpanna), the once-returner (sakadāgāmī), and the non-returner (anāgāmī).

Since sotāpatti-magga totally eliminates diṭthi and vicikicchā, the four diṭṭhigatasampayutta lobhāmūla cittas and the one vicikicchāsampayutta mohamūla citta cannot arise in a stream-enterer. Subtracting these five cittas from 54 cittas which can arise in a tihetuka worldling and adding one sottapatti-phala citta that the stream-enterer can enjoy, we get fifty cittas that can arise in a stream-enterer.

Again if we add the four magga-cittas, anāgāmiphala citta and sakadāgāmi-phala citta to fifty, we get the fifty-six cittas that can occur in sekkhas.

Analysis by Way of Planes (Bhūmibheda)

- 49 Kāmāvacarabhūmiyam pan' etāni sabbāni pi vīthicittāni yathāraham upalabbhanti.
- 50 Rūpāvacarabhūmiyam paţi-ghajavana-tadārammaṇa-vajjitāni.
- 51 Arūpāvacarabhūmiyani paṭhamamagga-rūpāvacara-hasanaheṭṭhimāruppa-vajjitāni ca labbhanti.

In the sense-sphere (kāmabhūmi) all these foregoing vīthi-cittas occur as they should according to persons.

In the fine-material sphere (rūpabhūmi) all the vīthi-cittas with the exception of dosamūlajavanas and tadārammanas will occur.

In the immaterial sphere (arūpa-bhūmi) all the vīthi cittas with further exception of sotāpattimagga citta, rūpāvacara cittas, hasituppāda, and the lower arūpavacara cittas will occur.

- 52 Sabbathā pi ca tamtam-pasā-darahitānam tamtam-dvārikavīthicittāni na labbhant' eva.
- 53 Asaññasattānam pana sabbathā pi cittappavatti n'atth' ev' āti.

In all planes, to those who are devoid of some particular sense organs (pasāda), the cognitive series connected with the corresponding doors do not occur. Moreover, to asaññasatta brahmās (who have only rūpa), all forms of cognitive series do not arise.

54 Asīti vīthicittāni, kāme rūpe yathāraham.

Catusațțhi tath' ārūpe, dvecattālīsa labbhare.

Ayam ettha bhūmivibhāgo.

In the sense sphere (kāma-bhūmi) the total number of vīthi-cittas that arise in various individuals as they should amounts to eighty. In the fine-material sphere (rūpa-planes) sixty four vīthi cittas can occur whereas in the immaterial sphere (arūpa-planes) forty two cittas can participate in cognitive processes.

Herein, this is the analysis by way of planes.

Explanation

The eighty vīthi-cittas that occur in the sensesphere include all cittas except the nine *mahaggata* vipāka cittas which never take part in cognitive processes.

In the fine-material sphere two dosamūla cittas, eight mahāvipāka cittas, two ghānaviññāṇas, two jivhāviññāṇas, and two kāyaviññāṇas, totalling sixteen cittas, do not occur. Rūpa-brahmās do not have ghānapasāda, jivhā-pasāda, kāyapasāda, and the registering function. Dosamūla cittas destroy jhānas and can burn rūpa-brahmās to death. So subtracting these 16 cittas from the 80 vīthi-cittas above, we get 64 vīthi-cittas for the rūpa-planes.

In the immaterial sphere sotāpattimagga, five rūpāvacarakusala cittas, five rūpāvacarakriya cittas, hasituppāda, pañcadvārāvajjana, two sotaviñāāṇas, two cakkhuviñāāṇas, two sampaticchanas, three santīraṇas, totalling 22 cittas, also do not occur. So the number of vīthi-cittas for the arūpa-planes is 64-22=42.

Classification of Individuals

There are four types of puthujjanas (worldlings) and eight types of ariya-puggala (noble persons or individuals).

Duggati-ahetuka puggala-2 Sugati-ahctuka puggala 3 Dvihetuka puggala 4 Puthujjanas (worldlings) 4 Tihetuka puggala 5 Sotāpatti-maggattha 6 Sakadāgāmi-maggattha 4 Maggatthas Anāgāmi-maggattha (Path-persons) Arahatta-maggattha Sotāpatti-phalattha 10 Sakadāgāmi-phalattha 4 Phalatthas (Fruition-persons) 11 Anāgāmi-phalattha 12 Arahatta-phalattha

Explanation

'Duggati' means 'woeful course of existence', and 'Sugati' means 'happy course of existence.'

- 1. 'Duggati-ahetuka puggala' means 'persons born with ahetuka akusala-vipāka santīraņa citta in woeful abodes'. They refer to animals, woeful ghosts, demons, and persons suffering in hell.
- 2. 'Sugati-ahetuka-puggala' are 'persons born with ahetuka kusala-vipāka-santīraņa citta in the human abode and catumahārājika-deva abode'. They are the ones who are retarded, dumb, blind, or deaf from birth.

3. 'Dvihetuka-puggala' refers to human beings and devas who are born with nāṇavippayutta mahāvipāka cittas which lack wisdom. These persons cannot attain jhānas and maggas in the present life however much do they try. They may, however, become tihetuka-puggala in the next life as the result of their meditation efforts in the present life, and then attain jhānas and maggas easily if they meditate again.

'Tihetuka-puggala' refers to human beings and devas who are born with nāṇasampayutta mahāvipāka cittas which contain wisdom. These persons may attain all the jhānas and all the maggas if they strenuously undertake tranquility and insight meditations.

The four maggatthas and the four phalatthas are the eight noble persons (Ariyās). They all are tihetuka-puggalas. The maggatthas last for just one consciousness-moment while they are realizing the corresponding magga-ñāṇa. As soon as the magga-citta dissolves and phala-citta arises, they become phalatthas. So we cannot see the four maggatthas. The four phalatthas are known as the stream-enterer (sotāpanna), the once-returner (sakadāgāmi), the non-returner (anāgāmi) and the perfect one (arahant).

Consciousness experienced by Various Persons

The cittas that can arise in various persons in different abodes are tabulated below.

Puggala	Kāma-bhūmi	Rűpa-bhűmi	Arūpa-bhūmi
Duggati-ah- etuka	Akusala cittas 12 Ahetuka cittas 17 (hasitu excepted) Mahākusala cittas 8 Total 37	Nil	Nil
Sugati- ahetuka+ Dvihetuka	As above 37 Mahāvipāka filanavippayutta 4 Total 41	Nil	Nil

Table 4.3 Puggalas and Cittas

Continued in the Table attached to the back of this book.

Conclusion

55 Icc'evam chadvārikacittappavatti yathāsambhavam bhavangantaritā yāvatāyukam abbocchinnā pavattati.

As has been said, the cognitive process at the six doors continues on uninterrupted as long as life lasts as it should arise in such and such sense doors separated only by life-continuum between cognitive series.

Iti Abhidhammathasangahe Vithisangahavibhāgo nāma Catuttho paricchedo.

Thus ends the fourth chapter in the Manual of Abhidhamma entitled the Compendium of the Cognitive Process.

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Review Questions

1. What is *vīthi*? What are the six types of consciousness and the six types of *vīthis* connected with them? 18

- 2) 2. What are the causes which give rise to *vīthis* or cognitive series of consciousness?
- 32. 3. Describe the six types of presentation of sense objects at the six sense doors. What are the threefold presentation of sense-objects to vithi freed cittas?
- 4. How long can cittas and rūpas exist? How can the intensity of sense-objects be determined?
- 5. What are *vīthi-cittas* and *vīthi-vimutti cittas*? Which cittas participate in cognitive processes in the sense sphere?
 - 6. When a visible object of very great intensity strikes the eye-door, what cognitive process will occur? Explain it.
 - 7. Write the *vīthi*-form for *mahantārammana* cakkhudvāra vīthi and explain it.

- 8. Explain the cognitive series of consciousness which arises when a loud sound strikes the ear-door.
- 9. When you are smelling perfumes, what type of cognitive process will occur? Explain it.
- 10. When a visible object of slight intensity strikes the eye-door, what type of *vīthi* will arise? Write the vīthi-forms and explain the symbols.
- 11. Enumerate the cittas that can participate in the five-door cognitive processes. Which cittas participate in mind-door cognitive processes? 5
- 12. When we encounter an aquaintant we recognize his features and his names immediately. What cognitive processes must have arisen in order to know in such a way?
- 13. When we watch a movie, we seem to see and hear simultaneously. Explain the reasons why this happens.
- 14. When you remember a past event, what type of cognitive process occur in you? Explain it.
- 15. What is the difference between the consequent process and the independent process in kāmajavana manodvāra vīthis. Explain with examples.
- 16. Explain ativibhūtārammaņa manodvāra vīthi. Enumerate the cittas that can participate in it.
- 17. What cognitive process takes place when a meditator is reflecting upon (1) an earth-kasina with open eyes, and (2) the acquired sign with closed eyes?

- 18.A yogī is reflecting upon the counter sign of an earth kasiņa. Explain the cognitive process that arises in him (1) before he attains jhāna, and (2) when he reaches jhāna.
- 19.A beginner is undertaking ānāpānassati. Explain the cognitive process which occurs when he (1) reaches access jhāna, and (2) attains the first rūpāvacara jhāna.
- 20. A lay-yogī, who has attained the first rūpāvacara shāna in ānāpānassati, is meditating on the counter sign to attain the second jhāna. Explain the cognitive process which occurs (1) before he attains the second jhāna, and (2) when he reaches the second jhāna.
- 21.A man emerges from the fifth rūpāvacara jnāna and meditates upon infinite space. What will be his cognitive process (1) before he reaches absorption, and (2) when he reaches absorption?
- 22.A person meditates upon ākincaññāyatana kusala citta. What cognitive process will arise when he reaches appanā?
- 23.A yogī remains absorbed in the attainment of the third rūpā vacara kusala jhāna. Explain his cognitive process.
- 24.A wordling is meditating upon the three characteristic marks of existence. What cognitive process arises in him (1) before he attains maggañāṇa, and (2) when he reaches magga?
- 25. What cognitive process occurs (1) when a person first attains the fifth rūpāvacara jhāna, and (2) when

he enters into that jhāna-samāpatti?

- 26.A yogī is enjoying the bliss of Nibbāna by remaining in Fruition attainment of Sotāpatti Phala. Explain the cognitive process that arises in him.
- 27.A stream-enterer undertakes insight meditaition and attains sakadāgāmi magga and phala. What is his cognitive process (1) before reaching appanā, and (2) when appanā-javana arises.
- 28. Describe the cognitive process of an *Arahant* when he is enjoying *phalasamāpatti*.
- 29.How many times does kāmajavana arise (1) in normal situation, (2) at the time of dying, (3) at the time of the twin-miracle of the Buddha, and (4) at the time preceding appanā-javana?
 - 30. How many times does appanājavana arise (1) in rūpāvacara-appanā vīthis, (2) in arūpāvacara-appanā vīthis, (3) in jhāna-samāpatti vīthis, (4) in magga-appanā vīthis, (5) in phala-samāpatti vīthis, (6) in abhiñāā-appanā vīthis, and (7) in nirodha-samāpatti vīthis?
 - 31. Which cittas participate in cognitive processes:
 - (1) in the sense-sphere (kāmaloka),
 - (2) in the fine material sphere (Rūpaloka),
 - (3) in the immaterial sphere (Arūpaloka)?
 - 32. Enumerate the cittas which can arise (1) in worldlings, (2) in sekkha-persons, and (3) in asekkha-persons.

33. Enumerate the cittas which can arise (1) in a cat, (2) in a woeful person, (3) in a retarded man born blind, (4) in an intelligent person, (5) in a deva, (6) in a rūpa-brahmā, (7) in an arūpa-brahmā, (8) in a stream-enterer, (9) in a non-returner, and (10) in an arahant.

CHAPTER II

COMPENDIUM OF THE PROCESS-FREED (Vīthimuttasangahavibhāga)

Introduction

l Vīthicittavasen' evam, pavattiyam udīrito,

Pavattisangaho nāma sandhiyam dāni vuccati.

Thus the compendium of the occurrence of consciousness has been described by way of the cognitive process during the course of existence. Now the compendium of the occurrence of consciousness at rebirth will be told.

2 Catasso bhūmiyo, catubbidhā paṭisandhi, cattāri kammāni, catudhā maraṇuppatti c' eti Vīthimuttasaṅgahe cattāri catukkāni veditabbāni.

In the compendium of processfreed consciousness four sets of four should be understood as follows:

- (1) four planes of existence,
- (2) four modes of rebirth,
- (3) four kinds of kamma, and
- (4) four modes of death.

The Four Planes of Existence (Bhūmicatukka)

3 Tattha Apāyabhūmi Kāmasu-gatibhūmi Rūpāvacarabhūmi Arūpāva-

carabhūnii c' eti catasso bhūmiyo nāma. Of these, the four planes of existence are:

- (i) the woeful plane,
- (ii) the sensuous blissful plane,
- (iii) the fine-material plane, and
- (iv) the immaterial plane.

The Woeful Plane (Apāyabhūmi)

4 Tāsu nirayo tiracchānayoni pettivisayo asurakāyo c' eti Apāyabhūmi catubbidhā hoti.

Among these, the woeful plane is fourfold:

- (i) hell,
- (ii) the animal kingdom,
- (iii) the world of petas (woeful ghosts), and
- (iv) the world of asuras (demons).

Explanation

is devoid of happiness'. This is the collective name for those realms of existence in which pain and misery greatly exceed happiness. These are the realms where evil-doors are reborn as a consequence of their evil deeds.

'Apāyabhūmi' is also known as 'kāmaduggatibhūmi', which literally means 'sensuous woeful plane'. Beings in these planes also enjoy sensuous pleasures, but miseries abound in them. The four woeful planes also belong to the sense-sphere (kāmaloka) just as the seven sensuous blissful planes do. So the sense-sphere consists of eleven planes

1 Hell (niraya)

'Niraya' or 'ni+aya' literally means 'no happiness'. Niraya or hell is the lowest plane of existence in the Buddhist cosmos, the place of the most intense suffering. It is said that the beings in hell have to suffer the results of their evil deeds from the beginning of their lives until the end, without a moment's respite. It is not an eternal hell, however. Upon the exhaustion of their evil kamma, these beings may be reborn in good states as the result of their past wholesome kamma.

There are eight great hells, of increasing intensity of torment. They are named Sanjiva, Kāļasutta, Sanghāta, Roruva, Mahāroruva, Tīpana, Mahātāpana, and Avīci. Of these, Avīci is the lowest and most terrible.

Each great hell is surrounded on each of its four sides by five minor hells – viz., sewage swamp, field of hot ash, forest of thorny trees, forest of knifeleaves, and hot river with canes. So each great hell is surrounded by twenty minor hells (ussada), bringing the total to 160 minor hells. (Devadūta Sutta)

2 The Animal Kingdom

'Tiracchāna' literally means 'move about lengthwise'. The animals are beings which move about lengthwise or longitudinally, not vertically like man. They are also long longitudinally. Some have two legs, some have four, some have many and some have none. Some live in water, some on land, and some in the air.

Buddhism maintains that the animal realm is a woeful plane, because the suffering greatly exceeds the amount of happiness and because it does not provide suitable conditions for the performance of meritorious deeds. Human beings who have committed evil deeds may be reborn as animals, and animals, as a result of some accumulated good kamma or the newly acquired good kamma, may be reborn as human beings or even as devas in a heavenly world.

3 The World of Petas

The word 'peta', often translated as 'hungry ghosts'; refers to a class of beings who are tormented by intense hunger and thirst as well as other afflictions from which they cannot find relief. The petas have no world of their own. They live in the same world as human beings — in the nooks and corners between houses, in cemeteries, bogs and forests, etc. — but they remain invisible to humans except when they display themselves or are perceived by those with the divine eye.

Ghosts, ogres, goblins, etc., belong to the class of petas.

4 The World of Asuras

'Asurakāya = asura + $k\bar{a}ya$ ' literally means 'a host of asuras'. The word 'asura', often translated 'titans', is used to refer to a class of beings who appear to be large petas. They have very big bodies with very small throats and suffer from greater hunger than petas do. They live far from human beings like in dense

forests and on the banks of great rivers and seashores. Though they live near water, they could not drink water. When they go into water, the water dries up and only hot sand remains. Some asuras have nothing to eat for a whole world cycle.

These asuras are to be distinguished from the asuras that combat the gods of the *Tāvatimsā* heaven, who are included among the *Tāvatimsā* gods.

The Sensuous Blissful Plane (Kāmasugatibhūmi)

- 5 Manussā Cātumahārājikā Tāvatimsā Yāmā Tusitā Nimmānarati Paranimmitavasavattī c'eti Kāmasugati-bhūmi sattavidhā hoti.
- 6 Sā pan' āyam ekādasavidhā pi Kāmāvacarabhūm'icc'eva sankham gacchati.

The sensuous blissful plane is sevenfold, namely:

- (i) the human realm,
- (ii) the realm of the four great kings or guardian deities,
- (iii) the realm of the thirty-three gods,
- (iv) the realm of the Yāmā gods,
- (v) the heaven of delight,
- (vi) the heaven of the gods who rejoice in their own creations,
- (vii) the heaven of the gods who lord over the creations of others.

To continue, these eleven realms

are called the sense-sphere. (They constitute eleven kāma-planes).

Explanation

Sugati means 'good destiny'. So kāmasugatibhūmi is the sensuous blissful planes where beings who have good destiny according to their wholesome kammas are reborn.

'Duggati' means 'bad destiny'. So kāmaduggatibhūmi is the sensuous woeful planes where beings who have bad destiny according to their unwholesome kammas are reborn.

Four sensuous woeful planes and seven sensuous blissful planes make up eleven *kāma*-planes or the sense-sphere.

1 The Human Realm

The human realm, the animal realm, the peta realm and the asura realm exist on the surface of the earth. These realms are not separate, but the beings move about in their own worlds.

The word 'manussa', human, literally means those who have sharp or developed minds. As the human mind is very sharp, this makes man much more capable of weighty moral and immoral actions than any other class of living beings. Man is capable of development up to Buddhahood, and also of such serious evil actions as matricide and parricide. The human realm is a mixture of both pain and pleasure, suffering and happiness. But because it offers the op-

portunity for attaining the higest happiness, it is considered a blissful realm.

2 Cātumahārājikā Realm

'Cātumahārājika' means 'four great kings' or 'four guardian deities'.

The Cātumahārājikā heaven is supposed to be on top of Mount Yugandhara, the innermost of the seven mountains that surround Mount Meru, the immense mountain forming the centre of the cosmic system according to ancient cosmology. The sun and the moon are supposed to orbit at the height of Mount Yugandhara.

The Cātumahārājikā heaven has four divisions corresponding to the four directions. Each is ruled by its own guardian deity and inhabited by a different class of demigods. To the east, the divine king Dhataraṭṭha rules over the gandhabbas, the celestial musicians. To the south, the divinity Virūļhaka pre sides over the kumbhaṇḍas, the gnomic caretakers of

forests, mountains, and hidden treasures. In the western region the divinity *virūpakka* rules over the *nāgas*, demigods in the form of dragons; and in the north reigns *Vessavaņa*, the ruler of *yakkhas* or spirits.

The Cātumahārājikā realm is believed to extend from the top of Mount Yugandhara to the surface of the earth where some lower deities have their dwellings.

3 Tāvatimsā Heaven

This heaven, Tāvatimsā, is so named because

according to legend, a group of thirty-three noble minded men who dedicated their lives to the welfare of others were reborn here as the presiding deity, Sakka, and his thirty-two assistants. Sakka, also known as Indra. resides in the Vejayantā Palace in the realm's capital city, Sudassana. He rules over the two heavens-Tāvatimsā and Cātumahārājikā.

4 Yāmā Heaven, Tusitā Heaven, etc.

Each of these heavens is situated in space above its predecessor, and extends to the walls of the cosmic system.

Yāmā heaven is a realm of great happiness. It is ruled over by the divine king Suyāma or Yāma.

Tusitā heaven, the delightful realm, is the abode where Bodhisattas enjoy their stay whenever they are born in celestial planes.

The gods in the *Nimmānarati* heaven have the power to create objects of sensual enjoyment by thought in accordance with their desires.

The gods of the *Paranimmitavasavatti* heaven do not create such objects themselves, but they control the objects of enjoyment created for their use by their attendants. Māra, the arch angel of evil, dwells in this heaven.

The Fine-material Sphere (Rūpaloka)

- 7 Brahmapārisajjā Brahmapurohitā Mahābrahmā c' eti Paṭhamajjhānabhūmi.
- 8 Parittābhā Appamāṇābhā Ābhassarā c'eti Dutayajjhānabhūmi.

- 9 Parittasubhā Appamāṇasubhā Subhakiṇhā c' eti Tatiyajjhānabhūmi.
- 10 Vehapphalā Āsaññasattā Suddhāvāsā c'eti Catutthajjhānabhūmī ti Rūpāvacara-bhūmi soļasavidhā hoti.
- 11 Avihā Atappā Sudassā Sudassī Akaniṭṭhā c'eti Suddhāvāsabhūmi pañcavidhā hoti.

Brahmapārisajjā realm, Brahmapurohitā realm and Mahābrahmā realm make up the first jhāna plane.

Parittābhā realm, Appamāṇābhā realm and Ābhassarā realm make up the second jhāna plane.

Parittasubhā, Appamāṇasubhā and Subhakiṇhā — these three realms make up the third jhāna plane.

The five suddhāvāsā realms consist of Avihā realm, Atappā realm, Sudassā realm and Akanitthā realm.

Therefore the fine-material sphere is made up of sixteen planes altogether.

Explanation

The fine-material sphere is the realm of rebirth for those who have developed, during their life, one or another of the fine-material jhānas, and at the time of death still possess that *jhāna* in the sense that they have potential access to it, not having lost it owing to negligence and obsession by obstructive states.

The fine-material sphere is divided into four

tiers in accordance with the four rūpāvacara jhānas of the fourfold jhāna system. In the fourfold system, vitakka and vicāra are eliminated simultaneously in going from the first rūpāvacara kusala jhāna to the second rūpāvacara kusala jhāna. Thus the second-jhāna plane of existence corresponds to the second and third jhānas of the Abhidhamma fivefold system, the third-jhāna plane to the fourth jhāna, and the fourth jhāna plane to the fifth jhāna.

Each of the four tiers of the fine-material sphere is divided into three realms, except that in the fourth jhāna-plane, the last realm, is subdivided into seven abodes. The principle according to which rebirth takes place into these realms will be explained later.

The fine-material sphere is situated much higher than the sensuous blissful planes. Each fine-material plane is situated above its preceeding plane.

(i) The 3 first-jhāna planes are:

Brahmapārisajjā – the realm of Brahmā's retinue;

Brahmapurohitā – the realm of Brahmā's ministers,

Mahābrahmā – the realm of Mahābrahmās.

(ii) The 3 second-jhāna planes are:

Parittābhā — the realm of minor lustre,

Appamāṇābhā - the realm of infinite lustre,

Abhassarā – the realm of radiant lustre.

(iii) The 3 third-jhāna planes are:

Parittasubhā - the realm of minor aura,

Appamāṇasubhā — the realm of infinite aura, Subhakiṇhā — the realm of steady aura.

(iv) The 7 fourth-jhana planes are:

Vehapphalā - the realm of great reward,

Asaññasattā – the realm of just rūpa with no perception (i.e. no nāma),

Suddhāvāsā – the pure abodes, which are fivefold.

A vihā - the durable heaven,

 \bar{A} tappā – the serene heaven,

Sudassā – the beautiful heaven,

Sudassi - the clear-sighted heaven,

Akanitthā – the supreme heaven.

The Immaterial Sphere (Arūpaloka)

- 12 Ākāsānaňcāyatanabhūmi Viññāṇañcāyatanabhūmi Ākiňcaññāya-tanabhūmi Nevasaññānāsaññāyatana-bhūmi c' eti Arūpabhūmi catubbidhā hoti. The immaterial sphere is made up of four realms, namely:
- (i) Ākāsānañcāyatanabhūmi the realm of infinite space,
- (ii) Viññānancāyatanabhūmi the realm of infinite consciousness,
- (iii) Ākincannāyatanabhūmi the realm of nothingness,
- (iv) Nevasaññānāsaññāyatanabhūmi the realm of neither-perception-nor-non-perception.

Explanation

The immaterial sphere is the realm of rebirth for those who have developed, during their life, one or another of the arūpāvacara jhānas, and at the time of death still possess that jhāna in the sense that they have potential access to it, not having lost it owing to negligence and obsession by obstructive states.

In accordance with four arūpāvacara jhānas there are four immaterial planes which are named as the arūpāvacara jhānas. These planes exist above the fine-material sphere. The arūpa-brahmās have only mentality (nāma) with no materiality as they have developed repulsiveness against materiality when they developed arūpāvacara jhānas in the human existence.

As there are eleven *kāma*-planes, sixteen rūpa-planes and four *arūpa*-planes, they add up to thirty-one planes in the cosmos. The relative locations of these planes in the cosmic system are described in Chart No. 6, i.e. the Chart on *Bhūmi*.

The Individuals in each Plane (Puggala and Bhūmi)

13 Puthujjanā na labbhanti, Suddhāvāsesu sabbathā. Sotāpannā ca Sakadāgāmino c'āpi puggalā.

14 Ariyā n'opalabbhanti, Asaññ' Āpāyabhūmisu.

Sesațțhānesu labbhanti, Ariy' ānariyā pi ca.

Idam ettha Bhūmicatukkam.

In the Pure Abodes no wordlings, stream-enterers, or once-returners are to

be found at all times.

Noble ones are not found in Asaññasattābhumi and in the woeful planes. In the remaining planes are found both noble ones and non-noble ones.

Herein, these are the four planes in Vīthimuttasangaha.

Explanation

Normally the thirty-one planes of existence are summarized as three *bhūmis*, namely, *kāmabhūmi*, *rū-pabhūmi* and *arūpabhūmi*. Here, in the compendium of the process-freed consciousness, *kāmabhūmi* is subdivided into *kāmaduggatibhūmi* and *kāmasugatibhūmi*, or in other words, the woeful plane and the sensuous blissful plane. So there become four *bhūmis* or four planes.

Now twelve types of persons or individuals have been described just before the conclusion of Chapter I. We shall now locate these individuals in the various planes to which they belong.

- 1. In the woeful planes, only the duggati-ahetuka person is found.
- 2. In the human realm and the Cātumahārājikā, eleven types of persons with the exception of the duggatiahetuka persons are found.
- 3. In the five higher sensuous blissful planes, ten types of persons with the exception of *duggati-ahetuka* persons and *sugati-ahetuka* persons are found.

- 4. In the ten rūpa-brahmā or fine-material planes with the exception of asaññasattā and suddhāvāsās, one tihetuka-puthujjana person and eight noble persons are present.
- 5. In the asaññasattā heaven, only one sugati-ahetuka person who is born with jīvita-rūpa is present.
- 6. In the five suddhāvāsā heavens, anāgāmipha-laṭṭha person (non-returner), arahaṭṭha maggaṭṭha person, and arahatta-phala person (perfect one) are present. The non-returners who attain the fifth rūpāva-cara kusala jhāna in the human realm are reborn here after their expiration from the human existence. In due course they attain the arahatta-magga and phala in the suddhāvāsā heavens.
- 7. In the four immaterial or arūpa-planes, seven ariya persons (with the exception of sotāpatti-maggaṭṭha person) and one tihetuka-puthujjana person are present. The tihetuka worldlings who attain arūpāvacara kusala jhānas will be reborn in the corresponding arūpa-planes after their expiration from the human existence. But they cannot develop sotāpattimagga in the immaterial planes.
- 8. However, stream-enterers, once-returners and non-returners, who attain arūpāvacara kusala jhānas in the human realm, may be reborn in the immaterial planes as noble ones. During their existences there, they can attain the higher magga-ñāṇas and phalañāṇas without undertaking insight-meditation further:

Four Modes of Rebirth (Paţisandhicatukka)

15 Apāyapaṭisandhi Kāmasugati paṭisandhi Rūpāvacarapaṭisandhi c' eti catubbhidhā paṭisandhi nāma.

There are four modes of rebirth, namely:

- (i) Apāyapaṭisandhi rebirth in woeful planes,
- (ii) Kāmasugatipaṭisandhi rebirth in şensuous blissful planes,
- (iii) Rūpapaṭisandhi rebirth in the finematerial sphere, and
- (iv) Arūpapațisandhi rebirth in the immaterial sphere.

1 Rebirth in Woeful Planes (Apāyapaṭisandhi)

16 Tattha akusalavipāk' opekkhā-sahagatasantīraņam Apāyabhūmiyam okkantikkhaņe paṭisandhi hutvā tato param bhavangam pariyosāne cavanam hutvā vocchijjati. Ayam ek' Āpāyapaṭi-sandhi nāma.

Of the four modes of rebirth the unwholesome resultant upekkhāsahagata-santīraņa citta becomes the rebirth consciousness at the moment of descent into the woeful plane. After that it lapses into

life-continuum and finally, at the end of the present existence, it becomes the death-consciousness and is cut off. This is the one single woeful rebirth consciousness.

Explanation

Of the nineteen rebirth-consciousness cittas, the akusalavipāka upekkhāsahagata-santīraņa citta functions as rebirth-consciousness in all the four woeful planes. Animals, petas, asurās, and those suffering in hells are born with this rebirth-consciousness as the result of their unwholesome kamma. (This akusalavipāka upekkhāsantīraņa citta functions as rebirth-consciousness, life continuum, and death-consciousness in all woeful beings.

2 Rebirth in Sensuous Blissful Planes (Kāmasugatipaṭisandhi)

17 Kusalavipāk opekkhāsahagata-santīraņam pana Kāmasugatiyam manussānañ c'eva jaccandhādinam bhummassitānañ ca Vinipātikāsurānam paṭisandhi-bhavaṅga-cuti-vasena pavattati.

18 Mahāvipākāni pana aṭṭha sabbatthā pi Kāmasugatiyam paṭisandhi-bhavaṅga-cuti-vasena pavattanti.

19 Imā nava Kāmasugatipaṭisandhiyo nāma.

20 Sā pan' āyam dasavidhā pi Kāmāvacarapaṭisandh' icc' eva saṅkam gacchati.

The wholesome-resultant upek-khāsahagata santīraṇa citta occurs as re birth-consciousness, life-continuum and death-consciousness of deformed human beings of the sensuous blissful plane, such as those born blind, deaf, etc., as well as of some earth-bound, low, tiny, fallen asuras who take refuge in earth-bond guardian-deities (who guard forests, mountains, trees, etc.).

The eight mahāvipāka cittas occur as rebirth consciousness, life-continuum and death-consciousness in all the sensuous blissful planes.

These, nine types of rebirths are called the rebirths in the sensuous blissful planes.

Furthermore, the foregoing ten modes of rebirth are reckoned as sensesphere rebirths (kāmāvacara-paṭisandhis).

Explanation

The two upekkhāsantīraņa cittas and the eight mahāvipāka cittas constitute the ten rebirth-consciousness, life-continuum, and death-consciousness of degraded human beingssuch as those who are blind, deaf, dumb, retarded or deformed by birth, and also of earth-bound degraded asurās such as ghosts who be-

long to the lower cātumahārājika realm.

The eight mahāvipāka cittas function as the rebirth-consciousness, life-continuum, and death-consciousness of normal human beings in the human realm and of deities who dwell in the six sensuous celestial realms. Among humans and deities, dvihetuka persons are born with four mahāvipāka nāṇa-vippayutta cittas whereas ti-hetuka persons are born with four mahāvipāka nāṇa-sampayutta cittas.

Life-spans in Sensuous Planes

- 21 Tesu catunnam Apāyānam Manussānam Vinipātikāsurānan ca āyuppamāṇagaṇanāya niyamo n' atthi.
- 22 Cātumahārājikānam pana devānam dibbāni pancavassasatāni āyuppamāṇam, manussagaṇanāya navutivassasatasahassappamāṇam hoti;

Tato catugguṇam Tāvatimsānam, tato catugguṇam Yāmānam, tato catugguṇam Nimmānam Tusitānam, tato catugguṇam Paranimmitanaratīnam, tato catugguṇam Paranimmitavasavattīnam devānam āyuppamāṇam.

23 Navasatañ c'ekavīsa, vassānam kotiyo tathā,

Vassa-satasahassāni, saṭṭhi ca vasavattisu.

Among sense-sphere beings, those in the four woeful planes as well as humans and fallen asuras have no definite life-spans.

Moreover, the life-span of the Cātumahārājika deities is five hundred celestial years, that is, according to human reckoning, 9,000,000 years.

The life-span of the Tāvatimsā deities is four times that of the Catumahā-rājika deities. The life-span of the Yāmā deities is four times that of the Tāvatimsā deities. The life-span of the Tusitā deities is again four times that of the Yāmā deities. Four times that amount is the life-span of the Nimmānarati deities. Again four times that amount is the life-span of the Paranimmitavasavattī deities.

In the *Paranimmitavasavatti* heaven, the life-span of deities is nine-hundred-twenty-one crores and six million human years (9,216,000,000)

Explanation

In the four woeful planes, the life-span is not fixed but highly variable, depending on the potency of the evil kamma that produces rebirth there. Thus in the hells as well as in the peta and asurā realms some undergo torment only for a few days and then pass on to rebirth elsewhere, while others must endure torment for millions of years.

In the human realm, too, the life-span can vary from minutes to over a hundred years. Further, according to Buddhist cosmology, the average span of human life also varies over time; the age-limit rises

from ten years to uncountable years (asankheyya) and then falls to ten years again.

The earth-bound deities and degraded asurās belong to the lower Cātumahārājikā realm. They too do not have fixed life-spans.

Devas and brahmās in celestial heavens, however, have fixed life-spans. The Vibhanga states that one celestial day (CD) in the Cātumahārājika heaven equals fifty human years (HY); thirty such days amount to one celestial month; twelve such months constitute one celestial year (CY).

In the Tāvatimsā heaven one celestial day equals one hundred human years; in the Yāmā heaven, two hundred human years; and so on, doubling in each higher heaven.

On this basis, the life-spans in the six sensuous heavens can be computed as in the following table.

Table 2.1 life-spans in Sense-sphere Heavens

Celestial realm	Celestial day (CD)	Celestial year (CY)	Human year (HY)
1. Citumahirājikā	50 HY	500	9 million
2. Tāvatimsā	100 HY	1000	36 million
3. Yāmā	200 HY	2000	144 million
4. Tusitā	400 HY	4000	576 million
5. Nimmanarati	800 HY	8000	2304 million
6. Paranimmitavasavatti	1600 HY	16000	9216 million

3 Rebirth in the Fine-material Sphere

- 24 Paṭhamajjhānavipākam Paṭhamajjhāna- bhūmiyam paṭisandhibhavaṅga-cutivasena pavattati.
- 25 Tathā dutiyajjhānavipākam tatiyajjhānavipākam ca Dutiyajjhānabhū-miyam.
- 26 Catutthajjhānavipākam Tatiyajjhānabhūmiyam.
- 27 Pańcamajjhānavipākam Catutthajjhānabhūmiyam.
- 28 Asaññasattānam pana rūpam eva paṭisandhi hoti. Tathā tato param pavattiyam cavanakāle ca rūpam eva pavattitvā nirujjhati.

Imā cha Rūpāvacarapaṭisandhiyo nāma.

The first jhāna-vipāka citta occurs in the first jhāna plane as rebirth-consciousness, life-continuum, and death-consciousness.

Similarly, the second jhāna-vipāka citta and the third jhāna-vipāka citta occur in the second jhāna plane as rebirth-consciousness, life-continuum, and death-consciousness; the fourth jhāna-vipāka citta in the third jhāna plane; the fifth jhāna-vipāka citta in the fourth jhāna plane.

But for asaññasatta brahmās corporeality itself occurs as rebirth-link-

ing. Similarly thereafter, during the course of existence and at the moment of death, only corporeality exists and perishes.

These are the six modes of rebirth in the fine-material sphere.

Explanation

The reason for some disagreement in the names of the fine-material-sphere realms ($r\bar{u}pa$ -planes) and the corresponding rebirth-consciousness is that there are two ways of counting $r\bar{u}pa$ -jhānas.

For persons of slow-wisdom, after attaining the first *jhāna*, they have to eliminate *jhāna*-factors one by one in going up to higher *jhānas*. Thus, for this type of person, there are five *rūpāvacara jhānas*.

For persons of quick wisdom, after attaining the first jhāna, they eliminate vitakka and vicāra together in going to the second jhāna. Thus their second jhāna is equivalent to the third jhāna of the slow-wisdom persons, their third jhāna to the fourth jhāna of the slow-wisdom person, and their fourth jhāna to the fifth jhāna of the slow-wisdom person. So there are only four rūpāvacara jhānas for quick-wisdom people.

In practice, as it is observed in International Buddha Sāsana Centres, Myanmar, almost all people can eliminate vitakka and vicāra simultaneously in going from the first jhāna to the second jhāna. Hence the fourfold method of counting the rūpāvacara jhānas is the more common one, and consequently the rūpaplanes are named according to this method.

In Suttanta Piţaka the fourfold method of counting rūpāvacara jhānas is normally employed whereas in Abhidhamma, in order to describe all the possible rūpāvacara jhānas, the fivefold method of counting rūpāvacara jhānas is mentioned.

The two methods of counting rūpāvacara jhānas, together with the names of the rūpa-planes, are described in Table 2.2.

Brahmapārisajjā realm, Brahmapurohitā realm and Mahābrahmā realm make up the first jhāna plane.

Parittābhā realm, Appamāṇābhā realm and Ābhassarā realm make up the second jhāna plane.

Parittasubhā, Appamāṇasubhā and Subhakiṇhā — these three realms make up the third jhāna plane.

Vehapphalä, Assaññasattā and five Suddhāvāsā realms — these seven realms make up the fourth jhāna plane.

The five suddhāvāsā realms consist of Avihā realm, Atappā realm, Sudassā realm, Sudassī realm and Akanitthā realm.

Table 2.2 Dual Method of Counting Rupavacara Jhanas

Jasaa Pactors	Pivefold Method	Pourfold Method	R & pa-plane
tak, cB, pi, su, ekaggatā cB, pi, su, ek	first jhana second jhana	first jh in a	first jh 6 n a
pi, su, ek su, ek	third jhane fourth jhane fifth jhane	second jhans third jhans fourth jhans	second jhana third jhana fourth jhana

Life-spans in the Fine-material Sphere

- 29 Tesu Brahmapārisajjānam devānam kappassa tatiyo bhāgo āyuppamāṇam.
- 30 Brahmapurohitānam upaḍḍha-kappo.
- 31 Mahābrahmānam eko kappo.
- 32 Parittābhānam dve kappāni.
- 33 Appamāṇābhānam cattarikappāni.
- 34 Ābhassarānam attha kappāni.
- 35 Parittasubhānam soļasa kappāni.
- 36 Appamāṇasubhānam dvattimsa kappāni.
- 37 Subhakiṇhānam catusaṭṭhi kappāni.
- 38 Vehapphalānam Asaññasattānañ ca pañcakappasatāni.
- 39 Avihānam kappasahassāni.
- 40 Atappānam dve kappasahassāni.
- 41 Sudassānam cattāri kappasahassāni.
- 42 Sudassīnarn aṭṭha kappasahassāni.
- 43 Akaniţthānam soļasa kappasahassāni āyuppamāņam.

Among these, the life-span of the Brahmāparisajjā brahmās is one third of an aeon; of Brahmapurohitā brahmās, half

an aeon; of the Mahābrahmās, one aeon; of the Parittābhā brahmās, two aeons; of the Appamāṇābhā brahmās, four aeons; of the Ābhassarā mahābrahmās, eight aeons; of the Parittasubhā brahmās, sixteen aeons; of the Appamāṇasubhā brahmās, thirty-two aeons; of the Subhakinhā brahmas, sixty-four aeons; of the Vehapphalā brahmās, and Asaññasattā brahmās, five hundred aeons; of the Avihā brahmās, 1000 aeons; of the Atappā brahmās, 2000 aeons; of the Sudassā brahmās, 4000 aeons; of the Sudassā brahmās, 8000 aeons; of the Akaniṭṭhā brahmās, 16000 aeons.

Explanation

The Buddhist scriptures describe three kinds of aeon – an interim aeon, an incalculable aeon, and a great aeon.

An interim aeon (antarakappa) is the period of time required for the life-span of human beings (āyukappa) to rise from ten years to the maximum of incalculable years, and then fall back to ten years.

Sixty-four such interim aeons equal one incalculable aeon (asankheyyakappa), and four incalculable aeons constitute one great aeon (mahākappa) which is the duration of a world-cycle. The length of a great aeon is said to be longer than the time it would take for a man to wear away a mountain of solid granite one yojana (about 8 miles) each in breath, length and height by stroking it once every hundred years with a silk cloth (S. 15:5, ii, 181-2)

According to the commentators, the aeon referred to in the figures on the life-spans in the first-jhana plane is the asankheyyakappa, while the aeon referred to the life-spans in higher planes is the mahakappa.

4 Rebirth in the Immaterial Sphere

44 Paṭhamāruppādivipākāni Paṭhamāruppādibhūmīsu yathākkamam paṭisandhi-bhavaṅga-cuti-vasena pavattanti. Imā catasso Arūpapāṭisandhiyo nāma.

The first arūpāvacara-vipāka citta occurs as rebirth-consciousness, life-continuum, and death-consciousness in the first immaterial plane, and the other arūpāvacara-vipāka cittas occur in the same functions in their respective planes. These are the four types of rebirth in the immaterial sphere.

Explanation

The ākāsānañcāyatana-vipāka citta functions as rebirth-consciousness, life-continuum, and death-consciousness in ākāsānañcayatana heaven.

Viññānañcāyatana-vipāka citta functions as rebirth-consciousness, life-continuum, and death-consciousness in viññānañcāyatana heaven.

Ākiñcaññāyatana-vipāka citta occurs as the rebirth-consciousness, life-continuum, and death-consciousness in ākiñcaññāyatana heaven. Nevasaññānāsaññāyatana-vipāka citta occurs as the rebirth-consciousness, life-continuum, and death-consciousness in Nevasaññānāsaññāyatana heaven.

To summerize, there are ten kinds of sense-sphere rebirth, six types of fine-material-sphere rebirth, and four types of immaterial-sphere rebirth, making tweny kinds of rebirth altogether. Though there are 19 types of rebirth-consciousness, there are 20 types of rebirth, because one rūpa-paṭisandhi (corporeality-rebirth) is included.

Life-spans in the Immaterial Sphere

- 45 Tesu pana ākāsānancāyatanūpagānam devānam vīsatikappasahassāni āyuppamāṇam.
- 46 Viññāṇancāyatanūpagānam devānam cattāļīsakappasahassāni.
- 47 Ākiñcaññayatanūpagānam devānam saṭṭhikappasahassāni.
- 48 Nevasaññānāsaññayatanūpagānam devānam caturāsītikappasahassāni āyuppamāṇam.

Moreover, among those arūpa-brahmās, the lifespan of the brahmās who have attained to the Ākāsānañcāyatana heaven is 20,000 aeons; of those who have attained to the Viññānañcāyatana heaven, 40,000 aeons; of those who have attained to the Ākiñcaññāyatana heaven, 60,000 aeons; of those who have attained to the Nevasaññānāsaññā-yatana heaven, 84,000 aeons.

134 ABHIDHAMMA (Higher Level)

Identical cittas in one Existence

49 Patisandhi bhavangañ ca tathā cavanamānasam
Ekam va tath' ev'eka-visayañ c' ekajātiyam.
Idam ettha Patisandhicatukkam.

In one existence the rebirth-consciousness, the life-continuum consciousness and the death-consciousness are identical and they have an identical sense-object.

Herein, these are the four types of rebirth.

Explanation

The life of a living being begins with a rebirth-consciousness (paţisandhi-citta). After the dissolution of this citta, bhavanga-cittas arise and dissolve continuously till death performing the function of life-continuum.

The last bhavanga-citta is known as death-consciousness (cuti-citta), because it performs death-function.

For a living being these three cittas, namely, the paţisandhi-citta, the bhavanga-citta and the cuticitta are identical in jhāti(birth), in concomitants (associated cetasikas) and in the sense-object they take.

For a normal human being, one of the eight mahāvipāka-cittas functions as paṭisandhi-citta, bhavanga-citta, and cuti-citta. These three cittas are identical in a person because they are the resultants of

the same 'kamma' associated with a mahākusala citta. If the citta is 'somanassa-sahagatam ñāṇasampayuttam asankhārika mahākusala citta', then 'somanassa-sahagatam ñāṇasampayuttam asankhārika mahāvipāka citta' will function as paṭisandhi-citta, bhavanga-citta and cuti-citta.

The sense-object that these cittas take is the maranāsanna-nimitta which appeared just before death in the person's immediate past life. The nimitta (sign) is in the form of 'kamma', 'sign of kamma' or 'sign of density'. If the pațisandhi-citta takes the 'sign of kamma' as its object, then the bhavanga-cittas and the cuti-citta will also take this 'sign of kamma' as their object.

Four Types of Kamma (Kammacatukka)

I By Way of Function

50 Janakam upatthambakam upapīļakam upaghātakan c' eti kiccavasena. With respect to function there are four kinds of kamma, namely:

- (i) productive kamma,
- (ii) supportive kamma,
- (iii) obstructive kamma, and
- (iv) destructive kamma.

Explanation

The title of this section, kammacatukka, means a fourfold division of kamma. This section will actually introduce four fourfold groups of kamma, sixteen types of kamma in all, obtained by applying four dif-

ferent methods of analysis.

Now what is kamma? Kamma literally means action or deed, but in the Buddha's teaching it refers exclusively to volitional action. From a technical standpoint, kamma denotes wholesome or unwholesome volition (cetanā), volition being the factor responsible for action.

Volition actually refers to cetanā — a mental factor which associates with every citta. It sets the intention to perform an action; it incites, urges and prompts the citta and the cetasikas (mental factors) associated with it to perform their respective functions in order to accomplish the intended action; and it coordinates the performances of its associates to complete the action.

The cetanā acts on its concomitants, acts in getting the object, and acts on accomplishing the task; thus it determines action.

Thus the Buddha declares: "It is volition, monks, that I call kamma, for having willed, one performs an action through body, speech or mind."

(A. 6:63/iii. 415)

Now, since more than one thousand billion cittas can arise and dissolve in a wink, many billion cittas will arise and dissolve during an action. The many billions of cetanas that accompany these cittas perform the action; so they are the real agent that accomplish the action. They are called sahajata kamma (conascent kamma) by the Buddha. This kamma may

be regarded as the direct kamma which is the cause that brings about the action as its result. This action now becomes the cause and it will produce its effect again. This effect will then become the cause for its subsequent effect again. It is like throwing a stone into the pond where we can see circles of ripples travel outwards wave after wave. This kamma and its effect can be seen generally by people as 'good action brings about good result, and bad action, bad result.'

But the more profound aspect of kamma is its tremendous potential to bear results in many subsequent existences. This is brought about by nānakkhanika kamma (potential kamma) which is also formed during the action. Now the many billion cetanās which perform the action dissolve soon after they have arisen. But they leave behind their potential kamma in the mental stream before they dissolve. This is like preserving the energy after the action is done in science according to the law of conservation of energy which states: "energy ean neither be created nor destroyed." We can use energy to do work, but that energy must continue to exist in another form.

Thus many billions of kamma seeds will be deposited in the mental stream during an action. They can be transmitted from one citta to another throughout one existence, and they will be carried on by the mental stream to future existences as the mental stream is not cut off at the time of death.

Therefore many trillions of potential kamma from our uncountable past existences as well as the

many billion potentail kammas which are produced in the present existence will be accumulated in our mental stream. It would be impossible to predict at what time each of these kammas will find the right conditions to bear results.

The law of kamma (Kammaniyāma) operates independently in its own sphere, and it is self-subsistent in its operation, ensuring that potential kammas produce their effects in accordance with their ethical quality just as surely as seeds bear fruit in accordance with their species. The direct products of kamma are vipāka cittas, their associated cetasikas and kammaja rūpa, which together constitute the five aggregates of existence.

As a well-preserved seed, when placed in a well-watered ground, gives rise to an off-shoot, so similarly wholesome or unwholesome kamma, with the support of avijjā and tanhā, gives rise to a new off-spring in the form of five aggregates of existence.

As different potential kammas have different potencies, the Buddha classifies them into four groups with respect to their functions.

1 Janaka-kamma - Productive kamma

(vipāka cittas and their concomitant cetacikas) and material aggregates (kammaja rūpa) at the moment of conception as well as throughtout the life-time of the individual.)

Only a kamma that has attained the status of a

full course of action can act as a productive kamma and perform the function of producing rebirth consciousness, life-continuum, and finally death-consciousness together with kammaja rūpa throughout the course of one existence.

2 Upatthambhaka-kamma - Supportive kamma

This kamma is not potent enough to produce a new existence, but it supports the janaka-kamma either by enabling it to produce its pleasant or painful results over an extended time or by reinforcing the continuum of aggregates produced by the janaka-kamma.

For example, when through the productive function of a wholesome kamma one is reborn as a human being, supportive kamma may contribute to the extension of one's life-span and ensure that one is healthy and well provided with the necessities of life.

When a being has been reborn as an animal through the productive force of unwholesome kamma, the supportive kamma may enhance the painful results produced by the productive kamma, or may produce its own painful results, or may even prolong the life-span so that the continuity of unwholesome resultants will endure long.

3 Upapilaka-kamma - Obstructive kamma

(This kamma weakens, interrupts or retards the function of the janaka kamma.) When a wholesome janaka kamma gives rise to a new existence in a blissful plane, many billions of wholesome as well as unwholesome kammas will be carried over to the new

existence. Some of these wholesome kammas will produce good effects as productive kammas and some unwholesome kammas will bear bad effects as obstructive kammas.

The same phenomena will occur when an unwholesome janaka kamma gives rebirth in a woeful plane. But here wholesome kammas will act as obstructive kammas by obstructing the effects of the janaka kamma whereas unwholesome kammas will play the role of supportive kammas by enhancing the painful effects of the janaka kamma.

Hence, as the saying goes, life is not a bed of roses, and it is not a field of thorns either. There are always ups and downs in life.

4 Upaghātaka-kamma — Destructive kamma

This kamma not only cuts off the effect of the janaka-kamma but also destroys the janaka-kamma and produces its own results. In other words, the person dies abruptly and is reborn in accordance with the upaghātaka kamma.

A destructive kamma may be wholsome or unwholesome kamma which replaces another weaker kamma, prevents it from giving its result while producing its own result instead. For example, somebody born as a human being may, through his productive kamma, have been originally destined for a long lifespan, but a destructive kamma may arise and bring about a premature death by such means as heartattack, car-accident, etc.

As an example of the operation of the above

four kammas, the case of Devadatta may be cited. His good janaka-kamma conditioned him to be born in a royal family. His continued comforts and prosperity were due to the action of the janaka-kamma as well as the supportive kamma. The obstructive kamma came into play when he was excommunicated from the Order of the Samgha and subject to much humiliation. Then his heinous immoral kamma causing a schism in the Samgha operated as destructive kamma which sent him down to the Avīci hell.

II Four Types of Kamma by Order of Priority

51 Garukam āsannam āciņņam kaṭattākammañ c'eti pākadānapariyā-yena.

With respect to the priority of bearing results there are four kinds of kamma, namely:

- (i) weighty kamma,
- (ii) death-proximate kamma,
- (iii)habitual kamma, and
- (iv)unspecified kamma.

Explanation

This section concerns the order of precedence among different kammas in taking on the role of generating rebirth in the next existence.

1 Garuka kamma - Weighty kamma

This kamma is of such powerful moral weight that it can neither be stopped nor replaced by any other kamma as the determinant of the next rebirth. In

other words, it will certainly produce its result to give birth to the next existence.

Bad weighty kammas are the five heinous crimes (pañcānantriyakamma), namely: parricide, matricide, the murder of an arahant, the wounding of a Buddha, and maliciously creating a schism in the Samgha. A permanent wrong view that denies kamma and its result and the basis for morality is also included in the bad weighty kamma.

On the wholesome side, the five rūpāvacara kusala kusala kammas and the four arūpāvacara kusala kammas are good weighty kammas. Lokuttara kusala kamma, that is the attainment of Magga-ñaṇa and its fruition, is also a weighty force for it closes the doors of the four woeful abodes for ever.

If someone were to develop the *jhānas* and later were to commit one of the heinous crimes, his good kamma would be obliterated by the evil deed, and the latter would generate rebirth in hell. For example, the Buddha's ambitious cousin Devadatta lost his psychic powers and was reborn in Avīvi hell for wounding the Buddha and causing a schism in the Samgha.

Furthermore, if someone were first to commit one of the heinous crimes, he could not later reach a sublime or supramundane attainment, bacause the evil kamma would create an insurmountable obstruction. Thus King Ajātasattu, while listening to the Sāmañāphala Sutta preached by the Buddha, had all the other conditions for reaching stream-entry; but he could not attain the Path and Fruit for he had killed

his father, King Bimbisāra, who was also a streamenterer. Later, though he performed many great meritorious deeds including the sponsorship to the first Great Buddhist Council and the erection of a great stupa enshrining the Buddha's relics, he did not escape the rebirth in hell due to his heinous crime.

2 Asanna-kamma - Near-death kamma

This is a potent kamma done or remembered shortly before death. In the absence of any weightly kamma, this death-proximate kamma will generally take on the role of generating rebirth because of its great potency due to proximity.

If a person of bad character performs a good deed just before dying or remembers a good deed he has done in his last moments, he will receive a fortunate rebirth. On the other hand, if a good person dwells on an evil deed done earlier, or performs an evil deed just before dying, he will undergo an unhappy rebirth.

For this reason it is very important to arrange for one's parents or beloved ones to perform meritorious deeds just before they die, or to remind a dying person of his good deeds or to urge him to arouse good thoughts during his last moments.

Even though a bad person may attain a happy rebirth on account of a good death-proximate kamma, this does not mean that he will escape the fruits of the bad deeds he has committed during the course of life. When they meet with favourable conditions, these bad kammas too will produce their due results.

3 Āciņņa-kamma - Habitual kamma

This is a deed, either good or bad, that one performs regularly or habitually, or it may be a deed which is performed once and is recollected frequently. In the absence of weighty *kamma* and a potent death-proximate *kamma*, the habitual *kamma* generally assumes the role of generating the next rebirth.

This is the *kamma* that we should exert the effort to perform regularly to prepare for our death. We can choose any meritorious deed we like – alms-giving, observing moral precepts, or meditating. If we perform it regularly, it will become a habit generating satisfaction and happiness, and at the time of death, it will become *āsanna-kamma* and bears result to generate a good rebirth.

4 Kațattā-kamma – Unspecified kamma

This is any other deed, not included in the aforementioned categories, which has been done earlier and forgotten, but is potent enough to take on the role of generating rebirth. This type of *kamma* becomes operative when there is no *kamma* of the other three types to exercise this function.

Now at the time of near death the many billions of *kammas* that are being conveyed in our mental streams will compete with one another to have the chance to bear results. If a weighty *kamma* is present, it will easily win the competition and conditions the next rebirth.

If we do not have any weighty kamma, which is

often the case, then we must rely on death-proximate kamma (āsanna-kamma) to condition our next existence. To get a good āsanna-kamma, sons and daughters or relatives and friends should arrange wholesome deeds such as offering robes to monks or listening to Dhamma-preaching for the person on his or her death-bed. The dying person should also be reminded of his or her past good deeds.

A good example is Reverend Sona's father in Srilanka. The father made a living by hunting. When he was too old to go hunting, he became a monk in his son's monastery. Soon he fell ill and had a vision that hell hounds were coming up the hill to bite him. This was the sign of destiny produced by his habitual *kamma* of hunting which was about to condition his rebirth in hell when he died. He was frightened and asked his son to drive away the hounds.

His son, being an arahant, immediately knew that his father was having a gati-nimitta to cast him away in hell. He asked his disciples to gather flowers quickly and spread them around the pagoda on the hill. Then he let his father be carried together with his bed to the pagoda. Rev. Sona reminded his father to pay homage to the pagoda and to rejoice in the offering of flowers on his behalf.

The old monk calmed down, paid respect to the pagoda and was delighted to see flowers being offered to the pagoda on his behalf. At that moment his sign of destiny changed. He told his son, "Your beautiful celestial step-mothers come to take me along.' The son was satisfied with the result of his effort. This

is a very good way of repaying the gratitude we owe to our parents.

To be sure to get a good āsanna-kamma, however, we should develop an āciṇṇa-kamma while we are alive. The best āciṇṇa-kamma is tranquillity-meditation like Buddhānussati or Mettā-bhāvanā or insight-meditation which we can practise all the time. When it becomes habitual, it will be remembered at the time of death. So it will become a good āsanna-kamma and condition a blissful existence.

The Simile of a Cattle Shed

Suppose that many cattle are kept in a big compound for the night. In the morning the door of the compound is opened to let the cattle go out to the pasture. Now which one will come out first?

All the cattle want to get out of the compound as soon as possible. So there will be a big rush and scramble for reaching the gate. But, if there is an outstanding bull, which was respected by all as their leader, that one will majestically walk to the gate and come out first. This one is like a weighty kamma which is uncontested to bear its result in conditioning a new existence.

If, however, there is no outstanding bull regarded as the leader, the one nearest the door will come out first. This is similar to the āsanna-kamma bearing its fruit to generate a new existence.

Sometimes a vigilant cow or bull, which has regularly noticed the time when the door is opened,

may walk to the door just before it is opened and come out first when the door is opened. This is like the habitual kamma (āciṇṇa-kamma) taking the role of productive kamma (janaka-kamma) for generating rebirth of the next existence.

Again sometimes, when there is no outstanding bull or the one nearest the door or a vigilant one, there will be a big scramble with stronger ones pushing their way. In this scramble an old frail one, by being pushed by others, may come out of the door first. This is similar to the case when an unspecified kamma (kaṭattā-kamma) has the chance to condition the next existence.

Queen Mallikā of Sāvatthi led a righteous life. She performed many outstanding meritorious deeds together with King Kosala. But at one time, while she was taking a bath, a dog came into the bath-room, and she enjoyed sexual pleasure with the dog. When she came out of the bath-room, the dog followed her. This was noticed by the king who immediately questioned her. She vehemently lied to the king saying that the king must have had a distorted vision for she came out alone. The king believed his beloved wife and excused her. But this immoral act came to her mind at her death moment. Because this bad katattā-kamma assumed the rebirth-generative function, she had to suffer in Avīci hell, the worst hell, for seven days. However, she was rescued by her strong good kamma and she was reborn in Tusitā heaven.

So we should not allow our fate and destiny to

be manipulated by unspecified kaṭattā kammas. As there are many billions of unspecified kammas, both wholesome and unwholesome, we cannot expect that a good kaṭattā-kamma will assume the rebirth- generative function. We should shape our destiny as we desire by developing a wholesome weighty kamma or a good habitual kamma while there is still time to do so.

III Four Types of Kamma by Time of Ripening (Pākakāla kammacatukka)

52 Diṭṭhadhammavedanīyam upapajjavedanīyam aparāpariyavedanīyam ahosikammañ c'eti pākakālavasena cattāri kam-māni nāma.

With respect to the time of taking effect there are four kinds of *kamma*, namely:

- (i) immediately effective kamma,
- (ii) subsequently effective kamma,
- (iii)indefinitely effective kamma, and
- (iv)defunct kamma.

Explanation

As kammas have different potencies, some can bear fruit in the present existence, some in the second or coming existence, and some from the third existence till the last existence when one attains Nibbāna. And again as there are many billions of kammas in each type, only some of them will have the chance to bear fruits whereas all the rest will become defunct.

This phenomenon is somewhat similar to plant seeds, some of which can grow into plants bearing

fruits in the same year; some grow into plants which bear fruits in the next year whereas some grow into plants or trees which bear fruits from the third, fourth or fifth year till the plants or trees die. But there are also many billions of seeds which will become defunct.

1 Ditthadhammavedanīya kamma -Immediately effective kamma

When one performs moral or immoral actions, kusala cittas or akusala cittas arise seven times in each cognitive series of consciousness. The cetana (volition) associated with (the first javana citta, the weakest of the seven javanas, is called ditthadhamma-vedaniya kamma - immediately effective kamma.\This kamma can ripen and yield its results in the present existence. If, however, it does not meet the opportunity to ripen in the same existence, it will become defunct.

Devadatta and Cunda, the butcher, were burnt by Avīci-hell fire while they were alive on account of their heinous deeds. The poor Kākavaliya couple of Sāvatthi, after offering boiled rice to Venerable Sāriputta, became very rich in seven days.

2 Upapajjavedanīya kamma — Subsequently effective kamma

The cetanā (volition) associated with the seventh javana citta, the strongest of the seven javanas, is called upapajjavedanīya kamma. This kamma, if it is to ripen, must yield its results in the second or coming existence; otherwise it becomes defunct.

An old woman called Candālī, who earned her

living by begging, had the chance to revere the Buddha just before she died. This good kamma condititioned her to be reborn in Tāvatimsā heaven. King Ajātasattu, who killed his father, was cast into hell by this wicked kamma.

3 Aparāpariyavedanīya kamma — Indefinitely effective kamma

The cetanās associated with the five middle javana cittas, which are five times greater in number than each of the first two types of kammas, are known as aparāpariyavedanīya kammas. They can ripen at any time from the second future existence onwards up till the last existence when one attains Arahantship, whenever they gain opportunity to bear results. They never become defunct so long as the round of rebirths continues. No one, not even the Buddha or an Arahant even like venerable Mahāmoggalāna, is exempt from experiencing the results of indefinitely effective kamma.

4 Ahosi kamma – Defunct kamma

All kammas, which do not have the opportunity to bear fruits during their specified time-limits, become defunct or ineffective. In the case of Arahants, all their accumulated kammas which are due to ripen in future existences become defunct with their final passing away.

IV Four Types of Kamma by Place of Ripening (Pākathāna Kamma Catukka)

53 Tathā akusalam kāmāvacarakusalam rūpāvacarakusalam arūpāvaca-

rakusalañ c'eti pākatthānavasena.

With respect to the place where the effect takes place, there are four kinds of *kamma*, namely:

- (i) unwholesome kamma,
- (ii) wholesome kamma pertaining to the sense sphere,
- (iii) wholesome kamma pertaining to the fine-material sphere, and
- (iv) wholesome kamma pertaining to the immaterial sphere.

Explanation

With respect to the place where the kammic ef fect takes place, kamma is divided into four classes:

1 Akusala kamma - Unwholcsome kamma

The cetanās (volitions) associated with the twelve akusala cittas are called unwholesome kammas. They will bear their results, that is, vipāka cittas, the associated cetasikas, and kammaja rūpa, in the four woeful abodes.

2 Kāmāvacarakusala kamma — Wholesome kamma Pertaining to the sense sphere

The cetanās (volitions) associated with the eight mahākusala cittas are known as wholesome kammas pertaining to the sense sphere. These kusala kammas bear their results, that is new existences, in the seven sensuous blissful planes, namely: the human realm and six deva realms.

3 Rūpāvacarakusala kamma — Wholesome kamma Pertaining to the fine-material sphere

The cetanās associated with the five rūpāvacarakusala cittas are known as wholesome kammas pertaining to the fine-material sphere. These wholesome kammas bear their results as brahmā existences in the sixteen fine-material heavens.

4 Arūpāvacarakusala kamma — Wholesome kamma Pertaining to the immaterial sphere

The cetanās associated with the four arūpāvacarakusala cittas are called wholesome kammas pertaining to the immaterial sphere. These exalted wholesome kammas bear their results as arūpabrahmās in the four immaterial heavens.

Threefold Unwholesome Kamma according to Kamma Doors

54 Tattha akusalam kāyakammam vacīkammam manokammañ c'eti kammadvāravasena tividham hoti.

Of the four types of kamma, unwholesome kamma is threefold according to the doors of action, namely:bodily action, verbal action, and mental action.

55 Katham ? Pāṇātipāto adinnādānam kāmesumicchācāro c'eti kāyaviññattisankhāte kāyadvāre bāhulla-vuttito kāyakammam nāma.

How? killing, stealing, and sexual misconduct are called bodily actions,

because they generally occur through the body-door which is bodily-intimation.

56 Musāvādo pisuņavācā pharusavācā samphappalāpo c'eti vacīviñāttisankhāte vacīdvāre bāhullavuttito vacīkammam nāma.

False speech, slandering, harsh speech, and frivolous talk are called verbal actions, because they generally occur through the speech-door which is verbal intimation.

57 Abhijjhā vyāpādo micchādiṭṭhi c' eti aññatar' āpi viññattiyā manasmim yeva bāhullavuttito manokammam nāma.

Covetousness, ill-will, and wrong view are called mental actions, because they occur generally only in the mind-door without bodily intimation and verbal intimation.

Explanation

An action is designated as unwholesome if it is performed with evil intention or volition, causing harm to someone, either oneself or others, and producing evil effects. The volition or cetanā associated with evil roots (lobha, dosa, moha) becomes evil and gives rise to evil kamma which will bear results in woeful abodes.

Unwholesome actions are of three types depending on the three types of manners they are performed.

They are bodily actions (kāyakamma), verbal actions (vacīkamma) and mental actions (manokamma).

The manner or the means by which an action is performed is called *kammadvāra*. *Kammadvāra* refers to the place where *kamma* occurs or to the means by which *kamma* arises.

Three Types of Kamma-dvāra

- 1. Kāyadvāra special bodily movement called kāyaviñnatti or bodily intimation where bodily action occurs or by means of which bodily action arises.
- 2. Vacīdvāra speech-producing movement of the mouth called vacīvinātti by means of which verbal action arises.
- 3. Manodvāra all cittas where mental actions occur or by means of which mental actions arise.

Three types of kamma in accordance with three types of kamma-dvāras

- 1. Kāyakamma bodily action generally performed by special bodily movement or bodily intimation (kāyaviñnatti).
- 2. Vacīkamma verbal action generally performed by verbal intimation called vacīviñātti.
- 3. Manokamma mental action performed in the mind and by the mind called manodvāra through thinking, plotting, meditating, etc.

Ten Kinds of Unwholesome Actions (Akusalakammapatha)

'Akusalakammapatha' means unwholesome

course of action. There are ten unwholesome courses of action – three are bodily, four are verbal, and three are purely mental. Each course of action is identified with the volition initiating an effort to accomplish the respective action. Such volition is an unwholesome kamma regardless of whether or not it completes the action. If it does reach completion of the action and achieves its aim, then it becomes a full course of action. The characteristic of a full course of action is that the kamma so produced has the potency to take on the rebirth-generating role, that is, the role of the productive kamma (janaka-kamma).

- 1 Three Unwholesome Bodily Actions
- 1. Pānātipātā killing any sentient being,
- 2. Adinnādānā stealing or taking others' property unlawfully,
- 3. Kāmesumicchācārā sexual misconduct and misuse of the senses.
- 2 Four Unwholesome Verbal Actions
- 4. Musāvādā lying or speaking falsely,
- 5. Pisuņavācā slandering,
- 6. Pharusavācā rude or harsh speech,
- 7. Samphappalāpā vain or frivolous talk.
- 3 Three Unwholesome Mental Actions
- 8. Abhijjhā covetousness; the wish and the plot to acquire another person's property unlawfully;
- 9. Vyāpāda ill will or the wish to cause harm to other beings;
- 10. Micchādiṭṭhi wrong view; it becomes a full course of action when it assumes the form of one of the

morally nihilistic views which deny the validity of ethics and the retributive consequences of action. Three such views are mentioned often in the Sutta Pitaka:

- (i) Natthika-ditthi nihilism which denies the survival of the personality in any form after death, thus negating the moral significance of actions;
- (ii) Akiriya-diţţhi the view of inefficacy of action, which claims that actions have no efficacy in producing results and thus invalidates moral distinctions;
- (iii) Ahetuka-ditthi- the acausality view, which states that there is no cause or condition for the defilement and purification of beings, that beings are defiled and purified by chance, fate, etc.

The Causes of Immoral Actions

58 Tesu pāṇātipato pharusavācā vyāpādo ca dosamūlena jāyanti.

59 Kāmesumicchācāro abhijjhā micchādiṭṭhi ca lobhamūlena.

60 Sesāni cattāri pi dvīhi mūlehi sambhavanti.

61 Cittuppādavasena pan' etam akusalam sabbathā pi dvādasavidham hoti.

Of the ten unwholesome actions, killing, harsh speech and ill-will spring from the root of hatred, that is, they are accomplished by dosamūla citta;

Sexual misconduct, covetousness, and wrong view spring from the root of

greed, that is, they are accomplished by lobhamūla citta: and

the remaining four arise from the two roots, this is they are committed by both dosamūla citta and lobhamūla citta.

Furthermore, with respect to the arising of cittas, the unwholesome actions (akusala-kamma) altogether amount to twelve types, that is, the twelve cetanas associated with the twelve akusala cittas are regarded as unwholesome actions.

Wholesome Actions of the Sense Sphere

(Kāmāvacarakusala Kamma)

62 Kāmāvacarakusalam kāyadvāre pavattam kāyakammam, vacīdvāre pavattam vacīkammam, manodvāre pavattam manokammañ c'eti kammadvāravasena tividham hoti.

Wholesome kamma of the sense sphere is threefold according to the doors of action, namely, bodily action which arises at the body-door, verbal action which arises at the speech-door, and mental action which occurs at the mind-door.

- 63 Tathā dāna-sīla-bhāvanāvasena
- 64 Cittuppādavasena pan etam aṭṭhavidham hoti.

Similarly, it is the efold in terms of almsgiving, morality, and meditation.

Moreover, with respect to the occurrence of consciousness, wholesome kamma of the sense sphere is eightfold, that is, the eight cetanās that associate with the eight mahākusala cittas.

65 Dāna-sīla-bhāvan' āpacāyana-veyyāvacca-pattidāna-pattānumodana-dhammassavanā-dhammadesanā-diṭṭhijjukammavasena dasavidham hoti.

Also it is tenfold in terms of (i) alms-giving, (ii) morality, (iii) meditation, (iv) reverence, (v) service, (vi) transference of merit, (vii) rejoicing in others' merit, (viii) hearing the dhamma, (ix) teaching the dhamma, and (x) straightening out one's views.

66 Tam pan' etam vīsatividham pi kāmāvacarakammam icc' eva sankham gacchati.

Furthermore, all these twenty kinds of unwholesome and wholesome kammas are known as kamma pertaining to the sense sphere.

Explanation

The first method of enumerating wholesome kamma pertaining to the sense sphere as threefold consisting of bodily action, verbal action, and mental action corresponds to the similar classification of unwholesome kamma. In fact, avoidance of the ten types

of unwholesome actions amounts to ten types of wholesome actions pertaining to the sense sphere.

Ten Kinds of Wholesome Actions (Kusalakammapatha)

There are ten wholesome courses of action pertaining to the sense sphere – three are bodily, four are verbal, and three are mental. Each course of action is identified with the volition initiating an effort to accomplish the respective action. Such volition is a wholesome kamma regardless of whether or not it completes the action. If it does reach completion of the action and achieves its aim of avoiding the unwholesome action, then it becomes a full course of action, that is, a productive kamma (janaka kamma) with the potency to generate a new existence.

1 Three Wholesome Bodily Actions

- 1 Pānātipātā-virati avoidance of killing,
- 2 Adinnādānā-virati avoidance of stealing,
- 3 Kāmesumicchācārā-virati avoidance of sexual misconduct.

2 Four Wholesome Verbal Actions

- 4. Musāvādā-virati avoidance of lying,
- 5. Pisunavācā-virati avoidance of slandering,
- 6. Pharusavācā-virati avoidance of harsh speech,
- 7. Samphappalāpā-virati avoidance of vain talk.

3 Three Wholesome Mental Actions

- 8. Anabhijjhā absence of covetousness,
- 9. Avyāpāda good-will or absence of the wish to cause harm to other beings,

10. Sammādiţthi – right view that believes in kamma and its result.

It should be noted that the ten unwholesome actions are also called "ten ducaritas", meaning "ten types of evil conduct" whereas the ten wholesome actions are designated as "ten sucaritas", meaning "ten types of good conduct".

So anyone who knows what is bad and unwhole-some and what is good and wholesome should avoid the ten unwholesome actions and thereby accomplish the ten wholesome actions simultaneously. Besides by doing so he also purifies his mind by suppressing immoral roots from arising. Thus he can live in accord with the advice of all the Buddhas: "To abstain from all evil, to do good, and to purify the mind".

One can achieve this goal by just observing the five moral precepts of *Pañcasīla* vigilantly. In order to perform more meritorious deeds and thus to accumulate more wholesome *kammas* and to purify the mind further, the Buddha describes ten kinds of meritorious deeds called *Puññakriya vatthu*.

Ten Bases of Meritorious Deeds (Puññakriya Vatthu)

- "Puññakriya Vatthu" means the ten bases of meritorious actions which one should perform because they can produce great benefits.
 - 1. Dāna alms-giving or generosity;
 - 2. Sīla morality; observing five precepts, eight precepts, ten precepts, etc.;

- 3. Bhāvanā tranquility menditation and insight meditation;
- 4. Apacāyana reverence to elders and holy persons;
- 5. Veyāvacca service in wholesome deeds;
- 6. Pattidāna sharing of merit;
- 7. Pattānumodana rejoicing in others' merit;
- 8. Dhammassavana listening to the dhamma;
- 9. Dhammadesanā teaching or expounding the dhamma;
- 10. Ditthijjukamma straightening out one's view.

The above ten bases of meritorious actions can be condensed into three groups:-

- 1. Dāna group-dāna, patidāna, pattānumodana;
- 2.Sīla group—sīla, apacāyana, veyāvacca;
- 3. Bhāvanā group— bhāvanā, dhammassavana, dhammadesanā, diţthijjukamma.

Ditthijjukamma may also be included in all the three groups, because one will perform dāna, sīla, and bhāvanā only if one has the right view about kamma and its effect.

The above meritorious actions are generally performed with eight mahākusala cittas unless one attains jhana and magga in meditation. So they generally give rise to kāmāvacarakusala kammas.

Wholesome Kammas with Two or Three Roots

When one performs a wholesome action without the knowledge of kamma and its result, i.e. without kammassakatañāṇa, then ñāṇavippayutta mahākusa-la cittas arise producing dvihetuka wholesome kammas.

When one performs a wholesome action with the knowledge of kamma and its result, then nāṇasam-payutta mahākusala cittas arise producing tihetuka wholesome kammas.

Tihetukakusala kamma is superior to dvihetuka kusala kamma.

Superior and Inferior Wholesome Kammas (Ukkattha and Omaka Kusala kāmma)

If one can develop kusala cittas both before and after a moral or wholesome action, then the wholesome cetanā, which is kamma acquired during the action, will be surrounded by good cetanās and consequently its potential or potency will be enhanced. This type of kamma is called superior wholesome kamma or ukkattha kamma.

To acquire this type of *kamma*, one should think about the wholesome action in advance and feel glad for having the chance to do it. Again after doing it, one should be full of joy thinking about the good aspects of the action.

On the other hand, if one feels idle or reluctant or stingy before performing a moral action and becomes sad or repentant after the action, then the moral cetanā will be surrounded by akusala cetanās and consequently its potential or potency will be reduced. The kusala kamma acquired in this case is called omaka kamma, that is, inferior wholesome kamma.

Wholesome Kamma of the Fine-material Sphere

67 Rūpāvacarakusalam pana manokammam eva, tañ ca bhāvanāmayam appanāppattam, jhānangabhedena pañcavidham hoti.

Moreover, rūpāvacarakusala kamma is purely mental action. This mental action arises out of meditation which has reached absorption and is fivefold by distinction of the jhāna factors.

The volitions (cetanās) associated with the five rūpāvacara kusala cittas are known as rūpāvacara-kusala kammas. The five rūpāvacarakusala cittas differ from one another in jhāna factors.

Wholesome Kamma of the Immaterial Sphere

68 Tathā arūpāvacarakusalan ca manokammam, tam pi bhāvanāmayam appanāppattam, ārammaṇabhedena catubbidham hoti.

Similarly arūpāvacarakusala kamma is also purely mental action. This mental action too arises out of meditation which has reached absorption and is fourfold by distinction of the sense objects.

The volitions associated with the four arūpāvacarakusala cittas are known as arūpāvacara-kusala kammas. The four arūpāvacarakusala cittas differ from one

another in the sense objects they take.

How Kammas bear Results 1 Results of Unwholesome Kammas

69 Etth' ākusalakammam uddhacca rahitam Apāyabhūmiyam paṭisandhim jan' eti, pavattiyam pana sabbam pi dvādasavidham sattākusalapākāni sabbatthā pi Kāmaloke Rūpaloke ca yathāraham vipaccati.

Of the four types of kammas, unwholesome kammas, excluding restlessness, produces rebirth in the woeful plane. But during the course of existence all twelve unwholesome kammas give effect to the seven unwholesome resultants in all the sensuous planes as well as in the fine-material sphere, according to circumstances.

Explanation

Of the twelve akusala cittas, mohamūla uddhaccasampayutta citta is the weakest, and hence it cannot take on the role of productive kamma at the arising instant of rebirth-consciousness, that is, paṭisandhi kāla. During the course of existence, that is, pavattikāla, however, it can take part as the supportive kamma.

The reader should refer to Chart No.7 for a quick view to see how *kammas* bear results. From this Chart it can be seen that:

The 11 akusala cetanās, the weak cetanā associated with uddhacca-sampayutta citta being excluded, at paṭisandhi-kāla produce akusalavipāka upekkhāsantīraṇa citta which forms the apāya paṭisandhi in the four apāya abodes.

All the 12 akusala cetanās, at pavatti kāla, produce 7 akusala vipāka cittas in the 11 kāma-planes. They produce 4 akusala vipāka cittas with the exception of ghāna-vināāṇa, jivhā-vināāṇa and kāya-vināāṇa in the 15 Rūpa-planes excluding Asañāasatta realm.

2 Results of Sense-sphere Wholesome Kammas

70 Kāmāvacarakusalam pi Kamasugatiyam eva paṭisandhim jan' eti, tathā pavattiyañ ca mahāvipākāni, ahetukavipākāni pana aṭṭha pi sabbatthā pi kāmaloke rūpaloke ca yathāraham vipaccati.

Wholesome kamma of the sense sphere produces rebirth only in the sensuous blissful plane, and only in this sensuous blissful plane it produces the great resultants during the course of existence. Moreover, it gives effect to all the eight rootless wholesome resultants in all the sensuous planes as well as in the finematerial sphere, according to circumstances.

71 Tatth' āpi tihetukam ukkaṭṭham kusalam tihetukam paṭisandhim datvā pavatte soļasa vipākāni vipaccati.

Of the sense-sphere wholesome kammas, the superior wholesome kamma accompanied by three roots produces rebirth-consciousness also accompanied by three roots, and during the course of existence it gives effect to sixteen types of resultant consciousness.

72 Tihetukam omakam dvihetukam tukam ukkaṭṭhañ ca kusalam dvihetukam paṭisandhim datvā pavatte tihetukarahitāni dvādasa vipākāni vipaccati.

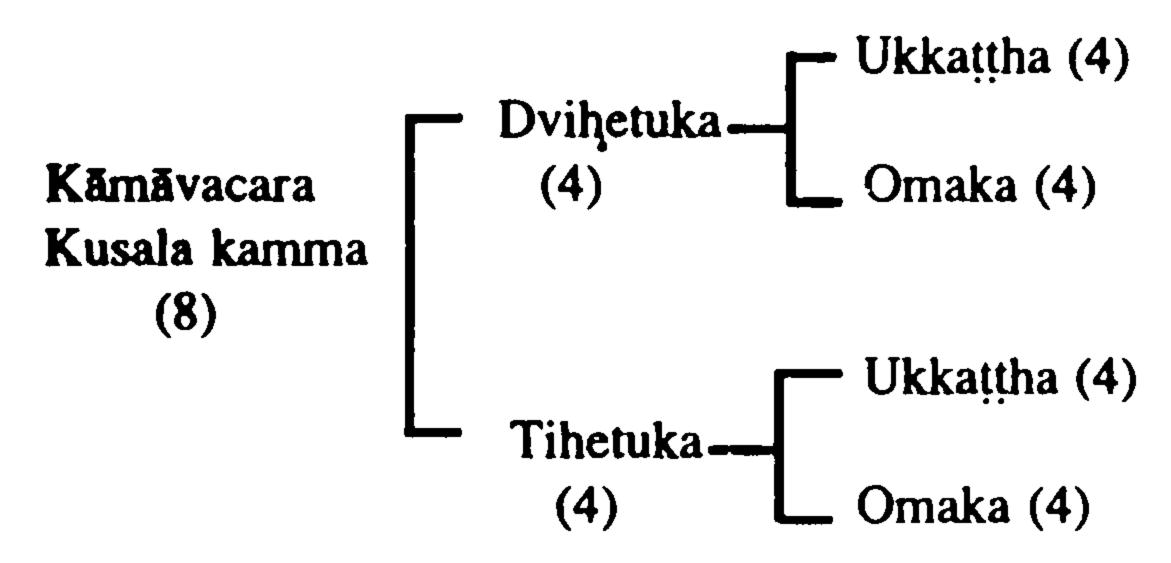
Inferior wholesome kamma accompanied by three roots and superior wholesome kamma accompanied by two roots produce rebirth consciousness with two roots, and during the course of exist ence gives effect to twelve kinds of resultant consciousness, excluding those with three roots.

73 Dvihetukam omakam pana kusalam ahetukam eva paṭisandhim deti, pavatte ca ahetukavipākān' eva vipaccati.

Moreover, inferior wholesome kamma accompanied by two roots produces rebirth consciousness without roots, and during the course of existence gives effect to only eight rootless resultant consciousness.

Explanation

The eight cetanàs or volitions associated with the eight mahākusala cittas represent the eight wholesome kammas in the sense sphere. Of these, four are accompanied by two roots and four by three roots. Again dvihetuka kamma is of two kinds, that is, ukkaṭṭha (superior) and omaka (inferior) depending on whether wholesome or unwholesome volitions sur round the kamma. Similarly tihetuka kamma is also of two kinds: ukkaṭṭha and omaka. So there are four groups of four kammas each as described below.



Now 4 nāṇavippayutta mahākusala cittas give rise to 4 dvihetuka-mahākusala kammas whereas 4 tihetuka-mahākusala cittas give rise to 4 tihetuka-mahā-kusala kammas.

As the 4 dvihetuka-mahākusala kammas can be either omaka or ukkaṭṭha, we get

- (i) 4 dvihetuka-omaka mahākusala kammas, and
- (ii) 4 dvihetuka-ukkaṭṭha mahākusala kammas. Similarly, from 4 tihetuka-mahākusala kammas, we get
- (iii) 4 tihetuka-omaka mahākusala kammas, and

(iv) 4 tihetuka-ukkattha mahākusala kammas.

Of the four sub-groups, (i) is the poorest, (ii) and (iii) are somewhat equal in potency, and (iv) is the best. The effects they produce are as follows.

(i) The 4 dvihetuka-omaka mahākusala kammas, at paṭīsandhi-kāla, produce kusala-vipāka upekkhā-santīrana citta which forms kāma-sugāti ahetuka-paṭi-sandhi in the human realm and the lower cātumahārā-jikā realm in degraded persons.

At pavatti-kāla, they produce 8 ahetuka-kusalavipāka cittas in the 11 kāma-planes; and in the 15 rūpa-planes with the exception of Asaññasattā realm, they produce 5 ahetuka-kusala-vipāka cittas, excluding ghānavinnāṇa, jivhāvinnāṇa and kāyavinnāṇa.

(ii)+(iii) The 4 dvihetuka-ukkaṭṭha mahākusala kammas and the 4 tihetuka-omaka mahākusala kammas, at paṭisandhi-kāla, produce 4 ñāṇa vippa yutta mahāvipāka cittas which form 4 kāma-sugati dvihetuka-paṭisandhis in the 7 kāmasugati planes.

At pavatti-kāla, they produce 8 ahetuka-kusala vipāka cittas and 4 ñāṇavippayutta mahāvipāka cittas in the 7 kāma-sugati planes; 8 ahetuka-kusala-vipāka cittas in the 4 apāya-planes, and 5 ahetuka-kusala-vipāka cittas, excluding ghānaviññāṇa, jivhāviññāṇa, and kāyaviññāṇa, in the 15 rūpa-planes with the exception of Asaññasattā realm.

(iv) The 4 tihetuka-ukkaṭṭha mahākusala kammas, at paṭisandhi-kāla, produce 4 ñāṇasampayutta mahāvipāka cittas which form 4 kāma sugati tihetuka-paṭisandhis in the 7 kāma-sugati planes.

At the pavatti-kāla, they produce 8 ahetuka-kusala vipāka cittas and eight mahāvipāka cittas in the seven kāma-sugati planes; 8 ahetuka-kusala-vipāka cittas in the 4 apāya-planes; and 5 ahetuka-kusala-vipāka cittas, excluding ghānaviññāṇa, jivhāviññāṇa and kāyaviññāṇa, in the 15 rūpa-planes with the exception of the Assaññasattā realm.

An Alternative View

74 Asankhāram sasankhāravipākāni na paccati.

Sasankhāram asankhāra-vipākāni ti kecana. Tesam dvādasa pākāni, das' aṭṭha ca yathākkamam,

Yathāvuttānusārena, yathāsam-bhavam uddise.

Some teachers say that asankhā-rika-kusala kammas do not produce sasankhārika-vipāka cittas, and sasan-khārika-kusala kammas do not produce asankhārika-vipāka cittas.

According to them, as stated above, the arising of the *vipāka-cittas* should be set forth in due order as twelve, ten, and eight.

Explanation

The view on the arising of vipāka cittas as described earlier was advanced by the ancient master Tipiṭaka Cūṭanāga Thera and is the prevalent opinion among teachers of Abhidhamma. The present alternative view was held by the teachers of the school of Mahādhamma-

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rakkhita Thera, an Abhidhamma master at the ancient Moravāpi Monastery in Sri Lanka. The earlier view is called samāna-vāda, the latter, keci-vāda.

According to this view, both at rebirth and during the course of existence, unprompted wholesome cittas produce only unpromted resultants, and prompted wholesome cittas produce only prompted resultants.

Thus :-

The 2 asankhārika ñāṇasampayutta tihetukaukkaṭṭha kammas produce 8 ahetuka-kusala vipāka cittas, and 4 asankhārika mahāvipāka cittas, totalling 12.

The 2 sasankhārika ñāṇasampayutta tihetuka ukkaṭṭha kammas produce 8 ahetuka-kusala vipāka cittas and 4 sasankhārika mahāvipāka cittas, totalling 12. [ahetuka vipāka cittas are neither asankhārika nor sasankhārika; so they arise in both cases.]

Similarly, iihetuka-omaka and dvihetuka-ukkaṭṭha kusala kammas, if they are asaṅkhārika, produce 8 ahetuka-kusala vipāka cittas and 2 asaṅkhārika mahāvipāka cittas, totalling 10; and if they are sasaṅkhārika, produce 8 ahetukakusala vipāka cittas and 2 sasaṅkhārika mahāvipāka cittas, again totalling 10.

In the case of dvihetuka-omaka kusala kammas, both asankhārika kammas and sasankharika kammas produce only 8 ahetuka-kusala vipāka cittas.

Table 2.3 Dual View on the arising of vipāka cittas

Kusala kamma	Samāna Vāda Vipāka Cittas	Keci Vāda Vipāka cittas
Tihetuka-ukkattha		
a sa ń k h ā r i k a	16	12
sasankharika	16	12
Tihetuka-omaka		
asankhārika •	12	10
Dvihetuka-ukkattha	1	
sasankhārika	12	10
Dvihetuka-omaka]	
asankhārika	8	8
sasankh arika	8	8

3 Results of Kūpāvacara Wholesome Kammas

75 Rūpāvacarakusalam pana paṭhamaj jhānam
parittam bhāvetvā Brahmapārisajjesu
uppajjanti.
76 Tad eva majjhimam bhāvetvā
Brahmapurohitesu.
77 Panitam bhāvetvā Mahābrahmesu.

As regards rūpāvacara wholesome kamma, the rūpāvacarakusala first jhāna, if developed to an inferior degree, gives birth in the Brahmapārisajjā heaven; if developed to a medium degree, gives birth in the Brahmapurohitā heaven; and if developed to a superior degree, gives birth in the mahābrahmā heaven.

78 Tathā dutiyajjhānam tatiyajjhānan ca parittam bhāvetvā Parittābhesu. 79 Majjhimam bhavetvā Appamāņābhesu.

80 Paņītam bhāvetvā Ābhassaresu.

Similarly, the rūpāvacarakusala second jhāna and the third jhāna, if developed to an inferior degree, gives birth in the Parittābhā heaven; if developed to a medium degree, gives birth in the Appamānābhā heaven; and if developed to a superior degree, gives birth in Abhassarā heaven.

81 Catutthajjhānam parittam bhā-vetvā Parittasubhesu.

82 Majjhimam bhāvetvā Appamānasubhesu.

83 Paņītam bhāvetvā Subhakinhesu.

The rūpavacarakusala fourth jhāna, if developed to an inferior degree, gives birth in the Parittasubhā heaven; if developed to a medium degree, gives birth in the Appamānasubhā heaven; and if developed to a superior degree, gives birth in the Subhakinhā heaven.

84 Pañcamajjhānam bhāvetvā Vehapphalesu.

85 Tad eva saññāvirāgam bhāvetvā Assaññasattesu.

86 Anāgāmino pana suddhāvāsesu uppajjanti.

The rūpāvacarakusala fifth jhāna, if it is developed, gives birth in the vehapphalā heaven. After at-

taining the fifth *jhāna*, if one develops disgust against perception, one will be reborn in *Asaññasattā* heaven. Moreover, non-returners with the fifth *jhāna* will be reborn in *Suddhāvāsā* heavens.

Explanation

- (i) The inferior first-jhāna kusala kamma gives birth in the Brahmaparisajjā realm with the first-jhāna vipāka citta functioning as rebirth consciousness, life-continuum and death consciousness. Similarly the medium and the superior first-jhāna kusala kammas gives birth in the Brahmapurohitā realm and in the Mahābrahmā realm respectively with the first-jhāna vipāka citta functioning as rebirth consciousness, life-continuum and death consciousness.
- (ii) Both the second-jhāna kusala kamma and the third-jhāna kusala kamma give birth in the second-jhāna realm with the second-jhāna vipāka citta and the third-jhāna vipāka citta respectively as rebirth-consciousness, life-continuum and death-consciousness. Here again the inferior kamma gives birth in the Parittābhā realm, the medium kamma in the Appamānābhā realm, and the seperior kamma in the Abhassarā realm.

The dual methods of counting rūpāvacara jhānas have been described earlier. The third jhāna of the fivefold method, being equivalent to the second jhāna of the fourfold method, gives birth in the second jhāna realm. The same thing is true with the higher jhānas.

(iii) Thus all the inferior, the medium and the superior fourth-jhāna kusala kammas give birth in the third-ihāna plane, that is, in the Parittasubhā realm, in

the Appamānasubhā realm, and in the Subhakinhā realm respectively, with the fourth-jhāna vipāka cittas functioning as rebirth-consciousness, life-continuum, and death-consciousness.

(iv) The fifth-jhāna kusala kamma gives birth in the vehapphalā realm with the fifth-jhāna vipāka cittas functioning as rebirth-consciousness, life-continuum, and death-consciousness. Those, after attaining the fifth jhāna, undertakes meditation further to develop digust towards perception and consciousness, are born in the Asaññasattā realm with rūpa (corporeality) only. Moreover, the non-returners who attain the fifth jhāna are reborn in Suddhāvāsā heavens with the fifth-jhāna vipāka cittas functioning as rebirth-consciousness, life-continuum and death-consciousness.

4 Results of Arūpāvacara Wholesome Kammas

87 Arūpāvacarakusalan ca yathākkamam bhāvetvā āruppesu uppajjantī ti.

Arūpāvacara kusala jhānas, which are well developed, bear results in arūpāvacara planes in due order.

88 Ittham mahaggatam puññam yathābhūmivavatthitam, jan' eti sadisam pākam, patisandhippavattiyam.

Idam ettha kammacatukkam.

As it has been described, the mahaggata kusala kammas bear results in the corresponding planes both at the time of rebirth and in the course of existence.

Herein, this is the fourfold kamma

Explanation

Ākāsānancāyatanakusala kamma gives birth in Ākāsānancāyatana realm with ākāsānancāyatana vipāka citta functioning as rebirth consciousness, life-continuum and death-consciousness.

Viññānañcāyatanakusala kamma bears results in Viññānañcāyatana realm with viññānañcāyatana vipāka citta functioning as rebirth-consciousness, lifecontinuum and death-consciousness.

Ākiñcaññāyatanakusala kamma gives birth in Ākiñcaññāyatana realm with ākiñcaññāyatana vipāka citta functioning as rebirth-consciousness, life-continuum and death-consciousness.

Nevasaññānāsaññāyatana kamma gives birth in Nevasaññānāsaññāyatana realm with Nevasaññā-nāsaññāyatana vipāka citta functioning as rebirth-consciousness, life-continuum and death-consciousness.

The Fourfold Advent of Death (Masapuppatti-catakka)

89 Āyukkhayena kammakkhayena ubhayakkhayena upacchedakakammunā c'eti catudhā maraņuppatti nāma.

The advent of death is fourfold, namely:

- (i) through the expiration of the life-span;
- (ii) through the expiration of the kammic force;
- (iii) through the (simultaneous) expiration of both; and
- (iv) through the intervention of a destructive kamma.

Explanation

Death is formally defined as the cutting off of the life faculty (*jivitindriya*) included within the limits of a single existence.

The fourfold advent or arrival of death may be compared to the four ways of extinguishing a lighted oil-lamp.

The flame of an oil-lamp may go out when:

- (i) the wick burns out,
- (ii) the oil burns out,
- (iii)both the wick and the oil burn out, or
- (iv) the wind blows suddenly or the light is put out purposely even though the wick and the oil still remain.

In the same way, a person may die in one of the following ways:

- (i) Ayukkhaya-marana death due to the expiration of the age-limit;
- (ii) Kammakkhaya-marana death due to the expiration of the productive kammic force;
- (iii) Ubhayakkhaya-marana death due to the expiration of both the age-limit and the productive kamma,
- (iv) Upacchedaka-marana death due to the intervention of destructive kamma. It is sudden death such as the death due to car- accident or suicide.

The Signs near the Time of Death (Marapäsanna Nimitta)

90 Tathā ca marantānam pana maranakāle yathāraham abhimukhībhūtam bhavantare paṭisandhijanakam kammam yā, tamkammakaraṇakāle rūpādikam upaladdhapubbam upakaraṇabhutañ ca kammanimittam vā, anantaram uppajjamānabhave upalabhitabbam upabhogabhūtañ ca gatinimittam vā, kammabalena channam dvārānam aññatarasmim paccupaṭṭhāti.

To continue, in the case of those who are about to die on account of the above four causes, at the time of near death, one of the following signs presents itself as it should do through any of the six sense doors by the power of kamma (which is going to produce the next rebirth):

- (i) a kanna that is to produce rebirth in the next existence; or
- (ii) a sign of kamma such as a form, etc., that had been apprehended previously at the time of performing the kamma, or something that was instrumental in performing the kamma, or
- (iii) a sign of destiny which may be the place or realm where the immediately following rebirth will take place or the

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utensils, persons, etc., connected with that place or realm.

Explanation

Now, to those who are about to die, by the power of kamma that is going to condition the next existence, one of the following three signs always presents itself at the appropriate sense-doors:

- (i) Kamma object the wholesome or unwholesome kamma that will produce the immediately following rebirth; or
- (ii) Kamma-nimitta the sign of kamma, that is, the scene, the sound, the smell, the gun, the knife, etc., which were or are observed or used during the performance of the kanıma that is going to bear results; or
- (iii) Gati-nimitta the sign of destiny, that is, the scenes connected with the place of the next rebirth such as the mother's womb, houses, celestial mansions, hell scenes, or the utensils or persons that one is going to encounter in that place of rebirth.

It should be stressed that one of the above signs will definitely present itself to the javana process of the dying person, not to the death-consciousness itself. The death-consciousness (cuti-citta) apprehends the same object grasped by the rebirth-consciousness and the life-continuum of the present existence. The object of the last javana process of the present existence will serve as the object of the rebirth-consciousness, the life-continuum and the death-consciousness of the next existence.

The Cognitive Series at the Time of Death (Marapāsanna Vīthi)

Tato param tam eva tath' opaţţhitam ārammanam ārabbha vipaccamānaka-kammānurūpam parisuddham upakki-liṭṭham vā upalabhitabbabhavā nurūpam tatth' onatam' va cittasantānam abhinham pavattati bāhullena. Tam' eva vā pana janakabhūtam kammam abhinavakaraṇa-vasena dvārappattam hoti.

Thereafter, apprehending the object thus presented, the stream of consciousness continually flows in accordance with the *kamma* that is going to bear results, whether pure or corrupted, and in conformity with the existence into which one is to be reborn, inclining mostly towards that existence. Or that productive *kamma* which is going to give rebirth presents itself in the mind-door by the power of renewing itself.

91 Paccāsannamaraņassa tassa vithicittāvasāne bhavangakkhaye vā cavanavasena paccuppannabhavapariyosānabhutam cuticittam uppajjitvā nirujjhati.

Tasmim niruddhā' vasāne tass' ānantaram eva tathāgahitani ārammaṇam ārabbha savatthukam avatthukam eva vā yathāraham avijjānusayaparikkhittena taṇhānusayamūlakena sankhārena janīyamānam sampayuttehi pariggayha-mānam sahajātāram -adhitthānabhāvena pubban-

gamabhūtam bhavantarapatisandhānavasena patisandhisankhātam mānasam uppajjamānam eva patitthāti bhavantare.

To one who is on the verge of death, either at the end of the cognitive series of consciousness or at the dissolution of the life-continuum, the death-consciousness, the end of the present life, arises and ceases in the way of passing away.

Immediately after the dissolution of the death-consciousness, a rebirth-consciousness arises and is established in the subsequent existence, apprehending the object that has been grasped by the maranāsanna-javanas, either supported by the heart-base or baseless, as is appropriate. This rebirth-consciousness is generated by the wholesome or unwholesome kamma that is enveloped by latent ignorance and rooted in latent craving. It is called rebirth-consciousness (patisandhi-citta) because it links together the two consecutive existences. It is conjoined with its mental adjuncts, and acts as the forerunner to the conascent associates as well as their foundation.

The Objects of Rebirth Consciousness 92 Maraṇāsannavīthiyam pan' ettha mandappavattāni paāc' eva

javanāni pāṭikaṅkhitabbāni, tasmā yadi paccuppannārammaṇesu āpāthagatesu dharantesv' eva maraṇaṁ hoti, tadā paṭisandhibhavaṅgānam pi paccuppannārammaṇatā labbhatī ti katvā Kamāvacarapaṭisandhiyā chadvāraggahitaṁ kammanimittaṁ gatinimittaň ca paccuppannamatītārammaṇaṁ upalabbhati. Kammaṁ pana atītam eva, tañ ca manodvāraggahitaṁ. Tāni pana sabbāni pi parittadhammabhūtān' ev'ārammaṇāni.

Moreover, here in the death-proximate cognitive process, only five feeble javanas should be expected to occur. Therefore, when death takes place while present objects enter the avenue of the sense-door and are still existing, then the rebirth-consciousness and the life-continuum of the new existence should be expected to take the same present objects. For this reason, in sense-sphere rebirth, when the object is a sign of kamma or a sign of destiny perceived at any of the six doors, that object may be present or may be past. But kamma as object is only past, and it is perceived only at the mind door. Furthermore, all these objects of the sense-sphere rebirth are kāma objects only.

93 Rūpāvacarapaṭisandhiyā pana pañāattibhūtam kammanimittam ev'ārammanam hoti.

94 Tathā Arūpapaṭisandhiyā ca mahaggatabhūtam paññattibhūtañ ca kammanimittam eva yathāraham ārammaṇam hoti.

Moreover, in the case of rebirth in the fine-material sphere, the object is a concept and is always a sign of *kamma*. So too, in the case of rebirth in the immaterial sphere, the object — which may be either a *mahaggata* citta or a concept, whichever should be — is always a sign of *kamma*.

95 Assaññasattānam pana jīvitanavakam eva patisandhibhāvena patiṭṭhāti, tasmā te rūpapaṭisandhikā nāma.

> 96 Ārūpā arūpapaṭisandhikā. 97 Sesā rūpārūpapaṭisandhikā.

Furthermore, for Assaññasatta brahmās, only jīvitanavaka kalāpa (the vital nonad) becomes established in the way of rebirth-linking. Therefore, they are said to have material rebirth (rūpapaṭisandhi). The arūpabrahmās are said to have immaterial rebirth (nāmapaṭisandhi). All the remaining beings are said to have material-mental rebirth (i.e they are born with all the five aggregates of existence).

Explanation

When a being is about to die, the near-death sign

(maranāsanna-nimitta) always appears at one of the sense doors. The near-death sign may be in the form of a past kamma, which is going to give rebirth in the new existence, or in the form of the sign of kamma (kamma-nimitta) which may be either past or present, or in the form of the sign of destiny (gati-nimitta) which is usually present.

The successful kamma which is volition (cetanā) as well as the past sign of kamma will appear in the mind-door whereas the present sign of kamma as well as the sign of destiny will appear in one of the five sense doors, that is, a visible object will appear at the eye-door, a sound at the ear door, and so on.

When the near-death sign appears at one of the six doors, the adverting consciousness will pick up the sign and a cognitive series of consciousness, known as maraṇāsanna-vīthi, flows on. In accordance with the kamma that is going to produce next rebirth, an akusala or kusala citta normally functions five times as javanas in this vīthi. These javanas are known as 'maraṇāsanna javanas'.

1 Eye-door Cognitive Series near Death for Sense Objects of very great Intensity

(Atimahantārammaņa Cakkhu-dvāra Maraņāsanna Vīthis)

Two typical marañāsanna-vīthis for a visible object of great intensity striking the eye-door are described below.

(1) Tī-Na-Da- "Pa-Ca-Sp-St-Vo-J-J-J-J-J-Td-

Td"- Bh-Cuti-Pati-Bh-

(2) Tī-Na-Da- "Pa-Ca-Sp-St-Vo-J-J-J-J-Td-Td"- Cuti-Paţi-Bh-

The present kamma-nimitta or the gati-nimitta strikes the eye-door at the arising instant of the first atīta-bhavanga (Ti). Being of very great intensity, it becomes distinct at the arising instant of bhavanga-calana (Na). The life-continuum vibrates for two consciousness-moments (Na-Da) and is cut off. Then, apprehending the nimitta, pañcadvāravajjana (Pa), cakkhuviññāṇa (Ca), sampaṭicchana (Sp), santīnaṇa (Na), Voṭṭhapana (Vo), five javanas (J), two tadālambanas (Td) and one bhavanga (Bh) arise in series. Then the death-consciousness (Cuti) occurs when the being dies. In the second cognitive series, cuti follows tadālambaṇa directly without any intervention of a bhavanga-citta.

Immediately after the dissolution of the death-consciousness, the rebirth-consciousness (Pați) arises in the next existence without any break in the stream of consciousness and without any lapse in time. The next existence may appear in a very far place like a brahma heaven, yet there is no lapse in time.

2 Eye-door Cognitive Series near Death for the Sense Objects of fairly great Intensity (Mahantārammaņa Cakkhu-dvāra Marapāsanna Vīthis)

Two typical maranāsanna-vīthis for a visible object of fairly great intensity striking the eye-door are described below.

- (1) TI-TI-Na-Da- "Pa-Ca-Sp-St-Vo-J-J-J-J"-Bh-Cuti-Pați-Bh-
- (2) TI-TI-TI-Na-Da-"Pa-Ca-Sp-St-Vo-J-J-J-J"- Cuti-Pați-Bh-

As the near-death sign is of fairly great intensity, it becomes distinct at the sense-door only after two or three atīta-bhavangas have passed by. Then the life-continuum vibrates twice (Na-Da) and becomes arrested. After that the cognitive series proceeds as pañcadvārāvajjana, cakkhu-viññāṇa, sampaticchana, santīraṇa, voṭṭhapana, five javanas, and after that one bhavanga-citta may or may not arise to terminate the cognitive process. Immediately after that, cuti-citta arises to terminate the present existence. Again soon after cuti-citta, the rebirth-consciousness (Pati) of the next existence arises without any break in the stream of consciousness and without any lapse in time.

3 Mind-door Cognitive Series near Death for very clear Object

(Ativibhūtārammana Manodvāra Marapasanna Vīthis)

- (1) Na-Da- "Ma-J-J-J-J-J-Td-Td" -Bh-Cuti-Pați-Bh-
- (2) Na-Da- "Ma-J-J-J-J-Td-Td" -Cuti-Pati-Bh-

When the kamma which is going to produce next rebirth or the past kamma-nimitta appears at the mind-door with great intensity, the life-continuum vibrates twice (Na-Da) and is cut off. Then manodvārāvajjana (Ma) adverts the stream of consciousness towards the object, apprehends the object and makes the decision whether it is good or bad. Then come five javanas (J) enjoying the taste of the sense-object fol-

lowed by two tadālambaņas (Td) and one or no bhavanga.

Then the death-consciousness (Cuti) occurs when the being dies. Immediately after death, the rebirth consciousness (Pati) arises in the next existence without any break in the stream of consciousness. After that the life-continuum (Bh) flows on in the next life.

4 Mind-door Cognitive Series near Death for fairly clear Object (Vibhūtārammaņa Manodvāra Maraņāsanna Vīthis)

- (1) Na-Da- "Ma-J-J-J-J"- Bh-Cuti-Pati-Bh-
- (2) Na-Da- "Ma-J-J-J-J"- Cuti-Pați-Bh-

The cognitive series of consciousness arises as in case 3 without the two tadālambaņas. It is very significant that the stream of consciousness is not cut off at death but flows on from one existence to another.

Rebirth-consciousness and its Object

Rebirth-consciousness arises in the new existence as the resultant of the kamma which has the chance to condition the new existence. Rebirth-consciousness joins the new existence with the old one; so it is called patisandhi-citta.

The rebirth-consciousness will be accompanied by its concomitants (cetasikas). It is the nucleus as well as the forerunner and leader of its associates. It will have a physical base (hadaya-vatthu), provided by the same kamma, if the new existence occurs in pañcavokāra planes (planes of five khandhas). If the new existence takes place in catu-vokāra planes (planes of four khandhas, i.e. arūpa planes), there will be no physical base.

The rebirth-consciousness grasps the sense-object which the maranasanna javanas have observed. If the javanas observed kamma-nimitta, the rebirth-consciousness also grasps that kamma-nimitta. Moreover, all bhavanga cittas and the cuti-citta in the new existence also take the same sense-object.

The object of the fine-material rebirth-consciousness is the kamma-nimitta such as the counter sign of kasina that usually appears at the mind-door at the time of death.

The object of the immaterial rebirth-consciousness is also kamma-nimitta which may be either concepts such as infinite space (ākāsa) or mahaggata cittas like ākāsānaācāyatana kusala citta.

Rebirth after Death

98 Āruppacutiyā honti, heṭṭhimāruppavajjitā, Param ārupasandhī ca, tathā Kāmatihetukā.

Rūpāvacaracutiyā, aheturahitā siyum. Sabbā kāmatihetumhā, Kāmesv'eva pan' etarā.

Ayam ettha Cutipatisandhikkamo.

When one passes away from an immaterial realm, one may be reborn in

the same immaterial realm or in any higher realm but not in lower immaterial realms, or one may also be reborn in a sensuous blissful plane with three-rooted rebirth-consciousness.

When one passes away from a fine-material realm, one may be reborn with any sahetuka rebirth but not with ahetuka rebirth (patisandhi).

After passing away from a three-rooted existence in the sensuous plane, one may be reborn with any rebirth (patisandhi), that is, one may be reborn anywhere. The rest, that is, those dvihetuka and ahetuka persons in the sensuous planes, after death, will be reborn only in the sense-sphere realms.

Herein, this is the procedure with regard to death and birth.

Explanation

Death is the temporary end of a temporary phenomenon. By death is meant the extinction of psychic life (jīvitindriya), heat (usma=tejodhātu) and consciousness (viññāṇa) of one individual in a particular existence.

But death is not the complete annihilation of a being. Death in one place means rebirth in another place so long as the causes for the next life are not extinct.

Now the posssible planes where rebirth could take place after death in a particular plane are enumerated as follows.

- 1. When a brahmā in an arūpa-plane dies, he may be reborn in the same plane or a higher plane but not in a lower arūpa-plane. Moreover, he may be reborn in the sense-sphere with three roots either as a deva or a human being. Thus —
- (i) After the death in Ākāsānancāyatana-plane, 4 arūpa-paţisandhis and 4 kāma-tihetuka paţisandhis are possible.
- (ii) After the death in Viññānancāyatana-plane, 3 arūpa-paṭisandhis excluding Ākāsānañcāyatana-paṭisandhi and 4 kāmatihetuka paṭisandhis are possible.
- (iii) After the death in Ākiñcaññāyatana-plane, ākiñcaññāyatana-paṭisandhi, nevasaññā-nāsaññāyatana paṭisandhi and 4 kāmatihetuka paṭisandhis are possibe.
- (iv) After the death in Nevasaññānāsaññāyatana plane, nevasaññānāsaññāyatana paţisandhi and 4 kāmatihetuka paţisandhis are possible.
- 2. When a brahmā in a rūpa-plane with the exception of Asaññāsatta and Suddhāvāsās passes away, he may be reborn in any plane except the four apāya abodes depending on his kamma. Also he will not be reborn either as a degraded human being or a degraded asūrā. In other words, 4 kāmadvihetuka paṭisandhis, 4 kāmatihetuka paṭisandhis, 6 rūpāvacara piṭisandhis and 4 arūpāvacara paṭisandhis with the exception of 2 ahetuka paṭisandhis are possible.

When an Asaññāsatta brahmā dies, he will be reborn in the sense-sphere either as a human being or as a deva. Thus 4 kāma-dvihetuka paṭisandhis and 4 kāma-tihetuka paṭisandhis are possible.

3. Now when a human being or a celestial being from the sense-sphere dies, he may be reborn in any plane if he is a tihetuka-person, because he can develop jhānas to be reborn as a brahmā or he may commit immoral actions to be cast into apāya abodes.

When a human being or a celestial being of dvihetuka-person dies, any one of the 10 kāma-paţisandhis is possible.

- 4. When ahetuka-persons in the human realm as well as in the lower cātumahārajikā realm die, all 10 kāma-paṭisandhis are possible.
- 5. When woeful persons from the 4 Apāya abodes die, again all 10 kāma-paṭisandhis are possible.

The Continuity of the Consciousness Stream

99 Icc' evam gahitapaţisandhikānam pana patisandhiniròdh' ānantarato pabhuti tam ev' ārammaṇam ārabbha tad eva cittam yāva cuticituppādā asati vīthicittuppāde bhavassa angabhāvena bhavangasantatisankhātam mānasam abbocchinnam nadīsoto viya pavattati.

Furthermore, for those who have taken rebirth by the way described above, from the moment the rebirth consciousness has ceased, the same type of resultant consciousness apprehending the same object taken by the rebirth consciousness arises one after another uninterruptedly, flowing like the stream of a river, until death if there is no occurrence of a cognitive process. This stream of consciousness, being the cause to remain alive in the new existence, is called the life-continuum (bhavanga cittas).

100 Pariyosāne ca cavanavasena cuticittam hutvā nirujjhati.

At the end of that existence, on the occasion of passing away, the death consciousness arises and dissolves.

Explanation

The kamma that conditions the new existence to arise keeps on producing its resultant consciousness one after another from the moment of conception till death. The first resultant consciousness, because it links the new existence with the past existence, is called rebirth-linking consciousness, or simply rebirth consciousness (paţisandhi citta).

The stream of resultant consciousness that flows on from the moment immediately following the rebirth consciousness till the moment just before the last resultant consciousness arises is called life-continuun (Bhavaiga citta). The last resultant consciousness, because it performs the function of death is called death consciousness (cuti citta).

The Round of Birth and Death (Samsāra)

101 Tato parañ ca paṭisandhādayo rathacakkam iva yathākkamam eva parivattantā pavattanti.

102 Pațisandhibhavangavīthiyo, cuti c'eha tathā bhavantare, Puna sandhi bhavangam icc' ayam, parivattati cittasantati.

After the cessation of the death consciousness, the rebirth consciousness and the other consciousnesses (bhavanga cittas and vīthi cittas) continue to arise and dissolve incessantly in due sequence like the rotation of the wheel of a cart.

Just as the rebirth consciousness, the life-continuum, the cognitive processes, and the death consciousness arise and dissolve incessantly in the present existence, so again in the next existence, a similar series of consciousness will keep on arising continuously.

Explanation

Immediately after the cessation of the rebirth consciousness, the life-continuum (bhavanga cittas) arise and dissolve for 16 consciousness-moments. Thereafter, a mind-door adverting consciousness (manodvārāvajjana) arises taking the rebirth consciousness as its object. It is followed by seven javana cittas, rooted in greed, dissociated from wrong view and unprompted, developing an attachment to the new existence (bhavanikanti javanas). This is the first cognitive process in the new existence.

When this cognitive process ends, life-continuum

again flows on until it is interrupted by a cognitive process. The life-continuum, a cognitive process, and then the life-continuum and a cognitive process will keep on occuring till death.

The stream of consciousness flows on in this way from conception till death, and from death to a new birth, life after life, revolving like the wheel of a cart. The continuous round of birth and death is called 'Samsāra.'

The End of Samsara

Pațisankhāyapanetamaddhuvam, adhigantvā padamaccutam budhā, Susamucchinnasinehabandhanā, samam essanti cırāya subbatā.

In order to terminate the round of rebirth, the wise who are born with ñāṇasampayutta mahāvipāka citta (i.e. three rooted rebirth consciousness) discipline themselves for a long time by undertaking the Threefold Noble Training, understand clearly the arising and dissolving of mind and matter with insight knowledge (vipassanā nāṇa), and realize the deathless state of Nibbana with Path-wisdom and Fruition wisdom. They have dried up all passions, cut off all fetters, and attained ever-lasting peace.

Iti Abhidhammathasangahe Vīthimuttasangahavibhāgo nāma Pañcamo paricchedo

Thus ends the fifth chapter of the Compendium of Abhidhamma entitled the Compedium of the Cognitive Series.

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Review Questions

- 1. What are the four woeful planes? Why are they called 'apāyabhūmi'? Who are born in these planes? Why?
- 2 What are the seven sensuous blissful planes? Why are they called 'kāmasugatibhūmi'? What kinds of persons reside in these planes?
- 3. Describe the brahma heavens. Why some brahmās have only corporeality, some only mental entities, and some both corporeality and mental entities?
- 4. Describe the twelve types of persons (puggalas). What types of persons can be found in (i) woeful abodes, (ii) human realm, (iii) deva-realms, (iv) fine-

material realms, (v) immaterial realms?

- 5. Describe the four modes of rebirth (paţisandhi). What are the rebirth-consciousness, life-continuum, and death-consciousness of (i) woeful beings, (ii) degraded human beings, (iii) dvihetuka human beings, (iv) tihetuka devas, (v) the first jhāna rūpāvacara brahmās, (vi) the Vehapphalā brahmās, (vii) Suddhavāsā brahmās, (viii) Ākāsānañcāyatana brahmās?
- 6. Describe the life-spans of (i) woeful beings, (ii) human beings, (iii) earth-bound deities, (iv) Tāvatimsā deities, (v) Tusitā deites, (vi) Mahābrahmās, (vii) Asaññāsatta brahmās, (viii) Vehapphalā brahmās, (ix) Akaniṭṭha brahmās, and (x) Nevasaññānāsaññā-yatana brahmās.
- 7. Describe the four kinds of kamma with respect to function.
- 8. Describe the four types of kamma by order of priority in bearing results.
- 9. What types of kamma can play the role of (i) Gruka kamma, (ii) Āsanna kamma, (iii) Āciņņa kamma, and (iv) Kaṭattā kamma? What should we do to get a blissful rebirth in the next existence?
- 10. Describe the four kinds of kamma by time of ripen ing. When should we expect to get the results of a moral or immoral action which we perform now?

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- 11. Describe the four types of kamma by place of ripening. How will you explain that some people are prosperous with immoral means of earning their living and some are poor though they lead a moral life?
- 12. Describe how kammas determine the fate and destuny of (i) Devadatta, (ii) King Ajātasattu, (iii) Queen Mallikā, and (iv) Venerable Sona's father who was a hunter and later became a monk.
- 13. Who manipulates the fate and destiny of all beings? Discuss briefly.
- 14. What is kamma-dvāra? Describe the three types of kamma-dvāra and the unwholesome actions in accordance with these dvāras.
- 15. How can we decide whether an action is wholesome or unwholesome? What are the root-causes of moral actions and immoral actions?
- 16. What should we do to abide by the advice of all the Buddhas: "To avoid all evil, to do good, and to purify the mind"?
- 17. Describe the ten bases of meritorious deeds. How can they be classified into three groups?
- 18. How should we perform meritorious deeds to acquire superior tihetuka kusala kamma? How does this kamma bear results?
- 19. Why do some people acquire only inferior dvihetuka kusala kamma in giving alms? How does this kamma bear results?

- 20. How and where do the following kammas bear results: (i) unwholesome kamma, (ii) dvihetuka omaka kamma, (iii) dvihetuka ukkaṭṭha kamma, (iv) tihetuka ukkaṭṭha kamma, (v) rūpāvacarakusala first jhāna kamma, (vi) rūpāvacarakusala fifth jhāna kamma, (vii) Viññānañcāyatanakusala kamma?
- 21. Describe the different types of sense-sphere wholesome kammas. How do these kammas bear results?
- 22. What is 'death'? Describe the fourfold advent of death.
- 23. Describe the signs that appear near death. Why do they appear?
- 24. A dying hunter sees hell-hounds coming to bite him. What is this sign? Explain the cognitive series of consciousness that arises at the time.
- 25. A pious woman listens to a dhamma-discourse just before she dies. What is her near-death sign and her cognitive process corresponding to that sign?
- 26. A teacher remembers her act of teaching just before death. What is her maranāsanna nimitta and her cognitive process?
- 27. A nun sees celestial mansions vividly at her dying moments. What is her maranāsanna mimitta and her cognitive process?
- 28. What is maranāsanna-nimitta? When, why, and how does it appear?

- 29. Explain ativibhūtā maranāsanna vīthi?

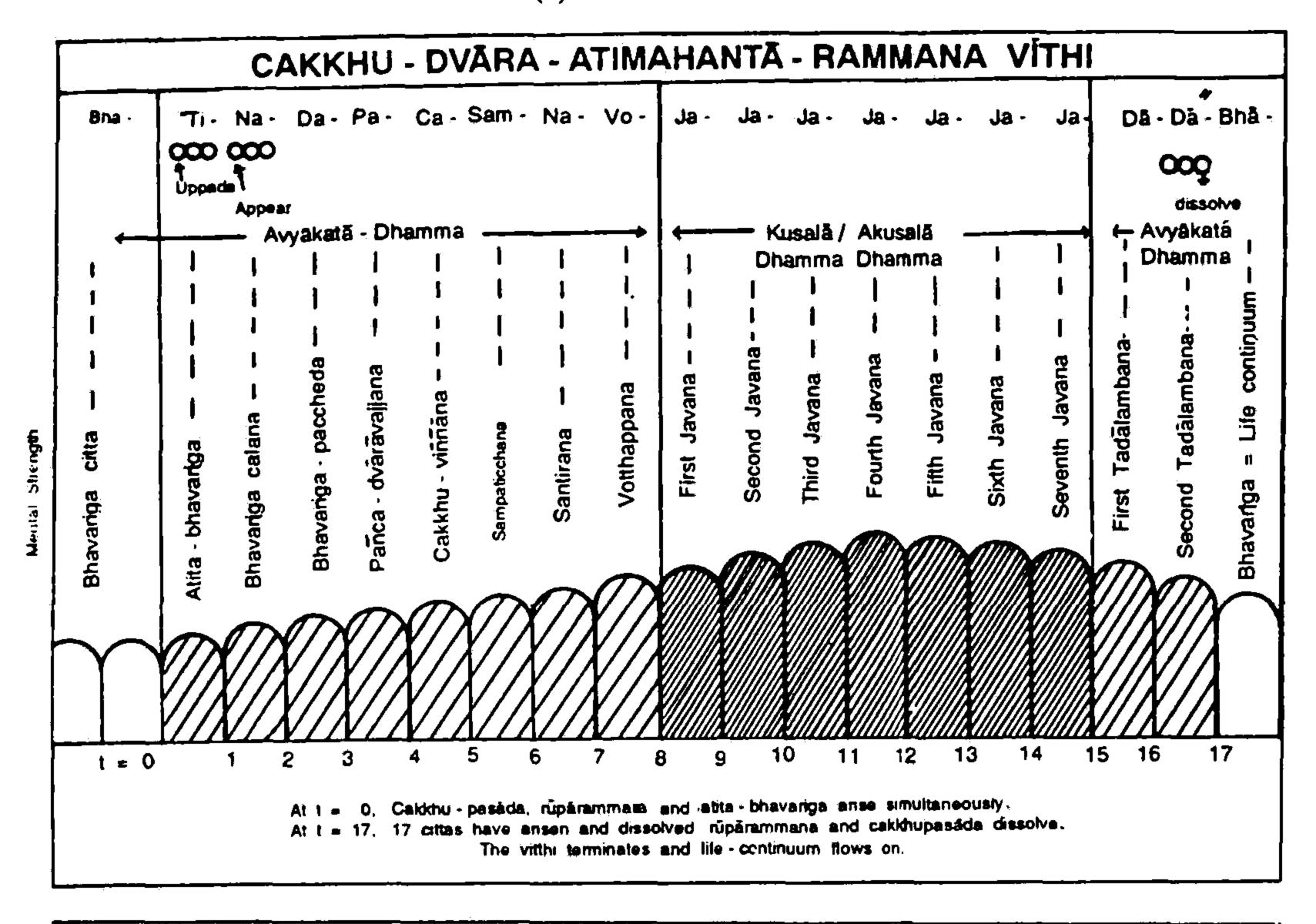
 Is there a break in the stream of consciousness at death?
- 30. What do 'death' and 'rebirth' mean in Abhidhamma? Explain the phenomenon of passing away from one existence to another.
- 31. Where will the following beings be reborn after death? (i) a cat, (ii) a peta, (iii) a retarded person, (iv) tihetuka person, (v) a deva, (vi)a Mahābrahmā, (vii)Asaññāsatta brahmā, (vii) Akinacaññāyatana brahmā.
- 32. Explain Bhumicatukka and how it gives rise to thirty-one planes of existence.
- 33. Describe the different types of persons (puggala)in the human realm. Mention their respective consciousness and the kammas which give rise to these rebirths (patisandhi).

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(G' Chart No. 7

_	BHŪMI - HOW KAMMAS BEAR RESULTS															
4 types of kamma	Citta -Cetană	-	kāla		внӘмі		Aku-up-santi		Ku-vi-up-santi	she-ku-vipāka	Mahāvi-vip. 4	vi-sam. 4	Rupā- vacara vipāka	Arūpā- vacara vipāka	>	Name of Pati- sandhi
	Aku-cetanā except Uddhac	F	•		Арауа	4									1	Apāya
Tura Tura	Aku-cetanā except Uddhac			•	kāma	11	L								7	Duggati
ku-k	Akusala Centanā	12			Rūpa except	15	4 c	xcept	cept					4	Ahetuka	
V			_		Asañña satta		Gh	ādī	<u> </u>			_			<u> </u>	Pațisandhi
	Dvihetuka-omaka		·	_	Human, Catu	2			╚		,				1	Kāma-Sug
	Mahākus-Ñāṇa-vip-cetana		ļ ·	١.	Kāma	11			<u> </u> •						8	Ahetuka
			_	_	Rüpa	15	ļ		Gha	ādi	1	1			<u> </u>	Pațisandhi
nma			Ŀ	 _	Kāma- Sug	7					•	-				kāma-sugati
1 -					Kāma- Sug	7	-								12	
kusala					Apāya	4	-			•						dvihetuka
E.					Rūpa	15			Ghi						5	Patisandhi
1 10	Mahāku-ñāņa-sam-cetanā		<u> </u>	 -		7	 -		exc	ept	L	Γ-	<u> </u>	···	4	letimo Cue
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<u> </u>	Tihetuka-ukkatha				Kóma-sug		1		_	•		<u> </u>	J		8	Total kāma
	Mahāku-ñāṇa-sam-cetanā			1	Apāya	15			Ghi	i idi						Patisan-10
	Midiaka-lidia 2011 Comia				Rūpa	15			exc							1 açı.3a11-10
	Rūpa-First-Jhāna	paritta	-	 	Brahma-pārisa	L ប់ន	┞╴		10,0	<u>opt</u>	L		First		1	
	kusala kamma	majjhima	<u> </u>	⇈	Brahma-puroh								Jhāna			
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ma	Second Jhāna ku-kamma	paritta		╁	Parittābhā								2nd Jhāna		2	iis
Kam	Third Jhāna ku-kamma	Majjhima		╁	Appamānābhā								Vipāka	į.		andł
sala		paņīta	,	١.	Ābhassarā							!	3rd Jhāna-vi	<u> </u> 		pațisandhis
꽃	Fourth Jhāna	paritta			Paritta subhā	<u> </u>	1						Fourth			6 Rupa-
Cara	kusala kamma	Majjhima		•	Appamāna sub	hä							Jhāna		1	6.R
pāva(paṇīta		•	Subha-kinhā								Vipāka	<u> </u>		
Rug		ordinary			Vebhapphalā								5th Jhāna-vi			
	kusala kamma	saññā	١.		Asañña-satta								jivitanavaka		1	j
		virāga	L												+	
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amma	Ākāsānarīcā-yatana	1	Ŀ	•.	Ākāsānañcāyat	ana								Ākāsāī-vi	1	%
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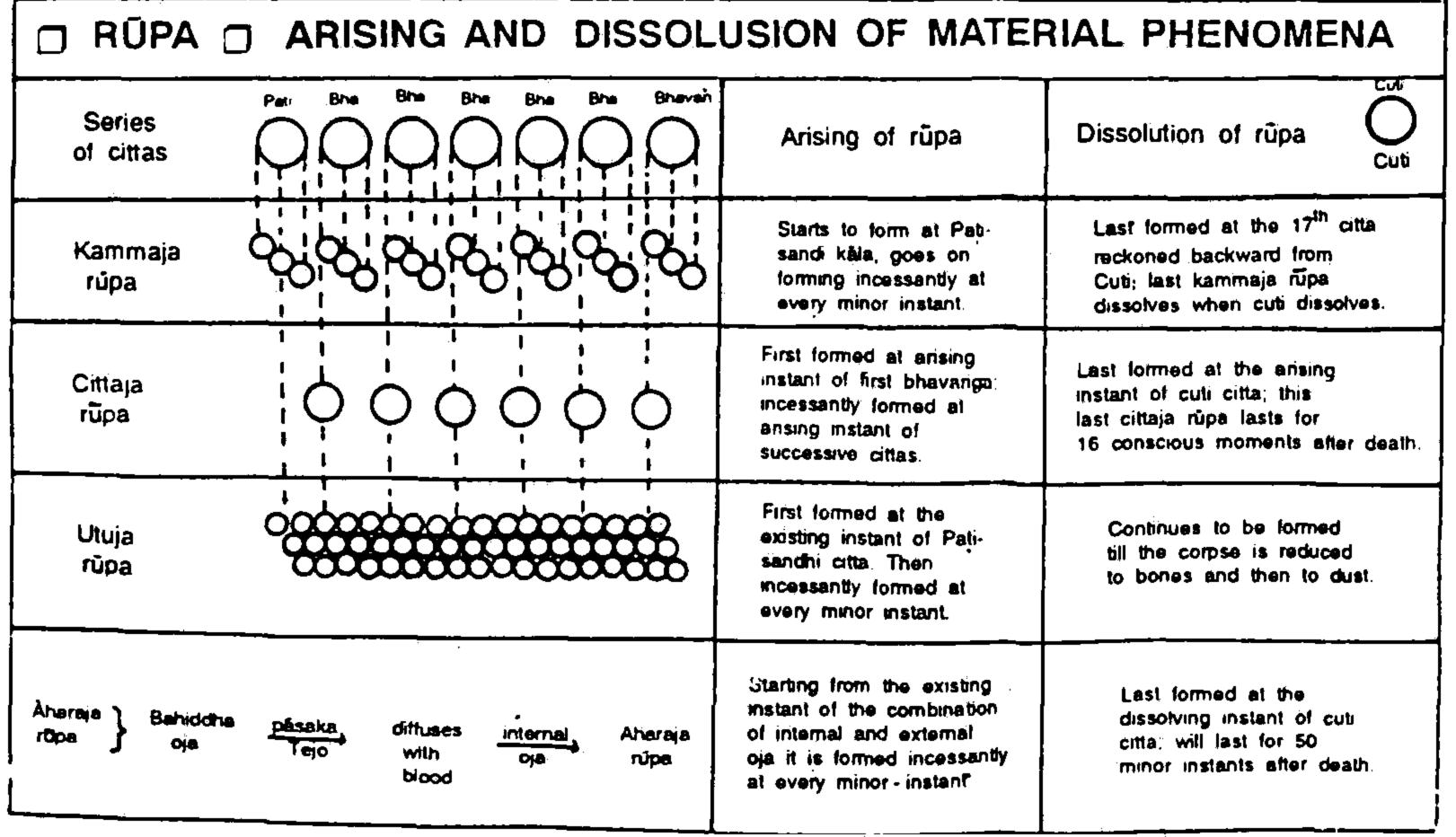


Table of Puggala and Cittas (Continued from the Table on page 101)

Puggala	Kāma-bhūmi	Rūpa-bhūmi	Arūpa-bhūmi
	Akusala cittas 12	Akusala cittas 10	Akusala cittas 10
Tihetuka-	Ahetuka cittas	(2 dosamūla excepted)	(2 dosamūla excepted)
putthujjana	(hasi, excepted) 17	Ahetuka cittas 11	Manodvārāvajjana 1
•	Mahākusala 8	(ghāna-dvi, jivhā-dvi,	Mahākusala 8
	Mahāvipāka 8	kāya-dvi and hasi	Arūpakusala 4
	Mahāvipāka 8 total 45	excepted)	Arūpa-vipāka 1
	Add the kusala jhānas	Mahākusala 8	(out of 4)
	which the respective	Mahaggata Kusala 9	total 24
	persons attain	Rūpa-vipāka 1	
]*	(out of $\hat{5}$)	
		total 39	
	Akusala cittas 7	Akusala cittas 5	Akusala cittas 5
	(4 lobhamūla	(2 dosa-mūla,4 lobha-	(2 dosa-mūla
Sotāpanna	ditthi-sam and	mūla ditthi-sam and	4 lobha-mūla
(Sotapatti-	vicikicchā-sam	vicikicchā-sam excepted)	ditthi-sam and
phalattha)	excepted)	Ahetuka citta 1 1	vicikicchā-sam
F	Ahetuka cittas 1 7	(ghāna-dvi, jivhā-dvi,	excepted)
	(hasi. excepted)	kāya-dvi and hasi	Manodvārāvajjana 1
	Mahākusala 8	excepted)	Mahākusala 8
	Mahāvipāka 8	Mahā-kusala 8	Arūpa-kusala 4
	Sotāpatti-	Mahaggata Kusala 9	Arūpa-vipāka 1
	phalattha	Rūpa-vipāka 1	(out of 4)
	total 41	(out of 5)	Sotāpatti phalattha 1
	Add the kusala jhānas	Sotāpatti phalattha 1	total 20
	attained	total $\frac{1}{3.5}$	20
	As in Sotāpanna 41		As in Arūpa-sotāpanna 20
Sakadāgāmī	Insert sakadāgāmi	Insert sakadāgāmi	Insert sakadāgāmi
onwaon Panin	phalattha instead of	phalattha instead of	phalattha instesd of
	sotāpatti phalattha	sotāpatti phalattha	1
 -	Akusala cittas 5	_ 	sotāpatti phalattha As in Arūpa-sotāpanna 20
Anāgāmī	(2 dosa-mūla, 4 lobha-	<u> </u>	1 <u>.</u> • • •
ıaBarııı	mūla ditthi-sam and	Insert anāgāmi phalattha instead of sotāpatti	Insert anagami phalattha
	vicikicchā-sam excepted)	phálattha	instead of sotapatti
	Ahetuka cittas 17	. I hugiainia	phalattha
	(hasi excepted)		
	Mahā-kusala 8		
	Mahā-vipāka 8		"
	· ·		
	Anāgāmi phalattha 1 39		i
	Add the kusala jhānas attained		;
Arahant		A hetuka 1.2	Manadyārāvaiiana
na wasses 13	Mahā vināka 0		Manodvārāvajjana 1
	-		Mahā-kiriya 8
	Mahā-kiriya 8	kāya-dvi excepted)	Arūpa-kiriya 4
	Arahatta phalattha 1	-	Arūpa-vipāka (out of 4) 1
	total 35	· · ·	Arahatta phalattha 15
	Add the kiriya jhānas attained.	1 1 1 1	total 1 5
		Arahatta phalattha 1	
		total 3 1	

