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Pali Buddhist Texts

Explained to the Beginner

Rune E A Johansson

Studentlitteratur

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PREFACE

This book was originally written in Swedish and included in "Årsbok 1967/1968" published 1969 by the Seminar for Slavic Languages at the University of Lund. It was the first presentation of the Pali language in Swedish and I want to express my gratefulness to Prof. Knut-Olof Falk for admitting it into the "Årsbok" and thus making the Pali language easily available to the Swedish public for the first time. Now the book has been somewhat expanded and, I hope, improved. All the material has been thoroughly reconsidered, not only translated. I especially wish to thank Margot, my wife, for helping me in this work.

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INTRODUCTION

Pali is known mainly as the language of Theravada Buddhism. The word Pāli¹⁾ means "text", and the language is "the language of the texts". Very little is known about its origin. We do not know where it was spoken or if it originally was a spoken language at all. The ancient Ceylonese tradition says that the Buddha himself spoke Magadhi and that this language was identical with Pali. The Buddha was born in Kapilavastu (perhaps 563 BC), a town in Nepal, and he spent most of his time in the kingdoms of Magadha, Kośala, Vatsa and Vrji, all of them close to Ganges. It is therefore quite probable that he spoke Magadhi and perhaps other middle Indian dialects as well. We know, however, that Magadhi, although a related dialect, differed from Pali in many respects, and the origins of Pali are now usually sought in other parts of North India. It is not known, whether the Buddhist doctrine ever was written down in Māgadhi. The art of writing was not used until centuries after the death of the Buddha. However this may be, we know for certain, that the Buddhist canonical literature has been preserved in Ceylon, written in the Pali language, and that this language for centuries remained the language used by the community of monks: commentaries and Buddhist treatises were written in Pali during centuries, and even a number of historical works. How and when the language came to Ceylon is not known: it must have been a north Indian language, and it may have been introduced into Ceylon in connection with some Buddhist missionary activity there. In fact, chronicles tell us that the famous king Asoka (about 274-234 BC) sent his son Mahinda on a mission of this type.

Pali was for a long time also used as a spoken language in the monasteries, and it is still possible to find monks in the Theravada countries who can speak it. One of these monks has even published a small textbook on this subject (Buddhadatta Mahathera, Aids to Pali Conversation and Translation).

The interest in the Pali language and literature has been steadily growing in the West during the last few decades, and the main part of the canonical literature has been published both in the original language and in translation. Behind this we find a growing concern with Buddhism: its dynamic

¹⁾ Pronounced with a long a, as in "father".

conception of man, its analysis of human psychology, its empirical and anti-metaphysical attitude, its tolerance, its demand for personal development - all this has made a deep impression on the Western mind. Jainism, another religion from the same time which also has produced an extensive literature written in a related dialect, has not attracted anything like this attention. To be sure, Pali literature gives expression only to the doctrines of one of the several Buddhist sects (Theravada, "the teaching of the elders"). Scriptures belonging to other sects, especially the many Mahayana sects, are known in other languages: Sanskrit, Tibetan, Chinese, Japanese, to mention only the most important. But there is reason to believe, that the Pali Buddhism best has preserved the original ideas, and as the least speculative and most "modern" in its general outlook it has aroused most interest (possibly with the exception of the Japanese Zen Buddhism).

The background of the present publication is this growing interest in Early Buddhism and its language. Its aim is to give an introduction into both at the same time. Fifty-two short extracts from the texts are quoted in Pali. They are so selected that they together will form a small compendium of the Buddhist doctrine. All of them are of central importance and well worth all the labour that the reader would care to devote to them. To every section, a complete vocabulary is given, explaining every word. Then comes a translation to normal English and a commentary which explains both linguistic difficulties and the content. After the texts, an abbreviated grammar is given, where the reader can find most of the forms met with in the texts.

Pali, like all classical languages, is mastered by reading the texts, not by speaking and imitating. Whatever is the main interest of the student, the language or Buddhism, the same texts will form his natural source of information. The best way of helping him will in both cases be to give him such explanations that he can read the texts directly, with only a minimum of preparation and difficulties. So the procedure recommended is this. Readers who are familiar with Sanskrit should start with the last chapter, "Pali and Sanskrit", which explains the relation between the two languages. Other readers should simply disregard this chapter and start by glancing through "Summary of Grammar" in order to get a general idea of the nature and pecularities of Pali. After a quick orientation in the Grammar, he can select any text that takes his fancy: he can, for instance, read the translations and then select a text which he likes or finds simple enough. Since every word has been translated and analyzed grammatically, he should be able to decipher the Pali text. Then he should read the text again and again until every word and construction has become meaningful to him.

To the majority of those mainly interested in Buddhism it would seem quite unnecessary to study the language. Are not all the important books translated to English? It is true that they are, and also that we can learn much about Buddhism without knowing Pali or any other of the main languages of Buddhism, just as we can learn much about Christianity without learning Hebrew and Greek. But there are special difficulties in Buddhism. Even very popular books about Buddhism commonly make use of quite a few Pali words, at least kamma and nibbana which cannot be translated, but usually many more. There is an extensive technical terminology in Buddhism, which can be explained but not properly translated. In many cases we find different opinions about the correct interpretation of a term or a doctrine, and in the popular books about Buddhism much is misleading or controversial. The only way to overcome these difficulties and reach a real understanding is therefore to be able to read the most important texts in the original language and judge for oneself. An elementary knowledge of Pali is therefore no luxury. In the present state of affairs, it is simply the only way. Our purpose is to help the reader take the first steps towards this goal.

Pali is an Indo-European language, closely related to Sanskrit, the most important literary language of ancient India, and ultimately also related to most European languages. Its similarities to English are not very striking but may perhaps be guessed from parallels like me "by me", supa "soup", bhātar "brother", nava "new", vamati "vomit". It has a rich inflectional system. The noun and the adjective has, just as in its mother language, Sanskrit, eight different cases, although some of them have lost their separate forms. By means of the case forms, relations are expressed which we usually render by means of prepositions, e g tassa "to him" (dative) or "his" (genitive), agginā "by means of fire" (instrumental), tasmim samaye "at this time" (locative). The verb has special terminations for the different persons, e g asmi "I am", atthi "he is". There is a present tense, a future tense and a past tense, called aorist. They are formed through modifications of the stem. Cf

<u>karomi</u> "I do" (present tense) <u>karissami</u> "I shall do" (future tense) akaram "I did" (aorist)

It will be found that -iss- is the characteristic of the future tense, and the so-called augment a- is one of the elements that we usually find in the past tense. More difficult to cope with are the frequent compounds and absolute expressions which are used to express subordinate facts and circumstances: disva "having seen"; gate, thite etc (text No. 36) "whether he goes, stands etc", lit. "in (him) being gone, put upright" (locative); dukkha - nirodha- gamini-patipada (text No. 5) "the way going to the cessation of suffering". Constructions of these types sometimes require careful analysis in order to be understood correctly.

There are several types of literature written in Pali. Oldest and most important is the Buddhist canonical literature (Tipiṭaka). Among the later works we find extensive commentaries, historical works and independent treatises on religious subjects.

The canonical literature is divided into three great collections, called piṭaka "baskets". Vinaya-piṭaka is mainly an exposition of the rules valid

for monks and nuns. Sutta-piṭaka is more extensive and more varied. Four parts, called Nikāya (collection) describe the life and activities of the Buddha. Certain episodes from his life are told, and a great number of his discussions with disciples and laymen are reported. Even teaching given by his most important disciples can be found in the Nikāyas. A fifth collection contains a number of very heterogeneous works: the great collection of birth stories (Jātaka), the poetic compilations Dhammapada, Theragāthā, Therigātha, Sutta Nipāta, and a number of others. The third basket, Abhidhamma-piṭaka, is more voluminous than the two others and is certainly of later origin. It consists of philosophical treatises, sometimes of an abstruse character, and is so far incompletely understood.

When reading the early Buddhist literature we must not forget how these works originated. The Buddha himself and his disciples could not write. It was an old tradition in Indian cultural life that compositions in prose as well as poetry should be learned literally by heart, and they were in this way transferred from generation to generation. Matter that is conserved in this way will necessarily get a special character. We must expect less homogeneity than we are used to nowadays: a work will never get a fixed and definite form, there will be misunderstandings, gaps and additions. Repetitions, stereotype phrases and formulas will be common. Just like this is the Buddhist prose. The poetry often consists of compressed doctrinal formulas, composed mainly as an aid to memory. We often find it difficult to appreciate this literature, especially in translation. But, on the other hand, it is not difficult to find passages, both in prose and poetry, of great beauty and force. There are formulations that feel fresh and reveal the deep psychological understanding of their originator. We feel behind them the seriousness and enthusiasm of the first Buddhists, and we even can glimpse something of the tremendousness of the great experience, which was then the goal of the doctrine.

The texts quoted in this book are selected from the following works, all of them forming parts of the Sutta Piţaka¹⁾:

Dīgha Nikāya, "Dialogues of the Buddha"

Majjhima Nikāya, "Middle Length Sayings"

Samyutta Nikāya, "Kindred Sayings"

Anguttara Nikāya, "Gradual Sayings"

Sutta Nipāta, "Woven Cadences"

Dhammapada, "The Way of the Doctrine"

¹⁾ except one passage which has been selected from the much later work Visuddhimagga, "The Path of Purity", by Buddhaghosa.

Udana, "Verses of Uplift"

Theragatha, "Psalms of the Brethren"

Therigatha, "Psalms of the Sisters"

The texts have been quoted from the editions of the Pali Text Society, London. The English titles given above are the titles of the English translations of these works, also published by the Pali Text Society. The only exception is Dhammapada which has been quoted from the text edited by S. Radhakrishnan (Oxford Univ. Press, London 1950).

PRONUNCIATION

Pali has been written in several different alphabets. In European editions of the texts, the Roman script has been used consistently. The systems of transcription have varied to some extent. Here follows an account of the letters used in this book and the sounds they represent.

- a, i, u are short vowels, like in "hut", "bit", "put".
- ā, i, ū are long, pure vowels, like in "father", "tree", "cool".
- e is a pure, long sound, like in "bed", <u>but long</u>.

 If followed by two consonants it should be pronounced short.
- o is a pure, long sound, like o in "more".

 Before two consonants, it is the same sound but short.
- m is a sign of nasalization: the vowel preceding m should be pronounced through the nose.
- k like k in "skate" or c in "cool".
- g like g in "grey".
- j like j in "just".
- t like t in "till" (a rather hard t, without aspiration, like in French).
- d like d in "dull".
- n like n in "no", but before g and k like n in "pink", "finger".
- p like p in "push".
- b like b in "bake".
- m like m in "me".
- r like r in "rich".
- l and l like l in "long".
- y like y in "yes".
- v like v in "vowel". Some pronounce it like English w, either in all positions or only when it is combined with another consonant.
- s like s in "sign".
- kh, gh, jh, th, dh, ph, bh are pronounced like k, g, j, t, d, p and b but with a strong aspiration. Pronounce like hot-house, buck-horn, dog-house, hard-hearted, etc.
- c like ch in "child".
- ch is an aspirated c, like church-hall.
- ñ like Spanish ñ in "mañana" or like English ny in "canyon".
- t, th, d, dh, n are called cerebral or retroflex sounds because they should be pronounced with the tip of the tongue bent slightly upwards and backwards. A tendency in this direction is naturally produced

by English speakers when pronouncing combinations like tr in "try", rt in "heart", and dr in "dry" (but t and d should be hard sounds, not as soft as tr and dr in "try" and "dry").

h is said to have been a voiced sound. Since we do not know exactly how it was done, we pronounce it like the English h.

Every sound should be properly spoken and not swallowed or blurred. Long and short syllables must be kept apart, which means that long vowels must be spoken long and double consonants must be spoken double.

How the Pali words were stressed at the time when the oldest texts were written is not known. There are however indications that the musical Vedic accents were no longer used but that rather a system depending on the quantity of the syllables was followed. From certain phonetical developments it seems probable that a stress accent following about the same rules as those valid for Classical Sanskrit was used at the times of Early Buddhism. According to these rules, the second syllable from the end should be stressed if it is long or if the word has only two syllables: bhu ta, sac ca, ha ta, upani ta, paccat tam. If this syllable is short, the third from the end should be stressed, if it is long, otherwise the fourth from the end: anā laya, ka tama, paccagac chati, ve diyati, bhā'vana, nijigim'sanatā. A syllable is long either because it has a long vowel or because it has a short vowel followed by two consonants (th, bh etc are counted as one consonant). However, in Pali as it is spoken now, stress seems to be without importance. The quantity of syllables is carefully observed but the stress is fairly even.

Linguistic sounds are frequently modified when immediately followed or preceded by certain other sounds. In English, for instance, the sc- in "science" is not the same sound as the -sc- in "conscience", and the -s in "goes into" is not identical with the -s in "goes to". These phonetic changes may be more or less subtle, and in European languages they are usually not recorded in writing, neither within nor between words. But in ancient India it was the tradition to record them faithfully. In consequence, the beginning and ending of words are sometimes written in a way that makes the words difficult to recognize: these changes are called sandhi (junction). The most common types of sandhi are recorded below (the sign > means: "has changed into").

- 1. Two similar vowels may fuse into one long vowel: $\underline{a} + \underline{a} = \underline{\tilde{a}}$ (na asatam > nasatam, No. 10), $\underline{\tilde{a}} + \underline{a} = \underline{\tilde{a}}$ (avijja-anusaya > avijjanusaya, No. 10).
- 2. If two vowels meet, the first one may be elided: pana assa > pan'assa (No. 36), pi iccham > p'iccham (No. 2), ti eva > t'eva (No. 14), tena eva > ten'eva (No. 14), ca evam > c'evam (No. 14). Even -am may be elided: tam aham > tāham (No. 26). The second vowel may be lengthened: seyyathā idam > seyyathīdam (No. 3), satta upalabbhati > sattupalabbhati (No. 8). But it may also remain short: panca upādāna > pancupādāna (No. 2). Elisions are in some editions marked by an apostrophe, in others not.
- 3. Before <u>ti</u> and <u>pi</u>, any short vowel may be lengthened (they were originally <u>iti</u> and <u>api</u>): <u>hoti ti > hoti ti (No. 15)</u>, <u>uppajjatu ti > uppajjatu ti (No. 18)</u>.
- 4. If two vowels meet, the second one may be elided, and the first may be lengthened: tayo ime > tayo me (No. 12), thito amhi iti > thito mhiti (No. 36), cari aham > cari ham (No. 46).
- 5. A consonant may be inserted between two vowels: na idha > na-y-idha (No. 8), adukkha asukhā > adukkha-m-asukhā (No. 10), cha imā > cha-y-imā, eva > yeva (No. 38); samma anna > sammadannā, tasmā iha > tasmātiha, yathā iva > yathariva.

- 6. A final consonant may be adapted phonetically to the initial consonant of the next word: katamam ca > katamam ca (No. 2), viññaṇam ti eva > viññaṇan-t'eva (No. 14), yaṃ nūna ahaṃ > yannūnāhaṃ (No. 26), hadayaṃ-gama > hadayan-gama (No. 30), taṃ pi > tam pi (No. 2). A final ṃ may be changed to m before a vowel: evaṃ āha > evam āha (No. 1).
- 7. After a final vowel, an initial consonant may be doubled:

 pathama-jhanam > pathamajjhanam (No. 38), dukkha-khandhassa >

 dukkhakkhandhassa (No. 19), upadana-khandha > upadanakkhandha

 (No. 2), pamada-thana > pamadatthana (No. 32).
- 8. Sometimes both sounds are changed: yam yad > yañ ñad (No. 14), tvam eva > tvañ ñeva.

LIST OF ABBREVIATIONS

abl ablative
acc accusative
act active
adj adjective
adv adverb
aor aorist

cond conditional tense

dative

dem demonstrative

feminine

f p p future passive participle

fut future tense

G Summary of Grammar

genitive gen gerund ger imperative imper indicative ind inf infinitive instrumental instr lit literally loc locative masculine m

med medium conjugation

No Text number

nt neuter
nom nominative
opt optative
P Pali

part participle passive

perf perfect tense

pl plural

p p past participle
pres present tense
pres p present participle

pron pronoun
rel relative
sg singular
S Sanskrit

voc vocative

CONTENT ANALYSIS OF THE TEXTS

	$ec{a}$	Text No
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1. EXPERIENCE IS THE ONLY CRITERION (Majjhima Nikaya I 265)

- Api nu tumhe bhikkhave evam jānantā evam passantā evam vadeyyātha: Satthā no garu, satthugāravena ca mayam vademāti.
 - No h'etam bhante.
- Api nu tumhe bhikkhave evam jānantā evam passantā evam vadeyyātha: Samaņo no evam-āha samaņā ca, na ca mayam evam vademāti.
 - No h'etam bhante.
- Api nu tumhe bhikkhave evam jānantā evam passantā aññam sattharam uddiseyyāthāti.
 - No h'etam bhante.
- Api nu tumhe bhikkhave evam jananta evam passanta yani tani puthu-samana-brahmananam vata-kotuhala-mangalani tani sarato paccagaccheyyathati.
 - No h'etam bhante.
- Nanu bhikkhave yad-eva tumhākam sāmam natam sāmam diṭṭham sāmam viditam tad-eva tumhe vadethāti.
 - Evam bhante.
- Sādhu bhikkhave. Upanītā kho me tumhe bhikkhave iminā sanditthikena dhammena akālikena ehipassikena opanayikena paccattam veditabbena vinnuhi.

api + opt,	"perhaps", indicates a question		
nu	an interrogative particle reinforcing other inter-		
	rogative words or indicating a question		
tumhe	you (nom pl to tvam you)X		
bhikkhu	m monk (voc pl)	[S bhiksu]	
evam	so		
jānāti	know (pres p nom pl)	[S/jñā]	
passati	see (pres p nom pl)	[S/pas]	
vadati	speak (opt 2 pl, G6c)	[S/vad]	
satthar	m teacher		
no	enclitic gen to mayam we	(G 4a)	
garu	heavy, venerated	[S guru]	
gārava	m respect; satthugarava respect	t for the	
	teacher (instr sg)		
ca	and		

The form occurring in the text is explained within brackets after the translation.

```
speak (pres 1 pl; vademāti = vadema ti)
vadeti
                   marks end of quotation
ti
                                             [S na "not", <u>u</u> "also"]
                   indeed not (na+u)
no
hi
                   because, surely
                   that (nt nom sg)
etam
                   sir (voc of polite address)
bhante
                   m recluse, wanderer (nom sg, and then nom pl)
samana
                                                     [S śramana]
                                                     (G 4a)
                   enclitic dat to mayam we
no
                   perf (he) spoke
                                                     (G 6g)
āha
                   not
na
añña
                                                     [Sanya]
                   another
                                                     [S/diś]
uddisati
                   appoint (opt 2 pl)
yāni tāni
                   (rel pron + dem pron nt pl) those which (G 4c, e)
                                                      [S prthu]
puthu
                   various, ordinary
brahmana
                   m brahmin (gen pl)
                                                      [S vrata]
vata
                   m, nt rite, observance
kotuhala
                   nt festival
                   nt good omen, ceremony
mangala
sāra
                   m essence
                   fall back on, return to (opt 2 pl) [S prati-ā-√ gam]
paccagacchati
                   interrogative particle, "is it not?"
nanu
                   rel pron sg nt, which
yad
                   only, just
eva
                   you (tumhakam gen or dat pl)
                                                     (G 4b)
tvam
                   self, of oneself
samam
                                                     [S/jña]
nāta
                   p p known (janati know)
                   p p seen (dassati see)
                                                     [S/drs]
dittha
                                                     [S/vid]
vidita
                   p p found (vindati find)
sādhu
                   good
                   brought up (p p nom pl m of upaneti bring up) [S/ni]
upanita
kho
                   indeed
                   by me (enclitic instr to aham I)
me
                   this (imina instr sg m)
                                                     (G 4d)
ayam
                                                     [S/drs]
sanditthika
                   visible (instr sg)
dhamma
                   m doctrine
                                                     [S dharma]
akālika
                   immediate, timeless
ehipassika
                   verifiable
                                                     [S√i √paś]
                                                     [S/ni]
opanayika
                   leading to (the goal), effective
paccattam
                   adv individually
veditabba
                   f p p to be known (vedeti know)
                                                     [S\vid]
viññū
                   intelligent, wise (instr pl)
```

"Monks, would you perhaps, when you know and see this, speak so: 'Our teacher is venerable and we speak out of respect for our teacher'?"

"Certainly not, sir!"

"Monks, would you perhaps, when you know and see this, speak so: 'A recluse spoke so to us, and (or) recluses, but we do not speak so'?"

"Certainly not, sir!"

"Monks, would you perhaps, when you know and see this, look out for another teacher?"

"Certainly not, sir!"

"Monks, would you perhaps, when you know and see this, return to the observances, festivals and ceremonies of the ordinary recluses and Brahmins, considering these to be the essence?"

"Certainly not, sir!"

"Monks, do you not speak that which is known by yourselves, seen by yourselves, found by yourselves?"

"Yes, sir!"

"Good, monks! You, monks, have been instructed by me through this timeless doctrine which can be realized and verified, leads to the goal, and can be understood individually by the intelligent."

Notes

"when you know and see this": the doctrine of dependent origination has just been discussed; of text No. 19.

vadeyyatha: the optative tense is used for hypothetical actions: "would you say?"

A samana was an itinerant philosopher or preacher: samano samanā ca probably means "one or more recluses".

brahmana "Brahmin", i e member of the Indian priest caste. The word is used in this sense here, but in Buddhist texts it may also refer to any person of high moral stature or a person who has attained the Buddhist ideal.

<u>sarato</u>: -to is a suffix with ablative meaning, lit "from the essence"; it is often used in comparisons, therefore "as the essence", "as the main thing".

<u>yāni tāni</u> refers to -<u>mangalāni</u>; this combination of a rel pron and dem pron is commonly used to anticipate and emphasize something; we would say "just these".

sāmam: indeclinable pron "by oneself"; tumhākam is probably gen to this, "by yourselves".

ehipassika: an adj constructed by adding the adjective suffix -ika to two imperatives: ehi "come!" passa "see!" lit "come-and-see-ish", "to be directly experienced".

2. DEFINITION OF SUFFERING (Digha Nikaya II 305)

Katamañ ca, bhikkhave, dukkham ariya-saccam?

Jāti pi dukkhā, jarā pi dukkhā, maraņam pi dukkham, soka-parideva-dukkha-domanass-upāyāsā pi dukkhā, yam p'iccham na labhati tam pi dukkham, sankhittena pañcupādānakkhandhā dukkhā.

which? (nom sg nt, am > an before c) katama and (always placed after the first word of a clause ca or phrase) m monk (voc pl) bhikkhu [S duhkha] dukkha adj painful; nt suffering [Sārya] noble ariya [S satya] adj true; nt truth (G 8c) sacca jāti f birth pi also, even jarā f old age nt death marana [S soka] soka m grief, sorrow parideva m lamentation nt depression, unhappiness domanassa upayasa m misery, despair (nom pl, because the compounded nouns are coordinated; taken together they form plural) that which that yam · · · tam p' = piwish (pres p nom sg m "wishing") [S√is] icchati not na [S/labh] labhati get, obtain

panca five

sankhitta

upadana nt attachment, dependence, basis

khandha m group, factor (nom pl) [S skandha]

concise (instr sg "briefly")

Monks, what is the noble truth about suffering?

Birth is suffering, old age is suffering, death is suffering, grief, lamentation, discomfort, unhappiness and despair are suffering; to wish for something and not obtain it is suffering; briefly, the five factors of attachment are suffering.

[S/ksip]

In the first sentence there is no finite verb: the copula hoti or atthi "is" is usually omitted.

In texts No. 2-5 the four basic truths are defined. Their names are dukkham ariya-saccam (No. 2), dukkha-samudayam ariya-saccam (No. 3), dukkha-nirodham ariya-saccam (No. 4), dukkha-nirodha-gamini-patipada ariya-saccam (No. 5). Syntactically, these expressions are somewhat loosely formulated and of different types. Note that samudaya and nirodha are masculine and therefore must be acc sg, if the compounds are not of the possessive type and therefore adjectively adapted to saccam; patipada can only be nom sg. In English we find expressions that are nearly as loose. We cannot speak about "pain truth", but we say "tea-bag" and "nerve cell". Probably dukkham and patipadā should be understood as nom and be translated "truth (which is) pain" = "truth about pain"; dukkha-samudayam and dukkha-nirodham are probably possessive compounds (G 8f) adjectively related to saccam and therefore nom sg nt, lit "pain-originating truth", "pain-ceasing truth", i e "truth about the origin of pain", "truth about the cessation of pain". There are other possibilities: dukkham (No. 2) may also be adj and so the same type of attribute as dukkha-samudayam taken as poss compound; it may also be taken as acc sg of the noun, because acc is sometimes used as a "case of reference", although the loc is more common in this function; dukkha-samudayam and dukkha-nirodham could also be understood as acc of reference. On the other hand, patipada (No. 5) is certainly nom, if it should not simply be combined with ariya-saccam to form one long compound. Dukkha is a very common word in Buddhism. It is usually translated by "suffering" and we shall keep that but remember that the real meaning is somewhat more vague and general, something like "discomfort", "unhappiness", "unpleasantness", "frustration".

Jāti pi dukkhā: note that <u>dukkhā</u> is treated as an adj and given the feminine termination since jāti is fem.

yam p'iccham etc, lit: "what one, although wishing, not gets, that is suffering".

yam is rel pron and object to iccham.

upādānakkhandhā, either "the basic factors" or "the factors (leading to) attachment"; they are rūpa "form", "body"; vedanā "feeling", saññā

"ideation", sankhāra "activity", "energy" and viññaṇa "consciousness". These factors are an instrument of our attachment to the world and a basis of rebirth. Suffering is therefore a basic function of our psychophysical constitution.

3. THE CAUSE OF SUFFERING (Digha Nikaya II 308)

Katamañ ca, bhikkhave, dukkha-samudayam ariya-saccam?
Yāyam tanhā ponobhavikā nandi-rāga-sahagatā tatra tatrābhinandinī, seyyathīdam kāma-tanhā bhava-tanhā vibhava-tanhā.

which? katama and ca bhikkhu m monk (voc pl) dukkha adj painful; nt suffering [S sam - ud /i] samudaya m origin noble ariya adj true; nt truth sacca which (here ya rel pron fem nom sg) (G 4e) ya ãyām this; ya ayam just this (G 4d) [S tṛṣṇā] tanha f thirst, craving leading to rebirth ponobhavika nandi f pleasure raga m emotion, passion "gone together with", connected with [S/gam] sahagata here and there tatra tatra abhinandin finding pleasure in (fem nom sg) seyyatha such as idam this (G 4d) seyyathidam i e, namely kāma m love, pleasure [S/bhu] bhava m becoming, rebirth vibhava m annihilation

Monks, what is the noble truth about the origin of suffering?

Just this craving, leading to rebirth, accompanied by pleasure and emotion, and finding satisfaction now here now there, namely the craving for sense-pleasure, the craving for new life and the craving for annihilation.

Note

The rel pron <u>ya</u> is sometimes used in combination with a dem pron to introduce definitions and general statements. It has then a deictic or emphatic function, "just this".

4. THE CESSATION OF SUFFERING (Digha Nikaya II 310)

Katamañ ca, bhikkhave, dukkha-nirodham ariya-saccam? Yo tassā yeva tanhāya asesa-virāga-nirodho cāgo paṭinissaggo mutti anālayo.

katama	which?
ca	and
bhikkhu	m monk (voc pl)
dukkha	adj painful; nt suffering
ni rodha	m cessation (here with neuter ending because
	adapted, as possessive compound, to saccam)
	[S/rudh suppress]
ariya	noble
sacca	nt truth
ya	rel pron (yo nom sg m) (G 4e)
so, ta	he, that (tassa gen fem sg) (G 4c)
(y)eva	just, certainly
taṇhā	f thirst, craving (gen sg)
asesa	without remainder, complete
virāga	m freedom from desire, indifference (towards)
cāga	m abandoning [S tyaga]
paținissagga	m rejecting, renouncing [Sprati-nis-/srj]
mutti	f release, freedom [S mukti]
analaya	m aversion

Monks, what is the noble truth about the cessation of suffering?

Just the complete indifference to and cessation of that very craving,
the abandoning of it, the rejection of it, the freedom from it, the aversion
towards it.

Note

Yo is rel pron but, just as in text No. 2, the clause is not relative. It agrees with <u>nirodho</u> and has a deictic function: "just this".

5. THE WAY TO FREEDOM FROM SUFFERING (Digha Nikaya II 311)

Katamañ ca, bhikkhave, dukkha-nirodha-gāminī-paṭipadā ariya-saccam?

Ayam eva ariyo aṭṭhangiko maggo, seyyathidam samma-diṭṭhi sammā-sankappo sammā-vācā sammā-kammanto sammā-ājivo sammā-vāyāmo sammā-sati sammā-samādhi.

katama which? and ca bhikkhu m monk (voc pl) dukkha nt suffering nirodha m cessation gāmin going (nom f sg) patipadā f way noble ariya nt truth sacca this ayam just, exactly eva atthangika having eight (attha) limbs or parts (anga) magga m way such as seyyathā idam nt this seyyathidam ie, namely [S samyak] rightly, perfectly sammā [S drsti] f view, opinion diţţhi [S samkalpa] m intention, purpose sankappa vācā f speech m action, work, behaviour kammanta ājīva m livelihood m effort vāyāma S f mindfulness sati smrti] samādhi m concentration

Monks, what is the noble truth about the way that goes to the cessation of suffering?

Just this noble eightfold way, namely right view, right purpose, right speech, right action, right livelihood, right effort, right mind-fulness, and right concentration.

Note

A more detailed presentation of the eight parts of the way will be found in texts No. 27-44.

sammā-diţţhi etc, note that an adverb like sammā can be joined to a noun to form a compound, where we must use an adjective in translation (G 8d).

6. THE IMPERMANENCE OF LIFE (Samyutta Nikaya I 109)

Accayanti ahorattā, jīvitam uparujjhati, āyu khīyati maccānam, kunnadīnam va odakam.

	acceti or accayati	pass, elapse (3 pl pres)	[S ati-,	<u>/i]</u>
3	aho	nt day	300 - 150 -	
	ratta	nt night	[S ratr	<u>a</u>]
	ahorattā	days and nights		
	jīvita	nt life		
	uparujjhati	is stopped, annihilated (pass of up	arundhai	<u>ti</u>
		break up)		
	āyu	nt life		
	khiyati	is exhausted (pass of khayati)		
ñ	macca	m mortal (gen pl)	[S mar	tya]
	kunnadi	f small river (gen pl)		
	va	like		
	odaka	nt water	[S udak	(a]

Days and nights pass, life runs to an end, the life-span of mortals peters out like the water of rivers.

7. THERE IS NO SOUL (Buddhaghosa, Visuddhimagga XVI 90)

Dukkham eva hi, na koci dukkhito, kārako na, kiriyā va vijjati, atthi nibbuti, na nibbuto pumā, maggam atthi, gamako na vijjati.

dukkha nt suffering just, certainly eva for, namely hi na koci nobody dukkhita adj suffering [S /kr] m one who does kāraka not na kiriyā f action, deed even, certainly va = evavijjati is found (pass of vindati find) [S asti] atthi is nibbuti f cooling, peace, nirvana

na ... pumā nobody

nibbuta adj extinguished, appeased, having

attained nirvana

magga m, here nt way [S marga]

gamaka m walker

For suffering is but no sufferer, not the doer but certainly the deed is found, peace is but not the appeased one, the way is but the walker is not found.

Notes

Dukkham eva hi, add vijjati "is found" or "atthi" there is.

This verse is a famous and pointed formulation of the anatta doctrine.

It should be noted that it denies the existence of an immortal soul rather than the unity and continuity of personality (see text No. 8 about

this). According to Buddhism there is no soul (atta) but certainly a coordinating center called mind (citta) by which the functional unity of human personality is effected. This internal center can be purified and developed and may attain nirvana (see text No. 46). But in the final analysis, the whole of personality is found to be made up of processes.

8. DEFINITION OF PERSONALITY (Samyutta Nikaya I 135)

The nun Vajirā was harrassed with doubts by Māra, the Tempter or god of Death: What is a "person"? How does he arise? Who creates him? However, Vajirā understood that questions of this type are misleading and gave the following answer:

Kinnu satto ti paccesi?
Māra, diṭṭhigataṃ nu te.
Suddha-sankhāra-punjo yaṃ,
na-y-idha sattūpalabbhati.
Yathā hi angasambhārā
hoti saddo ratho iti,
evaṃ khandhesu santesu
hoti satto ti sammuti.

kin = kimwhat? why? then, now nu m being, person, essence, soul (from as satta be, pres p sant being) so (used to mark the end of a quotation) (i)ti come back to, fall back on (2 sg pres ind) [S prati $-\sqrt{i}$] pacceti [S drsti] f view, false theory diţţhi gone (p p to gacchati go) gata you (enclitic instr: te) tvam suddha [S śuddha] pure, only sankhāra [S samskāra] m activity, process pũnja m heap, mass this yam = ayamnot na (y)idha here upalabbhati is found (pres ind pass to upalabhati get, find) yathā as, like hi for nt limb, part anga sambhāra m combination (abl sg) hoti = bhavati becomes, is sadda m sound, word [S śabda]

m a two-wheeled carriage

ratha

evam so

khandha m' group, factor (loc pl) [S skandha]

sant being (loc pl, pres p)

sammuti f consent, general opinion, common parlance

Why do you then harp on the word 'person'? Māra, you are starting from wrong premises. This is nothing but a lot of processes; no 'person' is found here. For just as the word 'carriage' is used when the parts are combined, so the word 'person' is commonly used when the factors are present.

Notes

ditthigatam te, "by you is gone to false opinion", i e "you have got stuck in a wrong attitude".

sattupalabbhati = satto upalabbhati "an essence is found".

anga-sambhārā abl sg "after combination of parts".

khandhesu santesu: an absolute locative corresponding to a temporal clause: "There being factors" = "when there are factors".

This text gives an uncommonly clear explanation of what the Buddhist anatta-doctrine really means. The usual word for "ego" or "soul" (atta) is not mentioned here, but we see from the context that satta is used in the same meaning. It is not the functional unity and continuity that is denied but only the "soul", i e a permanent and unchanging personality core. Just as a car has some sort of personality, defined as a "characteristic unity of parts", so has also the human being an empiric, functional personality, built up from factors (khandha). Modern Western psychology describes personality in terms that are not much different in principle.

9. THE FACTORS OF PERSONALITY (Majjhima Nikaya I 435)

So yad-eva tattha hoti rūpagatam vedanāgatam saññāgatam sankhāragatam viñnānagatam te dhamme aniccato dukkhato rogato gandato sallato aghato ābādhato parato palokato suññato anattato samanupassati. So tehi dhammehi cittam pativāpeti.

so he, that

yad rel pron nt what (G 4e)

eva just, exactly

tattha there

hoti = bhavati is, becomes

rūpa nt form, matter, body

gata gone (p p to gacchati go), here:

connected with, concerning

vedanā f feeling

sañña f perception, ideation, imaging sankhāra m activity, energy, behaviour

viñana nt consciousness [S vijana]

te they, those (nom pl to so he)

dhamma m thing

anicca impermanent (abl sg) [S anitya]

dukkha nt suffering roga nt illness

ganda m swelling, boil

salla nt arrow [S salya]

agha nt evil, pain

ābādha m disease, affliction

para other, strange

paloka m decay

suñña empty [S śūnya] anatta without ego, without soul [S an-ātman]

samanupassati regard citta nt mind

pativapeti turn away from

What there is with regard to form, feeling, ideas, activity and consciousness, he regards those things as impermanent, as suffering, as illness, as a boil, as an arrow, as evil, as an affliction, as alien, as empty, as soulless. He turns his mind away from those things.

Notes

"He" in the text refers to a meditating monk who analyzes himself as consisting of the five mentioned factors, all of them impermanent, impersonal and unpleasant. The text continues to describe how he turns his attention from these things toward something better: nirvana.

<u>Dhamma</u> is a word with complex meanings. It corresponds to <u>S dharma</u>, derived from <u>dhr</u>, "hold", "support". The original meaning therefore seems to have been "something substantial". In Buddhist writings it has come to extensive use within three areas:

- a) objective meanings: thing, nature, rule (see texts No. 18,36, 47)
- b) psychological meanings: idea, mental image, psychological state or process (the psychological contents observed by mano "the inner sense", see text No. 9, 11, 13, 14, 35, 52)
- c) religious meaning: teaching, doctrine, especially the Buddhist doctrine (see text No. 1).

aniccato samanupassati: the ablative suffix -to may mean "with reference to", "in terms of" and so "as" in combination with "regard": "he regards as impermanent ..."

tehi dhammehi abl pl "from those things".

10. FEELING (Majjhima Nikaya I 302 f)

Tisso kho imā vedanā: sukhā vedanā, dukkhā vedanā, adukkha-m-asukhā vedanā ti.

Katamā pana sukhā vedanā, katamā dukkhā vedanā, katamā, adukkha-m-asukhā vedanā ti?

Yam kho kāyikam vā cetasikam vā sukham sātam vedayitam ayam sukhā vedanā. Yam kho kāyikam vā cetasikam vā dukkham asātam vedayitam, ayam dukkhā vedanā. Yam kho kāyikam vā cetasikam vā n'eva sātam nāsātam vedayitam, ayam adukkha-m-asukhā vedanā ti Sukhāya kho vedanāya rāgānusayo pahātabbo, dukkhāya vedanāya paṭighānusayo pahātabbo, adukkha-m-asukhāya vedanāya avijjānusayo pahātabbo ti.

```
ti
                    three (m tayo, nt tini, f tisso)
kho
                    indeed
                   this (ima f nom pl)
ayam
                   f feeling (nom pl)
vedanā
sukha
                   pleasant
dukkha
                   unpleasant
adukkha-m-asukha neither unpleasant nor pleasant, i e neutral
ti
                    so (marks end of quotation)
                   what? which?
katama
                    but, then
pana
                    rel pron nt that which
yam
kāyika
                    belonging to the body (kaya m)
v\bar{a}\cdots v\bar{a}
                    either · · · or
cetasika
                    belonging to the mind (ceto nt)
sāta
                    sweet, pleasant
vedeti
                    know, experience (vedayita p p experienced)
                   that (G 4d)
ayam
asāta
                   unpleasant
                   neither ... nor
na eva... na
rāga
                   m passion, desire
                    m disposition, tendency
anusaya
pahātabba
                   to be abandoned (f p p to pajahāti abandon,
                   get rid of)
                                   (G 7c)
                                                       [S pra-/ha]
patigha
                   m repulsion
                                                       [Sprati -/han]
avijjā
                   f ignorance
                                                       [Savidy\bar{a}]
```

There are these three feelings: pleasant feeling, unpleasant feeling, neutral feeling.

What is then the pleasant feeling, what is the unpleasant feeling, what is the neutral feeling?

That which is experienced, whether it belongs to the body or the mind (i e whether a material or psychological fact), as pleasant and agreeable, that is pleasant feeling. That which is experienced, whether it belongs to the body or to the mind, as painful and disagreeable, that is an unpleasant feeling. That which is experienced, whether it belongs to the body or to the mind, as neither agreeable nor disagreeable, that is a neutral feeling. A tendency to desire is to be eliminated from the pleasant feeling, a tendency to repulsion is to be eliminated from the unpleasant feeling, a tendency to ignorance is to be eliminated from the neutral feeling.

Notes

This text forms part of a discussion between the nun Dhammadinnā and a layman. The end of the chapter relates how the Buddha himself approves of everything she had said.

According to the Buddhist doctrine, feeling is closely related to the experience of the environment: all impressions that reach our senses are evaluated. Therefore, feelings cannot be avoided; but our text says that they easily give rise to emotional reactions like desire and repulsion, and these have to be checked by the Buddhist. The word anusaya is frequently used in a sense that reminds of the psychoanalytical concept of the unconscious drives.

Neutral feelings easily become ignored, i e unconscious; but this type of feelings are the most useful and should be kept conscious.

11. PERCEPTION AND IDEATION

(Anguttara Nikaya III 413) Cha y-imā, bhikkhave, saññā: rūpasaññā, saddasaññā, gandhasaññā, rasasaññā, phoṭṭhabbasaññā, dhammasaññā.

(Majjhima Nikaya I 293) Sanjānāti sanjānātīti kho, āvuso, tasmā sannā ti vuccati, kin-ca sanjānāti: nīlakam-pi sanjānāti, pītakam-pi sanjānāti, lohitakam-pi sanjānāti, odātam-pi sanjānāti.

cha six

ayam this (ima f nom pl) bhikkhu m monk (voc pl)

saññā f perception, idea (nom pl)

rūpa nt form sadda m sound gandha m odour rasa m taste

photthabba nt touchable, touch [S \sprs]

dhamma m idea, mental image

sanjanati recognize, perceive (subject: impersonal)

ti so (marks end of quotation)

kho indeed

avuso voc pl m friend! (used in polite address)

tasma (abl to so he, that) therefore

vuccati is said, is called (pass to vatti, say)

 $ki\tilde{n} = ki\tilde{m}$ nt what?

ca and

nīlaka dark blue pi also, even pītaka yellow

lohitaka red odāta white

Monks, there are these six (types of) perceptions: perception of form, of sound, of smell, of taste, of touch, and of ideas.

"One perceives, one perceives", it is said, my friend, therefore it is called "perception". And what does one perceive? One perceives blue, one perceives yellow, one perceives red, one perceives white.

Note

Sañña means about the same as the German "Vorstellung", i e the mental image produced either by direct perception of an object or in the act of remembering or imagining it. The English word "idea" is sometimes used to cover both. In this text, sañña is described mainly as perception, but among the perceptions are also counted the objects of the internal sense, mano, namely dhamma; these are the memory images.

12. THREE TYPES OF ACTIVITY (Majjhima Nikaya I 301)

Tayo 'me sankhārā: kāyasankhāro vacīsankhāro cittasankhāro ti. Katamo pana kāyasankhāro, katamo vacīsankhāro, katamo cittasankhāro ti?

Assāsā-passāsā kho kāyasankhāro, vitakkavicārā vacīsankhāro, sannā ca vedanā ca cittasankhāro ti.

tayo m three [S trayas]

ayam this (ime m nom pl)

sankhāra m activity; energy, process, behaviour

kāya m body vacī f speech citta nt mind

ti so (marks end of quotation)

katama what? which?

pana but, now

assāsa m exhalation [S āśvāsa]

passāsa m inhalation

kho indeed

vitakka m reasoning, thought, analysis [S vi-tarka]

vicāra m cogitation, investigation

sanna f perception, ideation

ca · · · ca both · · · and

vedanā f feeling

There are these three (types of) activities: bodily activity, vocal activity and mental activity.

So what is bodily activity, what is vocal activity, what is mental activity?

Exhalation and inhalation are bodily activity, reasoning and investigation are vocal activity, perception and feeling are mental activity.

Notes

This text is part of the same discussion as No. 10.

It is remarkable that thought processes are called an activity of speech. Dr Watson, the well-known behaviorist psychologist, tried to introduce the same idea. Perhaps it was believed that thought processes were always presented psychologically in the form of verbal ideas. From text No. 38, which uses the same words for thought processes, it is anyhow clear that spoken words are not intended.

13. VOLITION AND THE ACTIVITIES (Samyutta Nikaya III 60)

Katamā ca, bhikkhave, sankhārā?

Cha-y-ime, bhikkhave, cetanākāyā: rūpasancetanā saddasancetanā gandhasancetanā rasasancetanā photthabbasancetanā dhammasancetanā ime vuccanti, bhikkhave, sankhārā.

katama what? which? (nom pl m)

ca and

bhikkhu m monk (voc pl)

sankhāra m activity

cha six

ayam this (ime m nom pl)

cetanā f intention, purpose, will

kāya m body, group, type

rūpa nt form

sancetana f thought, intention

sadda m sound gandha m odour rasa m taste photthabba nt touch dhamma m idea

vuccati is called (3 pl)

Monks, what are the activities?

Monks, (there are) these six types of volition: striving after form, after sound, after smell, after taste, after touch, after ideas. Monks, these are called activities.

Note

According to the law of <u>karma</u>, rebirth is determined by the activities and their way of influencing consciousness. In this connection we should remember that the activities are conditioned by volition: any particular form of rebirth can be understood as a realization (or, expressed more superficially, as a reward or punishment) of the intentions.

14. THE ORIGIN OF CONSCIOUS PROCESSES (Majjhima Nikaya I 259)

Yan-nad-eva, bhikkhave, paccayam paţicca uppajjati vinnanam tena ten 'eva sankham gacchati: cakkhun-ca paţicca rupe ca uppajjati vinnanam, cakkhuvinnanan-t 'eva sankham gacchati; sotan-ca paţicca sadde ca uppajjati vinnanam, sotavinnanan-t 'eva sankham gacchati; ghanan-ca paţicca gandhe ca uppajjati vinnanam, ghanavinnanan-t 'eva sankham gacchati; jivhan-ca paţicca rase ca uppajjati vinnanam, jivhavinnanan-t 'eva sankham gacchati; kayan-ca paţicca phoţthabbe ca uppajjati vinnanam, kayavinnanan-t 'eva sankham gacchati; manan-ca paţicca dhamme ca uppajjati vinnanam, manovinnanan-t 'eva sankham gacchati.

```
yan-nad = yam yad
                        whatever
                        just, surely
eva
bhikkhu
                        m monk (voc pl)
                        m condition, cause (acc sg)
paccaya
                        conditioned by (ger of pacceti fall back on)
paticca
                                                      S pratitya
                                                      S ud-√pad]
                        arise, be produced
uppajjati
viññāṇa
                        nt consciousness
                        he, that (tena instr sg)
SO
sankhā
                                                      [S sam-/khyā]
                        f definition, name
gacchati
                        go; sankham gacchati be called
cakkhu
                                                      [S caksus]
                        nt eye
                        both · · · and
ca · · · ca
                        nt form (acc pl to an implied paticca)
rūpa
cakkhu-viññāna
                        nt visual consciousness (-an-t eva = -am ti eva)
ti
                        so (marks end of quotation)
sota
                                                         śrotas]
                        nt ear
                                                         śabda]
sadda
                        m sound (acc pl)
ghāna
                                                      [S ghrāna]
                        nt nose
                                                      [S gandha]
gandha
                        m smell
                                                         jihval
jivhā
                        f tongue
                        m taste
rasa
kāya
                        m body
photthabba
                        nt touch
                        nt the internal sense, mind
mana
dhamma
                        m idea, mental image
```

Monks, from whatever cause consciousness arises, from that it is named: when consciousness arises because of the eye and forms, it is named visual consciousness; when consciousness arises because of the ear and sounds, it is named auditive consciousness; when consciousness arises because of the nose and odours, it is named olfactory consciousness; when consciousness arises because of the tongue and tastes, it is called taste consciousness; when consciousness arises because of the body and contacts, it is called touch consciousness; when consciousness arises because of the internal sense and ideas, it is called consciousness of ideas.

Notes

Yan-nad · · · tena tena: a universal relative clause is introduced by a repeated rel pron and the correlative is also repeated. Translate: "whatever cause · · · from that". Yan-nad is nt although it evidently belongs to paccayam which is usually m.

cakkhuñ-ca etc: coordinated clauses where we prefer subordination: "when consciousness arises · · · it is named · · · "

cakkhu-viññaṇa etc "eye-consciousness", "ear-consciousness", "nose-consciousness" etc: we prefer "visual consciousness" etc. According to Buddhism, there are six senses, the last of which perceives the ideas produced through memory and imagination.

Viñnana is a complex concept and difficult to understand completely, as we shall find in later quotations. From this text it becomes clear that viñnana, at least in its basic function, is a name for certain information processes conditioned by the senses.

15. CONSCIOUSNESS AND REBIRTH (Anguttara Nikaya I 223)

- Bhavo bhavo ti, bhante, vuccati. Kittāvatā nu kho, bhante, bhavo hotī ti?
- Kāmadhātu-vepakkañ ca, Ānanda, kammam nābhavissa api nu kho kāmabhavo paññāyethā ti?
 - No h 'etam, bhante.
- Iti kho, Ānanda, kammam khettam viññāṇam bijam tanhā sineho; avijjānīvaraṇānam sattānam tanhāsamyojanānam hināya dhātuyā viññāṇam patithitam. Evam āyatim punabbhavābhinibbatti hoti. Evam kho, Ānanda, bhavo hotī ti.

bhava ti bhante vuccati kittāvatā nu kho hoti kāma dhātu	m becoming, (re)birth so (quotation mark) sir! (polite address to more is said (pass to vatti say) to what extent? then there is m love, passion, pleasure f element	[S√ <u>vac</u>]	
kāmadhātu	f world of sensuality		
vepakka.	nt ripening developed,	nt ripening developed, evolved	
ca	and, if		
kamma	nt action	[S karma]	
na	not		
bhavati	be (cond 3 sg, "if there ha	be (cond 3 sg, "if there had not been") (G 6e)	
api nu	(interrogative particles)		
kāma-bhava	•	m rebirth in (the world of) sensuality	
pajānāti	know, passive paññayati	know, passive paññayati (pass 3 sg opt med	
	"would be known") (G 5,	6c)	
no hi etam	certainly not		
iti	so		
khetta	nt field	[S kśetra]	
viññāṇa	nt consciousness		
bīja	nt seed		
taṇhā	f thirst, craving		
sineha	m sap; love, desire	[S sneha]	
avijja	f ignorance		

nīvaraņa nt obstacle (gen pl)

satta m being, creature (gen pl)

samyojana nt fetter

hina low, miserable, contemptible (loc sg f)

dhātu f element, condition (loc sg)

patitthita established, settled (p p to patitthahati to be

set up)

[S prati -/stha]

evam so

āyatim in future [Sa-√yam]

punabbhava m rebirth

abhinibbatti f becoming, return [Sabhi-nis-√vṛt]

-"Rebirth, rebirth", it is said, sir. To what extent is there then rebirth, sir?

- Ananda, if there had not been action, ripening in the world of sensuality, would then a rebirth in (the world of) sensuality be known?
 - Certainly not, sir.
- In that way, Ananda, action is (like) a field, consciousness (like) a seed and craving (like) sap; for beings that are hindered by ignorance and fettered by craving, consciousness is established on a low level. So rebirth and return is effected in the future. In this way, Ananda, there is rebirth.

Notes

The text is taken from a conversation between the Buddha and his favourite disciple and assistant Ananda. Rebirth is described as a natural consequence of a person's action, kamma (karma). Every action will in due time "ripen" and "bear fruit" in the form of rebirth on a certain level. Three levels are usually mentioned in the literature: kāmadhātu, the world of sensuality, rūpadhātu, the world of form, and arūpadhātu, the formless world. In the process of rebirth, consciousness is "established" on a certain level: it is like a seed that is sown in a certain field; it grows because it has sap or tanhā (craving). We might compare it to a stream of energy that passes over to a new medium and there produces a new individual. We find also this metaphor in the Pali literature, where the word viññāṇasota, "stream of consciousness", is used.

Kāmadhātuvepakkañ ca: ca may mean "if", but a conditional subordinated clause may also be left without any conditional particle. The compound

is possessive and therefore attribute to <u>kamma</u>: "(provided with) sensuality-field-ripening". The compounds <u>avijjānīvaraņānam</u> and <u>taṇhāsaṃyojanānam</u>, too, are possessive and attributes to <u>sattānaṃ</u>, "ignorance-obstructed" and "craving-bound".

16. CONSCIOUSNESS MAY BE CALMED (Sutta Nipata, verses 734, 735) ·

Yam kiñci dukkham sambhoti, sabbam viññāṇapaccayā, viññāṇassa nirodhena n'atthi dukkhassa sambhavo.

Etam ādīnavam natvā "dukkham vinnāņapaccayā" vinnāņūpasamā bhikkhu nicchāto parinibbuto.

yam kiñci nt whatever dukkha nt suffering sambhoti arise sabba all viññāna nt consciousness m condition, cause (abl paccaya because of) paccaya [S prati-\sqrti] nirodha m suppression, ceasing, stilling (instr sg) na atthi there is not m origin, production, a sing! sambhava m esa f etam nt that eso m disadvatage, danger ādīnava jānāti know, understand (<u>natvā</u> ger, having understood) m calming, appeasement (abl sg) upasama bhikkhu m monk nicchāta satisfied released, having attained nirvana parinibbuta die without be

Whatever suffering arises, it is all because of consciousness.

Through the calming of consciousness there is no production of suffering.

Having recognized this as a danger, that suffering is caused by consciousness, the monk calms his consciousness and becomes satisfied, attains nirvana. pain microana des a train of the consciousness and becomes satisfied, attains nirvana.

Notes

The ablatives all indicate the cause or origin: viññāṇūpasamā etc: "from calming (his) consciousness, the monk becomes (bhavati is implied) satisfied ..."

The actions (<u>sankhāra</u>) influence consciousness which accumulates their consequences and is transformed by them, so that the necessary conditions for a new birth are created. In this sense all suffering depends on consciousness. Suffering exists in consciousness, is a conscious fact. Therefore, suffering can cease only if consciousness will cease. The text mentions two expressions for this cessation: <u>nirodha</u>, ceasing, and <u>upasama</u>, appeasement. They both mean the same, because consciousness consists of a stream of processes. The method used in order to make consciousness calm and still, i e to stop the flow of the stream, is called <u>samādhi</u>; if this is successful and followed by complete insight and freedom from disturbing elements (<u>āsava</u>), then nirvana is attained. Since consciousness then is free from all motivation for a change, no rebirth will be possible.

17. THE PSYCHOLOGICAL LAW OF CAUSALITY AND ITS USE (Digha Nikaya I 180 f)

Sahetu sappaccayā purisassa saññā uppajjanti pi nirujjhanti pi. Sikkhā ekā saññā uppajjanti, sikkhā ekā saññā nirujjhanti.

with sa hetu m cause conditioned sappaccaya purisa m man (gen sg) f idea (nom pl) (combon, name arise (pres 3 pl) [Sud/pad] saññā arise (pres 3 pl) uppajjati both ... and pi ... pi cease, disappear (pres 3 pl) [S ni \(\text{rundh} \)] nirujjhati sikkhā f training (instr sg) ekā · · · ekā some · · · others

The ideas of a man arise and disappear through a cause, through a condition. By means of training some ideas arise, by means of training other ideas disappear.

Notes

sa-hetu with a cause = through a cause, caused; sa-(p)paccaya with a condition = conditioned.

The goal of Buddhism is attained by means of training, and in this quotation we can learn the basic view behind the training program. Since the stream of consciousness is governed by the causal law, it is possible to produce ideas that lead to development and exclude others.

18. LIBERATION IS A NATURAL PROCESS (Anguttara Nikaya V 2 f)

Sīlavato, bhikkhave, sīlasampannassa na cetanāya karaņīyam "avippatisāro me uppajjatū" ti. Dhammatā esā, bhikkhave, yam sīlavato sīlasampannassa avippatisāro uppajjati.

Avippațisārissa, bhikkhave, na cetanāya karaņīyam "pāmujjam me uppajjatū" ti. Dhammatā esā, bhikkhave, yam avippațisārissa pāmujjam uppajjati.

Pamuditassa, bhikkhave, na cetanāya karanīyam "pīti me uppajjatu" ti. Dhammatā esā, bhikkhave, yam pamuditassa pīti uppajjati.

Pītimanassa, bhikkhave, na cetanāya karaņīyam "kāyo me passambhatu" ti. Dhammatā esā, bhikkhave, yam pītimanassa kāyo passambhati.

Passaddhakāyassa, bhikkhave, na cetanāya karaņīyam "sukham vediyami" ti. Dhammatā esā, bhikkhave, yam passaddhakāyo sukham vediyati.

Sukhino, bhikkhave, na cetanāya karaņīyam "cittam me samādhiyatu" ti. Dhammatā esā, bhikkhave, yam sukhino cittam samādhiyati.

Samāhitassa, bhikkhave, na cetanāya karaņīyam "yathābhūtam jānāmi passāmī" ti. Dhammatā esā, bhikkhave, yam samāhito yathābhūtam jānāti passati.

Yathabhutam, bhikkhave, janato passato na cetanaya karaniyam "nibbindami virajjami" ti. Dhammata esa, bhikkhave, yam yathabhutam janam passam nibbindati virajjati.

Nibbindassa, bhikkhave, virattassa na cetanāya karaņīyam "vimuttiñāṇadassanam sacchikaromī" ti. Dhammatā esā, bhikkhave, yam nibbindo viratto vimuttiñāṇadassanam sacchikaroti.

silavant observing the moral rules (sila nt), virtuous (dat sg) bhikkhu m monk (voc pl) endowed with (p p of sampajjati come to); sampanna sila-sampanna endowed with righteousness (dat sg) na cetanã f purpose, will (instr) karaniya what must be done (f p p to karoti make, do); nt need (with instr, "of") m bad conscience, regret (a-, without) vippațisara S vi-prati-/smr I (me dat "for me" or loc "in me") aham

uppajjati arise (uppajjatu imper 3 sg, may arise),

ti quotation mark

dhammatā f conformity to dhamma (nature, rule), natural

phenomenon

eso mesā fetam nt this (nom sg f)

yam nt rel pron which, that

a-vippatisārin free from regret (adj dat sg, G 3e)

pāmujja nt joy, happiness, satisfaction [Spra -√mud]

pamudita p p very pleased (dat sg)

pīti f delight, joy

mano nt mind, piti-mana happy-minded

kāya m body

me my (gen to aham I)

passambhati calm down, be relaxed (imper 3 sg)

passaddha p p calmed down, relaxed [S pra-śrabdha]

sukha nt happiness, pleasure

vediyati feel, experience (1 sg imper)

sukhin happy (dat sg)

citta nt mind

samādahati concentrate, pass <u>samādhiyati</u> (imper 3 sg pass,

"may my mind be concentrated") [S sam-ā-/dhā]

samāhita p p concentrated (dat sg)

yathabhutam as it really is

jānāti know, understand (imper 1 sg 'may I know'')

passati see (imper sg, "may I see")

jānāti know, pres part jānam knowing (dat sg) passati see, pres part passam seeing (dat sg) nibbindati get tired of, be disgusted (imper 1 sg,

"may I get tired") [S nis-\vid]

virajjati detach oneself, become free (imper 1 sg,

"may I become free") [S <u>vi-√raj</u>]

nibbindati <u>nibbindo</u>: irregular pres p m nom, dat sg

nibbindassa (the regular forms: nibbindam,

nibbindato; p p nibbinna)

virajjati p p viratta detached, free (dat sg)

vimutti f release, liberation [S vi-√muc]

ñāṇa nt knowledge

dassana nt seeing, insight

sacchikaroti see, realize (imper 1 sg "may I realize")

[S sākṣāt /kr]

Monks, for one who is virtuous and follows the ethical norms, there is no need to want, "may freedom from remorse arise in me". Monks, this is in accordance with nature that for one who is virtuous and follows the ethical norms, freedom from remorse arises.

Monks, for one who is free from remorse there is no need to want, "may satisfaction arise in me". Monks, this is in accordance with nature, that for one who is free from remorse satisfaction arises.

Monks, for one who is satisfied there is no need to want, "may joy arise in me". Monks, this is in accordance with nature, that for one who is satisfied joy arises.

Monks, for one who is joyous there is no need to want, "may my body be relaxed". Monks, this is in accordance with nature, that for one who is joyous the body is relaxed.

Monks, for one whose body is relaxed there is no need to want, "may I feel happiness". Monks, this is in accordance with nature, that one whose body is relaxed feels happiness.

Monks, for one who is happy there is no need to want, "may my mind be concentrated". Monks, this is in accordance with nature, that the happy man's mind is concentrated.

Monks, for one who is concentrated, there is no need to want, "may I understand and see as it really is". Monks, this is in accordance with nature, that one who is concentrated understands and sees as it really is.

Monks, for one who understands and sees as it really is, there is no need to want, "may I be disgusted and detach myself". Monks, this is in accordance with nature, that one who understands and sees as it really is becomes disgusted and detaches himself.

Monks, for one who is disgusted and has become detached, there is no need to want, "may I experience the knowledge and insight of liberation". Monks, this is in accordance with nature, that one who is disgusted and has become detached will experience the knowledge and insight of liberation.

Notes

Silavato ... na cetanāya karaņīyam "for the virtuous there is no need to want".

passaddha-kāyassa: possessive compound, "for him who has a relaxed body".

vediyāmi (-i is sandhi before (i)ti) can be both pres and imper, here imper "may I feel".

The last link of the chain, "knowledge and insight of liberation", refers to nirvana which is described as a state of intellectual clarity in combi-

nation with calm satisfaction and internal freedom. The purpose of the text is to show that this ideal state may be attained by means of a causal development in agreement with natural laws, according to which every link naturally leads over to the next. We may note that one of the links is concentration, <u>samādhi</u>. This is a meditational state, classed as the last part of the eightfold way. By means of concentration, an ability to more realistic insight and even to supernatural knowledge may be developed.

19. THE ORIGIN AND CONTROL OF SUFFERING (Samyutta Nikaya IV 86)

Cakkhum ca paţicca rupe ca uppajjati cakkhuviññānam; tinnam sangati phasso; phassapaccayā vedanā; vedanāpaccayā tanhā; tassā-y-eva tanhāya asesavirāganirodhā bhavanirodho; bhavanirodhā jātinirodho; jātinirodhā jarāmaranam sokaparidevadukkhadomanassupāyāsā nirujjhanti. Evam etassa kevalassa dukkhakkhandhassa nirodho hoti. Ayam dukkhassa atthagamo.

nt eye (acc sg) cakkhu and ca conditioned by (ger of pacceti fall back on, paticca with acc) nt form, thing (acc pl) rupa uppajjati arise viññāṇa nt consciousness cakkhu-viññāna nt visual consciousness m tini nt, tisso f three (gen pl nt) tayo f meeting, combination sangati phassa m contact, stimulation [S sparsa] m condition (abl sg "through") paccaya vedanā f feeling tanha f thirst, craving m tam nt sā f he, that (gen m nt tassa, SO gen f tassā) just, surely (y)eva_ gen sg of tanhā tanhāya without remainder, total [Sa-śeṣa] asesa virāga m indifference, fading away, cleansing nirodha m cessation (abl sg) bhava m becoming jāti f birth f old age jarā nt death marana soka m grief, sorrow parideva m lamentation dukkha nt suffering nt depression, unhappiness domanassa m misery, despair (nom pl) upayasa

nirujjhati cease (pres 3 pl)

evam so

eso m etam nt esā f this (gen sg m)

kevala whole (gen sg)

khandha m group, collection

hoti is, becomes

ayam m, idam nt,

ayam f

this

ayanı ı

atthagama m "going home", going to rest, end

Conditioned by the eye and the forms, visual consciousness arises. The combination of the three is contact (stimulation). Through stimulation (there is) feeling. Through feeling (there is) craving. From the complete fading away and cessation of this craving (there is cessation of becoming =) becoming will end. Through the end of becoming, birth will end. Through the end of birth, old age and death, grief, lamentation, suffering, depression and despair will cease. In this way the cessation of this whole complex of suffering is effected. This is the end of suffering.

Notes

asesa-virāga-nirodhā (abl sg) "from the complete fading away and cessation (of this thirst, gen)".

This "end of suffering" is nirvana. The whole series is a causal explanation of human suffering. The practical application of the series is also pointed out: it offers an opportunity to end suffering. By eliminating one of the early links, we can bring the rest of the chain to disappear. The chain is altogether psychological in the form it is given here: through the perceptual process we see the external world; this process gives rise to feelings, and feelings excite desire; desire is the direct cause of rebirth and suffering.

In the quoted text, the series starts from the visual sense, but the text goes on to repeat the series with the other senses as starting points.

bhava means literally "becoming". It seems to refer to a preliminary stage to jāti, "birth". In Samyutta Nikaya II 4 it is explained as "a preliminary selection of one of the three rebirth-worlds", namely the world of sense-pleasure, the world of form and the formless world.

This text is a variant of a very common series of 12 links, the so-called paticcasamuppada series. This starts from avija "ignorance", and contains some links that are difficult to explain.

20. EVERYTHING IS CAUSED (Samyutta Nikaya I 134)

Yathā aññataram bijam khette vuttam virūhati pathavīrasan cāgamma sinehan ca tad ubhayam, evam khandhā ca dhātuyo cha ca āyatanā ime hetum paṭicca sambhūtā hetubhangā nirujjhare.

yathā ... evam

just as ... so

aññatara

a certain, somebody (from añña another,

with comparative suffix)

bija

nt seed

khetta

nt field (loc sg)

vutta

sown (p p to vapati sow)

virühati

grow, sprout

[S $vi-\sqrt{ruh}$]

pathavī

f earth

[S prthivi]

rasa

m juice, taste (rasañ = rasam, acc to agamma)

ca...ca

both... and (ca āgamma)

āgamma

by means of, thanks to (ger to agacchati come to)

sineha

m sap, fat, moisture

tad

this

ubhaya

both (here nt)

khandha

m personality factor (nom pl)

dhatu

f element (nom pl)

cha

six

āyatana

nt extent, sphere of sense, sense modality

ayam

this (nom pl ime)

hetu

m cause (acc to paticca because of)

sambhūta

arisen, produced (p p to sambhavati, arise)

(nom pl)

bhanga

nt dissolution (abl sg)

nirujjhati

cease (3 pl pres ind med) (G 5)

Just as a certain seed,
sown in the field, sprouts
because of the earth's juice
and moisture, these two,
so the factors and the elements
and these six sense modalities
are produced through a cause
and cease through the dissolution of the cause.

Notes

The text points out that the human being is produced through causal processes, just as a seed grows because of conditions in the soil.

The personality factors are <u>rupa</u>, form, body, <u>vedanā</u>, feeling, <u>saññā</u>, perception and ideation, <u>sankhāra</u>, activity, and <u>viññāṇa</u>, consciousness.

The elements are earth, water, fire and air.

The sense modalities are vision, hearing, smell, taste, touch, and the internal sense (a center for the ideation, namely, memory, thinking and imagination).

21. MAN FORMS HIS OWN DESTINY (Dhammapada, verse 80)

Udakam hi nayanti nettikā, usukārā namayanti tejanam, dārum namayanti tacchakā, attānam damayanti paṇḍitā.

udaka nt water

hi because, indeed

neti or nayati lead, conduct (pres 3 pl)

nettika m one who makes conduits for watering,

engineer (nom pl)

usukāra m arrow-maker, fletcher [S iṣu-√kṛ]

nameti or namayati bend, wield (pres 3 pl)

tejana nt arrow dāru nt wood

tacchaka m carpenter [S takṣan]

atta m self, himself, frequently used as reflexive

pron (acc sg) [S ātman]

dameti or damayati make tame, master (pres 3 pl)

pandita m wise man (nom pl)

Engineers lead water, fletchers make arrows, carpenters form the wood,

wise men master themselves.

Note

tejanam can be understood as collective and therefore translated by plural; attanam: "each his own self", in English plural is the normal way of expressing this.

22. KARMA SOMETIMES WORKS SLOWLY (Dhammapada, verse 71)

Na hi pāpam katam kammam sajju khīram va muccati; daham tam bālam anveti bhasmācchanno va pāvako.

na not

hi because, indeed

papa evil, bad

kata done (p p to <u>karoti</u> do, make)

kamma nt action (S karman)

sajju[S sadyat]khirant milk[S kṣira]

(i)va like

muccati coagulate, curdle

dahati burn, ferment (pres part nom) [S/dah]

so $m \tan nt \underline{sa} f he$, that

bāla ignorant, foolish

anveti follow [S anu-√i]

bhasma nt ashes ācchanna covered pāvaka m fire

> A bad action that is done, does not curdle at once, just like milk; burning it follows the fool like fire covered by ashes.

Notes

tam: probably nt, referring to kammam and subject to anveti, "it"; it could also be understood as definite article to balam "the fool".

This verse clarifies one aspect of the <u>karma</u> doctrine: every action has consequences for its performer, either in this life or later. The effects may lie hidden, like fire under ashes or like newly drawn milk that does not curdle at once, but they are inescapable.

23. HOW REBIRTH IS INFLUENCED BY ACTIONS (Anguttara Nikaya I 122)

Idha, bhikkhave, ekacco puggalo savyāpajjham kāyasankhāram abhisankharoti savyāpajjham vacīsankhāram abhisankharoti savyāpajjham manosankhāram abhisankharoti. So savyāpajjham kāyasankhāram abhisankharitvā savyāpajjham vacīsankhāram abhisankharitvā savyāpajjham manosankhāram abhisankharitvā savyāpajjham lokam uppajjati. Tam enam savyāpajjham lokam uppannam samānam savyāpajjhā phassā phusanti. So savyāpajjhehi phassehi phuṭṭho samāno savyāpajjham vedanam vediyati ekantadukkham, seyyathāpi sattā nerayikā.

idha here, in this connection = supposing that

bhikkhu m monk (voc pl) ekacca one, a certain

puggala m person

savyāpajjha aggressive (sa-with; vyāpajjha nt harm)

kāya m body sankhāra m activity abhisankharoti perform vacī f speech

mano nt the internal sense m he (nt tam f sa) abhisankharitva ger having performed

loka m world

uppajjati arise, be reborn (here with acc of direction =

"to")

tam enam m acc sg "him"

uppanna reborn (p p to uppajjati) samāna being (pres p to atthi is)

phassa m touch, stimulus, influence (nom pl)

phusati touch, influence (pres 3 pl)

phassehi instr pl of phassa

phuttha touched, influenced by (p p to phusati) [S /sprś]

vedanā f feeling vediyati feel

ekanta- extremely

ekanta-dukkha extremely painful

seyyatha just like

api even

satta m living being, creature (nom pl) nerayika doomed to live in niraya m purgatory

Monks, a certain person here performs aggressive bodily actions, aggressive verbal actions and aggressive mental actions. Having performed aggressive bodily actions, aggressive verbal actions and aggressive mental actions, he is reborn in an aggressive world. When he is reborn in an aggressive world, aggressive stimuli influence him. Being influenced by aggressive stimuli he experiences aggressive feeling that is extremely painful, just like creatures living in Purgatory.

Notes

This text describes one aspect of "karmic" causality. It explains how bad actions are punished and it goes on to describe how good actions are rewarded.

The Buddha mentioned a heaven and a purgatory (often called "hell" in translations): both are places where people are reborn because of their actions. But life even in these places is only temporal and the beings living there must again be reborn according to their actions. The goal of Buddhists is to avoid all kinds of rebirths, even rebirth in heaven.

24. A STRONG WISH MAY INFLUENCE REBIRTH (Majjhima Nikaya III 99 f)

Idha, bhikkhave, bhikkhu saddhāya samannāgato hoti, sīlena samannāgato hoti, sutena samannāgato hoti, cāgena samannāgato hoti, paññāya samannāgato hoti. Tassa evam hoti: Aho vatāham kāyassa bhedā parammaranā khattiyamahāsālānam sahavyatam uppajjeyyan ti. So tam cittam dahati, tam cittam adhiţṭhāti, tam cittam bhāveti; tassa te sankhārā ca vihāro c´evam bhāvitā bahulīkatā tatr´uppattiyā samvattanti. Ayam, bhikkhave, maggo ayam paṭipadā tatr´uppattiyā samvattati.

idha here, in this connection bhikkhu m monk (bhikkhave voc pl)

saddhā f faith [S śraddhā]

samannagata endowed with (+ instr)

hoti is, becomes sila nt virtue

suta nt learning (lit "heard", p p of suṇāti hear)

caga m renunciation, generosity

pañña f knowledge, wisdom

evam so, thus (tassa evam hoti "to him thus becomes"

= "the thought strikes him"; tassa: dat sg to so he)

aho vata oh dear! alas!

aham

kāya m body (gen sg)

bheda m breaking, disintegration (abl sg)

param after (with abl) marana nt death (abl sg)

khattiya m nobleman [S kṣatriya] mahā-sāla having great halls (possessive compound), rich

khattiya-mahāsāla m wealthy nobleman sahavyatā f companionship

uppajjati be reborn (opt 1 sg) (G 6c)

ti quotation mark

so he

citta nt mind, thought

dahati put, place, fix [S/dha]

adhitthati concentrate (one's attention) on

bhāveti develop

te these (so, nom pl m)

sankhāra m activity, process (nom pl)

vihāra m staying, state [S vi-√hṛ]

ca...ca both ... and

bhavita developed (p p to bhaveti)

bahulikata practiced tatra there

uppatti f origin, rebirth (dat sg)

samvattati lead to (dat)

ayam m idam nt ayam f this

magga m way [S marga]

patipadā f way, method

Monks, here a monk is endowed with faith, is endowed with virtue, is endowed with learning, is endowed with generosity, is endowed with wisdom. It occurs to him: "Would that I might be reborn in companionship with the rich aristocracy after the disintegration of my body after death". He fixes his mind on this, concentrates his mind on this, develops his this mind on this. These aspirations and this fixation of his, so developed and practiced, will lead to rebirth there. Monks, this way, this method will lead to rebirth there.

Notes

idha is close to the meaning "assume that..."

So tam cittam dahati: cittam dahati, "he fixes his mind" (or "thought"), tam "on this" (acc sg nt to so, tam, sa "this"). Another possibility is to combine tam with cittam and translate "this thought".

sankhāra is a word for processes, especially activity governed by will; vihāra is a fixed state of any type.

khattiya is Pali for S kṣatriya, the warrior caste in ancient India.

The text shows how closely related rebirth is to the wishes of the individual himself. But wishes are effective only if the necessary qualifications are present, i e faith, virtue, knowledge, intelligence. In this way, the internal causal process can be used, either in order to form a new life of a certain type or in order to avoid another rebirth altogether

25. A SUMMARY OF THE WAY (Dhammapada, verse 183)

sabbapāpassa akaraņam kusalassa upasampadā sacittapariyodapanam etam buddhāna sāsanam.

sabba all

pāpa nt evil (gen sg)

karaṇa nt doing a-karaṇa nt not-doing

kusala skilful, good (gen sg)

upasampadā f undertaking

sa- own citta nt mind

pariyodapana nt purification

etam nt that

buddha m one who has understood, Buddha (gen pl)

sāsana nt teaching

To avoid all evil,

to do good,

to purify one's own mind

- that is the teaching of the Buddhas.

Note

buddhana, usually buddhanam: plural because the Buddha taught that men like himself are born with certain intervals. All Buddhas have the same function and teach the same doctrine.

26. MONK OR NOT? (Majjhima Nikaya III 33)

Pubbe kho aham, avuso, agariyabhuto samano aviddasu ahosim; tassa me Tathagato va Tathagata-savako va dhammam desesi; taham dhammam sutva Tathagate saddham patilabhim; so tena saddhapatilabhena samannagato iti patisancikkhim: Sambadho gharavaso rajapatho, abbhokaso pabbajja; na-y-idam sukaram agaram ajjhavasata ekanta-paripunnam ekantaparisuddham sankhalikhitam brahmacariyam caritum; yannunaham kesamassum oharetva kasayani vatthani acchadetva agarasma anagariyam pabbajeyyan ti. So kho aham, avuso, aparena samayena appam va bhogakkhandham pahaya mahantam va bhogakkhandham pahaya, appam va natiparivattam pahaya mahantam va natiparivattam pahaya, kesamassum oharetva kasayani vatthani acchadetva agarasma anagariyam pabbajim.

pubba former (pubbe loc before)

kho indeed

aham I

avuso voc pl m friend(s)!

agariya m layman

bhūta become (p p to bhavati become, be)

samāna being (pres p to atthi is)

aviddasu ignorant

ahosim aor 1 sg to bhavati be

tassa me dat sg (nom so he, this aham I) me, lit

"to this me"

Tathagata m lit "thus-gone", so developed (title of the

Buddha)

vā... vā either... or

savaka m disciple [S\subseteq stru]

dhamma m the Buddhist doctrine

deseti teach (aor 3 sg) [S√diś]

 $t\bar{a}ham = tam aham$ (tam belongs to dhammam: this doctrine)

sutvā having heard (ger to <u>suṇāti</u> hear)

saddhā f faith

patilabhati obtain, get (aor 1 sg)

he, that (refers here to 1st person, "I")

tena instr sg to <u>so</u>

patilābha m obtaining, attainment

samannagata endowed with [S sam-anu-a-√gam]

iti SO [Sprati-sam-/khyā] reflect (aor 1 sg) patisañcikkhati crowded, narrow, full of hindrances sambādha [S grha] nt house ghara avasa m stay, living m family life gharavasa rajapatha m dusty place (raja nt dust, dirt) abbhokāsa m open air, an open place f ordination, homeless life, monk-life [Spra-/vraj] pabbajjā not (-y-, sandhi) na that idam sukara easy nt house agara [S adhi-ā-√vas] ajjhavasati inhabit (pres p instr sg) ekanta extremely [Spari-pūrna] quite full, complete paripunna parisuddha quite pure sankha m conch-shell śankha likhita carved, polished nt religious life, the good life (acc to caritum) brahmacariya move, live (inf governed by sukaram) carati nūna now yam nuna aham + opt "let me now ..." m hair [S keśa] kesa [S smasru] nt beard massu ohāreti cut off (ger: having cut off) [S ava-/hr] kāsāya yellow (acc pl nt) vattha nt garment, robe, clothes (acc pl) [S vastra] acchādeti put on (ger) agarasma from home (abl sg to agara nt) anagāriyā f homeless state (acc of direction) pabbajati go forth, leave home (opt 1 sg; pabbajim aor 1 sg) ti quotation mark so ... aham kho indeed, now another, later apara m time samaya small, little [Salpa] appa vā ... vā either ... or bhoga m possession, wealth khandha m mass, bulk phogakkhandha m mass of wealth, possessions pajahati [S/ha]leave (ger: pahāya) mahant

great, big (acc sg)

Friend, formerly when I was a layman I was ignorant. The Buddha or a disciple of the Buddha taught me the doctrine. Having heard the doctrine I got faith in the Buddha. Filled with this attainment of faith I reflected thus, "Family life is narrow and impure but monk-life is free. It is not easy for one who stays at home to live the good life (so that it becomes) quite full, quite pure, polished like a conch-shell. So let me now shave off hair and beard, put on yellow clothes and go out from home into homelessness". Indeed, friend, after some time I left my wealth, whether it was small or great, I left my circle of relatives, whether it was small or great, I shaved off hair and beard, put on yellow clothes and went out from home into homelessness.

Notes

sukaram ... ajjhāvasatā, lit "easily done ... by (instr) one who inhabits ..."

aparena samayena: instr may be used to express point of time, "at a later time".

The text is taken from a discourse by the Buddha. He describes how he imagines that one of his advanced disciples would think back on how it all started. This situation explains the alternatives which we find in the text: it is left open whether the Buddha himself or one of his disciples has given the instruction, whether his family was big or small, etc.

Afterwards, the text goes on to tell how the new monk learned to live according to the rules, practiced meditation and finally became an arahant (perfect).

27. THE FIRST PART OF THE WAY: RIGHT VIEW (Digha Nikaya II 311 f)

Katamā ca, bhikkhave, sammā-diṭṭhi?

Yam kho, bhikkhave, dukkhe ñāṇam dukkha-samudaye ñāṇam dukkhanirodhe ñāṇam dukkha-nirodha-gāminiyā paṭipadāya ñāṇam, ayam vuccati, bhikkhave, sammā-ditthi.

katama which?

bhikkhu m monk (voc pl)

sammā adv rightly

diţţhi f view ya rel pron kho indeed

dukkha nt suffering (loc sg)

nt knowledge, understanding

samudaya m origin (loc) nirodha m cessation (loc)

gāmin going (to gacchati, go), here loc sg f

patipadā f way (loc sg)

vuccati is said (pass to vatti say)

Monks, what is right view?

Monks, the knowledge about suffering, the knowledge about the origin of suffering, the knowledge about the cessation of suffering, and the knowledge about the way that goes to the cessation of suffering, this, monks, is called right view.

Notes

Yam corresponds to ayam: yam ... ñāṇam ... ayam "the knowledge that is about (loc) ... that is called"; yam agrees with ñāṇam and is nom sg nt, ayam agrees with ditthi (nom sg f).

28. RIGHT PURPOSE (Digha Nikaya II 312)

Katamo ca, bhikkhave, sammā-sankappo?
Nekkhamma-sankappo avyāpāda-sankappo avihiṃsā-sankappo, ayaṃ vuccati, bhikkhave, sammāsankappo.

katama which? ca and

bhikkhu m monk (voc pl)

sammā adv rightly

sankappa m intention, purpose, decision

nekkhamma nt renunciation

a-vyapada m non-violence, i e kindness

a-vihimsa f freedom from cruelty, harmlessness,

compassion

ayam that

vuccati is called

Monks, what is right purpose?

The purpose to be free from craving, the purpose not to harm, the purpose not to be cruel - this, monks, is called right purpose.

Note

The formulation in Pali is negative, and we have translated accordingly. It should, however, not be forgotten that negative formulations of this type have a positive meaning: independence, kindness, compassion. In Buddhism, purpose and will as basic traits of character are considered very important. A word for this is <u>sankappa</u>. Our quotation defines the core of Buddhist ethics.

29. RIGHT SPEECH (Digha Nikaya II 312)

Katamā ca, bhikkhave, sammā-vācā?

Musā-vādā veramaņi, pisuņāya vācāya veramaņi, pharusāya vācāya veramaņi, samphappalāpā veramaņi, ayam vuccati, bhikkhave, sammā-vācā.

katama which?

bhikkhu m monk (voc pl)

sammā adv rightly vācā f speech musā adv falsely

musā adv falsely [S mṛṣā]

vāda m speech (abl sg)

veramani f abstention (+ abl "from")

pisuṇa malicious (abl sg f)
pharusa harsh, rough (abl sg f)

sampha frivolous, foolish palāpa m prattle, gossip

ayam that

vuccati is called

Monks, what is right speech?

To refrain from false speech, to refrain from malicious talk, to refrain from unkind talk, to refrain from thoughtless gossip - that, monks, is called right speech.

30. A MORE DETAILED DEFINITION OF RIGHT SPEECH (Anguttara Nikaya V 205)

Musavadam pahaya musavada paṭivirato hoti, saccavadi saccasandho theto paccayiko avisamvadako lokassa, pisunam vacam pahaya pisunaya vacaya paṭivirato hoti; na ito sutva amutra akkhatā imesam bhedaya, amutra va sutva na imesam akkhatā amūsam bhedaya; iti bhinnanam va sandhātā sahitānam va anuppadātā samaggarāmo samaggarato samagganandī samaggakaranim vacam bhāsitā hoti. Pharusam vacam pahāya pharusaya vacaya paṭivirato hoti, yā sa vaca nelā kannasukhā pemanīyā hadayangamā porī bahujanakantā bahujanamanāpā, tathārūpim vacam bhāsitā hoti. Samphappalāpam pahāya samphappalāpā paṭivirato hoti kālavādī bhūtavādī atthavādī dhammavādī vinayavādī, nidhānavatim vācam bhāsitā hoti kālena sāpadesam pariyantavatim atthasamhitam.

musā-vāda m false speech

pajahati leave, refrain from (ger)

pativirata abstaining from (p p to pativiramati abstain from)

hoti is

sacca nt truth

vadin speaking (nom sg) (G 3c)

saccasandha truthful, reliable

theta firm, reliable [S sthatr] paccayika trustworthy [S pratyaya]

a-visamvādaka not deceiving [S <u>vi-sam-</u>√vad]

loka m world, people (gen sg)

pisuņa malicious vācā f speech

na not

ito (from) here

suņāti hear (<u>sutvā</u> ger having heard)

amutra there

akkhātar m one who relates (nom sg) [Sā-√khyā]

imesam gen pl of ayam this

bheda m breaking, dissension (dat sg)

vā or

amusam gen pl of asu that one

iti thus

bhinna broken, discordant (p p to bhindati break)

vā... vā either... or

m one who puts together, a conciliator (nom sg) sandhātar united (gen pl) sahita m one who effects (nom sg) [Sanu-pra-/da] anuppadātar harmonious; nt peace samagga m delight ārāma rejoicing in peace samaggarama delighting in peace (rata delighting in) samaggarata rejoicing, happy (nom sg) nandin producing (im acc sg f) karana m one who speaks bhāsitar harsh, rough pharusa yā sā just such as (nom fem) faultless, gentle, merciful nela [S karna] kanna m ear pleasant to hear kanna-sukha [S \sqri] affectionate, kind pemaniya [Shrdaya] m heart hadaya going gama heart-stirring, agreeable hadayangama polite (nom sg) porin much, many bahu m person, people (collective sg) jana agreeable ("agreeable to many people") kanta manāpa pleasing ("pleasing to many people") such, lit "of such form" (rūpa) tathārūpi sampha frivolous, foolish palāpa m prattle, gossip kala

m time

kala-vadin speaking at the proper time bhūta nt truth (p p to bhavati become) attha m thing, sense, profit

dhamma m doctrine

vinaya m discipline, norm

nidhanavant worth treasuring, worth remembering (acc sg f)

sāpadesa with reasons, well-grounded pariyantavant purposeful, discriminating

useful, profitable attha-samhita

He (i e the Buddhist monk) gives up false speech and refrains from false speech; he speaks the truth, is reliable, firm and trustworthy and does not deceive people. He gives up malicious talk and abstains from malicious talk; if he has heard anything here, he will not tell it elsewhere in order to cause dissension with these (i e the people here); or if he has heard something there, he will not tell it to the people here

in order to cause dissension with the people on the other place. Thus he becomes either a conciliator of enemies or a creator of friends (or maybe: a supporter of the friendly). He rejoices in peace, delights in peace, finds happiness in peace and speaks words that make for peace. He gives up unkind talk and refrains from unkind talk; but such words as are gentle, pleasant to hear, kind, heart-stirring, polite, agreeable to many people, pleasing to many people, such words he will speak. He gives up foolish gossip and refrains from foolish gossip; he speaks at the proper time, he speaks the truth, he speaks what is useful, he speaks about the doctrine, about the rules; at the proper time he will speak words that are worth remembering, well-grounded, purposeful and profitable.

Notes

imesam bhedāya "in order to create dissension with these"; bhedāya dat indicating purpose, imesam gen pl "with these", i e the people on the place where he heard the rumours; amusam bhedāya: "in order to create dissension with those", i e with the people on the other place; ayam refers to somebody near to the speaker, asu to somebody far from the speaker.

bhāsitā hoti, lit "becomes a speaker (of words)"

Vinaya, "rule", is the name of the collection of rules by which the life of the monks is regulated.

31. RIGHT ACTION (Digha Nikaya II 312)

Katamo ca, bhikkhave, sammā - kammanto?
Pāṇātipātā veramaṇi adinnādānā veramaṇi, kāmesu micchācārā veramaṇi, ayaṃ vuccati, bhikkhave, sammā-kammanto.

katama which? ca and

bhikkhu m monk (voc pl)

sammā adv rightly

kammanta m work, action

pāṇa m breath, life [S prāṇa]

atipāta m killing (abl sg)

veramaņī f abstention (+ abl "from")

a-dinna p p not given (dinna p p to dadāti give)

adana nt taking (abl sg)

adinn'adana taking what has not been given, i e theft

kāma m sense-pleasures, here: sexual love (loc pl)

micchā adv wrongly cāra m behaviour

kamesu micchacara (abl sg) sexual misconduct

ayam that vuccati is called

Monks, what is right action?

To refrain from killing life, to refrain from taking what has not been given, to refrain from sexual misconduct - that, monks, is called right action.

Yāvajīvam arahanto abrahmacariyam pahāya brahmacārī ārācārī viratā methunā gāmadhammā.

Yāvajīvam arahanto surā-meraya-majja-pamādaṭṭhānam pahāya surā-meraya-majja-pamādaṭṭhānā paṭiviratā.

Yāvajīvam arahanto ekabhattikā rattuparatā viratā vikālabhojanā.

Yāvajīvam arahanto nacca-gīta-vādita-visūka-dassanā mālā-gandhavilepana-dhāraṇa-maṇḍana-vibhūsanaṭṭhānā paṭiviratā.

Yāvajīvam arahanto uccāsayana-mahāsayanam pahāya uccāsayana-mahāsayanā paṭiviratā nīcaseyyam kappenti mañcake vā tiṇasanthārake vā.

yāva as long as jīva m life

yavajivam adv life-long

arahant m worthy one, perfected one a-brahmacariya nt immoral life, unchastity

pajahati leave (pahāya ger "having abandoned")

brahmacārin leading a pure life (nom pl)

ārā far from

ārā-cārin living far (from evil)

virata abstaining from (+ abl) (nom pl) methuna nt sexual intercourse (abl sg)

gāma m village [S grāma] dhamma m thing, behaviour, mentality (gāma-

dhamma "village-behaviour", is said to mean

"intercourse with women")

surā f intoxicating liquor meraya nt alcoholic drink

majja nt intoxication [S madya]
pamāda m indolence [S pra-/mad]
thēre

thana nt state (abl sg) [S/stha]

pativirata abstaining from (+ abl)

eka one, only one

bhatta nt food, meal [S bhakta]

ekabhattika eating only one meal (adj nom pl)

ratta nt night, time uparata abstaining from

rattuparata abstaining from food at night (nom pl)
vikāla m "wrong time", i e afternoon
bhojana nt food
vikālabhojana taking a meal at the wrong time, i e in the
afternoon

nacca nt dancing [S natya]

gīta nt singing

vādita nt instrumental music

visūka nt performance

dassana nt seeing [S darśana]

mālā f garland gandha m perfume

vilepana nt ointment, cosmetic [S/lip]

dhāraṇa nt wearing maṇḍana nt ornament vibhūsana nt adornment

vibhūsanaṭṭhāna "state of being adorned" uccā- (only in compounds) high

sayana nt bed

mahant great, big (maha: one of the stem forms

used in compounds)

nīca low, humble

seyyā f bed

kappeti prepare, arrange (3 pl) mañcaka m bed, pallet (loc sg)

va ... va either ... or

tiņa nt grass [S trna]

santharaka m mat (loc sg)

As long as they live the perfected ones abandon unchastity: they live a pure life, far from evil, and abstain from sexual intercourse and village-behaviour.

As long as they live the perfected ones abandon the state of indolence caused by intoxication with alcoholic drinks and liquor and abstain from the state of indolence caused by intoxication with alcoholic drinks and liquor.

As long as they live the perfected ones live on one meal (a day), abstaining from food at night, refraining from food at improper times.

As long as they live the perfected ones refrain from seeing performances of dancing, singing and instrumental music and from dressing up and adorning themselves by using garlands, perfumes and cosmetics.

As long as they live the perfected ones avoid (using) a high bed or a wide bed and refrain from a high bed or a wide bed. They prepare a low bed either on a pallet or on a mat of grass.

Notes

The long compound mala · · · thana should first be analyzed into two halves. Each half begins with a number of coordinated nouns which are objects to a verbal noun. The relation between the two halves may be understood in two ways: a) coordination: "(abstaining from) wearing · · · and from the state of being dressed up and adorned" b) instrumental subordination: "(abstaining from) the state of being dressed up and adorned through wearing garlands . . . "

It should be noted that the <u>arahant</u>, "who has done what was to be done" and attained the goal, continues to lead the simple and disciplined life of his training.

33. RIGHT LIVELIHOOD (Digha Nikaya II 312)

Katamo ca, bhikkhave, sammā-ājīvo? Idha, bhikkhave, ariya-sāvako micchā-ājīvam pahāya sammāājīvena jīvikam kappeti, ayam vuccati, bhikkhave, sammā-ājīvo.

katama which? ca and

bhikkhu m monk (voc pl)

sammā adv rightly ājīva m livelihood

idha here ariya noble

sāvaka m disciple micchā adv falsely pajahati abandon (ger)

jivikā f living, livelihood kappeti prepare, find, get

ayam this

vuccati is called

Monks, what is right livelihood?

Monks, with regard to this a disciple of the noble ones avoids wrong livelihood and obtains his means of living through right livelihood - this, monks, is called right livelihood.

34. WRONG LIVELIHOOD (Majjhima Nikaya III 75)

Katamo ca, bhikkhave, micchā-ājīvo? Kuhanā lapanā nemittakatā nippesikatā lābhena lābham nijigiṃsanatā, ayam, bhikkhave, micchā-ājīvo.

katama which?

ca and

bhikkhu m monk (voc pl)

micchā adv wrongly ājīva m livelihood

kuhanā f deceit

lapanā f speech, prattling

kuhanā lapanā deceitful talk, or: deceit and cajolery nemittakatā f soothsaying (nemitta m fortune-teller)

nippesikatā f trickery, humbug

labha m acquisition, gain (labhena instr sg)

nijigimsanatā f covetousness, rapacity: "greediness for

gain upon gain"

ayam this

Monks, what is wrong livelihood?

Deceitful talk, soothsaying, humbug, greediness for gain upon gain - this, monks, is wrong livelihood.

Katamo ca, bhikkhave, sammā-vāyāmo?

Idha, bhikkhave, bhikkhu anuppannānam pāpakānam akusalānam dhammānam anuppādāya chandam janeti vāyamati, viriyam ārabhati, cittam pagganhāti padahati. Uppannānam pāpakānam akusalānam dhammānam pahānāya chandam janeti vāyamati, viriyam ārabhati, cittam pagganhāti padahati. Anuppannānam kusalānam dhammānam uppādāya chandam janeti vāyamati, viriyam ārabhati, cittam pagganhāti padahati. Uppannānam kusalānam dhammānam thitiyā asammosāya bhiyyobhāvāya vepullāya bhāvanāya pāripūriyā chandam janeti vāyamati, viriyam ārabhati, cittam pagganhāti padahati. Ayam vuccati, bhikkhave, sammā-vāyāmo.

katama which? ca and

bhikkhu m monk (voc pl)

sammā adv rightly vayama m effort idha here

an-uppanna not arisen (gen pl); uppanna arisen

(p p to uppajjati be produced)

papaka bad, evil (gen pl)

a-kusala improper, not suitable (gen pl);

kusala skilful, appropriate

dhamma m idea, psychological state or process (gen pl)

an-uppada m non-appearance (dat sg)

chanda m intention, will janeti produce, cause vāyamati endeavour, strive

viriya nt energy

ārabhati begin, undertake viriyam ārabhati make an effort

citta nt mind

pagganhati stretch forth, exert, strain

padahati exert

pahana nt abandoning, rejection (dat sg "in order

to drive away")

uppāda m appearance (dat sg)

thiti f state, persistence, stabilizing (dat sg)

a-sammosa m absence of confusion (dat sg) bhiyyo-bhāva m becoming (bhāva) more (bhiyyo),

increase (dat sg)

vepulla nt abundance, fullness (dat sg) bhāvanā f developing, cultivation (dat sg)

paripuri f completion (dat sg)

ayam this

vuccati is called

Monks, what is right effort?

Monks, with regard to this the monk makes a resolution and an effort, mobilizes energy, concentrates and forces his mind, in order that evil and inappropriate mental processes, that have not yet arisen, may not be produced. He makes a resolution and an effort, mobilizes energy, concentrates and forces his mind, in order to expell evil and inappropriate mental processes that have already arisen. He makes a resolution and an effort, mobilizes energy, concentrates and forces his mind in order that skilful mental processes, that have not yet arisen, may be produced. He makes a resolution and an effort, mobilizes energy, concentrates and forces his mind in order that skilful mental processes that have already arisen may be stabilized, gain clarity, reach full growth, development and completeness.

Monks, this is called right effort.

Notes

anuppādāya, dat sg "for the non-appearance of" (+ gen pl), a way of expressing purpose; we would say: "in order that evil and inappropriate mental processes that have not arisen may not be produced".

The word <u>dhamma</u> is used in many senses; one of the most common is "idea", "mental image", "conscious content", "conscious process". In this context it is usually translated by "state". However, the Buddha's view of personality was dynamic. He found no states, only processes. Strictly, only nirvana is a state, i e something static. What is meant here is the stream of mental contents or processes: images, feelings, wishes, of which some lead to development (they are "skilful"), others to deterioration (they are "inappropriate").

The Buddha's view of the internal processes was causal: every process

is caused by another process and will itself give rise to a further process, and so on. Since this was true also on the ethical plane, every process could be viewed as "reward" or "punishment" of an earlier process, just as motor trouble can be viewed as a "punishment" for taking bad care of the car. Therefore, our moral development and our future in general is a natural consequence of the nature of the internal processes; so it is not necessary to call them "good" or "bad". In fact, these words are often replaced by kusala and akusala, i e "skilful" and "unskilled", or "appropriate" and "inappropriate".

36. RIGHT MINDFULNESS (Digha Nikaya II 292)

Bhikkhu gacchanto vā "Gacchāmīti" pajānāti, thito vā "Thito mhīti" pajānāti, nisinno vā "Nisinno mhīti" pajānāti, sayāno vā "Sayāno mhīti" pajānāti. Yathā yathā vā pan assa kāyo paņihito hoti, tathā tathā nam pajānāti.

Iti ajjhattam va kaye kayanupassi viharati, bahiddha va kaye kayanupassi viharati, ajjhatta-bahiddha va kaye kayanupassi viharati. Samudaya-dhammanupassi va kayasmim viharati, vaya-dhammanupassi va kayasmim viharati, samudaya-vaya-dhammanupassi va kayasmim viharati. "Atthi kayo" ti va pan'assa sati paccupatthita hoti yavad eva nanattaya patissati-mattaya. Anissito ca viharati na ca kinci loke upadiyati.

Gate thite nisinne sutte jāgarite bhāsite tuņhībhāve sampajana-kārī hoti.

bhikkhu m monk

gacchati go (gacchanto pres part nom sg "going")

vā · · · vā either · · · or

iti so (ends quotation)

pajānāti know

thita standing, upright (p p of titthati stand)

amhi I am

thito'mhi I am standing

nisinna sitting (p p of nisidati sit)

sayāna lying down (pres p med of <u>sayati</u> lie down)

yathā yathā ... tathā tathā however · · · so

vā or pana fur

pana further assa his (gen sg to <u>so</u> he)

kāya m body

panihita placed, directed (p p to panidahati,

put down, direct)

hoti

nam it (acc sg of pron eso this)

iti so

ajjhattam adv inwardly, introspectively

anupassin observing (nom sg)

viharati stay, continue

bahiddhā adv outside, externally

samudaya m origination

dhamma m phenomenon, thing

kāya m body (loc sg) vaya m loss, decay

atthi there is

f mindfulness, consciousness assa dat and gen sg m to ayam this

paccupatthita p p established, present

yāvad eva at least, as far as ñāṇa nt understanding

matta f measure (mattaya dat sg "for the purpose of")

[S matra]

pațissati f memory, mindfulness [S prati – $\sqrt{\text{smr}}$] anissita independent [S a-niśrita]

na kiñci nt nothing

loka m world (loc sg) upādiyati cling to, grasp

gata gone (p p of gacchati go; absolute loc =

"when he goes")

thite when he stands nisinne when he sits

supati sleep (sutte p p loc sg, when he sleeps)

 $[S \sqrt{svap}]$

jāgarati be awake (jāgarite p p loc sg, when he is awake)

bhāsati speak (<u>bhāsite</u> p p loc sg, when he speaks) tuṇhī-bhāva m silence (loc sg) [S tūṣṇīm]

sampajana attentive, conscious

karin making, acting; sampajana-karin, acting with

full attention

When going, the monk knows "I am going", or, when standing, he knows "I am standing", or, when sitting, he knows "I am sitting", or, when lying down, he knows "I am lying down". Or in whatever position his body is placed, he is aware of it.

So he continues to observe the body in the body inwardly, or he continues to observe the body in the body externally, or he continues to observe the body in the body both inwardly and externally. He continues to observe growth-tendencies in the body, or he continues to observe decay-tendencies in the body, or he continues to observe tendencies to both growth and decay in the body. But so is established in him the consciousness "There is the body", at least enough for understanding and mindfulness. And he remains independent and does not cling to anything in the world.

Whether he goes, stands or sits, sleeps or is awake, speaks or is silent, he is acting with full attention.

Notes

kāye kāyānupassī has been translated in different ways. The PTS Dictionary gives the translation "contemplating the body as an accumulation". This does not seem satisfactory, since the text uses parallel expressions about the mind and the feelings: citte cittānupassī, vedanāsu vedanānupassī. The English translation by T.W. and C.A.F. Rhys Davids says "So does he, as to the body, continue to consider the body". In this translation, kāye is understood as the locative expressing reference. This is not an uncommon function and the interpretation may be correct. Another literal translation would be "observing the body in the body", whatever that means. It may be just an idiom for concentrated attention. Or one might be reminded of a phrase in Udana p 8: ditthe ditthamattam bhavissati "in the seen, there shall be just the seen". We could translate this passage in a similar way, "considering the body as body (and nothing else)". This translation would be in good agreement with the Buddhist recommendation to avoid feelings and involvement with regard to things perceived.

ajjhattam · · · bahiddhā, "internally - externally", probably means, "from the inside (by calling to mind all kinds of internal sensations from the body) · · · from the outside (by calling to mind all external aspects of the body)".

The basic idea in the <u>sati</u>-exercises here described is that the bodily or mental processes should be closely followed by means of conscious observation. In this way, consciousness is focussed on the present moment and on the personal phenomena. This self-observation is practiced until it becomes a habit. In this way, the person learns to know himself and to expell from his mind everything that is distant or disturbing. It is a method that finally leads to full control over the conscious processes and so to freedom from dependence and freedom from anxiety.

37. IRRADIATION OF FRIENDLINESS, COMPASSION, TENDERNESS, AND EQUANIMITY (Digha Nikaya III 223 f)

Idh', avuso, bhikkhu metta-sahagatena cetasa ekam disam pharitva viharati, tatha dutiyam, tatha tatiyam, tatha catutthim. Iti uddham adho tiriyam sabbadhi sabbatthataya sabbavantam lokam metta-sahagatena cetasa vipulena mahaggatena appamanena averena avyapajjhena pharitva viharati.

Karuṇā-sahagatena cetasā ekam disam pharitvā viharati, tathā dutiyam, tathā tatiyam, tathā catutthim. Iti uddham adho tiriyam sabbadhi sabbatthatāya sabbāvantam lokam karuṇā-sahagatena cetasā vipulena mahaggatena appamāṇena averena avyāpajjhena pharitvā viharati.

Muditā-sahagatena cetasā ekam disam pharitvā viharati, tathā dutiyam, tathā tatiyam, tathā catutthim. Iti uddham adho tiriyam sabbadhi sabbatthatāya sabbāvantam lokam muditā-sahagatena cetasā vipulena mahaggatena appamāņena averena avyāpajjhena pharitvā viharati.

Upekhā-sahagatena cetasā ekam disam pharitvā viharati, tathā dutiyam, tathā tatiyam, tathā catutthim. Iti uddham adho tiriyam sabbadhi sabbatthatāya sabbāvantam lokam upekhā-sahagatena cetasā vipulena mahaggatena appamānena averena avyāpajjhena pharitvā viharati.

```
idha
                        here, now
āvuso
                        voc pl, friends!
bhikkhu
                        m monk
mettā
                        f friendliness, sympathy
                                                     [S maitra]
sahagata
                       "gone with", filled with (instr sg)
ceto
                        nt mind (instr sg)
eka
                        one
disā
                       f direction, quarter
pharati
                       pervade, fill (ger)
viharati
                        remain, continue
tathā
                   so, then
                       second
dutiya
                                                     [S dvitiya]
tatiya
                       third
                                                     [Strtiya]
catuttha
                       fourth (here: acc fem, ending in -i)
                                                     [S caturtha]
iti
                       SO
uddham
                       up, above
                                                     [Surdhva]
adho
                       down, below
                                                     [Sadhas]
```

tiriyam horizontally

sabbadhi everywhere, in all directions

sabbatthatā f the state of being everywhere (derived from

sabbattha everywhere). Here loc: "everywhere"

sabbavant whole, all (acc sg)

loka m world

vipula large, abundant (instr sg)

mahaggata "become (gata) great (mahant)", enlarged

appamāna immeasurable, endless

avera free from hate, mild, friendly [S vaira hate]

avyapajjha not injuring, kind

karuṇā f compassion

muditā f kindliness, gentleness, tenderness upekhā f neutrality, equanimity [S upa-√iks]

Friends, now the monk remains pervading one quarter, then a second, then a third and a fourth, with a mind filled with friendliness. Up, down, horizontally: in all directions, everywhere, he goes on pervading the whole world with a mind filled with friendliness, extensive, expanded, boundless, free from hate and malevolence.

He remains pervading one quarter, then a second, then a third and a fourth, with a mind filled with compassion. Up, down, horizontally: in all directions, everywhere, he goes on pervading the whole world with a mind filled with compassion, extensive, expanded, boundless, free from hate and malevolence.

He remains pervading one quarter, then a second, then a third and a fourth, with a mind filled with tenderness. Up, down, horizontally: in all directions, everywhere, he goes on pervading the whole world with a mind filled with tenderness, extensive, expanded, boundless, free from hate and malevolence.

He remains pervading one quarter, then a second, then a third and a fourth, with a mind filled with equanimity. Up, down, horizontally: in all directions, everywhere, he goes on pervading the whole world with a mind filled with equanimity, extensive, expanded, boundless, free from hate and malevolence.

Notes

pharitvā viharati, lit "he remains having pervaded ..." <u>Viharati</u> is often used together with ger and is then to be considered as an auxiliary verb expressing duration or continuous action. So translate "he remains pervading", "he goes on filling".

A person practicing meditation may experience an expansion of his consciousness, and a direct contact with the whole world is felt to be possible. In the exercise here described, the mind is brought to function in about the same way as a radio transmitter: radiations of friendliness, compassion, tenderness, and equanimity are transmitted in every direction.

38. THE FIRST OF THE NINE LEVELS OF CONCENTRATION (Digha Nikaya I 182)

So vivicc eva kāmehi vivicca akusalehi dhammehi savitakkam savicāram vivekajam pīti-sukham pathamajjhānam upasampajja viharati. Tassa yā purimā kāma-saññā sā nirujjhati. Vivekaja-pīti-sukha-sukhuma-sacca-saññā tasmim samaye hoti, vivekaja-pīti-sukha-sukhuma-sacca-saññā yeva tasmim samaye hoti.

so he

vivicca + abl, separated from

eva even

kāma m, nt sense-desire, sensual pleasure (abl pl)

akusala improper, unskilled (abl pl)

dhamma m thing, idea, conscious process (abl pl)

sa- with

vitakka m thinking, reflection

vicāra m investigation, examination viveka m detachment, seclusion

-ja born, produced

piti f joy, delight [S priti]

sukha nt happiness

pathama first

jhāna nt meditation [S dhyāna] upasampajjati attain (ger) [S -padya]

viharati remain, continue so he (<u>tassa</u> gen sg)

yā... sā that which ... that (f nom)

purima former, earlier

sañña f perception, consciousness

nirujjhati be dissolved, cease

sukhuma subtle, just noticeable [S sūkṣma]

sacca true, real

so that (tasmim loc sg)

samaya m time (loc sg)
hoti is, becomes

sannin conscious (nom sg m)

(y)eva even, just

Free from sense-desires and free from improper mental contents he enters and remains in the first meditation, a state of joy and happiness, born of seclusion, combined with analytic and investigating thought processes. The consciousness of desire which he formerly had, disappears. A subtle but real awareness of joy and happiness, born of seclusion, arises at that time and he becomes at that time subtly but truly aware of joy and happiness, born of seclusion.

Notes

jhana is a name for the first four levels of concentration. They are said to have been practiced before the time of the Buddha, and taken over by him.

The exact meaning of <u>vitakka</u> and <u>vicāra</u> is not very well known. They both refer to thought processes of a more analytical and differentiated type, working with details, and are therefore differentiated from <u>paññā</u> which refers to a synthetic and intuitive understanding. They both mean thinking as problem solving. Probably <u>vitakka</u> implies a first analytical phase of attention in which the problem is perceived and analyzed, while <u>vicāra</u> refers to a later, experimenting phase in which the relations between the parts are further explored.

Since texts No. 38-43 form a unit and to a great extent use the same vocabulary, the words are explained only once.

Puna ca param bhikkhu vitakka-vicārānam vūpasamā ajjhattam sampasādanam cetaso ekodibhāvam avitakkam avicāram samādhijam pīti-sukham dutiyajjhānam upasampajja viharati.

Tassa yā purimā vivekajam pīti-sukham sukhuma-sacca-saññā sā nirujjhati. Samādhija-pīti-sukha-sukhuma-sacca-saññā tasmim samaye hoti, samādhija-pīti-sukha-sukhuma-sacca-saññī yeva tasmim samaye hoti.

puna again
ca and
param further
bhikkhu m monk

vupasama m (abl: after) suppression, cessation

(of: gen) [S <u>vi-upa√śam</u>]

ajjhatta subjective, internal

sampasadana nt tranquillizing [S sam-pra-√sad]

ceto nt mind (gen sg)

ekodibhava m concentration to one point

a-vitakka free from thought

a-vicāra free from investigation samādhi-ja produced by concentration

dutiya second

And again the monk leaves the analytic and investigating thought processes and enters and remains in the second meditation, a state of joy and happiness, born of concentration, free from analysis and investigation, an inner tranquillity and one-pointedness of the mind. The subtle but real awareness of joy and happiness, born of seclusion, which he formerly had, disappears. A subtle but real awareness of joy and happiness, born of concentration, arises at that time, and he becomes at that time subtly but truly aware of joy and happiness, born of concentration.

40. THE THIRD LEVEL OF CONCENTRATION (Digha Nikaya I 183)

Puna ca param bhikkhu pītiyā ca virāgā upekhako ca viharati sato ca sampajāno, sukhañ ca kāyena patisamvedeti yan tam ariyā ācikkhanti: "Upekhako satimā sukha-vihārī ti", tatiyajjhānam upasampajja viharati. Tassa yā purimā samādhijam pīti-sukham sukhuma-sacca-saññā sā nirujjhati. Upekhā-sukha-sukhuma-sacca-saññā tasmim samaye hoti, upekhā-sukha-sukhuma-sacca-saññī yeva tasmim samaye hoti.

pīti f joy (gen sg)

virāga m indifference, fading away (abl sg: after) upekhaka disinterested, neutral [S upa-√iks,

"onlooking"]

sata mindful, conscious

sampajāna attentive

kāya m body (kayena instr "with his body" =

"in his body")

patisamvedeti feel, experience

yan tam (= yam tam) that which, "just so as"

ariya noble

acikkhati tell, describe (pres ind 3 pl) satimant conscious, mindful (nom sg) sukha-viharin dwelling in happiness (nom sg)

ti marks end of quotation

tatiya third

upekhā f neutrality, equanimity

And again the monk leaves his feeling of joy and becomes neutral; he remains mindful and attentive, and he feels happiness in his body, just like the noble ones describe, "Neutral and mindful he is dwelling in happiness"; so he enters and remains in the third meditation. The subtle but real awareness of joy and happiness, born of concentration, which he formerly had, disappears. A subtle but real awareness of the happiness of equanimity arises at that time, and he becomes at that time subtly but truly aware of the happiness of equanimity.

Note

<u>ariyā</u>, "the noble ones": frequently used as a synonym for <u>arahant</u>, "worthy", "perfect", a person who has attained nirvana, the ultimate goal of Buddhism.

41. THE FOURTH LEVEL OF CONCENTRATION (Digha Nikaya I 183)

Puna ca param bhikkhu sukhassa ca pahānā dukkhassa ca pahānā pubb 'eva somanassa-domanassānam atthagamā adukham asukham upekhā-sati-pārisuddhim catutthajjhānam upasampajja viharati. Tassa yā purimā upekhā-sukha-sukhuma-sacca-saññā sā nirujjhati. Adukkha-m-asukha-sukhuma-sacca-saññā tasmim samaye hoti, adukkha-m-asukha-sukhuma-sacca-saññī yeva tasmim samaye hoti.

pahāna nt leaving (abl sg)

pubba former (here pubbe loc sg formerly, before)

somanassa nt happiness, joy

domanassa nt distress, dejectedness (gen pl)

atthagama m "going (gama) home (attha)", disappearance

a-dukkha free from discomfort a-sukha free from pleasure

sati f mindfulness

parisuddhi f purity catuttha fourth

And again the monk leaves the feeling of pleasure and he leaves the feeling of discomfort; his former feelings of ease and distress disappear; he enters and remains in the fourth meditation, a pure state of equanimity and mindfulness free from pain and pleasure. The subtle but real awareness of the happiness of equanimity which he formerly had, disappears. A subtle but real awareness of freedom from pain and pleasure arises at that time, and he becomes at that time subtly but truly aware of freedom from pain and pleasure.

42. THE FIFTH, SIXTH AND SEVENTH LEVELS OF CONCENTRATION (Digha Nikaya I 183)

Puna ca param bhikkhu sabbaso rūpasaññānam samatikkamā paṭigha-saññānam atthagamā nānatta-saññānam amanasi-kārā "ananto ākāso" ti ākāsānañcāyatanam upasampajja viharati.

Puna ca param bhikkhu sabbaso ākāsānancāyatanam samatikkamma "anantam vinnānan" ti vinnānānancāyatanam upasampajja viharati.

Puna ca param bhikkhu sabbaso viññāṇānañcāyatanam samatikkamma "n'atthi kiñcīti" ākiñcaññāyatanam upasampajja viharati.

sabbaso altogether (abl to sabba all)

rupa nt form

saññā f perception, consciousness, ideation (gen pl)
samatikkama passing beyond (abl sg: "having passed beyond")
patigha m, nt sensory reaction [Sprati-√han]

nanatta m, nt diversity, manifoldness

a-manasikāra m inattentiveness (abl sg; a- not, kāra making,

manas mind)

an-anta endless

ākāsa m sky, space ānañca m infinity

ayatana nt extent, sphere, dimension

samatikkamati transcend (ger) viññāṇa nt consciousness

n'atthi there is not kiñci nt something iti quotation mark

ākincanna nt nothingness, emptiness

And again the monk altogether transcends the ideation of form; ideation depending on stimulation disappears; ideation of diversity is no longer noticed; thinking, "the space is endless" he enters and remains in the dimension of the infinity of space.

And again the monk altogether transcends the dimension of the infinity of space; thinking "consciousness is endless" he enters and remains in the dimension of the infinity of consciousness.

And again the monk altogether transcends the dimension of the infinity

of consciousness; thinking, "nothing exists" he enters and remains in the dimension of nothingness.

Notes

rupasaññanam: sañña here refers to all types of mental representations of form, both perceived and remembered and imagined, in German "Vorstellung", we might say "ideation".

patigha-sañña is consciousness depending on external stimulation, i e perception; the monk no longer perceives anything.

These levels describe a certain psychological progress. The meditating monk starts from a rather normal conscious state made up of the usual stream of images, thoughts, perceptions, needs, feelings and emotions. On the first level of concentration, desires and unethical ideas are eliminated, on the second level thought processes disappear, then joy, and then feelings of pain and pleasure. When he enters the fifth level, he is neutral, i e free from needs and feelings, and begins to deal with his images and ideas: he tries to eliminate all details and differentiations; as a means to this end he tries to visualize the endless space. But this is still something external, and on the sixth level, it is replaced by something internal: the empty consciousness itself is visualized as endless. But this is still a visualization, an idea, however formless and vague, and the goal is not attained until even this is transcended. Two intermediary levels are needed in order to attain this: on the seventh level nothingness is visualized, freedom even from consciousness. But this is still an idea, the thinnest, vaguest, emptiest. It is on the verge of disappearing on the eighth level, and, if successful, the monk then finally enters into the final level, sannavedayitanirodha, "the cessation of ideation and feeling". This is not a state of unconsciousness as is often maintained, neither of trance, but a state of absolute stillness and clarity, of undifferentiated holistic alertness. It is still not nirvana, only a means to attain nirvana.

For a description of these highest levels of concentration we turn to Anguttara Nikaya IV 448, where the Buddha relates how he himself attained to his goal with the help of these levels.

43. THE EIGHTH AND NINTH LEVELS OF CONCENTRATION (Anguttara Nikaya IV 448)

So kho aham aparena samayena sabbaso nevasaññānāsaññāyatanam samatikkamma saññāvedayitanirodham upasampajja viharāmi, pannāya ca me disvā āsavā parikkhayam agamamsu.

Yato ca kho aham imā nava anupubbavihārasamāpattiyo evam anulomapatilomam samāpajjim pi vutthahim pi, athāham sadevake loke samārake sabrahmake sassamanabrāhmiņiyā pajāya sadevamanussāya anuttaram sammāsambodhim abhisambuddho paccaññāsim. Nānañ ca pana me dassanam udapādi: "akuppā me cetovimutti, ayam antimā jāti, n'atthi dāni punabbhavo" ti.

so ... aham I myself
kho indeed, then
apara another, later
samaya m time (instr sg)
aparena samayena later on, afterwards

neva (= na eva) ... na neither ... nor $a-sa\tilde{n}\bar{a}$ f non-ideation

āyatana nt extent, dimension

vedayita p p nt what is felt, feeling nirodha m suppression, cessation paññā f understanding (instr sg)

me instr to aham I

dassati see, med-pass <u>dissati</u> see (for oneself), to

which disva ger "having seen (for myself)"

āsava m influx, obsession

parikkhaya m decay, disappearance gacchati go (agamaṃsu 3 pl aor)

parikkhayam gacchati "go to waste", i e disappear

yato when

ima (acc pl f) these

nava nine

anupubba successive, gradual vihāra m sojourn, state samāpatti f attainment (acc pl)

evam so, in this way

anuloma "with the hair", i e in natural order, forward

patiloma "against the hair", i e in reverse order,

backward (here adv)

samāpajjati attain (samāpajjim: aor 1 sg)

pi ... pi both ... and

vuṭṭhahati emerge from (aor 1 sg) [S <u>ud-√sthā</u>]

atha then

sa-deva-ka together with (sa-) the gods (deva)

loka m world (loc sg)

sa-māra-ka together with (<u>sa</u>-) Māra sa-brahma-ka together with Brahma

sa-ssamaṇa-brāhmaṇī together with recluses and brahmins (-ī adj suffix

in f; here loc sg)

samana m recluse

brāhmana m member of the priest caste, brahmin

paja f offspring, mankind (loc sg)

sa-deva-manussa together with gods (or kings) and men (loc sg)

an-uttara "nothing higher", i e incomparable, unsurpassed

sammā rightly, perfectly

sambodhi f the highest insight (acc sg)

abhisambuddha m one fully awakened, one who has completely

understood (abhi, lit "over")

patijānāti realize, understand (paccannāsim aor 1 sg)

nt insight, understanding (nom sg)

ca pana and

me dat sg to aham I dassana nt seeing, insight

uppajjati arise (udapādi 3 sg aor)

a-kuppa immovable, safe

me to me

ceto-vimutti f liberation of mind

ayam this

antima last, final jāti f birth

n'atthi there is not

dāni now

punabbhava m new birth

ti marks end of quotation

Thereafter I altogether transcended the dimension of neither-ideation-nor-non-ideation and entered and remained in the cessation of ideation and feeling. And when I got insight through understanding, he obsessions were expelled.

But when I had entered into and emerged from the attainment of these nine successive states, both forwards and backwards, then I completely understood and I attained the highest insight, which is unsurpassed in the world (with its gods, Māra and Brahma) and among mankind (with recluses, brahmins, gods and men). And the understanding and insight came to me, "Unshakeable is the liberation of my mind, this is my last birth, now there is no return".

Notes

nevasaññanasaññayatanam, analyze: na- eva- sañña- na- asañña- āyatanam "the dimension which is neither ideation nor non-ideation".

Asava is a term difficult to translate. The literal meaning is probably "influx". In Buddhist doctrine, it is used as a common term for four ideas which tend to fill the mind and prevent the attainment of nirvana: kama, sensuality, bhava, rebirth, ditthi, false doctrine, and avijja, ignorance. These are usually mentioned as the last obstacles in the progress of the Buddhist aspirant. A tolerably good word in our language might be "obsessions".

imā nava anupubbavihārasamāpattiyo: "these nine successive-state-attainments"; we prefer to say "the attainment of these nine successive states".

deva means god, but in Indian literature it is also frequently used about kings.

Māra: the god of death and of temptation. Brahma: the supreme god according to Hindu mythology. Brahmin: a member of the highest caste in Hindu society, the caste of priests (although not every member was a priest).

It becomes clear from our text that nirvana is not identical with the highest level of concentration. It is just as essential that the <u>asava</u> are expelled and that full understanding is reached.

44. THE STATE OF EMPTINESS (Majjhima Nikaya III 293 f)

Eka-m-antam nisinnam kho ayasmantam Sāriputtam Bhagavā etad avoca: Vippasannāni kho te, Sāriputta, indriyāni parisuddho chavivanņo pariyodāto. Katamena tvam, Sāriputta, vihārena etarahi bahulam viharasīti?

Suññatāvihārena kho aham, bhante, etarahi bahulam viharāmīti. Sādhu sādhu, Sāriputta. Mahāpurisavihārena kira tvam, Sāriputta, etarahi bahulam viharasi. Mahāpurisavihāro h'esa, Sāriputta, yadidam suññatā.

ekamantam adv on one side, "at a respectful distance"

(eka, one, anta m end)

nisinna sitting (p p to nisidati sit)

kho indeed, then

āyasmant venerable (acc sg)

Sariputta m one of the principle disciples of the Buddha

bhagavant lit fortunate; m master (nom sg)

etad nt this

vatti say (avoca 3 sg aor)

vippasanna pure, clear (nom pl nt) [S vi-pra-/sid]

te your

indriya nt controlling power, sense function

parisuddha pure chavi f skin

vanna m colour; chavi-vanna complexion

pariyodāta very clean katama which? tvam you

vihāra m abode, state (instr sg)

etarahi now

bahula much (adv)

viharati stay, dwell (pres 2 sg)
ti marks end of quotation
suñnatā f emptiness (suñna empty)

bhante voc sir!

sadhu good

mahā-purisa m great man

kira adv surely, truly

hi for esa this yad idam namely

When the venerable Sariputta had taken his seat at a respectful distance, the Master said this to him, "Sariputta, your countenance is calm, and your complexion is pure and radiant. In which state do you now dwell much, Sariputta?"

"Sir, now I dwell much in the state of emptiness".

"Good, good, Sariputta! Surely you now dwell much in the state of great men. For this, Sariputta, is the state of great men, namely emptiness".

Notes

Indriya is a word for "trait" and "function", esp. "sensory function". But what the Buddha here noticed when looking at Sariputta was a special expression in his face: we therefore translate by "expression" or "countenance".

"Emptiness" is defined in different ways in the Buddhist literature. Here it may refer to the highest level of concentration, i e a state of fixed, undifferentiated, global awareness. The same question is namely found also in other contexts, where it is answered by referring to exercises in meditation. But another type of emptiness is also mentioned, namely freedom from obsessions (asava, cf text No. 43). In this case it is a synonym to nibbana.

Tañ-ce avuso bhikkhum pare anitthehi akantehi amanapehi samudacaranti, pānisamphassena pi leddusamphassena pi dandasamphassena pi satthasamphassena pi, so evam pajānāti: Tathābhūto kho ayam kāyo yathābhūtasmim kāye pāņisamphassā pi kamanti, leddusamphassā pi kamanti, dandasamphassā pi kamanti, satthasamphassā pi kamanti. Vuttam kho pan etam Bhagavatā Kakacupamovāde: Ubhatodandakena ce pi bhikkhave kakacena corā ocarakā angamangāni okanteyyum, tatra pi yo mano padoseyya na me so tena sāsanakaro ti. Āraddham kho pana me viriyam bhavissati asallinam, upatthitā sati asammutthā, passaddho kāyo asāraddho, samāhitam cittam ekaggam. Kāmam dāni imasmim kāye pāņisamphassā pi kamantu, leddusamphassā pi kamantu, dandasamphassā pi kamantu, satthasamphassā pi kamantu, karīyati h'idam buddhanam sasanan-ti.

```
that (ta\tilde{n}-=tam, acc sg m)
                        if
ce
āvuso
                        (voc pl m) friends
bhikkhu
                        m monk
                        other (nom pl)
para
                        not wanted, unpleasant (p p of icchati, instr pl)
an-ittha
a-kanta
                        not loved, undesirable (p p of kāmeti)
a-manapa
                        not pleasant
sam-ud-ācarati
                        behave towards
                        m hand
pāņi
samphassa
                        m contact, impact, "blow" (instr sg)
(a)pi . . . (a)pi
                        both ... and
leddu
                        m clod of earth
danda
                        m wooden stick
sattha
                        nt weapon, sword
                                                           [S sastra]
                        he (nom sg m of sa)
SO
evam
                        SO
pajānāti
                        know, understand
tathā-bhūta
                        become such (bhūta p p of bhavati, become)
kho
                        indeed
```

sa

ayam

kāya

demonstr pron this

body m

yatha-bhuta: tatha ... yatha, such ... that

kamati walk; affect (with loc). "This body has become

such that blows from a hand affect such a body · · · ''

vutta said (p p of vatti say)

then, but, further etam n this (esa m esa f)

bhagavant adj fortunate; common epithet of the Buddha

(instr): "Master"

kakaca m saw upamā f parable

ovada m instruction (loc: "in the saw-parable instruc-

tion" i e, "in the instruction containing the

parable of the saw")

ubhato abl of <u>ubho</u> both; in compounds: twofold, double dandaka m stick, handle; lit: "a small rod from both

(ends)"; the compound is possessive

pi even

bhikkhave voc pl monks!

cora m thief

ocaraka m spy, bandit

anga nt limb; anga-m-angani limb by limb

okantati cut off (opt 3 pl) [S ava-kṛntati]

tatra there, in this ya rel pron who

mano nt mind, internal sense

padoseti causative verb derived from padosa m hatred,

transl "make hateful", "fill with hate"

[S pradveșa]

na not

me enclitic gen of aham I tena nt, instr sg from sa that, he

sasana nt teaching

-kara making, realizing, complying with

(i)ti thus (marks end of statement)

āraddha begun, firm; p p of <u>ārabhati</u> begin;

viriyam arabhati make an effort

viriya nt energy, vigour, effort

bhavati become (fut)

a-sallina not sluggish, active, unshaken

upatthita got ready, established; p p of upatithati put up

sati f mindfulness, attention

a-sammuttha not confused; p p of mussati become bewildered

[S/mrs]

passaddha composed, quieted; p p to passambhati,

calm down

a-sāraddha not excited

samāhita composed, firm, attentive; p p to samādahati

put together; cittam samādahati concentrate

the mind

citta nt mind

ekagga one-pointed, calm (eka one, agga nt top)

kāma m nt pleasure, love; kāmam acc as adv gladly

(i)dāni adv now

ayam this (imasmim m loc sg)

kamantu imper 3 pl from kamati affect [S/kram]

karoti do, make; 3 sg pres ind pass: kariyati

"is being done"

hi

idam nt sg to ayam this buddha awakened (gen pl)

Friends, if others behave in unpleasant, undesirable and nasty ways towards that monk, through blows from hands, clods of earth, sticks, or weapons, then he knows: "This body is such that blows from hands affect it, blows from clods of earth affect it, blows from sticks affect it and blows from weapons affect it. But exactly this was said by the Master in the instruction containing the parable of the saw, 'Monks, if thieves and bandits should cut off limb by limb with a two-handled saw, then whoever would fill his mind with hate would not follow my teaching thereby'. - Indeed, by me an unflinching effort shall be made, undisturbed mindfulness shall be established, the body shall be calm and relaxed, the mind shall be firm and one-pointed. Now let by all means blows from hands hit this body, let blows from clods of earth hit it, let blows from sticks hit it, let blows from weapons hit it; for this teaching of the Buddhas is being followed."

Notes

This text is taken from a discourse by Sariputta, one of the chief disciples of the Buddha. - "that monk": just before our text it is described how a monk makes it clear to himself that his body is impermanent and that there is nothing personal, nothing that really concerns him in it. This thought makes him happy and relaxed. - "The parable of the saw": the quotation is from M I 129. - The Buddhist way of meeting hostilities and physical pains is, then, meditation and a causal analysis of the origins of the pain.

anitthehi akantehi amanāpehi: "and" is frequently omitted; the words are to be understood as n pl "unpleasant ... things or ways"; it is the frequent idiomatic group ittha kanta manāpa negated; the group means approximately "pleasant things".

46. A NUN TELLS HER STORY (Therigatha, verses 78-81)

Pariyuţţhitā kilesehi sukhasannānuvattinī, samam cittassa nālabhim rāgacittavasānugā. Kisā pandu vivannā ca satta vassāni cāri ham, nāham divā vā rattim vā sukham vindim sudukkhitā.

Tato rajjum gahetvāna pāvisim vana-m-antaram: varam me idha ubbandham yañ ca hīnam pun ācare. Daļhapāsam karitvāna rukkhasākhāya bandhiya, pakkhipim pāsam gīvāyam, atha cittam vimucci me.

pariyuṭṭhita	(p p to pari + utthahati rise) full of (+ instr,
	here nom sg f)
kilesa	m impurity, defect, shortcoming (instr pl)
	[S kleśa]
sukha	pleasant
sannā	f perception, experience
anuvattin	following, hunting (nom sg f)
sama	m calmness [S\sigmasiam]
citta	nt mind (gen sg)
na	not
labhati	receive, acquire (alabhim aor 1 sg)
rāga	m passion, desire; raga-citta a mind full
	of desire
vasa	m, nt power, influence [S vaśa]
anuga	following, being under the influence of
vasānuga	in the power of
kisa	lean, emaciated [S kṛśa]
paṇḍu	pale
vivaņņa	colourless
ca	and
satta	seven [S sapta]
vassa	nt year (acc pl) [S varṣa]
carati	move, live (<u>cāri</u> aor 1 sg)
aham	
na vā vā	neither nor
divā	adv by day
rattim	adv by night

find (vindim aor 1 sg) vindati very unhappy (nom f sg) su-dukkhita

then tato

f rope (acc sg) rajju

grasp, take (gahetvāna ger, 'having taken'') ganhati

enter (pavisim aor 1 sg) pavisati

nt forest vana

nt inside ("to the inside of the forest" = into antara

the forest)

excellent vara

(it is) better ... than varam (nt)... yam

me acc me idha here

ubbandhati hang up, strangle (pres p)

than that · · · (+ opt) yan ca hīna low, miserable

again puna

practice, indulge in (acare opt 1 sg) acarati

dalha S drdha strong [S pāśa] pasa m snare, noose

karoti make (karitvāna ger, "having made")

rukkha [S vrksa] m tree sakha [S śākha] f branch (loc sg)

bind (bandhiya ger, "having bound") bandhati

pakkhipati throw into, place around (pakkhipim aor 1 sg) [S griva]

giva f neck (loc sg)

atha then

vimuccati (pass to vi-muñcati liberate) become free (aor 3 sg pass) gen "my", or dat "for me" me

> Full of defects and hunting for happiness, I did not win calmness of mind, because I was in the power of my sensual mind.

Emaciated, pale and colourless I lived for seven years. Very unhappy, I could not find happiness, neither by day nor by night.

Then I took a rope and went deep into the forest, "It is better that I hang myself here than that I again pursue (= continue) the misery".

When I had made a strong noose and bound it to a branch of a tree, I placed it around my neck: then my mind became free.

Note

This text is quoted from Therigatha, "Psalms of the Nuns", which consists of a collection of poems attributed to different nuns from the earliest order (sangha). There is also a "Psalms of the Monks" (Theragatha), see texts No. s 48-49.

"My mind became free": another expression for the attainment of nirvana. The text tells us something about the nature of nirvana: it will not always come as a natural result of a planfully completed program, as we have seen in earlier quotations, but it may come, even at unexpected moments, as a sudden experience of clarity and new meaning.

47. THE BUDDHA RELATES HOW HE ATTAINED NIRVANA (Majjhima Nikaya I 167)

Attanā sankilesadhammo samāno sankilesadhamme ādīnavam viditvā asankiliṭṭham anuttaram yogakkhemam nibbānam pariyesamāno asankiliṭṭham anuttaram yogakkhemam nibbānam ajjhagamam. Nāṇañ-ca pana me dassanam udapādi: Akuppā me vimutti, ayam antimā jāti, n'atthi dāni punabbhavo 'ti.

attā m self (instr sg)

sankilesa m impurity dhamma m nature

samāna being (pres p to atthi, is)

ādīnava m danger, disadvantage (acc sg)

vindati find, understand (viditva ger having understood)

a-sankiliṭṭḥa unstained an-uttara unsurpassed

yogakkhema nt rest (khema) from work (yoga m), peace

from bondage [S kṣema]

nibbana nt, nirvana, the goal of Buddhism

pariyesati seek (pres p) [S <u>pari-ā-√iṣ</u>]

adhigacchati go to, attain (aor 1 sg)

ñana nt understanding, knowledge

ca and

pana further, then

me to me dassana nt insight

uppajjati arise (<u>udapādi</u> aor 3 sg)

akuppa unshakeable, steadfast (nom sg f)

me my

vimutti f release, liberation

ayam m and f this antima last, final f birth

na atthi there is not dāni adv now

punabbhava m renewed existence ti marks end of quotation Being impure by nature, through my own doing, I understood the danger in being impure. Seeking the stainless, incomparable peace: nirvana, I attained the stainless, incomparable peace: nirvana. And then the knowledge and insight came to me: "Unshakeable is my release, this is my last birth, now there is no coming back".

Notes

attana, "because of the self", "by my own doing".

sankilesa-dhamma possessive compound: "having impurity-nature", "being impure by nature"; sankilesa-dhamme loc sg, "in impurity-nature", i e in being impure by nature.

Our quotation is only a small part of a larger context, where exactly the same formulation is used about "liability to birth", "liability to ageing", "liability to decay", "liability to dying" etc.

The exact meaning of yoga is uncertain. From a linguistic point of view it is quite possible to translate "peace through <u>yoga</u> exercises", but in Buddhist literature the word yoga is not used for meditation.

The text proves that the Buddha attained nirvana in the moment of the so-called "enlightenment". This is important for the definition of the word nirvana. We are never told that he again left or emerged from nirvana. So it probably refers to a permanent state. Cf the following quotations.

48. NIRVANA (Theragatha, verse 79)

Sabbo rago pahino me sabbo doso samuhato, sabbo me vigato moho; sitibhuto 'smi nibbuto.

sabba

all, every

rāga

m desire, passion

pahina

p p abandoned (from pajahati leave)

me

from me, by me

dosa

m hate

samūhata

p p removed (from samuhanati remove)

vigata

p p gone away, ceased (from vigacchati depart)

moha

m illusion

sīta

cool

[S sita]

bhūta

p p become (to hoti is, becomes)

sitibhūta

cool, calm

asmi

Iam

nibbuta

extinguished (of fire), having attained nibbana

All desire has been abandoned by me.

All hate is removed.

All illusion has disappeared from me. I am cool and have attained nirvana.

Note

The state called nirvana has got its name from a simile: a fire that is extinguished. Nirvana means extinction. When the internal fire (the desire to live, the aggressiveness, the illusion) has been extinguished, one becomes "cool", i e neutral and balanced.

49. HAPPINESS (Theragatha, verse 227)

Susukham vata nibbanam sammasambuddhadesitam, asokam virajam khemam yattha dukkham nirujjhati.

susukha very pleasant; nt highest happiness

vata certainly

samma rightly, perfectly

sambuddha having thoroughly understood desita p p taught (to <u>deseti</u> teach)

a-soka free from sorrow

viraja stainless

khema nt peace, security

yattha where

dukkha nt suffering

nirujjhati be dissolved (pass to <u>nirundhati</u> destroy)

The highest happiness is indeed nirvana, which has been taught by him who has perfectly understood, the sorrow-less, stainless security where suffering is dissolved.

50. NIRVANA IS WITHIN REACH (Therigatha, verses 511-513)

Ajaramhi vijjamāne kin tava kāmehi ye sujarā? Maranabyādhigahitā sabbā sabbattha jātiyo. Idam ajaram idam amaram idam a-jarā-marana-padam asokam, asapattam asambādham akhalitam abhayam nirupatāpam. Adhigatam idam bahūhi amatam ajjāpi ca labhanīyam idam.

a-jara nt freedom from old age (loc sg) vindati find (vijjamāne loc sg pres p pass)

kim what?

tava (dat of <u>tvam</u>) for you kāma m or nt, pleasure

ya rel pron, who, which (nom pl)

sujara quickly ageing (nom pl)

maraṇa nt death byādhi m illness

byādhi m illness [S vyādhi]

gahita p p seized (from ganhati grasp)

sabba all

sabbattha everywhere

jāti f birth, life (nom pl)

idam nt this

a-mara free from death

jarā f old age

pada nt way, characteristic, "state"

a-soka free from sorrow a-sapatta without enmity

a-sambādha not crowded, unobstructed

a-khalita undisturbed a-bhaya without fear nir-upatāpa free from pain

adhigata p p attained (to adhigacchati go to) bahu much, many (instr pl: by many)

a-mata free from death (mata p p of marati die)

ajja today [S <u>adya</u>]

api even ca and

labhaniya f p p attainable (to labhati attain)

When freedom from old age is found, what use have you for pleasures that quickly grow old? All lives, everywhere, are caught by death and illness. This is freedom from old age, this is freedom from death, this is the state without old age and death, without sorrow, without enmity, without obstacle, without disturbance, without fear, without pain. This state without death has been attained by many: even today it may be attained.

Notes

Ajaramhi vijjamāne: absolute loc, "when freedom from old age is found".

The idea "What is the use of" is expressed by kim + dat of the person + instr of the thing. Here: "What use have you for pleasures?"

amara does not imply that a person who has attained nirvana shall not die physically. It means rather a state without rebirth. A man who is not reborn cannot again grow old and die. "Immortality" is therefore not a good translation.

51. THE UNBORN (Udana, p 80)

Atthi, bhikkhave, ajātam abhūtam akatam asankhatam, no ce tam, bhikkhave, abhavissa ajātam abhūtam akatam asankhatam, na yidha jātassa bhūtassa katassa sankhatassa nissaranam paññāyetha. Yasmā ca kho, bhikkhave, atthi ajātam abhūtam akatam asankhatam, tasmā jātassa bhūtassa katassa sankhatassa nissaranam paññāyatī 'ti.

atthi there is

bhikkhu m monk (voc pl)

a-jāta not born (p p to janati produce, nt nom sg)

a-bhūta not become (p p to <u>bhavati</u> become) a-kata not made (p p to karoti make)

a-sankhata not put together (p p to sankharoti, put together,

create)

no but not, and not

ce if that

bhavati become, be (abhavissa cond 3 sg "there had been")

na not (y)idha here

jāta born (gen sg)

bhūta become kata made sankhata compound

nissarana nt escape (+ gen = from)

pannayati be known (pass to pajanati understand;

pannayetha opt med 3 sg "would be known")

yasmā because, since (rel pron abl sg)

ca and kho indeed

tasmā therefore (pron sa, he, that, abl sg)

ti marks end of quotation

Monks, there is something that is not born, not become, not made, not compound. For, monks, if there had not been this which is not born, not become, not made, not compound, then an escape from the born, the become, the made, the compound, would not be known here. But, monks, since there is something not born, not become, not made, not compound,

therefore an escape from the born, the become, the made, the compound is known.

Note

This text is very frequently quoted as proving that nirvana is not only a psychological state of the human personality but also something transcendent, a metaphysical entity. It is, however, doubtful whether this idea has to be implied, since the adjectives have no noun. What is "not born, not become" etc? We need not necessarily imply a word meaning "element" or "reality". A word meaning "state" would be in better agreement with the general tendency of early Buddhism to speak about human problems rather than metaphysics. The translation would then be "a state without birth, without becoming, without production and without compounding". The text is then interpreted as pointing out that nirvana is a state without rebirth and without change, just as so many other texts do. A more detailed discussion of the concept nirvana is found in the book "The Psychology of Nirvana" by the present writer (Allen and Unwin, London, 1969).

52. MRVANA AND DEATH (Sutta Nipata, verses 1074, 1076)

Acci yathā vātavegena khitto attham paleti na upeti sankham, evam muni nāmakāyā vimutto attham paleti na upeti sankham.

Atthan gatassa na pamāṇam atthi yena naṃ vajju, taṃ tassa n'atthi sabbesu dhammesu samūhatesu samūhatā vādapathā pi sabbe.

acci f ray of light, flame

yathā just as vāta m wind

vega m force, speed (instr sg)

khitta p p thrown, blown out (to khipati throw)

attha nt home

attham paleti go to rest, disappear

na not

sankhā f calculation, definition

upeti go to

sankham na upeti cannot be defined

evam so

muni $m \left(-\frac{1}{1} \text{ for metric reasons}\right)$ sage

nāma nt name

kāya m body (abl sg)

vimutta freed (p p to <u>vimuñcati</u> release)

atthan gata having gone to rest (dat sg)

pamāna nt measure, definition, description

atthi there is

yena through which (rel pron instr sg)

nam him (acc sg)

vadati say, tell (vajju opt 3 sg, "one could describe")

tam nt that

tassa (dat sg of so) for him

na atthi is not sabba all (loc pl) dhamma m idea, image

samūhata p p removed (to samūhanati remove)

vāda m speech, attribute

patha m way

vāda-patha way of speech, sign of recognition

(a)pi even

Like a flame that has been blown out by a strong wind, goes to rest and cannot be defined, just so the sage who is freed from name and body, goes to rest and cannot be defined.

For him who has gone to rest there is no measure by means of which one could describe him; that is not for him. When all ideas have gone, all signs of recognition have also gone.

Notes

muni is here used in the same sense as arahant, i e "perfect", one who has attained nirvana.

nāma-kāya "name and body" probably means mind and body, the psychological and physical aspects of personality.

sabbesu dhammesu samūhatesu is an absolute loc: "when all ideas are gone".

The first stanza is given as an answer to the question whether a consciousness will develop (bhavetha viññaṇaṃ) for him who has attained the goal. The problem is, simply, what will happen to the arahant when he dies. The answer is not that he is annihilated but that he will exist in some indefinable form, just as a fire that is extinguished is not annihilated according to the Indian view but has withdrawn into the matter and exists in some unknown form.

"ideas": we should remember that the difference between an <u>arahant</u> and other people at the moment of death concerns consciousness (viññaṇa). Usually this is filled with desires and ideas (dhammā): by means of the energy load in these, a new individual is produced. But in the <u>arahant</u>, consciousness is "calm", "stilled", which means that it is undifferentiated and free from single desires and ideas. But what is undifferentiated cannot be described: there are no attributes, no characteristics.

SUMMARY OF GRAMMAR

- G1. Pali is not a difficult language. The grammar is rich in inflections, but not so rich as many other languages: and inflections are also helpful. But to the beginner it may make a "strange" and somewhat heavy impression, the reason being mainly syntactical differences between his own language and Pali. A good English translation must often be constructed in a radically different way. Let us point out a few such differences.
- a) There are no definite or indefinite articles in Pali, although a demonstrative pronoun and the numeral for "one" occasionally may be used for these purposes.
- b) The personal pronouns are not used as subjects to verbs except when stressed, since the person is indicated by means of endings.
- c) The copula (i e different forms of "be") is usually omitted. We say, for instance, "this is suffering", but in Pali this would be idam dukkham, without atthi. In text No. 1 we read Sattha no garu, "our teacher is venerable", but the text has no atthi.
- d) The verb is usually placed at the end of the sentence.
- e) Pali frequently prefers a noun where we would find a verb more suitable. See, for instance, text No. 4 where the whole of the second sentence consists of a number of nouns. In natural English we would use verbs. In No. 42 we find a noun <u>samatikkamā</u> in ablative, meaning "after the transcending of". Similar examples will be found, e g in No. 35 (anuppādāya) and No. 39 (vūpasamā). In English either a temporal clause or a coordinated main clause is used.
- f) A clear distinction is often not made between different classes of words and between different grammatical functions. Nouns may sometimes be used as adjectives, cases may be given untypical functions in a sentence, and it sometimes has to be concluded from the context whether a certain verb-form is to be given active or passiv meaning.
- g) Subordinate clauses are not so common in Pali. Subordination is more often expressed by means of absolute expressions, compounds and participles.

- h) Compounds are very common in Pali. They may be very complex and may be given functions in the sentence that are impossible in English. They have to be studied carefully. See G 8.
- i) Pali frequently prefers negative expressions although the meaning is positive, e g <u>a-vippaţisāra</u>, "free from bad conscience", <u>avyāpāda</u>, "non-violence" = "kindness", <u>avihiṃsā</u>, "freedom from cruelty" = "compassion".
- j) In Pali some types of passive expressions are very common, especially past participles and passive future participles.
- k) In English, the words 'and' and 'if' always are placed first in a sentence, while in Pali their equivalents <u>ca</u> and <u>ce</u> are always placed as second words, e g in No. 2 <u>Katamañ ca</u> "And what". Several other words have the same enclitic position in the sentence: <u>vā</u> "or", <u>hi</u> "because", (a) <u>pi</u> "even".
- 1) In conversations the speaker usually appeals to the listener in every sentence by means of a vocative, e g bhikkhave, "monks!"
- m) The rules of punctuation are different in Pali and English. In most Pali editions, there are very few commas. In Pali manuscripts, direct speech and other quotations are marked only by a ti after the last word, but in some European editions, quotation marks are added (in our texts, there are examples of both). Pali has a word ca for "and", but this is frequently omitted and the coordination has to be inferred from the context. See, e.g., No. 43: loke...pajāya "in the world and among mankind". Sometimes it need not be translated, since it merely marks a connection with what has been said before.

G2. Nouns and Adjectives

Pali has the following cases:

a) Nominative, which is the case of the subject and its attributes. Example (Text No. 1): Api nu tumhe (nom pl) · · · evam jānantā (nom pl) · · · vadeyyātha "Would you perhaps, knowing this · · · speak so?" The predicate is also nominative, if its head-word is nominative: Satthā no garu (nom) "Our teacher is venerable" (No. 1).

- b) Accusative is the case of the direct object: nīlakaṃ sañjānāti (No. 11) "he perceives blue". The accusative can further be used as an adverb, especially to express direction and extension (in time or space): satta vassāni (No. 46) "during seven years", rattiṃ (No. 46) "by night". The goal of a motion is also expressed by means of the accusative case: parikkhayaṃ agamaṃsu (No. 43) "they went to their destruction".
- c) Dative is the case of the indirect object, for instance, the person to whom something is given. Generally, the dative is used to express the person who has the advantage of some action.

 Examples: tassa me (dat) Tathagato ··· dhammam desesi (No. 26)

 "The Buddha taught me the doctrine": tam tassa n'atthi (No. 52)

 "that is not for him"; me dassanam udapadi (No. 43) "the insight came to me". Further, the intention or purpose may be expressed by the dative: ··· akusalānam dhammānam pahānāya (dat) chandam janeti (No. 35) "he makes a resolution in order to expell inappropriate processes". Here pahāna is a verbal noun corresponding to our "rejection". It is put in the dative case in order to express the purpose; we use a prepositional expression "in order to".

The dative case is often difficult to distinguish from genitive, since the form is usually the same. The meanings are also often quite close to each other: cittam vimucci me (No. 46) "my mind was liberated" (gen), or "the mind was liberated for me".

It should also be pointed out that Pali has no equivalent to our verb "have". The idea may be expressed in many ways, e g atthi + dat or gen "there is (to me)". Ex. mama dve puttā santi "I have two sons".

- d) By means of the genitive case the idea of possession is expressed. Example: buddhānaṃ sāsanaṃ (No. 45) "the teaching of the Buddhas", samaṃ cittassa (No. 46) "calmness of the mind". This idea is, however, as vaguely conceived as in the English expressions with "of", e g vinnaṇassa nirodha (No. 16), "the stopping of consciousness", tiṇṇaṃ sangati (No. 19), "the combination of the three", pītiyā virāgā (No. 40) "after the disappearance of joy", jātassa · · · nissaraṇaṃ (No. 51) "escape from the born". The genitive is the most common case for expressing relations between nouns.
- e) The instrumental case indicates the instrument or the cause:

 paññaya ··· disva (No. 43) "when I got insight through understanding",

 attana (No. 47) "through my own doing", pariyuṭṭhita kilesehi (No. 46)

 "full of defects". It is used to express companionship or possession:

- saddhāya samannāgato (No. 24), "endowed with faith". It is also the case of the agent in passive expressions: ditthigatam te (No. 8) "you have gone to false theory"; upanītā ··· me (instr, agent) ··· iminā ··· dhammena (instr, the instrument) ··· veditabbena viñnuhi (instr, agent) (No. 1), "you have been instructed by me ··· through the doctrine ··· that can be understood by the intelligent".
- f) The ablative case is used to express movement away from something and release from something. namakāyā vimutto (No. 52), "freed from name and body", sukhāya vedanāya ragānusayo pahātabbo (No. 10) "a tendency to desire is to be eliminated from the pleasant feeling"; musāvādā paṭivirato (No. 30) "abstaining from false speech". The ablative can also express what has happened before something: rūpa-saññanam samatikkamā (No. 42) "after transcending the idea of form". The idea "in terms of", "as" is expressed by means of the ablative: te dhamme aniccato ··· samanupassati (No. 9) "he regards these things as impermanent". Adverbial expressions in the ablative are frequently found: sabbaso (No. 42), "altogether", tasmā (No. 11), "therefore".
- g) The <u>locative</u> case indicates time and place: <u>khette</u> (No. 20) "in the field", <u>givayam</u> (No. 46) "round the neck", <u>tasmim samaye</u> (No. 39), "at that time". A way to express subordinate clauses, especially temporal and causal clauses, is the so-called <u>absolute locative</u>. In this construction, both the subject and the verb take the locative case: <u>ajaramhi vijjamane</u> (No. 50) "when freedom from old age is found", <u>khandhesu santesu</u> (No. 8), "when the factors are present". The subject may be omitted if it is self-evident in the context: gate (No. 36) "when he goes".
- h) The <u>vocative</u> case is used when somebody is addressed: <u>bhikkhave</u>, "monks!"
- G 3. The Pali adjectives and nouns are inflected in different ways depending on the final sound of the stem. In order to inflect a Pali word correctly we have to know the stem; therefore, this is given in dictionaries and vocabularies rather than the nominative.

In the following we illustrate the inflections of the most common stem-types.

a) Masculine and neuter stems ending in -a and feminine stems in -a (sacca, "true")

Singular Neut Fem Masc saccā Nom saccam sacco Voc saccam sacce sacca Acc saccam saccam saccam Instr saccāya Dat saccāya Gen saccaya saccassa rsacca = Masc Abl saccasmā saccamhā saccato saccāya Loc saccasmim saccamhi

			Plural	
	Masc		Neut	Fem
Nom	saccā		{ saccāni saccā	{ saccā saccāyo
Voc	saccā		{saccāni saccā	(saccā saccāyo
Acc	sacce		{ saccāni saccā	{ saccā saccāyo
Instr	saccehi	7		saccāhi
Abl	saccehi		· · · · · · · · · · · · · · · · · · ·	saccāhi
Dat	saccānam	\	= Masc	saccānam
Gen	saccānam			saccānam
Loc	saccesu	J		saccāsu

b) Masculine stems in <u>-u</u> and <u>-i</u> are inflected in the same way, except for the vowel itself. We illustrate by showing the forms of <u>bhikkhu</u> "monk"

	Singular	Plural
Nom	bhikkhu	bhikkhū, bhikkhavo
Voc	bhikkhu	bhikkhave
Acc	bhikkhum	bhikkhū, bhikkhavo
Instr	bhikkhunā	bhikkhūhi
Abl	{ bhikkhusmā, bhikkhumhā bhikkhunā, bhikkhuto	bhikkhūhi
Dat	bhikkhuno, bhikkhussa	bhikkhūnaṃ
Gen	bhikkhuno, bhikkhussa	bhikkhūnaṃ
Loc	bhikkhumhi	bhikkhūsu

c) Feminine stems ending in -i and -u: jāti, "birth"

	Singular	Plural
Nom	jāti	jātiyo, jātī
Voc	jāti	jātiyo, jātī
Acc	jātiṃ	jātiyo, jātī
Instr	jātiyā	jātīhi
Dat	jātiyā	jātīnam
Gen	jātiyā	jātīnam
Abl	jātiyā	jātīhi
Loc	jātiyā, jātiyam	jātīsu

d) Stems in <u>-r</u>. Example: <u>satthar</u>, m "teacher".

	Singular	Plural
Nom	satthā	satthāro
Voc	sattha, satthe, sattha	satthāro
Acc	satthāram	sattharo

Instr	sattharā, satthārā, satthunā	satthūhi, satthārehi
Dat	satthu, satthuno, satthussa	satthunam, satthuranam
Gen	satthu, satthuno, satthussa	satthunam, sattharanam
Abl	sattharā, satthārā	satthūhi, satthārehi
Loc	satthari	satthūsu, satthāresu

e) Stems ending in -in: vādin, "saying" (in masc a stem vādi with the endings of bhikkhu is also found, G 3 b)

	Masc sg	Masc pl	Fem sg	Fem pl
Nom	vādī	vādino	vādinī	vādinī
Voc	vādi	vādino	vādini	vādinī
Acc	vādinam	vādino	vādinim	vādinī
Instr	vādinā	vādīhi	vādiniyā	vādinīhi
Abl	vādinā	vādīhi	vādiniyā	vādinīhi
Dat	vādino	vādīnam	vādiniyā	vādinīnam
Gen	vādino	vādīnam	vādiniyā	vādinīnam
Loc	vādini	vādīsu -	vādiniyā vādiniyam	vādinīsu

f) Stems ending in -nt: gacchant "going", satimant "mindful"

	Sing		Plur	
Nom	gaccham	satimā	gacchanto	·satimanto
Voc	gaccham	satimā	gacchanto	satimanto
Acc	gacchantam	satimantam	gacchanto	satimanto
Instr	gacchatā	satimatā	gacchantehi	satimantehi
Abl	gacchatā	satimatā	gacchantehi	satimantehi
Dat	gacchato	satimato	gacchatam	satimatam
Gen	gacchato	satimato	gacchatam	satimatam
Loc	gacchati	satimati	gacchantesu	satimantesu

Present participles are usually inflected like gacchant, but sometimes an -a is added to the stem and the inflection follows the -a-stems (e g gacchanto, No. 36).

g) Neutral stems in -as. Ex. manas "mind", "internal sense" (we find also the form mana, inflected like stems in -a, e g in text No. 14)

Sing

Nom, Voc, Acc mano

Instr manasā Like <u>a</u>-stems

Dat, Gen manaso

Loc manasi

h) Stems ending in -an: rajan m "king", attan m "self"

Sing	Plur
rājā	rājāno
rājā, rāja	rājāno
rājānam	rājāno
rājinā, raññā	rājuhi
ranna, rajato	rājūhi
ranno, rajino	raññam, rājūnam
ranno, rajino	raññam, rājūnam
rājini	rājāsu
attā	attāno
attā, atta	attāno
attānam	attāno
attanā	attanehi, attehi
attanā	attanehi, attehi
attano	attānam
attano	attānam
attani	attanesu
	rājā rājā, rāja rājānaṃ rājinā, raññā raññā, rājato rañno, rājino rañno, rājino rajini attā attā, atta attānaṃ attanā attanā attana attano attano

G4. Pronouns

a) aham "I"

	Singular	Plural
Nom	ahaṃ ''I''	mayam "we"
Acc	maṃ	amhe, asme, no
Instr	mayā, me	amhehi, no
Abl	mayā	amhehi
Dat	mayham, mama, me	amhākam, asmākam, no
Gen	mayham, mama, me	amhākam, asmākam, no
Loc	mayi	amhesu

b) tvam "you"

Nom	tvam, tuvam "you"	tumhe, "you"
Acc	tam, tvam, tuvam	tumhe, tumhākam, vo
Instr	tayā, tvayā, te	tumhehi, vo
Abl	tayā, tvayā	tumhehi
Dat	tuyham, tava, te	tumhākam, vo
Gen	tuyham, tava, te	tumhākam, vo
Loc	tayi, tvayi	tumhesu

c) The demonstrative pronoun so, "he", "it", "this"

Singular

	Masc	Neut	Fem
Nom	so	tam, tad	sā
Acc	tam	tam, tad	tam
Instr	tena		tāya
Abl	tamhā, tasmā		tāya
Dat	tassa	= Masc	tassā, tissā, tāya
Gen	tassa		tassā, tissā, tāya
Loc	tamhi, tasmim		{ tāsam, tīssam tāsam, tāyam

Plural Fem Neut Masc tā, tāyo tāni Nom te ta, tayo tani Acc te tāhi tehi Instr tāhi Abl tehi tāsam = Masc Dat tesam tāsam Gen tesam tāsu

d) The demonstrative pronoun ayam "this"

Loc

tesu

Singular Masc Neut Fem Nom idam, imam ayam ayam Acc idam, imam imam imam iminā, anena Instr imāya imasmā, imamhā Abl imāya asma imassa, assa imissa, imaya, assa Dat = Masc Gen imissa, imaya, assa imassa, assa imissam, imissā imasmim, imamhi, asmim Loc

limāyam, assam

Plural Masc Neut Fem Nom ime imāni imā, imāyo Acc ime imā, imāyo imani Instr imehi imāhi Abl imehi imāhi Dat imāsam, āsam imesam, esam Masc Gen imesam, esam imāsam, āsam Loc imesu, esu imāsu

e) The relative pronoun ya, "who", "which"

Singular

			60 M	
	Masc		Neut	Fem
Nom	yo		yam, yad	yā
Acc	yam		yam, yad	yaṃ
Instr	yena			yāya
Abl	yasmā, yamhā			yāya
Dat	yassa		= Masc	yassā, yāya
Gen	yassa			yassā, yāya
Loc	yasmim, yamhi	J		yassam, yāyam
			Plural	
Geo.	Masc		Neut	Fem
Nom	ye		yāni	yā, yāyo
Acc	ye		yāni	yā, yāyo
Instr	yehi	- 1		yāhi
Abl	yehi			yāhi
Dat	yesam		= Masc	yāsam
		084		

f) The interrogative pronoun ka "who?" "what?"

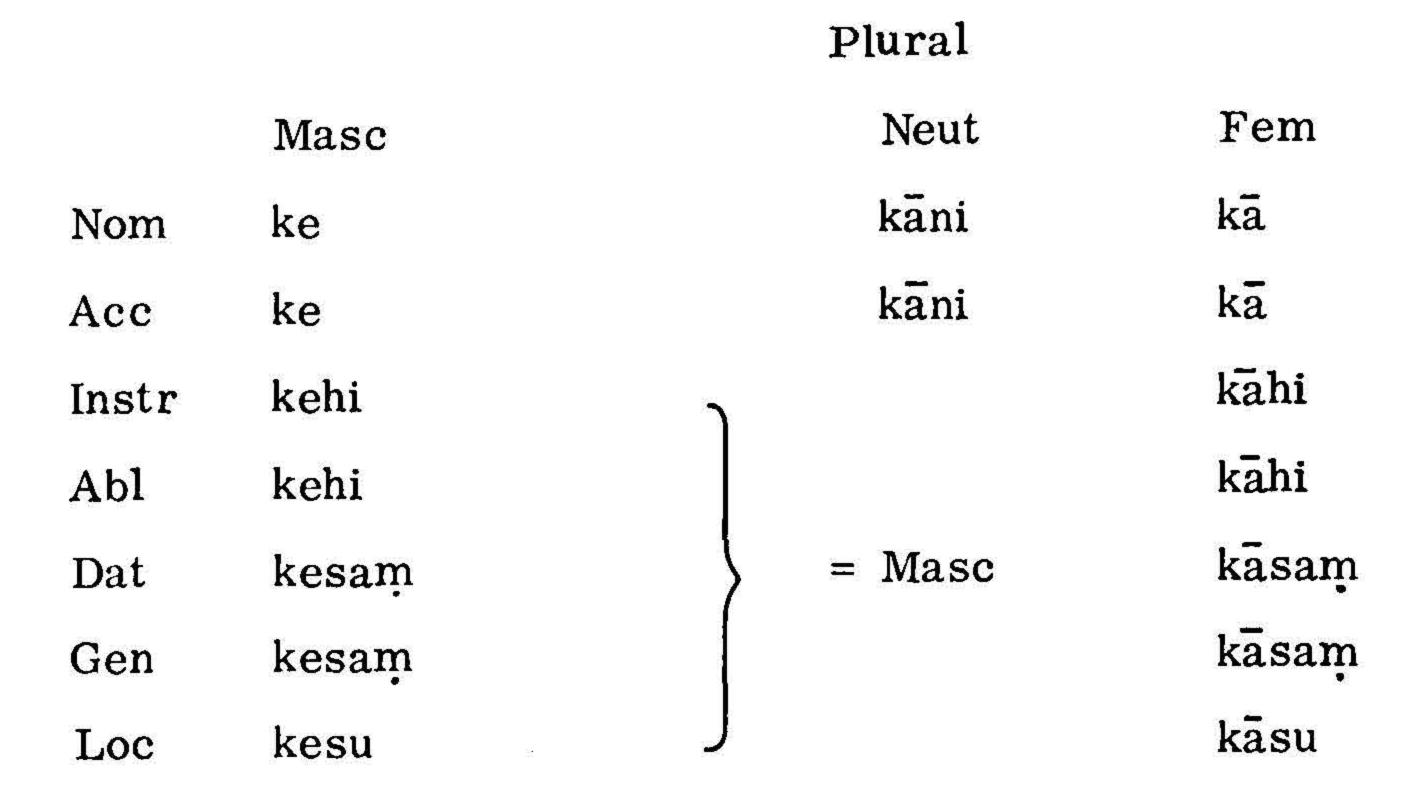
Loc

yesu

Singular

yasu

	Masc	Neut	Fem
Nom	ko	kiṃ	kā
Acc	kam	kiṃ	kam
Instr	kena		kāya
Abl	kasmā, kismā		kāya
Dat	kassa, kissa =	Masc	kassā, kāya
Gen	kassa, kissa		kassā, kāya
Loc	kamhi, kimhi kismim, kasmim	×.	kassam, kayam



G5. The Verb

The verb has finite and infinite forms. The finite forms are conjugated, i e take different terminations for the different persons. The infinite forms are inflected like adjectives or not inflected at all.

Pali has active and passive voice but in addition a "middle" voice (usually called medium) which originally was used to express action in the interest of the subject, e g "I work for myself", reflexive action, "I help myself" or reciprocal action, "we help each other". The medium forms are not frequent in Pali. The few forms occurring in the texts are specially pointed out in the vocabularies. The meaning can usually not be distinguished from the active.

The tenses are formed by using different stems. Most common is the present stem which is used to express present time (i e gaccha-ti "he goes", "he is going"). From this, a future stem and a passive stem are constructed by adding suffixes (-iss- and -ya-, respectively). Aorist, which is used to express past tense, and the passive past participle are formed from special stems.

In addition to the ordinary indicative mood, which just states a fact, Pali has an imperative, which expresses a command and can be used for all persons, and an optative which expresses a wish. There is also a conditional mood used in conditional clauses, i e clauses beginning with "if" (Pali <u>ce</u>).

In the following, the most common inflections will be exemplified. In order to facilitate a quick orientation among all the different verb forms, we have collected the principle parts of a few very common verbs in the table on the next page.

G6. Finite Forms

a) Present indicative active and passive

	Acti	lve	Pa	assive
Sg 1 2 3	labhāmi labhasi labhati	"I receive" "you receive" "he, she receives"	W 17 5	"I am received" "you are received" "he, she is received"
Pl 1 2 3	labhatha	"we receive" "you receive" "they receive"	labbhatha	"we are received" "you are received" "they are received"

Note. The present is also sometimes used as a narrative tense: "I received" etc.

Pres med is conjugated as follows:

- Sg 1 labhe
 - 2 labhase
 - 3 labhate
- Pl 1 labhamhe
 - 2 labhavhe
 - 3 labhante, labhare

b) Imperative

- Sg 1 labhāmi "may I receive"
 - 2 labha, labhāhi "receive!"
 - 3 labhatu "may he receive"
- Pl 1 labhāma "may we receive"
 - 2 labhatha "receive!"
 - 3 labhantu "may they receive"

Principle parts of a few common verbs

c) Optative

- Sg 1 labheyyam, labhe, labheyyami "I should (could, may) receive"
 - labhe, labheyya, labheyyasi "you should receive"
 - labhe, labheyya, labheyyati "he, she should receive"
- Pl 1 labhema, labhemu, labheyyama "we should receive"
 - 2 labhetha, labheyyatha "you should receive"
 - labheyyum, labheyyu "they should receive"

Note. In 3 sg a medial ending -etha is found.

d) Future tense

- Sg 1 labhissāmi "I will receive"
 - 2 labhissasi "you will receive"
 - labhissati. "he, she will receive"
- Pl 1 labhissāma "we will receive"
 - 2 labhissatha "you will receive"
 - 3 labhissanti "they will receive"
- e) Conditional tense (formed from the future stem by adding the prefix a-; endings are the same as in the aorist)
- Sg 1 alabhissam "I were to receive". "I would (have) receive(d)"
 - alabhissa "you were to receive", "you would (have) receive(d)"
 - alabhissa "he, she were to receive, would (have) receive(d)"
- Pl 1 alabhissama "we were to receive, would (have) receive(d)"
 - alabhissatha "you were to receive, would (have) receive(d)"
 - alabhissamsu "they were to receive, would (have) receive(d)"

f) Aorist tense

We will not give any rules for the formation of the aorist stem, only mention that the augment <u>a-</u> is common, but not necessary. Each aorist will have to be learned as it occurs in the texts. Aorist is nearly always active but there are examples of aorist formed on the passive stem and with passive meaning: <u>vimucci</u> "was freed" (No. 46). Two types of conjugation will here be exemplified.

- Sg 1 agamisam, agamim "I went"
 - 2 agami "you went"
 - 3 agami "he, she went"
- Pl 1 agamimha "we went"
 - 2 agamittha "you went"
 - agamisum, agamimsu "they went"
- Sg 1 agamam "I went"
 - 2 agamā "you went"
 - 3 agamā "he, she went"
- Pl 1 agamama, agamamha "we went"
 - 2 agamatha, agamattha "you went"
 - 3 agamum "they went"
- g) Some remains of an old perfect tense can be found. Our texts contain just one form: $\bar{a}ha$, "he said" (No. 1)
- h) Pres ind of asmi "I am" is conjugated in this way:
- Sg 1 asmi, amhi "I am"
 - 2 asi "you are"
 - atthi "he, she, it is" (can also be used with plural subject)
- Pl 1 asma, amha "we are"
 - 2 attha "you are"
 - 3 santi "they are"

G7. Infinite Forms

a) The active present participle is formed by adding the suffix -nt or -nta to the present stem. The medium suffix -mana is also quite common and has active meaning, except when added to the passive stem when the meaning is passive. There is also a suffix -ana. They are inflected as nouns, see G 3a and f.

Examples: gacchant (nom gaccham) "going"

samāna "being"

kayiramana "being done"

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karonta "doing" (No. 36)
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b) The past participle usually ends in -ta, sometimes in -na. The meaning is passive, although this rule is not strictly observed. Examples:

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gata "gone" (but in No. 36 we must translate: when he goes) suta "heard" laddha "received" vutta "said" uppanna "produced" nisinna "seated" āchanna "covered" puttha "questioned", but also "having asked"
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c) Pali has a future passive participle expressing what should be done or what could be done. It is formed by means of two different suffixes: -tabba and -aniya. Examples:

```
veditabba "to be known" (No. 1)
pahātabba "to be abandoned" (No. 10)
karanīya "to be done" (No. 18)
labhanīya "attainable" (No. 50)
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d) The infinitive ends in -tum or -itum. It is used mainly to express purpose. Its meaning is mainly active but must frequently be translated by passive. Examples:

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caritum ''to move'' (No. 26) gantum ''to go''
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e) A common way to express subordinated action (corresponding to our temporal and causal clauses) is by using gerundium. It is formed by means of the suffixes -tva, -tvana and -ya. The suffix is sometimes difficult to recognize, because of assimilation. Examples:

```
sutvā "having heard" (No. 26)
pahāya "having left" (No. 26)
pharitvā "having filled" (No. 37)
upasampajja "having attained" (No. 38)
samatikkamma "having passed beyond" (No. 42)
karitvāna "having made" (No. 46)
gahetvāna "having taken" (No. 46)
bandhiya "having bound" (No. 46)
```

G8. Compounds

Compounds are not unknown in the English language. They are usually short, like "unknown", "outstanding", "stationmaster", but may reach considerable length, although usually written with hyphen or interspace, like "welfare-reform plan", "river-transport system". They form a special means of grammatical expression: they consist of a series of words, not necessarily nouns, although nouns are most common in English compounds, simply lined up without inflections. The whole unit has a grammatical function in the sentence, as indicated by the inflection of the last component. The Pali compounds fit into the same definition but they are much more varied and may be quite long. We distinguish between the following types:

- a) <u>Co-ordinations: aho-rattā</u> (No. 6), "days and nights", <u>soka-parideva-dukkha-domanass-upāyāsā</u> (No. 2) "grief, lamentation, discomfort, unhappiness and despair", <u>assāsa-passāsā</u> (No. 12), "exhalation and inhalation". Here the last member has been given plural form, either because there are several members, each of them singular, or because there are several of each. Alternatively, the neuter singular is used and the compound is treated as a collective noun.
- b) Determinative compounds, in which one member stands in some case-relation to the other. The compound may, for instance, be used as a substitute for the genitive or the instrumental case, just as we might say "life-span" instead of "span of life".

 Examples: dukkha-samudayo (No. 3), "origin of suffering", kāma-taṇha (No. 3) "craving for sense-pleasure", satthu-gāravena (No. 1) "out of respect for our teacher", avijjā-anusayo (No. 10) "a tendency to ignorance", sīla-sampanna (No. 18) "endowed with righteousness", kāla-vādin (No. 30) "speaking at the proper time", sammāsambuddha-desita (No. 49) "taught by him who has perfectly understood".
- c) Compounds with an adjective as first member:

 ariya-sacca (No. 2) "the noble truth", asesa-virāga (No. 4)
 "complete indifference".
- d) Compounds with an adverb as first member:

 sammā-sambuddha (No. 49) "one who has completely understood",

 sammā-diṭṭhi (No. 27) "right view", tatra-abhinandin (No. 3)

 "finding satisfaction there".

- e) Compounds with a conjunction as first member:

 yāva-jīvaṃ (No. 32), "as long as they live", yathā-bhūtaṃ (No. 18)

 "as it really is".
- f) Possessive compounds, where a combination of nouns functions as an adjective attribute to something: avijjā-nīvaraṇā sattā (No. 15) "beings with ignorance-obstacle", i e, "beings hindered by ignorance". Note that the compound, although consisting of nouns, is inflected like an adjective and agrees with its head-word; from this we know that it is not independent. In No. 47, sankilesa-dhammo belongs to an implied aham "I"; its literal meaning is "stain-nature" but it functions here as an adjective and must be translated "having stain-nature", i e "(being) impure by nature". In No. 45 we read ubhato-daṇḍakena ... kakacena, "by means of a two-handled saw" (kakaca, "saw", ubhato "twofold" but literally an abl, daṇḍaka "handle"); here nothing but the context tells us that the compound is possessive. In No. 18 vippatisāro is a noun "regret". By adding the negation a- it has been transformed to a possessive compound meaning "free from regret".

Compounds of different types are frequently combined into one unit. Examples: dukkha-nirodha-gāminī-paṭipadā (No. 5) "the suffering--cessation-going-way", i e "the way that goes to the cessation of suffering", surā-meraya-majja-pamāda-ṭhāna (No. 32), where the two first members are coordinated and the others are determinative: "drink-liquor-intoxication-indolence-state", i e, the state of indolence caused by intoxication with drink and liquor". Finally an example from No. 38: viveka-ja-pīti-sukha-sukhuma-sacca-sañña "seclusion-born-joy-happiness-subtle-true-awareness". Here the grammatical relations are varied: pīti and sukha are co-ordinated adjectives; both belong to sañña, the former as object, the latter as attribute. So we translate "a subtle but true awareness of joy and happiness, born of seclusion". A good rule when analyzing long compounds is to start with the last member which generally is the most important one. Long compounds can often be analyzed into two subunits.

All typographical combinations of words are not compounds. Sometimes the combinations just result from the sandhi laws, e.g. seyyathidam (No. 5) = seyyathidam "like this"; nayidha (No. 8) = na idha, "not here"; naham (No. 46) = na aham "not I"; sattūpalabbhati (No. 8) = satto upalabbhati "a person is found". In old Indian writing, the unit was the sentence, not the word; therefore, the words were generally not separated. In European editions, the words are separated, except when the sandhi laws prevent it.

G9. Pali and Sanskrit

Pali is one of the many dialects which developed from Sanskrit or rather its older Vedic form. The similarities are great. The vocabulary is mainly the same; even words that have no direct equivalents in Sanskrit can generally be derived from roots used in other Sanskrit words. The grammatical means of expression are nearly the same. The differences with regard to sentence construction and syntax are small. There are, however, significant differences with regard to phonetics and inflection. On the whole, these differences are a result of a process of simplification, one might say a breaking down and levelling of the older linguistic material. There are fewer sounds in Pali, and a great number of sound combinations have been subjected to assimilations which have reduced the differentiations. The inflectional system has been much simplified and the number of terminations has been reduced, especially with regard to the verbs. At the same time, the great number of alternative forms in Pali shows that the language had not got a definite form: in some cases older inflections have been conserved although a new one had been developed, in other cases declensions or conjugations were mixed up and confused.

Phonetical differences

a) The following examples show how the Pali vowels have developed from Sanskrit (< means "has evolved from")

```
a < a
            Example ajja < adya "today"
            kata < krta "done"
\bar{a} < \bar{a}
          · āsava < āsrava "obsession"
i \le i
            iti < iti "so"
< r
ī < ī
            isi < ṛṣi "sage"
            piti < priti ''joy''
u < u
            purisa < purușa "man"
            uju < rju "straight"
  < ũ
            pubba < pūrva "previous"
\bar{\mathbf{u}} < \hat{\mathbf{u}}
            dure < dure "far"
e < e
            deva < deva "god"
             veramani < vairamani "abstinence"
  <ai
             moha < moha "illusion"
0 < 0
            yobbana < yauvana "youth"
  < au
             (in final position only) mano < manas "mind"
  <as
            hoti < bhavati "he becomes"
  <ava
```

b) Consonants may be single or combined. Most single consonants are the same in Pali as in Sanskrit. An exception is that Pali has just one sibilant, transcribed s, which therefore corresponds to Sanskrit s, s, s.

```
s < s sabba < sarva ''all''
< s suñña < śūnya ''empty''
< s purisa < puruṣa ''man''
```

Combinations of consonants have generally been assimilated, but sometimes a vowel has been inserted:

```
arahant < arhant "worthy" ratana < ratna "jewel" sineha < sneha "love" itthī < strī "woman"
```

Single consonants at the beginning of Pali words sometimes have been produced by assimilation of two:

```
khetta < ksetra "field"
kh < kş
g < gr gīvā < grīvā "neck"
c < ty caga < tyaga "renunciation"
jh < dhy jhāna < dhyāna "meditation"
\tilde{n} < j\tilde{n}
           ñana < jñana "knowledge"
\tilde{n} < ny
           ñaya < nyaya "method"
           dīpa < dvipa "island"
d < dv
bh < bhr
           bhata < bhrata "brother"
s< śr
           suta < śruta "heard"
           sassū < śvaśrū "mother-in-law"
s < śv
           sagga < svarga "heaven"
s < sv
```

Groups of consonants in Pali may have an extremely varied background. We give only a few examples.

```
kk < kl, ky, kr, kv, tk, rk, lk, kn sukka < śukla ''white''
cakka < cakra ''wheel''
sakkoti < śaknoti ''he can''
```

```
kkh < kṣ, kṣṇ, kṣy, khy, tkh, ṣk, ṣkh, sk, skh
bhikkhu < bhikṣu ''monk''
sukkha < śuṣka ''dry''
```

```
gg < gn, gy, gr, gv, dg, rg aggi < agni "fire" agga < agra "top" magga < marga "way"
```

ugghāta < udghāta ''shaking'' ggh < ghn, ghy, ghr, dgh, rgh vuccati < ucyate "it is said" cc < cy, ty, ty, rc, rty, sc nicca < nitya "permanent" ech < ks, ksy, chy, thy, ts, tsy, thy, ps, rch, sch, sy maccha < matsya "fish" micchā < mithyā "false" pabbajja < pravrajya "having gone forth" jj < jy, dy, dy, rj ajja < adya "today" ajjhatta < adhyātman "subjective" jjh < dhy, dhy viññaṇa < vijñāna "consciousness" $\tilde{n}\tilde{n} < j\tilde{n}$, ny, ny añña < anya "other" ñh < śn pañha < prasna "question" sankhara < samskara "activity" nkh < msk tanha < trsna "thirst" nh < ksn, tsn, sn, sn attha < astau "eight" tth < thr, st, str, sth, sth titthati < tisthati "he stands" vaddhati < vardhati ''he grows'' ddh < dhr, rdh nn < ñc, rn vanna < varna "colour" tt < kt, ktr, tm, tr, tv, pt, rt ajjhatta < adhyātman "subjective" ratti < rātrī "night" cattaro < catvaras "four" patta < prapta "obtained" tth < tr, thr, st, sth, rth attha < atra "here" atthi < asti "is" attha < artha "profit" dd < dr, dv, bd, rd bhadda < bhadra "good" sadda < śabda "sound" ddh < gdh, dhr, dhv, bdh, rdh addhan < adhvan ''way''

laddha < labdha "received"

pp < tp, py, pr, pv, rp, lp, pn

uppāda < utpāda "appearance"
tappati < tapyate "he is tormented"
sappa < sarpa "snake"
appa < alpa "small"
pappoti < prāpnoti "he obtains"

pph < tph, sp, sph, sp, sph

puppha < puspa ''flower''

bb < db, dv, by, br, rv, lb, lv, vy, vr nibbāna < nirvāṇa dibba < divya "divine" pabbajja < pravrajya "having gone forth"

bbh < dbh, dhv, bhy, bhr, rbh

labbha < labhya "to be taken" gabbha < garbha "womb"

mm < my, rm ramma < ramya ''pleasant'' kamma < karma ''work''

yy < dy, ry uyyāna < udyāna ''park''

ll < ml, rdr, ry, ly, lv salla < śalya "arrow"

ss < ts, rṣ, rṣy, śy, śr, śv, ṣy, ṣv, sy, sr, sv, rś

vassa < varṣa ''rain''

passati < paśyati ''he sees''

massu < śmaśru ''beard''

assa < aśva ''horse''

assa < asya ''his''

assa < (a) syāt ''he may be''

sahassa < sahasra ''thousand''

phassa < sparśa ''touch''

Grammatical Differences

As already mentioned the grammar has been very much simplified. The dual number has disappeared from all inflections and has been replaced by the plural. Pali has retained the same nominal stem-forms as Sanskrit but shows a strong preference for vowel stems. Many original consonant stems are treated as vowel stems or have a double form ending in a vowel, generally <u>-a</u>. Examples: S <u>vidyut</u> "lightning" has developed to <u>vijju</u> (<u>u</u>-stem), S <u>tadṛś</u> "such" to <u>tadi</u> (<u>i</u>-stem) and <u>tadin</u> (<u>n</u>-stem). Some <u>s</u>-stems have changed either to <u>-a</u> or <u>-sa</u>, e g S <u>sumedhas</u> "wise",

P <u>sumedha</u> (a-stem) or <u>sumedhasa</u> (a-stem). Present participles are either of the old type ending in -nt, or changed to a-stems, e g either <u>bharant</u> "carrying" or <u>bharanta</u>. The case terminations have not been radically changed, the main differences being that genitive and dative are rarely kept apart, while ablative and instrumental plural are always identical and that many of the pronominal terminations are used by the nouns as well. The use of the cases is somewhat less precise and differentiated than in Sanskrit.

As an example, we compare the declension of the a-stems in the two languages: śabda, m "sound".

	Sanskrit	Pali
Nom sg	śabdaḥ	saddo
Voc sg	śabda	sadda
Acc sg	śabdam	saddam
Instr sg	śabdena	saddena (saddā)
Abl sg	śabdāt	(saddā (saddasmā, saddamhā, saddato)
Dat sg	śabdāya	saddāya (saddassa)
Gen sg	śabdasya	saddassa
Loc sg	śabde	sadde (saddasmim, saddamhi)
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Nom pl	śabdāḥ	saddā
Voc pl	śabdāḥ	saddā
Acc pl	śabdān	sadde
Instr pl	śabdaiḥ	saddehi
Abl pl	śabdebhyaḥ	saddehi
Dat pl	śabdebhyaḥ	saddānam
Gen pl	śabdānam	saddānam
Loc pl	śabdesu	saddesu

The verbal system has changed more radically.

- a) The main tenses in Pali are present, future and aorist. The old imperfect and perfect are retained but have a very restricted use. Imperfect has been incorporated in the aorist and can generally not be distinguished as a separate tense.
- b) Sanskrit had a special "medium" conjugation to express reflexive and reciprocal action. This conjugation is also found in Pali but very rarely and without any special meaning. Passive is expressed by means of the same suffix -ya as in Sanskrit but has as a rule active endings.

c) The inflections of the basic tenses are quite similar in cases where few phonetic changes have taken place. To demonstrate this, we compare pres ind and aor of carati "move".

	Sanskrit	Pali
Pres ind		
 sg sg sg pl pl pl pl 	carami carasi carati caramaḥ caratha caranti	carāmi carasi carati carāma caratha caranti
Aorist		
 sg sg sg pl pl pl pl 	acāriṣam acārīḥ acārīt acāriṣma acāriṣṭa acāriṣuḥ	acārisam (acarim) acāri acāri acārimha acāritha acārisum, acarimsu (acārum)
o. pr	acarroun	acarisum, acarimsu (acarum)

d) A few parallels will show that many verb forms that look irregular in Pali, can be easily explained in terms of regular phonetic changes:

Pres pass:

```
vijjati < vidyate "he is found"
hafffati < hanyate "he is killed"
dissati < dṛśyate "he is seen"
labbhati < labhyate "he is received"
vuccati < udyate "he is said"
(ni)rujjhati < rudhyate "he is obstructed"
```

Aorist:

adā < adāt "he gave"
assosi < aśrauṣit "he heard"
akāsi < akārṣit "he made"
aññāsi < ajñāsit "he understood"
addakkhi < adrākṣit "he saw"

Future tense:

checchati < chetsyati "he will cut" dakkhiti < drakşyati "he will see" sakkhiti < śaksyati "he will be able"

Past participle:

kata < kṛta ''done''
vutta < ukta ''said''
puṭṭha < pṛṣṭa ''asked''
vuddha < vṛddha ''grown''
phuṭṭha < spṛṣṭa ''touched''
laddha < labdha ''received''
diṭṭha < dṛṣṭa ''seen''

Future passive participle:

kattabba < kartavya "to be done"

Gerund:

gamma < gamya "having gone" pecca < pretya "having died"

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The author is a Swedish psychologist, who has also studied Sanskrit and Pali at the University of Lund and in the Orient.

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